



## A CASE STUDY: HEMATOHDROSIS AND ITS HOMEOPATHY MANAGEMENT

Dr. AK Dwivedi\*

Professor and HOD, Department of Physiology and Biochemistry SKRP Gujrati Homeopathic Medical College, Indore, MP India Director & CEO Advanced Homoeo Health Centre & Homeopathic Medical Research Pvt. Ltd. Indore MP India

Dr. Vaibhav Chaturvedi

Asst. Professor, Index medical college, Indore

Dr. Kanak Dwivedi Chaturvedi

Asst. Professor, Advanced institute of paramedical sciences, Indore.

## ABSTRACT

**HEMATOHDROSIS** is also called as Bloody sweating (perspiration), this happens because of the bleeding disorder. This may happen in the persons suffering from the very high level of stress. The cause of the disease is unknown. The bleeding may be due to the rupture of the very small blood vessels of the skin (dermal capillaries). Some theories include increased vascular pressure leading to the passage of blood cells through the ducts of the sweat glands, inflammation of the vessels of the skin (vasculitis of dermal vessels), and intensified sympathetic activation. Some cases are associated with systemic disease, bleeding disorders menstruation, excessive exertion, high blood pressure, fear and intense emotional stress. Treatment remains a challenge, In this paper we have presented a case study of a person suffering from Hematohidrosis and how was treated completely with the help of homeopathy.

**KEYWORDS :** Hematohidrosis , Bloody Sweating Or Perspiration , Stress, Blood Vessels, Homeopathy, Treatment, Medicines, Etc.

## INTRODUCTION:

Hematidrosis is rare condition is caused by haemorrhage from the sweat-pores. It's very difficult for doctors to treat the condition. The condition may manifest differently in every individual. This also makes it difficult for doctors to offer clear prognoses or test (investigations) which can help for most effective treatment

The blood is mixed with the sweat as it escapes from the uninjured surface of the skin. It may follow as a rare effect of violent emotions or be due to vicarious menstruation. It has appeared in the new-born with fatal result. It is generally limited; the parts usually affected being the face, hands, feet and umbilicus.

**The amount of blood lost is small and the condition may be regarded as a symptom of haemophilia.**

- Hematidrosis remains unexplained due to its rare occurrence.
- Hematidrosis is so rare that investigations on it is normally concentrated on a single case.
- Research suggests that tiny blood vessels that cause bloody sweat are more likely to rupture under intense stress. The stress can be physical, psychological, or both.
- Treatment depends on the inherent cause.

Bleeding appears generally when tiny blood vessels burst. A few blood vessels, involving those close to the sweat glands and in mucous membranes, are nearer to the skin's surface. This makes them more likely to tear. This also provides brief explanation on " why hematohidrosis is more common near the nose, forehead, and other parts of the body located near sweat glands or mucous membranes".

**The general examinations carried out on the patients suffering from the hematohidrosis are as follows:**

- Blood tests to see if platelet and red and white blood cell counts are normal
- Biopsies of the affected area to test for abnormal cells
- Testing for various infections
- Psychological testing
- Neurological testing, including brain scans

A case study have been presented here of a 17 year old girl suffering for Hematohidrosis.

## CASE STUDY:

The problem started in the month of September-2019 for young girl name Miss. S. Thakur with swelling and blackness of lips. In the month of January-2020 the blood started coming from hand, lips, face, fore head and eyes alternate day of sometimes daily & even several times of a day

In the month of February -2021 she visited our clinic and her treatment started with the homeopathy medicines. With continues follow ups and treatment from February 2021 the problem of bloody sweating decreased, With continuing medication, the problem got under control and from the month of March 2021 to July 2021 the bloody sweating occurs only once in two months.

As per the patients & her parents from the Month of September-2021 & onwards the problem got completely eliminated and the girl recovered completely.

During the course of treatment as per progress show by the patient following Homeopathic medicines was prescribed such Phosphorus, Arnica, Lachesis & chamomilla etc.

## Images of the Patients before &amp; after Homeopathy treatment



Before Homoeopathy Treatment

After Homoeopathy Treatment

**CONCLUSION:**

During our findings and Homoeopathy treatments provided we have concluded that if proper Homeopathy medicines are prescribed on the basis of symptoms totality with consideration of observational (Objective) Symptoms bloody sweating can be completely cured with the help of Homoeopathy.

**REFERENCES:**

1. Jin LJ, Chen HF, Wu TQ, Shen HS, Li ZY, Zou P et al. Pathology, diagnosis and treatment of a patient with hemidrosis 2010; 31:157-60.5.
2. Freddrick Z. Sweating Blood. *Annacheriyan-ga* 2006; 34:14-6.
3. Jerajani HR, Jaju B, Phiske MM, Lade N. Hematohidrosis: A rare clinical phenomenon. *Indian J Dermatol* 2009; 54:290-2.
4. Champion RH. Disorders of sweat glands. In: Champion RH, Burton JL, Burns DA, Breathnach SM, editors. *Rook's textbook of dermatology*. 6th ed. London: Blackwell Science; 1998. pp. 2001-2
5. Manonukul J, Wisuthsarewong W, Chantorn R, Vongirad A, Omeapinyan P. Hematidrosis: A pathologic process or stigmata. A case report with comprehensive histopathologic and immunoperoxidase studies. *Am J Dermatopathol*. 2008;30:135-9.
6. Biswas, S., Surana, T., De, A., & Nag, F. (2013, November-December). A curious case of sweating blood. *Indian Journal of Dermatology*, 58(6), 478-480.
7. Jerajani, H. R., Jaju, B., Phiske, M. M., & Lade, N. (2009, September 10). Hematohidrosis - A rare clinical phenomenon. *Indian Journal of Dermatology*, 54(3), 290-292
8. Hahnemann S. *Organon of Medicine*. Rep. 5th ed. New Delhi: B Jain Publishers; 1982.
9. HC Allen's Key Notes & characteristics
10. Pocket Manual of Homeopathic Materia Medica & Repertory William Borick MD
11. Repertory of Homeopathic Materia Medica, JT Kent
12. Text book of Materia Medica Dr SK Dubey