



Alzheimer Disease / Memory Loss as In Vedas - A Comparative Study with Modern Medical Science

R.Ramachandran

Research Scholar, Utkal University of Culture, Bhubaneswar-751009 Odisha

Dr. Mangala Prasad Mohanty M

Honorary Secretary, Indian Red Cross Society, Odisha State Branch, Red Cross Bhawan, Bhubaneswar – 751022.

KEYWORDS:

Introduction:

Memory loss is not a disease and it is a disorder of heating elements in blood that passes through spinal cord to brain. The activeness of brain starts in the womb itself.

According to universal philosophy the health of the baby starts in the womb at the time of formation of the child. The diet and medicines that a lady consumes at the time of pregnancy plays a major role in forming a healthy child with mind power and bone strength. In Vedic period, the woman took herbals for getting healthy children. This is mentioned as story as "Maha Bharatha"

According to Maha Bharatha, the Pandava brothers born to different fathers,. But actually it might be the herbals as follows

Karna born to Sun God – the herbal that has more iron,(Rv. i, 10, 9.) which gives more absorbing power and intellectual sprit.

Dharma born to Yama, a kind of rays that comes from Saturn, A mineral that gives ruling power, intellectual, analyzing mind and quick decision taking brain which is always active even at sleep.

Arjuna born to Indra, mineral that activates the mind and activate the nerves of the eyes.

Beema born to vayu, kind of herbal that gives strong bone and fighting tendency.

Pandu's second wife Madri conceived and gave birth to Nakulan and Sagadeva born to Asvini Kumaras: a kind of herbal that has a kind of pepper powder, that gives analyzing mind in solving problems as soon as soon it arises. These herbals were suggested by sage Durvasa, who refused to give herbals to his father Yayathi to gain his youth, and de-ported to China¹.

The story was misunderstood and created and imagined as Kunthy has had five/ six husbands.

Similarly the birth of Karna who born with strong mind and absorbing power was told as born with Gold ear rings and shield on chest, which also entirely wrong.

To create anxiety to the devotees the imagination of pundits flied high.

Woman:

According to Veda Man is an electron and woman is a magnetic force. When these forces meet they produce electromagnetic force. The first formation of the fetus is liver/ Mooladhara which collects the nutrition/ fertilizers from the female blood and starts its growth.

The girl has the uterus before attaining age, as a bag. This bag functions as the third liver for every woman. When the girl attains puberty, the uterus starts its work, collecting minerals from blood; store it for some time and release on 27th day. After this the wall of this uterus is getting its strength and produce healthy eggs.

The responsibility of woman is more than a man, and nature had given her a gift that she can predict, the next course of action she has to take on the matters related with her family. At the age of 50 the menopause starts the work load of the uterus due to flow of blood, and at this time

she gets mental imbalance, and needs full attention from the Husband, children and longing for love and wish to lay her neck on the husband's shoulder and her children's chest. If she has mother she wish to lay her head on her mother's lap and cry.

Formation of a Child in the womb as in Vedas:

According to the "Arca prakasika," a Yajur Veda Bhashya, authored by Ravana, the Lankathipathy, who explains about the child birth when his wife was pregnant, is mentioned below.

"When a male and female unite, the male sends his seeds in to the female womb; the womb like earth keeps the seeds in it, and helps the fetus grow. This fetus has a power to absorb the vibrations from other planets through umbilical cord and helps to form a child. The womb sends the fertilizers to the liver of the fetus, and to burn these fertilizers the fetus needs some iron in the blood. For this the fetus sucks the iron in volumes from mother's blood, bone, flesh etc., and starts its growth. This affects the mother in giddiness and this is called as morbid diseases."

Bone:

The strength of the body depends on calcium present in bone, as long as the bone has density it holds nerves tightly.

Liver and Minerals:

Blood:

The body heat depends on the flow of the blood and Hb/ Iron and minerals present in blood. The flow of blood from spinal cord to brain activates the brain cells, the friction the minerals in blood create heat on moving that increase the mind power and memory.

