



HOMOEOPATHY IMPACT ON CHILDREN WITH AUTISM AND IMPROVED QUALITY OF LIFE AND REDUCTION OF PARENTAL CONCERNS/STRESS.

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KEYWORDS :

BACKGROUND AND OBJECTIVES:

A study was conducted by Lifetron Healthcare Homoeopathy Clinic, Bangalore, with the objective of demonstrating that children with autism and their families have compromised quality of life (QOL).

Previous research suggests that parents raising a child with autism experience higher levels of psychological distress than parents of typically developing children and parents of children with other developmental disorders. The daily challenges of caring for the child are endless and affect all aspects of the child's ability to manage the needs of child and family. Understanding more about the challenges parents face will provide direction for research, intervention development.

MATERIALS AND METHODS:

10 Autistic children and their parents selected for this study.
Case taking interview of parents done.
Separate interview for Father & Mother.

RESULTS:

Satisfaction of patients with medical homeopathic consultation is high. Compared to normative populations, both mothers and fathers reported significantly higher levels of parenting sense of efficacy but lower levels of interest in parenting role.

Both mothers and Fathers displayed higher levels of depression than normative populations with mothers reporting greater levels of stress and anxiety.

CONCLUSION:

Homoeopathy can be a source of support and understanding for the parent and the child.

The parents with the most stress are those with children or adults with ASD having significant aggression, Self injurious behavior, tantrums elopement, or unpredictable behaviour can successfully be treated with Stramonium, Tarentula hispanica, Cina, Hyoscyamus, Belladonna.

Different Homoeopathic medicines may be prescribed at different stages of this condition, working to unfold and cure the different layers one by one.

The ultimate outcome of our treatment is rewarding and consistently sees a significant reversal in a large number of children.

Orientation of Parents is necessary.

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