



INCLUDED DISEASE CONCEPT IN SAMHITA OF AYURVED - A LITERATURE REVIEW.

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ABSTRACT

The included disease concept is seen at different places for same or different purpose in Ayurveda samhita. This is important during treatment of disease. This concept is useful to learn, to use and to teach to the students. So it is relevant to review the description available in the ayurvedic text books in relation to included disease concept. This concept is necessary to understand and easy to learn.

KEYWORDS : Included disease concept.

Introduction:

In Ayurved samhita nidana & treatment of some diseases is mentioned under the other diseases. This is because of some reasons behind this. So it is necessary to find the reasons and learn this concept. Example of this is Acharya Charka described kamala disease nidana and chikitsa in pandu chapter. The reason for this is same dosha predominance and in some extent treatment similarities. So according to this same nidana, same dosha predominance, same samprapti or samprapti ghata or similar treatment principles etc are the reasons. The included disease is may be further progressive condition of previous disease. This included disease concept is important during treatment of disease. So it is necessary to find them and collect them at one place. So it can be easy to understand and easy to learn and can be utilized easily. This article focusing the included disease concept mentioned in Ayurveda.

Objectives:

To understand the included disease concept mentioned in Ayurveda.

Methods:

Manual searching and collection.

SN	Vyadhi	Antharbhut vyadhi/Subject	Reference
1	Ashthoninditya	Sthaulya, Karshya, Nidra	Ch. Su. 21
2	Vidhishonitiya	Mad, Murchhya, Sanyas	Ch. Su. 24
3	Apasmar chikitsa	Attavaabhinivisha	Ch. Chi 10
4	Shwayathu chikitsa	Stanik shotha sangrah	Ch chi. 11
5	Grahani chikitsa	Atyagni	Ch chi 15.
6	Pandu chikitsa	Kamla, Halimak	Ch. Chi 16.
7	Visarpa	Updrav	Ch chi 21
8	Madatyaya	Dwansak & Vikshaya	Ch chi 24
9	Mishrak chikitsa	Karnapali roga	Su. Chi 25
10	Atisar pratisheda	Pravahika, Grahani	Su.U. 40
11	Gulma	Shul /shool	Su. U. 42
12	Pandu pratisheda	Kamala	Su.U. 44
13	Murchhha	Sanyas	Su.U. 46
14	Panatyay	Daha	Su.U. 47
15	Visuchika	Anaha	Su.U. 56
16	Arsha	Charmkil	Su.Chi. 6
17	Rajyakshma	Chardi, hudroga, trushna	A.H. chi.5
18	Madatyaya	Dwansak, Vikshaya, Mad, Murchhya, Sanyas.	A.H. chi.7
19	Grahani	Atyagni	A.H. chi.10

20	Mutraghata	Ashmari	A.H. chi.11
21	Vidradi	Vruddhi	A.H. chi.13
22	Pandu	Kamala, kumbha kamala, Halimak	A.H. chi.16
23	Vat shonit	Avrutta vat	A.H. chi.22

Discussion:

In ayurved samhita nidana & treatment of some diseases is not mentioned separately but mentioned under the other diseases. Acharyas explained different diseases combination in different chapter in various sthan. In asthininditiya chapter Staulya & karshya is explained by considering nindit subject. In this same chapter explanation of nidra found due to common causative factor. In vidhishonitiya chapter mad, murchhya, sanyas is described because of common causative agent, common srotas dushti involved and basic treatment principle that is rakta Shudhhi.

Also Acharya Sushrut explained shool in gulma as a main dominating further condition/feature or main complication. Also on same basics daha vyadhi is explained in madataya. As Rajyakshma is group of diseases. In rajyakshma chapter other diseases treatment of chardi, hudroga and trushna etc are explained.

According to acharya Vagbhata the Dwansak, Vikshaya, Mad, Murchhya, Sanyas is included in chapter madataya. Kamala, kumbha kamala, Halimak is included in Pandu chikitsa because of same dosha dushti. In this way different disease are included under different chapter according to acharyas. In this way it is necessary to study in detail on this concept. This article is focusing on it.

Conclusion:

The included disease concept is useful for treating simple, chronic or complicated disease.

This concept adding knowledge regarding treatment of disease in Ayurveda.

It is useful for multiple choice questions in different Ayurvedic competitive exams.

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