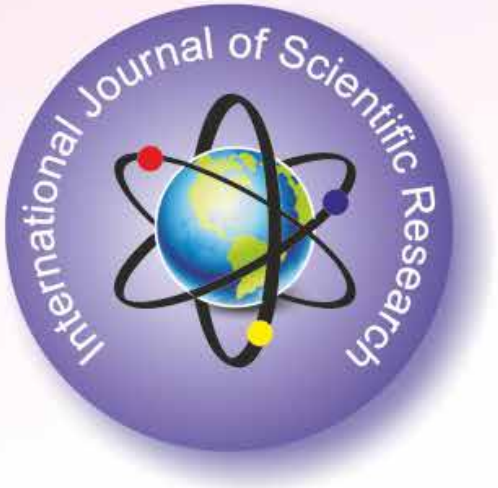
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Research Paper

Self Concept of Collge Students

EDUCATION

KEYWORDS : mental processes - human behavior - emotional maturity - adolescence develop.

Dr. S. K. Panneer Selvam Assistant Professor, Department of EducationBharathidasan University, Tiruchirappalli-T.N

ABSTRACT

Self-concept is a non-intellectual factor which is often linked with achievement in a subject. The international Encyclopedia of Education chosen and post lethality (1985) defines self–concept as "The experience of one's own being. The importance of self-concept in academic achievement has been recognized for many years. Self-concept evolves form a combination of (1) the feedback that the child receives from others including peers, paints, and teachers and (2) the evolution of his/her experiences. It is important to study the self concept of the children in our school and colleges. The most significant single distinguishing characteristic of a person in good mental health is his favorable self concept. Self concept implies a person's perception or views of himself. Self concept is what the individual thinks of his actual self. It is me. Some psychologists refer to it as personal feeling, behavioral feeling, life space, or psychological field. Self concept plays an important role in the development of personality of an individual.

Introduction

A mile stone in human reflection about the non physical inner self came in 1644, when Descartes wrote Principles of Philosophy. Descartes proposed that doubt was a principal tool of disciplined inquiry, and the before He stated that depended upon perception. A second milestone in the development of self concept theory was the writing of Sigmund Freud (1900) who gave us new understanding of the importance of internal mental processes. Self-concept theory has always had a strong influence on the emerging profession of counseling. Prescott Lecky (1945) contributed the nation that self consistency is a primary motivating force in human behaviour. Raimy (1948) introduced measures of self concept in counseling interviews and argued that psycho therapy is basically a process of altering the ways that individuals see themselves.

Need of the Study

The educationists are very much interested in the concept of personality, particularly self concept. Self concept is not an in born factor. But it is the outcome of interaction, from infancy, with the individual's physical and social environment. An emotionally matured person will have a healthy self – concept, not thinking too higher or too low of oneself. It is important to study the self concept of the children in our school and colleges. The most significant single distinguishing characteristic of a person in good mental health is his favorable self concept.

Statement of the Problems

The present study has been conducted to study the self concept of the Arts and Science College Students in Salem District. Hence the topic is entitled as "A study of self concept of Arts and Science College Students in Salem District".

Objectives of the Study

On the basis of the present topic, the investigator has formulated the following objectives.

1. To find out the level of self concept of the Arts and Science College Students.
2. To find out the level of self concept of Arts and Science College male and female students.
3. To find out the level of self concept of the government and private Arts and Science College Students.
4. To find out the level of self concept of the urban and rural Arts and Science College Students.

Hypothesis of the Study

The following hypotheses have been formulated on the basis of the objectives of the present study.

1. The level of self concept of Arts and Science College Student is low.
2. There is no significant difference between male and female Arts and Science College Students in Salem District regarding self concept.
3. There is no significant difference between government and private Arts and Science College Students in Salem District regarding self concept.
4. There is no significant difference between rural and urban Arts and Science College in Salem District regarding self concept.
5. There is no significant difference between the Arts and Science College Students in Salem District who come from nuclear family and students who come from joint family.

Tools Used in the Study

In order to assess the self-concept of Arts and Science College students, self concept scale constructed by Rajkumar Saraswat (1984) has been used by the researcher for the data collection.

Methodology

In the present study normative survey method has been adopted. It involves describing, recording, analyzing, and interpreting the data which are all directed towards a better understanding of the educational problem and finding solutions for them. The present investigation is attempted to study of self concept of Arts and Science College Students in Salem district in Tamil Nadu in relation to certain selected variables.The first part of the self concept scale was captioned as "Personal Data", which includes the following variables. The reasons for inclusion of the different variables are explained. Sample of the Study

Selection of the sample is an important aspect of normative research. The sample to be applied is selected to draw meaningful conclusions and generalizations. In such a case, the sample should be adequate and must be the representative of the total population. The investigator has selected random sampling technique for the present study. A random sample of 300 students from four Arts and Science Colleges in Salem district has been selected.

Tool Used in the Study

In order to assess the self concept of Arts and Science College student Self Concept Scale constructed by Rajkumar Saraswat (1984) has been used by the researcher for the data collection.

Analysis and Interpretation of Data

Descriptive Analysis of Self Concept Scores Self Concept Score of Total Population

One of the important objectives of the present study is to find out the level of the self concept of the Arts and Science Colleges in Salem District. 240 marks is the maximum score in self concept scale and a score of 120 (50%) implies normal level of self concept.

