



## PHARMACEUTICAL ANALYSIS OF DADIMADIAVALEHA- AN AYURVED FORMULATION

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### ABSTRACT

Ayurveda is an ancient science that promotes a healthy life and also how to deal with diseases. The use of herbal medicines for the betterment of mankind is well known from centuries. Dadimadi Ghrita is a herbal formulation mentioned in the context of PanduRogachikitsa by Charak Samhita. Here, Dadimadi Ghrita is changed into Dadimadiavaleha for better palatability in children. There has been an increase in demand for the herbal formulation of Ayurveda. The present study we have standardized herbs by pharmacognostical evaluation and selected chemical markers as part of a quality control tool. The present study deals with organoleptic characteristics, physico-chemical parameters and nutritional value analysis of the final product. Organoleptic characteristics and physico-chemical analysis revealed the specific characters of all active constituents used in the preparation. Nutritional value, total sugar by UV, and iron value of Dadimadiavaleha is also performed in this study. The HPTLC chromatographic fingerprint was also found according to ICH protocol. This study proves that Dadimadiavaleha is safe for use in children.

**KEYWORDS :** dadimadiavaleha, ayurved, HPTLC, organoleptic characteristics, physico-chemical parameters.

### INTRODUCTION:

Ayurveda is one of the greatest gifts of the sages of ancient India to mankind. Ayurveda is not only a system of medicine in the conventional sense of curing disease. It is also a way of life that teaches us how to maintain and protect mental and physical health and achieve longevity. The Ayurveda has a special branch which deals with the preparation of formulations. One among them is Dadimadi Ghrita, popularly used in the management of various diseases like Pandu, Gulma, heart disease, splenomegaly and other conditions and it has been quoted as auspicious drug in classics.

This formulation in the present era needs standardization. In this study, Dadimadi Ghrita is prepared as Dadimadiavaleha because of consideration of the palatability in children. Dadimadiavaleha is prepared as per the quotations explained in the classics. The Dadimadiavaleha is a herbal preparation. The analytical study of Avaleha is performed with the following parameters: organoleptic characteristics parameters i.e. colour, taste, odour, touch, consistency and physico-chemical parameters- pH value, Loss on Drying at 105°C, total ash value, acid soluble ash, water soluble extractive, alcohol soluble extractive, and rancidity are performed. HPTLC is performed for identification of chemical constituents. Also, nutritional value and total sugar by UV, and iron by gravimetry are performed.

### MATERIALS AND METHODS

#### AIM AND OBJECTIVES:-

- Identification and authentication of raw drugs used for Dadimadiavaleha.
- Preparation of Dadimadiavaleha at GMP certified pharmacy as per classical explanation.
- Organoleptic characters, Physicochemical, and phytochemical analysis of Dadimadiavaleha.

#### Drug review:-

The name of the drug, parts used and its quantity were mentioned in TABLE 1.

#### Collection, Identification and Authentication of Raw Drugs-

All the drugs were purchased from the local market of Vadodara city from the retailer.

Raw drug identification and authentication was done by the Department of Dravyaguna, Parul Institute of Ayurveda, Parul University, Vadodara.

#### Preparation of the Drug:

##### Classical method of dadimadiavaleha preparation:

##### The preparation of the drug was done as follows-

- Firstly, Shodhana Karma is done of Chitrakamool.
- Chitraka roots cut into small pieces and soaked in lime water for overnight, then taken out, washed and dried and after that Chitraka root is used for Avaleha preparation.
- Initially, make fine powder of all the 5 constituents of Dadimadiavaleha was prepared in given quantity.
- Take Sitopala in given quantity and give it heat and make one tarachasani (sugar syrup).
- Then add all the powder form the drug and mix and stir them on the heat.
- Then add the Ghrita.
- After preparation of the Avaleha add 0.02% sodium benzoate as a preservative.
- After preparation the drug was stored in air tight containers.
- Total prepared Dadimadiavaleha quantity- 30 kg
- Dadimadiavaleha is stored in 250gm and 500gm containers.

#### Methods of physicochemical and organoleptic characteristics evaluation:-

Dadimadiavaleha was analysed by using standard qualitative and quantitative parameters. All the procedures were conducted at G.M.P certified pharmacological lab, Vadodara. The physico-chemical parameters i.e. pH, Loss on Drying, total ash, acid soluble ash, water soluble extractive, alcohol soluble extractive, and organoleptic characteristics i.e. colour, odour, touch, consistency, taste are analysed.

#### Chromatography

HPTLC (high-performance thin layer chromatography) is a sophisticated form of TLC, which provides superior separation efficiency. The HPTLC concept includes validated methods for qualitative and quantitative analysis, and fulfils all quality requirements for use in fully regulated environments. In this study HPTLC has been performed for drug analysis. It is an enhanced form of TLC. A number of enhancements can be

made to the basic methods of TLC to automate the different steps, to increase the evolution achieved and to allow more accurate quantitative measurements. Method and other procedures followed for DadimadiAvaleha. HPTLC as shown in IMAGE 1

**RESULTS AND DISCUSSION**

**1. Organoleptic evaluation:**

Organoleptic Characteristics of dadimadiavaleha details are mentioned in the TABLE 2.

