

## **Research Paper**

**Education** 

# Strengthening of Teacher Training Programmes by Means of Psychological Competence in Innovative Practices

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## **ABSTRACT**

Psychology gives education the theory of individual differences that every child has different mental ability and learns with different pace. In this research paper, authors explore the relevance of Psychological competence in teacher education programs, noting how psychological proficiency contributes to the preparation of teachers and enhance the

quality of programmes. It is very essential for a teacher to teach his students according to their interest, aptitude, attitude and mental abilities. Educational psychological competence helps the teacher to teach why, where and how? Teachers need to be trained to create situations and be imaginative to reflect on that situation by making students aware of quality and highlighting its need. In the given context there is a pressing need for the psychological development of Aspirant-Teachers by the innovative practices in Teacher-Training Programmes. Would the role of psychology in maintaining Quality in teacher education is good? How do educators develop psychological competence oriented education programs? These are some of the compelling question that this paper attempts to answer. The paper also presents some of the features in Psychological competences carried out at in teacher training programmed

### **KEYWORDS: PSYCHOLOGICAL, COMPETENCES, INNOVATION, TRAINING**

The ancient education system infused a sense of responsibilities, social, intellectual and cultural values, perfect social life, and ideal citizenship, and ultimate religion, aptitude to think and act for the benefit of the entire world.

A teacher is an organizer of ideas and themes. At home the child's ideals are his parents and in school he forms his ideals around his teacher. Therefore, we need rationally, socially and sensitively good teachers and this further depends on the quality of education provided to the pupil-teacher in the Educational Training Institutions. Inside of old thoughts 'teacher in born' now training institute focus on 'teacher is made 'through develop specific traits in teacher trainees. To conclude the teaching system helps a aspirant- teacher to become a skilled teacher with strong value system and mental strength and develops qualities that gift our nation with teacher that can be considered at par with the by birth teachers.

Initially India faces the shortages of getting trained and qualified teachers, particularly in the remote and far flung regions in country. It was said that some individuals were teacher by birth. But the present scenario is such that it cannot wait for those individuals. There is an urgent need of good teaching individuals.

We cannot risk future of our nation in the hands of under qualifier or untrained teacher appointed in schools. Their requirements have led to the development of teaching system which brings out and sharpens the quality in individual. The system increases situation handling capability and develops adoptability to all kinds of environment. Psychological based teacher education provides an opportunity to reflect upon the critical, social, economic, cultural, moral and spiritual issues facing humanity but it is deteriorated in terms of quality and rele-

#### **PSYCHOLOGICAL COMPETENCE**

Competence indicates sufficiency of knowledge and skills that enable someone to act in a wide variety of situations. Because each level of responsibility has its own requirements, competence can occur in any period of a person's life or at any stage of his or her career.

Psychological competence means that teacher not only possess the content knowledge and technical skills, but also have a psychological skills (self-talk, imagery &goal setting) and Emotional Intelligence (self-awareness, Regulation, Motivation, Empathy, Impulse control, Persistence and Social deftness). Accordingly, the teacher has to be trained to function as an agent who stimulates, provokes, informs and sensitises the learners with reference to value situations in life.

#### **TEACHER TRAINING PROGRAMME**

Our education system conduct many Pre-service and In-service teacher training programme in India such as-N.T.T, B.T.C, Special B.T.C, J.B.T,

B.Ed, Special B.Ed, M.Ed, D.Ed and refresher courses. The different bodies at state and national level like-ISDR, NCERT, DIET, DSERT, and NCTE must intervene for the progress and development of a good standard of education. That has the responsibility of producing the efficient and competent teachers.

"A teacher training programme is assuredly sacred consign where a divine task is being put in to action- the shaping and moulding of the fortunes of many generations of the country."

The institutional processes in the training institution should help teachers acquire some Capabilities by providing concrete situations and opportunities and actively involve them in appropriate learning experiences. The teachers' training experience in its totality should lead to the motivation of teachers towards the attainment of these ideals.

#### **INNOVATIVE PRACTICES**

Innovation means the Idea of change in behaviour, professional & programme development, Novelty and Improvement. Innovative practices require new ways of thinking. Beyond improving the ability to utilise tools of communication, ICT can also support the development of different skills, psychological functions and modes of thought:

- · observation,
- discovery,
- · decision-making,
- communication,
- · memory,
- attention,
- concentration,
- imagination,
- creativity,
- problem-solving and
- Critical thinking.

