Research Paper

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A Study of Inter-Relationship Between Emotional Intelligence,Attitude Toward Job and Social Adujstmentability of Lecturers of Physical Education Working in Senior Colleges.

Physical Education

KEYWORDS : Emotional Intelligence, Attitude toward job, Social adujstmentability.

Dr. Kuldeep Singh

ABSTRACT

The purpose of the study was to investigate the relationship between Emotional Intelligence, Attitude toward job and Social adujstmentability of lecturers of Physical Education working in senior colleges. This study was conducted on randomly selected 172 lectures of Physical Education working in seniors colleges affiliated to R.T.M. Nagpur University. The tools used for the study were a structural questionnaires, Emotional intelligence scale (AnukoolKyde, Samhjot Lethe and UpinderDhar), Attitude toward teaching profession (Dr. UmmeKulsum) and Social adjustment inventory (Dr. R.C.Deva). The comparative assessments Showed that all the senior college physical education lecturers participated in this study have a high Emotional Intelligence.The comparative assessments Showed that there was significant (p<0.05) difference in means obtained from male & female lectures Physical Education Emotional Intelligence and Attitude toward job of Urban & Rural Physical Education Lecturers and there was no significant difference in Training & Academic colleges & Experience wise Physical Education lecturers Emotional Intelligence, attitude towards job &Social adjustment score. The Emotional Intelligence showed a strong positive relation (r2 = 0.322, P<0.01) with attitude towards teaching. However, Emotional intelligence showed a weak negative relation with social adjustment ability (r2= -0.096, Not Significant). Furthermore, physical education lecturers with favourable attitude towards teaching exhibited a negative relationship (r2= -0.170, P<0.05) with social adjustment ability.

INTRODUCTION

Emotional intelligence is an ability of sense, understand and effectively apply the power of emotions to solve the problem, achieve your goal, build powerful relationship and live a more effective life. It is a competencies which direct control one's feeling towards work and performance at work. It is very important to understand the Emotional Intelligence is not a opposite of intelligence, it is not the success of head over the heart. Emotional Intelligence combines emotion with intelligence. Emotion and thinking work together, emotion assist thinking, and thinking can be used to analyses emotions. The study of Emotional Intelligence provides us some step for using our advance common sense knowing what to do in a particular situation.

Attitude determines the life style of a person. Attitude means how you represent in a particular situation. With a positive attitude you see the bright side of life. A positive attitude leads to happiness and success and can change your whole life. A positive attitude in the workplace can help you whether you are in your own business, work as an employees, or manage others with a business environment. With a positive attitude you see the bright side of life, become optimistic and expect the best to happen.

Adjustment is a process of establishing cordial friendship and satisfactory relationship between and among individuals and with the environment in which the person lives. Work adjustment is the process of achieving and maintaining correspondence. Work adjustment is indicated by the satisfaction of the individual with the work environment.

The Emotional Intelligence of a person influences his ability to efficiently cope with his daily demands and to be successful in various areas of life, be it social, professional or recreational. By increasing one can become more efficient, productive and successful in his work. High Emotional Intelligence develops your positive relationship with your profession, staff members, friend, society and life. Emotional Intelligence helps to create positive outcome in your relationship with others & yourself. Emotional Intelligence helps to increase the positive attitude in your work place and make a good relationship in the peoples and society. With higher emotional intelligence, a person is more to be successful, enjoy wonder relationships, and live a healthier life. An individual with a high Emotional Intelligence has the ability to get along with people and situation a positive attitude towards all aspects of life and the ability to command respect by building relationships. It is very important for all to develop emotional intelligence to understand and accept situation, people and changes happening around them.

Method and material

Selection of the subject: This study was conducted on randomly selected 172 lectures of Physical Education working in seniors colleges affiliated to R.T.M. Nagpur University. Out of 172 sample male 123 & female 49, urban 128 & rural 44, academic collage 93 & training collages 79. The Three groups on the basis of their experience were prepared as less than 10 years, 10 to 20 years and more than 20 years.

Tool Used:

- Emotional intelligence scale(AnukoolKyde, Samhjot Lethe and UpinderDhar)
- Attitude toward teaching profession(Dr. UmmeKulsum)
- Social adjustment inventory(Dr. R.C.Deva)

Administration of Scale:A set of all three questionnaires was prepared with request latter and sent to all the lecturers by hand, through post, through friends, teacher.

RESULT:

It is hypothesized that there is no significant difference between Emotional Intelligence, attitude toward job and social adjustment of male & female, rural & urban and academic and training colleges physical education lecturers working in senior colleges and there may be a relation between Emotional Intelligence and attitude toward job, Attitude towards job & social adjustmentability,Emotional Intelligence and social adjustmentability of lectures in physical education working in senior colleges.The comparative assessments were made on the basis of gender (Male/Female lecturers of physical education) and their rural/urban background. Based on the results, it was observed that all the senior college physical education lecturers participated in this study have a high Emotional Intelligence.

Table-I: Comparative Assessment of Emotional Intelligence, attitude toward job and social adjustmentability of the Physical Education Lecturers of Male and Female.

		N	Mean	±SD	SE	Min	Max	F	P
EIS - Total	Male	123	135.1	12.97	1.17	100	170	4.220	.042
	Female	49	139.6	12.73	1.82	111	170		
ASTTP - Dimension	Male	123	162.1	14.70	1.33	127	215	0.564	.454
	Female	49	163.9	13.36	1.91	141	195		
Social Adjustment	Male	123	59	30.9	2.8	13	175	.394	.531
	Female	49	56	33.1	4.7	12	141		

* Significant at .05 level of confidence.