**2. Physico-Chemical Parameters:**

Details of physico-chemicals values are mentioned in TABLE 4.

**Loss on drying at 105c :** On drying the samples indicate that the samples were devoid of excess water content and there was no microbial overgrowth or insect infestation present. In this sample loss on drying is 5.47%, it indicates the samples may have good shelf-life and may not decay on storage.

**Total ash and Acid soluble ash:** It indicates of contamination, substitution, adulteration. The Low total ash and Acid soluble ash signifying low levels of inorganic matter and silica content in the finished product. In this Total Ash and Acid soluble Ash: 5.47% and 0.83%,.

**Water soluble extract and Alcohol soluble:** Water soluble extract and Alcohol soluble extract are 25% and 18.75% respectively.

**pH:**The pH was measured to note the acidity or alkalinity of the aqueous solution of the drug. This helps in understanding the pharmacological basis of drug absorption and metabolism. In this sample pH is 6 so it is alkaline in nature.

**4. High-performance Thin Layer Chromatography study:**

**Preparation of test solution (T):**

The chromatographic techniques carried out are mentioned in materials and methods section. Solvent system which was designed for HPTLC i.e. Toluene (10): Ethyl acetate(3): Formic acid(1) was used for HPTLC studies. The results are tabulated as under (IMAGE 1). Preparation of spray reagent (Vanillin sulphuric acid reagent).

**Details of HPTLC profile of all tracks at 254nm.** Under the 254 nm wavelength- track-1 of DadimadiAvaleha(5µL) – 7 spots were detected and starts with respect to retardation factor 0.06, 0.29, 0.44, 0.55, 0.66, 0.72, and 0.77.(IMAGE 2)

**Details of HPTLC profile of all tracks at 366 nm.** Under the 366 nm wavelength- Track- 1 of DadimadiAvaleha(5µL) – 4 spots were detected and starts with respect to retardation factor 0.44, 0.55, 0.59, and 0.66.(IMAGE 3)

**Details of HPTLC profile of all tracks at 540 nm.** Under the 540 nm wavelength- Track-1 of DadimadiAvaleha(5µL) – 5 spots were detected and starts with respect to retardation factor 0.14, 0.29, 0.55, 0.66, and 0.77.(IMAGE 4)

**CONCLUSION**

Any plant or formulation which is used medicinally requires detail study prior to its use because the therapeutic efficacy is depends on the quality of ingredients used for the medicine preparation. In this study, dadimadiavaleha was prepared according to the classical textual standard operative procedure mentioned in classic. The raw drugs were identified and authenticated before using for preparation. The prepared drug dadimadiavaleha was pharmacologically subjected for physicochemical analysis, HPTLC, nutritional value and qualitative study of drug. The ground work requisites for the standardization of dadimadiavaleha were tried to cover in this study.

**Table no.1 - Ingredients of DadimadiAvaleha**

Sr. No.	DRUG	LATIN NAME	PART USE	QUANTITY
1	Dadima	Punicagranatum	Fruit	8 Part
2	Pippali	Piper longum	Fruit	1 Part
3	Dhanayaka	Coriandrum sativum	Seeds	4 Part
4	Shunthi	Zinziberofficinalis	Rhizome	2 Part
5	Chitraka	Plumbagozeylanica	Root bark	2 Part
6	Ghee	Cow's Ghee	-	QS
7	Sharkara	Suagar	-	60% w/v

**Table no.2-Organoleptic characteristics-**

SAMPLES	DADIMADI AVALEHA
Colour	Brownish
Odour	Aromatic and sweetish
Touch	Soft
Consistency	Semi solid
Taste	Sweet

**Table no. 3 - Qualitative Analysis-**

SAMPLE	DADIMADI AVALEHA
SOLVENT	PRESENT(+)/ABSENT(-)
Alkaloid	+
Vitamin C	+
Volatile Oil	+
Flavanoid	+
Saponin	-
Glycoside	+

**Table no. 4 - Physico-Chemical Parameters-**

SAMPLE	DADIMADI AVALEHA
Parameters	Value
Loss of Drying at 105c(%w/w)	5.47
Total Ash Value(%w/w)	2.77
Acid Soluble Ash(%w/w)	0.83
Water Soluble Extractive(%w/w)	25
Alcohol Soluble Extractive(%w/w)	18.75
PH Value	6
Rancidity	Negative

**Table no. 5 – m Nutritional Value-**

PARAMETERS	RESULT
Protein(%)	15.12
Fat(%)	1.73
Carbohydrate(%)	81.72
Fiber(%)	0.102
Total Sugar by UV (%)	45.39
Iron by Gravimetry (%)	0.34

