



UNSEPARABLE PART OF AN EDUCATION- SELF STUDY

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ABSTRACT

Self-study is an education without the guidance of masters (such as teachers and professors) or institutions (such as schools). Self studying, which involves studying without direct supervision or attendance in a classroom, is a valuable way to learn, and is quickly growing in popularity among parents and students. Generally in self study, an individual chooses the subject and he or she study his or her selected study material, on his or her own time. You can't learn and understand everything in classroom, after your lecture you have to revise topic for clear understanding of the topics. It is very important for students appearing in competitive exams. So self study is needed in this time. Study area, computer, note taking tools are main tools of self study. Person may or may not have formal education and his or her study may be either a complement or an alternative to it. Many notable contributions have been made by self study. Steps for self-study are clearly set your objectives, look out for good and reliable information sources, create interest, cover your topic well from every angle, be prepared to deal with problems, make effective use of technology and take gaps. Advantages of self study are it helps a student to broaden their thinking level, freedom of learning without any restriction, more fun than regular teaching etc.

KEYWORDS : Self-study, Self-learning,

INTRODUCTION

The current trend for self Study has some scholars and analysts wondering if we are approaching towards the end of formal learning techniques and conventional teaching methods. There will always be a need to train people to acquire first-time skills or to upgrade their current skill set, learning and development professionals will increasingly consider the option of leaving some learning needs to other non formal approaches. But if people are to start learning by themselves, we first need to be sure that everyone is competent to learn to and the effectiveness of the learning process be determined by the content used in.

Self studying, which involves studying without direct supervision or attendance in a classroom, is a valuable way to learn, and is quickly growing in popularity among parents and students. By complementing formal education with home study, students can see a drastic improvement to grades, material understanding, and confidence.

Self Study concept

Self Study is defined as something studied by oneself without any kind of help or supervision by a teacher or a trainer, though the person studying may take help of some external sources like books, tutorials and encyclopedia etc, hence it would not be wrong to say that it is a form of study in which the student himself is responsible to a large extent for his one's own instruction and is himself his teacher. There is no one to tell him or to guide him to do something or the other. It may also be defined as "learning on your own" or "by yourself" or being yourself your own teacher.

Self-study is study that you do on your own, without a teacher. Self studying, which involves studying without direct supervision or attendance in a classroom, is a valuable way to learn, and is quickly growing in popularity among parents and students.

Need of self study

Self study is an important aspect of effective learning. Even studying with conventional teaching methods, it is very important for a student to have clear vision and understanding of every. You can't learn and understand everything in classroom, after your lecture you have to revise topic for clear understanding of the topics. It is very important for students appearing in competitive exams to self study and be thorough with the topics to appear in the rigorous questioning of competition and to go through with flying colors.

There are many other people who work besides they study or many

who left studying at young age to earn and wish to complete their studies. For these students self-study is a very important and useful tool, with the ease of learning at any time without any restriction of time or attendance these students get sufficient time to work and study as well, whenever they have free time.

Self Study Tools :

1. A study area is crucial for effective self studying. This might mean a home office or a desk in the student's bedroom.
2. A computer is necessary for many methods of self study, especially where reading, watching or listening to online resources are concerned.
3. Note-taking tools such as highlighters, coloured pens and sticky notes are useful tools for a student studying at home. Keeping notes while learning will enable your child to retain the information longer.

Steps for Self-Study**Clearly set your objectives**

Setting clear objectives and goal is one of the first habits of successful people according, and one of the first things learning professionals do when kicking-off the research phase. For some independent selflearners with intentional learning needs or students, it is important and beneficial to start by setting wellformulated, smart, results-oriented objectives. Clearly define the topics you need to learn and start collecting the relevant material accordingly. Do not waste time, be sure of what you need or want and proceed accordingly.

Look out for good and reliable information sources

In the new world of work, knowledge there are thousands of materials available on topic with same name, of which all topics will be accessible by all people at all times. But the big-data mass of useful information may go unnoticed with an equally abundant mass of useless information, and you need to be very careful about what you need and from where you can get it. You need to filter out from every relevant information available and formulate some quality study material that would make your preparation superior than others.

Create interest

Interest in the subject is an essential driver for the successful mastering of a topic. You can't learn what you do not want to learn or that you have no interest in, no matter how hard you try but without interest you cannot achieve perfection. Emotion is an important part of the successful studying process. If you are even moderately

interested in a subject, you may give yourself a chance. The key is to get started and with time create your interest into what you do. If you are able to create some pleasurable routines, you may find that the subject grows on you and along with your interest your understanding levels also rise. Love what you do and no one can stop you from being successful.

Cover your topic well from every angle

Our brain is a mysterious organ; it is always struggling to form patterns to cope with new input that it gains from our learning activities. Sometimes, no matter how long we focus on one subject, our brain is not picking up anything that we are trying to learn or understand. If you are stuck, move on. Try covering the same topic from a different study material, a different encyclopedia, or a podcast, or an online lecture or an online tutorial. Try to become a free learner, roaming the countryside, rather than a feedlot learner, just standing on one spot, munching on the same bale of hay and just sticking on to one conventional approach. Explore new ways and move to some unconventional or new ideas. The broader your base, the easier it is for you to learn. Just as the "rich get richer", the more you know, the more you can learn and able to utilize it well at required time.