The Amino Acids and Ascorbic Acids present in bile in liver produce a heat that helps digestion of food. (Ascorbic Acid is extracted from the atmosphere, in the form of vibrations, Chemical content of air, and Mind power)

The liver plays major role in creating minerals for the body. Hence the wall of the liver should be maintained properly. On ageing due to continuous work load, the wall of liver loses its strength, and creating of minerals is decreased. For this the physicians employ IV and IM and inject the minerals as vitamins. But no pharmaceutical companies explain how the injections react with the body and bile.

The depreciation of each mineral in bile will react with blood and create various kinds of problems to the system.

Excess/ deficiency of Copper in bile:²

The influence of copper upon human health is due to the fact it is part of enzymes, which are proteins that help biochemical reactions occur in every cell. Copper is involved in the absorption, storage and metabolism of iron. The symptoms of a copper deficiency are similar to iron deficiency anemia. Copper may be absorbed by both the stomach and small intestinal mucosa, with most absorbed by the small intestine. Copper is found in the blood bound to proteins³.

The Wilson disease comes from black bile that creates mind imbalance excess of iron and copper in bile that penetrates in to the blood, travels to brain and creates cancer.

The above article quotes about Wilson disease, and the doctors used Zn. But the study by this scholar (as In Veda) advises the use of Silver (Ag) for brain and liver tumor. The use Ag may help to reduce the presence of copper in bile. This should be sent in the form of NaNo rays, the herbal gross nut should be placed in silver container and light rays are to be sent through the vessel.

This scholar suggest the use of burning holy lamp with Ghee, in Silver lamp, and near that place a container with one lit capacity and fill with herbals and petal leaves of white lotus and water Lilly/ Nymphacastilata. This will reduce the copper in bile.

If we powder the Nymphae Stellata- Tuber and apply as a paste with sandal wood paste will also reduce the copper content in bile.

The effect of copper in excess and deficiency are also to be studied. Excess of copper may effect in precipitation of the acids, loosing in acidity.

Magnesium and Calcium:

Magnesium is required for activating such as metabolism, creating energy, hormone functions, cellular membrane stability and the health of the neuromuscular, cardiovascular and immune systems.

Lack of magnesium in the human body can cause many diseases. Since it helps in calcium absorption, its deficiency may result in low level of calcium in blood. This in turn, affects the bones, and can cause osteoporosis. Studies have shown that it may be an important factor causing postmenopausal osteoporosis. It can also result in the reduction of potassium levels in the human body⁴.

Magnesium intake may benefit the function of the endothelium, the innermost layer of the blood vessels, and decrease systemic inflammation. Magnesium reduces arterial tone and tension and may increase vasodilatations. Magnesium deficiency can cause the walls of the arteries and capillaries to constrict, increasing the pressure the blood needs to pump through the vessels. Deficiency may occur with alcoholism, malnutrition, kidney and gastrointestinal disease, diuretics or excess consumption of salt, sugar and caffeine.

In "Circulation," a 2000 study demonstrated that oral magnesium intervention for six months resulted in significant improvement in brachial artery endothelial function in a population of patients with coronary artery disease.

Calcium helps the clotting of blood and Magnesium distributes the mechanism of clotting. The ratio of Calcium and magnesium is 4:1 in the liver.⁵

When a person attains old age the problem starts with Liver. There are 100 quotes about this in Vedas.

When the liver wall loses its strength, stage by stage it delinks minerals one by one. First the Hb is separated from the chain, followed by Calcium. Once the presence of calcium is reduced, strength of gem that fixes with lower jaw reduced, and the tooth decay starts, followed by weakening the bones.

There are two examples that this scholar can mention here.

Kuttalam is a small village with soil that has iron with less ether. Some of the baby born here has nerves problems in the birth itself. Salem is another place in Tamil Nadu and some tribal here has soft bone that break the tooth.

Presence of Potassium:

Low levels of potassium leads to secretion of the hormone aldosterone from the adrenal glands into the blood. Aldosterone regulates potassium excretion by the kidney to maintain normal levels in your blood between 3.7 to 5.2 milliequivalents per liter, according to MedlinePlus⁶.

