



## Research on Leisure Tourism Motives for Undergraduates

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### ABSTRACT

*In the modern city life increasingly fast pace of life in such a stressful leisure activities under it becomes necessary. College students are a relatively large group of leisure time, their leisure motivations, what characteristics, its leisure motivation would have a kind of leisure satisfaction impact. The research on college students leisure motivation to explore.*

**KEYWORDS :** Leisure Motive, Leisure Activities, Undergraduates

### Introduction

College students leisure life lifestyle is an important and indispensable, the rational use of leisure time and healthy leisure lifestyle has become an important impact on their healthy growth factors, their socialization and maturity have an immeasurable impact.

### Leisure Tourism Motivation

Leisure motivation refers to the cause, guide, integrated personal leisure activities, leisure activities and leads towards a goal that the inner mental process. Recreation and replacement environment, rest and relaxation, seeking pleasing environment, interpersonal relationships, in some environments appeared to express themselves and develop a creative talent to meet the curiosity of the outside world, using the senses of fun, recreation and so on. Make up the daily work and living environment brought about by the scarcity: lack of interpersonal and friendship, lack of climate, exercise and lack of action, close to nature and enjoy the scenery, outdoor recreation lack of experience, and found that the lack of pleasure, prestige, luxury scarcity, lack of freedom; elimination of physical and psychological stress, behavioral stress and monotony shackles of life, physical and psychological recovery, increase knowledge, satisfy curiosity, to achieve self-worth, self-return, self-indulgence. College students with ample leisure time, leisure quality of life directly

affects the students can complete, comprehensive and healthy development of their own, and even affect the future progress and development of society. College students as a social group, due to higher education, they have a high level of knowledge in the future nation-building and social life will play a decisive role, has a unique position in society.

### Conclusion

No motivation and extrinsic motivation patterns and norms both leisure satisfaction negatively correlated, and identified regulation and intrinsic mobility and leisure satisfaction are positively correlated, input level specification in addition to the relaxation and physical levels not significantly correlated. Leisure motivation for each dimension of leisure satisfaction has an important influence.

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### REFERENCES

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