

# **Original Research Paper**

**Medical Science** 

## **ANALYSIS OF ORAL LICHENPLANUS AND ITS MALIGNANT POTENTIAL**

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Oral lichenplanus (OLP) is one of the most common autoimmune oral mucosal condition occurring bilaterally on the buccal mucosa, gingival, tongue etc, associated with burning sensation, its nature of behavior seems to be benign but various studies have confirmed transformation of benign OLP to malignancy over a period, hence this study was conducted to analyze the data available in the literature to know the percentage of malignant transformation, demographic status, sex, site and about the associated habits.

# KEYWORDS: Oral Lichenplanus, Oral lichenoid lesion, Malignant transformation.

#### INTRODUCTION

Oral lichen planus (OLP), was first described by Hallopeau in 1910<sup>1</sup>, since than there was lot of aruguments and discussions regarding its potential for malignancy in oral mucous memembrane.

According to World health organization (WHO), OLP has been considered as potentially malignant disorder and the patients have to be under regular observation.<sup>2</sup>

To consider OLP has a potential malignant disorder, only based on the histopathalogic criteria give by WHO in the year 1978<sup>3</sup>.

Oral lichenoid lesion was the term given by van der Meij and van der Waal. in 2003 $^4$ 

OLL and epithelial dysplasia were considered as an exclusion criteria in the diagnosis of  $\mathsf{OLP}^4$ 

The aim of this study was to review the literature, since 1995for malignant transformation OLP and OLL cases and also to review the reported cases of malignancy with respect to sex, site and type of lesion and their association with usage of tobacco and alcohol.

#### **METHODOLODY**

A MEDLINE data base search was performed for the literature from 1995 to 2016, using the term 'Oral lichenplanus and malignant transformation"

Total of forty studies which were found in English language were considered for the study, case reports were excluded from the study. Study was conducted in two stages:

In the first stage demographic data, year of study, total number of cases with malignant transformation, mean follow up duration in years and diagnostic criteria used was considered.

In the second stage number of malignant transformed cases in each study with se, site, type of lesion, dysplastic lesions and association of tobacco and alcohol was considered and the data analyzation.

# **RESULTS**

OLP and OLL were considered as two different entities in only two studies and total of 1658 cases of OLP and 242 cases of OLL were found.

Out of 16058 cases of OLP 248 cases were found malignant, and out of 242 OLL cases 8 were reported malignant.

The mean range of malignant transformation of OLP cases was 0-6.5%.

On computation of the data the average malignant transformation

rate was 1.26%. (Table 1)

The OLP was clinically classified based on appearance as Red Lichenplanus (Atrophic, Erosive, Bullous).

The OLP was clinically classified based on appearance as White Lichenplanus (Papalur, Reticular, Plaque).

The OLP was clinically classified based on appearance as Mixed Lichenplanus (Red and White mix).

On analyzing the data the red lichen planus had greater malignant transformation rate of (48.01%), when compared to White (39.01%) and Mixed (15.11%).

The malignant transformation of OLP was higher in females(60%) when compared to male counterparts.

On analyzing the data the most common site for malignant transformation was Tounge(50.30%), followed by Buccal mucosa (43.01%), Gingiva(8.80%), Palate (4.62%), Alveolar mucosa(2.93%), floor of the mouth (2.38%), Lip(1.82%), Vestibule(0.62%) respectively.

Risk factors such as tobacco and alcohol consumption was considered in only 28 studies, results of these studies showed 29.63% tobacco association and 17.92% alchol consumption.

#### **DISCUSSION**

Initially the OLP was considered to be a benign lesion but in recent past malignancy has been diagnosed in previously undiagnosed OLP lesion,many studies have been reported the malignant transformation of benign OLP.<sup>44,46</sup>

On analyzing the literature, there were lots of debates stating OLP was more vulnerable to carcinogens and transformed into carcinoma.<sup>47</sup>

Many cases with dysplastic changes in lesions OLP, could have been any other Red and White lesions mimicking OLP clinically and histologically.  $^{48}$ 

"Lichenoid dysplasia" trem given by Eisenberg and Krutchkoff, is a potential precancerous lesion which was overlooked as OLP, hence the term epithelial dysplasia was introduced by van der Meij and van der Waal in 2003, in the diagnostic criteria of OLP.

In the whole literature only 26 studies insisted on the importance of proper initial diagnosis based on diagnostic criteria.

The range 0-0.65 which is obtained in this study can be dueto

diagnostic criterias used, mean follow up of duration and the total number of cases.

In one one of the study by Rode etal, malignancy ratio was zero, even after follow up period of 19 years<sup>8</sup>, similarly three other studies reported zero malignancy lesions but there was no follow up period.<sup>31,41,43</sup>.

Usually malignancy rates were more as the follow up duration increased by decade but in a study by Lanfranchi et al,in 2003 repored 24cases out of 719 cases of OLP as malignancy, at a rate of of 6.5% with a follow up of 1.7years. <sup>17</sup>, this calls for evaluation of demographic prevalence and risk factors assessment.

As only two studies have used OLP and  ${\rm OLL}^{67}$  as two different entities, it is difficult to compare rate of malignancy between the two.

The OLP prevalence rate is higher in females compared to males. 51,522 The erythematous lichenplanus has higher potential for malignancy compared to white and mixed type of OLP, but in two retrospective studies white and mixed types of OLP had higher rate of malignancy. 12,14,23

OLP is most commonly seen clinically on buccal mucosa bilaterally followed by tongue<sup>16,18,22,24,28,29,33,53</sup> but malignant transformation of OLP was more commonly associated with tongue lesions.