Table-1: Self concept score for whole sample

Sample	N	Mean	SD
Whole	300	179.77	21.07

The mean and the standard deviation of the total population

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for the self concept score are 179-77 and 21.07. Hence it can be concluded that the mean self concept score of the Arts and Science College Students is satisfactory. The value clearly indicates that the self concept of the Arts and Science College's students is satisfactory.

Table-2: Self concept scores of male students

Gender	N	Mean	SD
Male	148	177.70	21.77

The mean and standard deviation of the self concept score of Arts and Science College male students are 177.70 and 21.77 respectively. As the mean value is greater than the mid score of 240, i.e. 120 it is inferred that the self concept score of Arts and Science College male students is satisfactory.

Findings of the Study

The following conclusions have been drawn based on the analysis and interpretation of the data gathered to clarify the different hypothesis formulated at the beginning of the study.

1. The mean and standard deviation of the self concept score of total population is found to be 179.77 and 21.07. The mean value has led to the conclusion that the level of the self concept of Arts and Science College Students in Salem District is satisfactory.
2. The mean and standard deviation of self concept of the Arts and Science College male students in Salem District is found to be 177.70 and 21.77. The calculate mean value clearly indicates that the self concept of the Arts and Science College male students in Salem District is satisfactory.
3. The mean and standard deviation of self concept of the Arts and Science Colleges female students in Salem District is found to be 181.78 and 20.23. The calculated mean value clearly indicates that the self concept of the Arts and Science College s female students in Salem District is satisfactory.
4. The mean and standard deviation of self concept of Government Arts and Science Colleges students in Salem District is found to be 179.90 and 16.52. The calculated mean value clearly indicates that the self concept of the Government Arts and Science Colleges students in Salem District is satisfactory.
5. The mean and standard deviation of self concept of private Arts and Science Colleges students in Salem District is found to be 179.62 and 25.10. The calculated mean value clearly indicates that the self concept of the private Arts and Science Colleges students in Salem District is satisfactory.
6. The mean and standard deviation of self concept of rural Arts and Science Colleges students in Salem District is found to be 179.26 and 20.83. The calculated mean value clearly indicates that the self concept of the rural Arts and Science Colleges students in Salem District is satisfactory.
7. The mean and standard deviation of self concept of urban Arts and Science Colleges students in Salem District is found to be 180.08 and 21.27. The calculated mean value clearly indicates that the self concept of the urban Arts and Science Colleges students in Salem District is satisfactory.

Suggestions and Recommendations

In the light of findings of the survey, the investigator is intended to discuss some suggestions recommendations for the enhancement of the self concept.

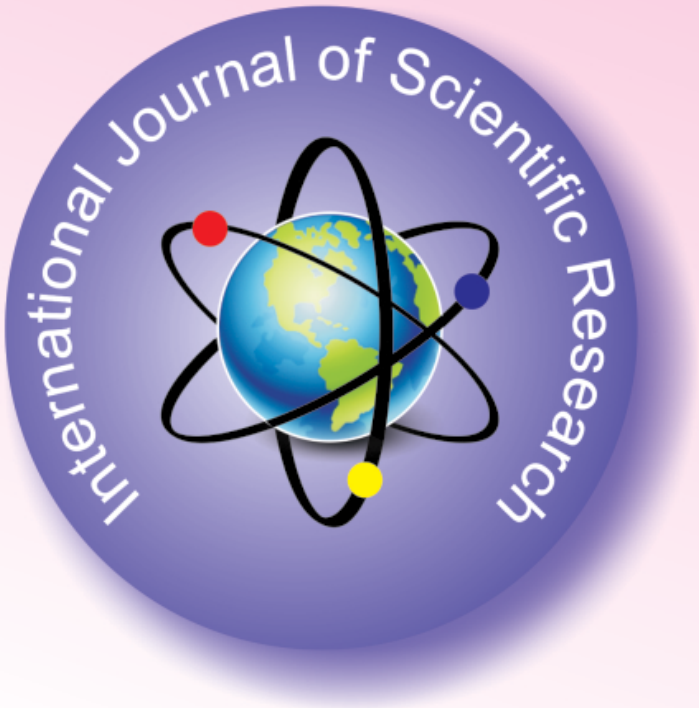
1. A multitask environment that offers children varied opportunities to capitalize their strengths must be introduced.
2. To reduce the differences in self concept and to compensate for failure in one area by successes in another the teachers should behave in an unprejudiced manner in the classroom.
3. Self- learning packages, learning through modules prepared by experts in the field may be introduced for the common use of the students to encourage self – learning.
4. The teacher must act as a multi – facilitator and promote learning situation in the classroom.
5. The present study is confined only to students of Arts and Science College level. To make the findings of this study more universal a comprehensive study of this type involving students at different levels could be undertaken.
6. A comparative study can be undertaken among the students of primary, secondary, Arts and Science Colleges and colleges in various subjects.
7. Investigation may be made on identifying various ways to improve the self – concept and emotional maturity of the students.

Conclusion

Hence, the present study indicates that the self concept of the Arts and Science College Students in Salem District is satisfactory. The finding of the present study reflects a positive sign and also indicates that the students have a positive and healthy attitude towards their own selves. This would certainly improve the academic achievement of the students, to a large extent, which is a welcome sign.

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