The comparative assessment of Emotional Intelligence level, indicated that there was significant ($p<0.05$) difference in means obtained from male & female lectures groups and study also indicated there was no significant difference in overall Attitude toward job and social adjustmentability of male and female lecturers of physical education have similar attitude toward job and social adjustment ability.

Table-II: Comparative Assessment of Emotional Intelligence, attitude toward job and social adjustmentability of the Physical Education Lecturers of Urban and Rural areas

		N	Mean	±SD	SE	Min	Max	F	P
EIS - Total	Urban	129	137	12.30	1.09	106	170	2.714	.101
	Rural	43	134	14.75	2.25	100	170		
ASTTP - Dimension	Urban	129	164.1	14.47	1.28	133	215	5.987	.015
	Rural	43	158.0	12.98	1.98	127	202		
Social Adjustment	Urban	129	57	31.8	2.8	12	175	1.709	.193
	Rural	43	64	30.2	4.6	22	138		

* Significant at .05 level of confidence.

The comparative assessment indicated no significant difference in the overall Emotional Intelligence and social adjustmentability of the physical education lectures from rural & urban area.The comparative assessment of attitude towards teaching profession, indicated that there was significant ($p<0.05$) difference in means obtained from urban and rural physical education lecturers. It is interested to note that the urban Physical Education lecturers showed relatively more favorable attitude towards teaching then rural lecturers.

Table-III: Comparative Assessment of Emotional Intelligence, attitude toward job and social adjustmentability of the Phy. Edu.Lecturers of training and academic college.

	College	N	Mean	SD	SE	Min	Max	F	Sig.
EIS - Total	AC	93	137.8	13.1	1.4	100	170	2.514	0.11
	TC	79	134.7	12.7	1.4	105	170		
ASTTP – Dimension	AC	95	162.5	14.49	1.51	127	211	0.008	0.93
	TC	77	162.7	14.21	1.60	133	215		
Social Adjustment	AC	95	60	30.6	3.2	18	175	0.262	0.609
	TC	77	57	32.7	3.7	12	146		

* Significant at .t05 level of confidence.

The Emotional Intelligence, Attitude toward job and Social adjustmentability data was further analyzed with respect to the Physical Education Lecturers college type i.e. academic and training college. The comparative assessment indicated no significant difference in the overall Emotional Intelligence, Attitude toward job and Social adjustmentability of the academic & training college's lecturers of physical education. Hence, it is apparent that the Emotional Intelligence, Attitude toward job and Social adjustmentability of the teachers was independent of college in which they work.

Table-IV: Comparative Assessment of Emotional Intelligence, attitude toward job and social adjustmentability of the Physical Education Lecturers of experience wise.

	Experience	N	Mean	±SD	Std. Er.	Min	Max	F	Sig.
Emotional Intelligence	< 10 yrs	28	135	±12.93	2.44	106	162	1.335	0.266
	10 to 20 yrs	103	136	±13.07	1.29	100	170		
	> 20 yrs	41	139	±12.84	2.03	113	170		
ASTTP – Dimension	< 10 yrs	28	160	±14.21	2.69	133	194	0.539	0.584
	10 to 20 yrs	103	163	±15.23	1.50	127	215		
	> 20 yrs	41	164	±11.89	1.88	143	190		
Social Adjustment	< 10 yrs	28	67	32.0	6.1	19	146	1.254	0.288
	10 to 20 yrs	103	56	30.4	3.0	17	141		
	> 20 yrs	41	59	33.7	5.3	12	175		

* Significant at .05 level of confidence.

The Emotional Intelligence, Attitude toward job and Social adjustmentability data was further analyzed with respect to the Physical Education Lecturers experience wise. The comparative assessment indicated no significant difference in the overall Emotional Intelligence, Attitude toward job and Social adjustmentability of lecturers of physical education experience wise.

Table-V:Relationships between Emotional Intelligence, Attitude toward job and Social adjustmentability
Correlation coefficient analysis

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		Emotional Intelligence	Attitude towards teaching	Social Adjustment
Emotional Intelligence	Pearson Correlation	1	.322**	-.096
	Sig. (2-tailed)		.000	.210
	N	172	172	172
Attitude towards teaching	Pearson Correlation	.322**	1	-.170*
	Sig. (2-tailed)	.000		.026
	N	172	172	172
Social Adjustment	Pearson Correlation	-.096	-.170*	1
	Sig. (2-tailed)	.210	.026	
	N	172	172	172
**. Correlation is significant at the 0.01 level (2-tailed).				
*. Correlation is significant at the 0.05 level (2-tailed).				

Correlation coefficients and coefficient of determination (r^2) were determined to for assessment of relationships between Emotional Intelligence, attitude towards teaching and social adjustment ability of the lecturers of physical education (**Table 5**). The Emotional Intelligence showed a strong positive relation (r^2 = 0.322, P<0.01) with attitude towards teaching. However, emotional intelligence showed a weak negative relation with social adjustment ability (r^2= -0.096, Not Significant). Furthermore, physical education lecturers with favourable attitude towards teaching exhibited a negative relationship (r^2= -0.170, P<0.05) with social adjustment ability.

COCLUSION: In the present study, the physical education lecturers Emotional Intelligence, Attitude towards teaching and social adujustmentability were successfully understood. These three psychological parameters are related to each other and with the deeper understanding of the internal dimensions of these three areas, such asEmotional Intelligence, Attitude towards teaching and social adjustmentability. The results of the study indicating that the lecturers having high Emotional Intelligence also show a more favorable attitude towards job. The studies provide a valuable insight for improving the emotional intelligence, attitude towards job and social adujustmentability of the male & female, rural & urban physical education lecturers of different age and experience.

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