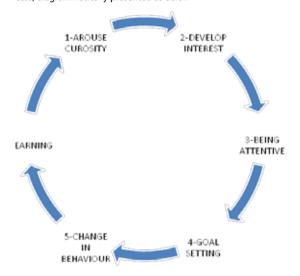
#### **NEED OF PSYCHOLOGICAL COMPETENCE**

- Suitability to the age and mental level of the children.
- Teaching should be learner's centered.
- Development of child's entire personality.
- Developing Scientific Attitude & democratic out look.
- Accountability, Responsibility & work- commitment.
- Helpful in getting Intellectual, cultural and social ethics.
- Comprehensive curriculum.
- Activity centeredness.
- Transformation into activity schools.
- Maintain Centre of community service.
- Opportunities for Self-Discipline.
- Sense of Dedication, Devotion and Creation.

- Principle of excellence with sincerity.
- Development of curiosity, creativity& logical thinking.

#### IMPACT OF PSYCHOLOGICAL COMPETENCES IN TEACH-**ER TRAINING PROGRAMMES.**

The role of the teachers certainly implies the power to influence students, and since ideals are inherent in teaching, it seems unlikely that students will be able to avoid the influence of teacher's standards completely. That's why psychological competences constantly strengthening the teacher training programme and prepare efficient teachers. This is a continuous, interconnected and inter-related process, diagrammatically presented as below-



#### Diagrammatically presentation of Magnitude of Psychological Competence.

In this age of liberalization, privatization and globalization we should improve quality in teacher through psychological Competency, because its arouse curiosity among them, which modify the behaviour of teacher and students. It minimizes the present blazing issues and challenges. Curious person develop set of interest in own character. Due to this temperament knowledge Seeker became more Attentive and Adoptive. It makes teaching-learning process more effective, easy and interesting. That's why Curious, Attentive and Confident Prospective-Teachers Set a Goal/Objective in their life. By this Characterization a positive and desirable change originate in the behaviour of students. Psychological based teacher education provides an opportunity to reflect upon the critical, social, economic, cultural, moral and spiritual issues facing humanity but it is deteriorated in terms of quality and relevance. The quality of products and services in an education system is determined by the way teachers, administrators, workers, engineers, managers, and economist execute their task and their effectiveness depends on the quality of education.

#### MAGNITUDE OF PSYCHOLOGICAL COMPETENCE IN TEACHER TRAINING PROGRAMMES.

- Psychological competence Helps in Professional Growth, Changing Attitude and Quality Enhancement.
- To provides the direction to the activities which is designed for achieving an ultimate goal.
- To provides the basis for organizing activities which produce in

- the child.
- To emphasis the students who have different learning styles and abilities.
- To develops sensitiveness in children and makes them responsible and Accountable to the environment.
- To regulates controls and energizing the behaviour of teacher and students
- To accelerates the rate of activity and behaviour of students.
- It integrating and determining teaching and learning process.
- To modifies qualitative and quantitative teaching and learning
- To facilitating the acquisition of basic skills & Scientific Attitude.
- It helpful in solving individual differences & discipline problem.
- It emphasis on the development of mental abilities.
- It provides effective motivation and reinforcement.
- It focuses on appropriateness and clarity of subject matter.
- It emphasis on proper communication expression.
- It providing broader international context regarding sensitive re-
- It emphasis on using advanced innovative training Strategies & methods.
- Its Minimize teacher input, maximize student output.
- It is Useful in personalization and student's imagination.
- It's engaged the students more and gives them more opportuni-
- It makes Correction of worksheet by exchanging work sheet among students to help in pear learning.
- It's Give equal opportunity to all the students and keeps them
- It is Active in constructing knowledge make use of collaborative work to facilitate learning.
- To Understand the Influence of Heredity and Environment on the
- To open new ideas, new practices and information and communication technology.

#### CONCLUSION:

As above discussion we conclude that Psychological competence is very important for us. The Teacher should have skills and positive attitude because it is very important to acquire a variety of skills and attitude, which will help the student to become effective lifelong learner and an aware thinking adult. The teacher should give emphases on experimentation, linking cause and effect, Applying knowledge to new, life related situations, role play by children and encourage students to watch T.V. channels like discovery, National geographic etc. A teacher will be able to integrate the use of ICT into teaching effectively if he has acquired various competencies like creativity, flexibility treatise and organization Skills and collaborating skills. For the best application of innovative practices facilitating teacher's lifelong learning, multiple sources of teaching learning, globally and locally network teaching learning, build up a worldwide IT pedagogical Environment for teachers, cross curricular group made up arrange of teachers from Across subject areas, share hew ideas and practices, providing time and funding for Teacher to attend conferences more formal training course.

Researcher advocated that high degree of intellectual, moral and psychological aptitude influence the training programme and competent training programme build up competence among human beings. So in future the efficient teacher should try to inculcate Humanism & Professionals values among the students which create self-actualisation.

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