Sulfur:

Sulfur is a main component in bio chemical structure of Amino Acids. Sulfur enables the transport of oxygen across cell membranes, and oxygen is necessary for healthy cellular regeneration in mammals. Plants, on the other hand, require carbon dioxide for cell regeneration, and plants can store sulfur, while man cannot. Man eliminates carbon dioxide, and plants eliminate oxygen.

Sulfur, with an atomic number of 16, is known to bond with almost every other mineral. Sulfur has demonstrated its ability to detoxify heavy metals in conjunction with the transport of oxygen across the cell membrane, thus allowing regeneration. Sulfur is also the key player as a precursor for the utilization of amino acids, the body's building blocks. Of all of the amino acids, some 70 percent are sulfur-based⁷.

Presence of Chrome:

The excess chrome present in bile may result in Cancer. The chrome present in bile from 10 non cancerous / healthy persons and each 10 persons from all kinds of cancer should be studied and closely watched. Then it should be countered with juices from red lotus and white lotus that will reduce the chrome level in bile.

Conclusion:

Human is the product of the nature. He/ She is growing with nature, Till the age of 25, his growth is fast, maintains the same till 35 and from 35, starts losing his energy and at the age of 40-45, start losing his/ Her Strength. As for the female, she is active till 30, within that period she delivers babies and after that she put her thoughts in the growth of children, freely moves with others, sharing her views, comparing her, with rest of the persons and put all her attention in her personal growth, and protects her family like a hen that shows affection to the chickens, and wish to lead a peaceful life.

At the age of 55 the blood shrinks due to shortage of minerals and the walls of the vessel that carries blood thins which results in flow of blood which results in friction of minerals and results in accumulation of a kind of catarrh that splits the mineral chain, once the blood loose heat, the activeness of the mind and body reduce and create giddiness.

From the age of 40-45 if a person maintains the thickness of the wall of the liver will extract more minerals from food and send the same to lungs.

For blood transfusion for these people over 45 years should be checked properly, as the veins may crack due to the thickness of the blood that is sent in.

As long as the minerals are united in the liver and move freely and the minerals are distributed to the particular parts, the body health is maintained. Due to virus as soon as it losses the link from the bile, each one tries to attack and swallow other mineral and separate each other mineral.

Here the oral medicines and injections alone will not help; it needs external support in the form of Ascorbic Acids.

Recommendation:

Here this scholar recommends sitting before a lamp lit with a combination of herbals depending on the requirements of minerals by the liver will improve the strength of the walls of the liver that will work efficiently and recover from diseases quickly. Further recommend the patients should made to rest on cot that is made with NUNI TREE wood, and not iron cots and ply wood surfaces.

We cannot win the Alzheimer Disease, but can control the growth, if the scientists join hands in analyzing Amino and Ascorbic Acids in bile and compare the same with blood. All the medical records and researches should be open to all. The Chemists and scientists should not earn money with a sufferer. The pharmaceutical companies should fix the margin to a level and should not squeeze an innocent man.

Only if a man lives healthy life he will pay taxes. If the population reduces the president and prime minister will be ruling a desert and not a nation.

REFERENCES

1) S.M.Punekar, Mohanodaro Seals, Caxyon Publications, Delhi 1984 p-66 | 2) <http://ajmed.oxfordjournals.org/content/65/3/959.full.pdf3> | <http://www.tjclark.com/minerals/copper.htm> | 4) <http://www.buzzle.com/articles/magnesium-deficiency-syndrome.html> | 5) <http://www.livestrong.com/article/463945-magnesium-and-blood-clots/> | 6) <http://www.livestrong.com/article/261660-potassium-magnesium-levels/> |

7) <http://www.naturodoc.com/sulfurstudy.htm>; http://www2.vet.unibo.it/staff/gentile/femesprum/Pdf%20Congressi/XIV%20congresso%20Lugo/PDFs/Conferencias/Gooner-atne_SR.pdf |