



YANTRASHASTRASPECIFIC USES (SURGICAL INSTRUMENT USES) IN AYURVEDA- A LITERATURE REVIEW.

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ABSTRACT

The shashtra (Surgical instrument) first time mentioned by father of surgery Acharya Sushrut in Sushrutsamhita. The various shashtra (Surgical instrument) is mentioned at different places for different purpose in Ayurveda samhita. This is important during treatment of disease. This concept is useful to learn, to use and to teach to the students. So it is relevant to review the description available in the ayurvedic text books in relation to Surgical instrument.

KEYWORDS : Shastraprayog, Surgical instrument.

Introduction:

Surgery (Shalya-chikitsa) is one of the eight ancient branches of Ayurvedic medicine. The Susrata Samhita is a classic text of Ayurvedic medicine. It describes a range of surgical practices. This yantrashashtraprayog is important during treatment of disease. The uses of yantrashashtra mentioned at different places for different same or different purpose described as their main function or not. The basic function of yantrashashtra is described in Yantrashashtra chapter of sushrutsamhita. But specific use of yantrashashtra mentioned in disease at various places. So it is necessary to find them and collect them at one place. So it can be easy to understand and easy to learn and can be utilized easily. The aim of Ayurveda is of two fold i.e. 1. Prevention of disease in healthy individual & 2. Cure of the disease in diseased person. To fulfill the second aim different acharayas have described different surgical treatment for disease.

So it is relevant to review the description available in the ayurvedic text books in relation to different yantrashashtraprayoga in different places in Ayurvedic samhita. So this article focusing the different yantrashashtraprayoga in different places in Ayurvedic samhita.

Objectives:

To understand the concept of specific use of Yantrashashtra in diseases.

Methods:

Manual searching and collection.

SN	Shashtra (Yantra)	Uses/ purpose
1	Badish Yantra	Parvani, To catch Arma
2	Mandalagra	Chhedan
3	Yavavaktrasuchi	Nadivrana, Arbudachhedan
4	Yavavaktra Salaka	Lingnash Vedanartha
5	Agra vaktrayantra	Ashmarinirharnartha
6	Sarpaphanashalaka (A.H.)	Ashmarinirharnartha
7	Badishyantra	Mutramarg Ashmarinirharnartha
8	Vruddhipatra	Medojvrudhhi - Daran
9	Vrihimukh	Mutrajavrudhhi - Vedanartha
10	Dwi much nadiyantra	Mutrajavrudhhi - Vistravanartha
11	Ardhachandrakarshalaka	Vankshansthavrudhhi - Dahan
12	Ardhendruvaktrashalaka	Vankshansthavrudhhi - Dahan

13	Vruddhipatra	Luta danshaudharan
14	Gojipatra	Upkusha - vistravanartha
15	Mandalagra	Sushkarsha - chhedanartha, Sirajal - lekhan
16	Suchi	Ajakajat - vedan, Vistravan
17	Kurcha	Kushta
18	Anguli, Madalagra, Garbhashanku	Mudagarbha
19	Arashashtra	Nakhasandhi - vistravan
20	Darvi, kurcha, shalaka	Arsha
21	Arashashtra	Asthi, Asthimajagataavata
22	Nadiyantra	Jalodar
23	Mandalagra	Galashundika
24	Badish	Uttamashukadoshaudharan
25	Ardhadhar	Nabhinadi cutting
26	Shrungra	Raktamokshan- in Vatadushti
27	Jalauka	Raktamokshan- in Pitta dushti
28	Alabu	Raktamokshan- in Kaphadushti

Discussion:

In Ayurveda while treating the surgical diseases the use of yantrashashtras are important factor. According to Dosh involved treatment of diseases may be different. In Raktadushti by vatadosha the yantrashrungra are used. In pitta dushtijalauka is used. So it is necessary to know the specific uses of yantrashashtra.

In the treatment of disease which yantra or shashtra is indicated or contraindicated is very important. According to acharyas the yantra or shashtra used for treatment of disease is same or different. So it is very useful when planning for treatment. If someone is not getting the result with regular mentioned treatment then concept of specific uses of yantrashashtra treatment can be used.

Conclusion:

The concept of specific uses of yantrashashtra treatment is useful for treating simple, chronic or common surgical disease.

The concept of specific uses of yantrashashtra treatment is adding knowledge regarding treatment of disease.

It is useful for multiple choice questions in different Ayurvedic competitive exams.

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