**Image 1**

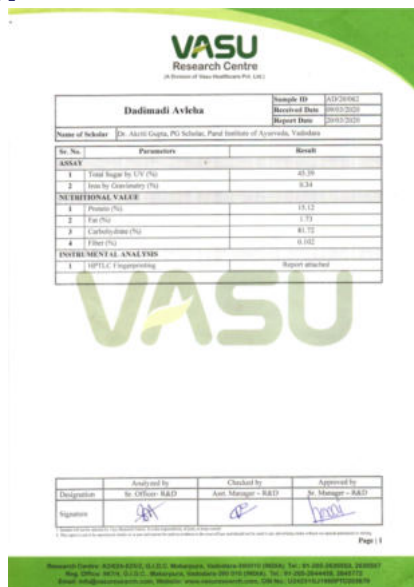


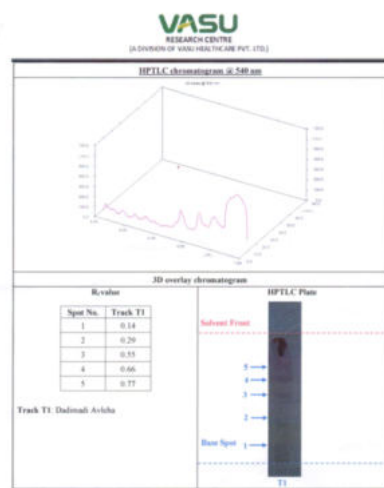
Image 2

**VASU**  
RESEARCH CENTRE  
(A DIVISION OF VASU HEALTH CARE PVT. LTD.)

HPTLC FINGERPRINTING REPORT	
Sample ID	Dudhadi Achha
Name of Scholar	Dr. Akash Gupta, PG Scholar, Parul Institute of Ayurveda, Vadodra
Sample ID	ADC20062
Date of Report	26/03/2020
<p><b>Preparation of Test solution:</b> Weigh 5 g of sample in a beaker and add 10 ml. of Water to it. Sonicate for 10 Minutes, and transfer it to a separating funnel and partition with 20 ml. Ethyl Acetate. Repeat the procedure twice with 10 ml. Ethyl Acetate. Collect all Ethyl acetate layer and evaporate to dryness. Reconstitute the sample with 2 ml. Ethyl Acetate and filter with 0.22 µm syringe filter. Use the Test solution thus obtained for HPTLC fingerprinting.</p> <p><b>Preparation of Spray reagent [Vanillin – sulphuric acid reagent]:</b> 50 mg Vanillin in 2 ml. Methanol and 8 ml. Sulphuric acid (98 %). From this stock solution prepare 10 % solution in Methanol.</p>	
<p><b>Chromatographic Conditions:</b></p> <p>Application Mode: CAMAG Lineman 9 – Applicator                      Filtration System: Whatman filter paper No. 1                      Stationary Phase: MERCK - TLC / HPTLC Silica gel 60 F<sub>254</sub> on Aluminium sheets                      Application (V and) Start Position: 10 mm                      Development End Position: 80 mm from plate base                      Sample Application Volume: 10.0 µl.                      Development Mode: CAMAG TLC Twin Tray Chamber                      Chamber Saturation Time: 30 minutes                      Mobile Phase (MP): Ethanol : Ethyl Acetate : Formic acid : Methanol (8 : 3 : 1 : 1 v/v)                      Visualization: @ 254 nm, @ 366 nm and @ 540 nm (after derivatization)                      Spray reagent: Vanillin sulphuric acid reagent                      Derivatization mode: CAMAG – Dip tank for about 1 minute                      Drying Mode, Temp. &amp; Time: TLC Plate Heater Preheated at 100± 5°C for 3 minutes</p>	

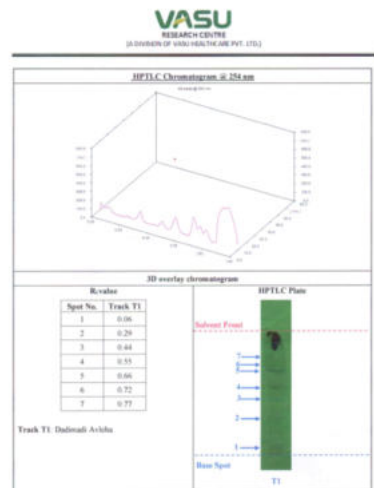
Designation	Analysed by	Checked by	Approved by
	Sr. Officer - R&D	Asst. Manager - R&D	Sr. Manager - R&D
Signature	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

Image 5



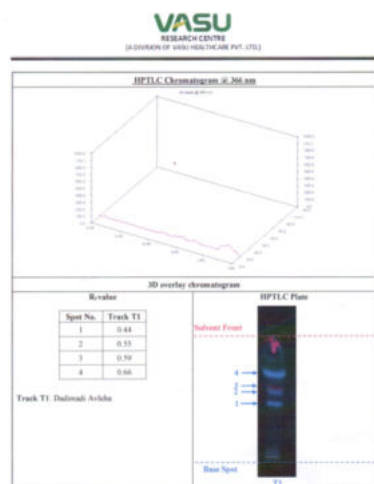
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Signature	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

Image 3



Designation	Analysed by	Checked by	Approved by
	Sr. Officer - R&D	Asst. Manager - R&D	Sr. Manager - R&D
Signature	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

Image 4



Designation	Analysed by	Checked by	Approved by
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Signature	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

**Conflict of Interest: None.**

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