Be prepared to deal with problems

There are always problems associated with everything. Doing something new, it is obvious that you would face problems. Intelligence is to be already prepared with the problems that you would face. Have a clear idea of what you think may be a problem for you. Don't expect to understand things at first time, much less remember them, when you study for the first time. Have confidence that things will get clearer as your brain gains grip over the new information source or teaching method. It is like a jig-saw puzzle or a cross-word puzzle once you start to put the pieces together, or string the words together, the full picture becomes clearer and you tend to move closer and closer to the final result slowly and slowly. The brain learns all the time, but on its own schedule, while some topics are easier other may take comparatively longer time. Studying has no rules and never take place according to a schedule laid down by a curriculum or teacher or as expected by you. Some things are easier to learn than others. Some things just take longer time to click in. Keep going with it, and you will gradually find that things that were difficult at first attempt, would become quite easy to understand as you gain grip over the method. So the need not get distracted by the problems, rather be ready to face them.

Make effective use of technology

Technology today has touched every domain of human life. Today in the world of modernization where technology is available at very affordable price, everyone is moving towards it and there is hardly any sphere left where technological advancement has not spread its roots. In self-study technology plays an important role. There are tons of online journals and articles lying. Thousands of tutorials are being uploaded daily which have helped thousands of students in different parts of world. If a person is opting for self study, it is very important for him to keep him updated with the latest technology and latest tutorials, encyclopedias and books.

Keep learning

Anytime is learning time, there is no restriction for student opting self-studying based on time. You can take full advantage of the Internet, i-tutorials, and various mobile devices, good old-fashioned books and encyclopedias. Learn during "dead time", convert every possible minute of free time into learning time. Listen in your car, on the train, or while you do some activity not involving your brain. Have your learning with you while waiting, or try to listen to lectures on i-pod while checking out at the walking in park. Anytime is learning time. Remember that you learn through exposure and not by nailing things down. It is more like moisture accumulation in a cloud, rather than building a brick wall.

Look out for learning communities

The most important set back of the Self Study process is the loneliness that these students face. The "loneliness of the distance learner" in today's world of technology is a thing of the past; one can easily join a learning community on the internet, where different members can share their knowledge and experience while others can make use out of that material. Search for the communities that suits interests learning style and the learning topics you are involved with. You may find encouragement, advice and stimulus from the fellow learners, as well as from tutors, teachers and coaches and may make some friends there and remove the socialization barrier. In these communities, you can measure your progress against your own goals and also get to know where you stand and how others are planning and preparing, or compare your experience with that of other learners. You can even teach and help others, which is a great way to learn with the facility of taking online tests also.

Take gaps

Learning at any level whether learning in a job, studying for a test at School or a College or teaching yourself something new is often condensed into short time segments. The reason behind is that this form of condensed learning does not lead to long-term retention. Research shows that distribution of the study of a subject over a period of time is more likely to help you retain the information easily and for a longer period of time. Between first learning something then practicing that particular topic, and then the application should be divided into equal gaps. There can be a few ways to help you out with this:

- If you have an exam two weeks later later, it is best to start learning it from today and then practice some sample papers in second week. When you appear for your exam, you'll be more likely to remember most of the things as you systematically managed everything.
- If you want to retain material over a long period of time and have clarification of every topic, practice it at regular intervals or else you will forget it with the passage of time.
- Set your deadlines yourself for when you want to learn things and time for practicing, so that you can make a proper work plan on how to proceed effectively.

Advantages of Self Study

- Helps a student to broaden their thinking level.
- Freedom of learning without any restriction.
- Self-learning would enable the learner to limit the number of interests undertaken.
- Self-learning is more fun than regular teaching.
- Student tends to build a sense of responsibility and they start accepting responsibility.
- Self-learning means that you can read different interesting new books, rather than boring notes by teachers or text books
- You can make study material of your own.
- No fear of criticism.
- You may learn at your own desired time according to your schedule.
- Self-studying students tend to retain more naturally when they do the work themselves, as compared to the regular teaching where teacher's spoon feed the information into them.
- Self-study gives an opportunity to the enthusiastic people to go as deeply into a subject and interact with the subject matter as deeply they would like to go.
- With the self-study there is a great opportunity to develop a good work ethic.
- Gives self confidence and a good feeling of doing a job well
- Student performs well in tests because they are already used to tackling problems on their own, which increases their confidence.

Conclusion

Self-Study has come out as a great gift of modernization to people working while they study or those who left their studies for some

reason or the others. Even some students taking conventional methods are making use of self-study to gain complete knowledge of their topics or to understand something they could not in the classroom. There is no age for learning and no time for learning and for those passionate about learning, self-study has come out as a blessing for them.

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