Smokers are at risk of malignant transformation when compared to non smokers.<sup>55</sup>

Contrary to it literature studies showed risk of malignancy was less with subjects exposed tobacco and alcohol and its mandatory to inform the subjects with OLP and its sequel to oral cancer.<sup>30</sup>

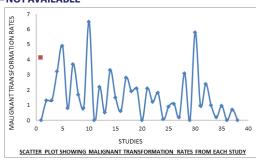
### CONCLUSION

From the results of the study it confirs that the intial diagnosis of OLP and OLL with strict guidelines/ diagnostic criteria along with molecular and genetic analysis should become mandatory as well as long term follow up case studies are need of the hour.

STUDY	COUNTRY	YEAR	DIAGNOSTIC CRITERIA	NO OF CASES	MALIGNANT CASES	MALIGNANT TRANSFORMATION RATE	MEAN FOLLOW- UP YEARS
M. Rode et al	Slovenia	1994	Clinically and Histologically Proven OLP	75	nil	0	19
Gorsky M et al <sup>9</sup>	Israel	1996	Clinically and Histologically Proven OLP	157	2	1.3	1.5
Markopoulos et al <sup>10</sup>	Greece	1997	Clinically and Histologically Proven OLP	326	4	1.3	4.8
Silverman S Jr et al''	USA	1997		95	3	3.2	6.1
Lo Muzio L et al <sup>12</sup>	Italy	1998	Clinically and Histologically Proven OLP	263	14	4.9	5.7
Rajentheran R et al <sup>ij</sup>	UK	1999	Krutchkoff et al Criteria	832	7	0.8	11
Mignogna MD et al <sup>14</sup>	Italy	2001	Clinically and Histologically Proven OLP	502	24	3.7	NA
Chainani-Wu N et al <sup>15</sup>	USA	2001	Clinically and Histologically Proven OLP	229	4	1.7	NA
Eisen D <sup>18</sup>	USA	2002		723	6	0.8	4.5
Lanfranchi et al <sup>17</sup>	Argentina	2003	Clinically and Histologically Proven OLP	719	32	6.5	1.7
van der Meij EH et al <sup>2</sup>	Holland	2003	WHO 1978	173 : 62 OLP, 111OLL	nil in OLP, 3 OLL	0 in OLP, 0.65 in OLL	2.7
S. Gandolfoa et al <sup>18</sup>	Italy	2004	Krutchkoff et al Criteria	402	9	2.2	4.9
Röström PO et al <sup>i9</sup>	Sweden	2004	Clinically and Histologically Proven OLP	1028	5	0.5	6.8
Sura Ali Ahmed Fouad Al-Bayati <sup>20</sup>	Baghdad	2005	Clinically and Histologically Proven OLP	123	4	3.3	NA
Ronald Laeijendecker et al <sup>21</sup>	Holland	2005	Clinically and Histologically Proven OLP	200	3	1.5	4.3

Jing-Ling Xue et al <sup>22</sup>	China	2005	WHO 2003	674	4	0.6	NA
Bornstein MM et al <sup>23</sup>	Switzerland	2006	WHO 1978	145	4	2.8	3.7
Ingafou M et al <sup>24</sup>	UK	2006	Clinically and Histologically Proven OLP	690	13	1.9	7
Hsue SS et al <sup>23</sup>	Taiwan	2007	NA	143	3	2.1	1.2
Van der Meij et al <sup>6</sup>	Holland	2007	WHO 2003	192 : 670LP, 1250LL	Nil in OLP, 4 OLL	0 OLP, 3.2 OLL	3.3
Zhang JH et al <sup>26</sup>	China	2007		724	15	2.1	1.8
Kesić L et al <sup>27</sup>	Serbia	2009	Clinically and Histologically Proven OLP	163	2	1.2	NA
Carbone M et al. <sup>28</sup>	Italy	2009	WHO 2003	808	15	1.8	3.9
Atessa Pakfetrat, et al <sup>29</sup>	Iran	2009	Clinically and Histologically Proven OLP	420	3	0.07	NA
A. Bermejo- Fenoll et al <sup>10</sup>	Spain	2009	WHO 1978	550	5	0.9	2
Fang M et al"	China	2009		2119	23	1.1	1.3
Kobkan Thongprasom, et al <sup>32</sup>	Thai	2010	Clinically and Histologically Proven OLP	533	1	0.2	1.5
Eulàlia Torrente- Castells et al <sup>33</sup>	Spain	2010	WHO 2003	65	2	3.1	1.5
Mônica Ghislaine et al <sup>34</sup>	Brazil	2010	Clinically and Histologically Proven OLP	110	nil	0	NA
Ilana Kaplan et al <sup>i5</sup>	Israel	2011	WHO 2003	171	10	5.8	4.3
Zheng-Yu Shen et al <sup>36</sup>	China	2011	WHO 1978	518	5	0.96	3.3
Bombeccari GP et al <sup>37</sup>	Italy	2011	WHO 2003	327	8	2.4	6.8
Elena Bardellini, <i>et al.</i> <sup>34</sup>	Italy	2013	WHO 2003	204	2	0.98	4.1
Birsay Gümrü <sup>39</sup>	Turkey	2013	WHO 2003	370	1	0.2	NA
Serban Tovaru, et al <sup>40</sup>	Romania	2013	WHO 2003	633	6	0.95	NA
Anita D. Munde et al <sup>41</sup>	India	2013	WHO 2003	128	nil	0	NA
Richter et al <sup>12</sup>	Croatia	2014	WHO 1978	563	4	0.7	7.6
Vladimíra Radochova et al <sup>43</sup>	Czech Republic	2014	WHO 2003	171	nil	0	NA

# TABLE 1: SUMMARY OF 38 STUDIES NA – NOT AVAILABLE



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