



PROGNOSTICATION BY RATIO OF TRICUSPID ANNULAR PLANE SYSTOLIC EXCURSION TO PULMONARY ARTERIAL SYSTOLIC PRESSURE BY ECHOCARDIOGRAPHY IN ACUTE PULMONARY EMBOLISM

Dr. J. Nambirajan

Associate Professor & HOD, Department of Cardiology, Coimbatore medical

Dr. K. Moosa Saheer

Postgraduate Resident, Department of Cardiology, Coimbatore medical College,

Dr. D. Chakravarthy

Assistant Professor, Department of Cardiology, Coimbatore medical College,

ABSTRACT

Depending upon hemodynamic status and right ventricular dysfunction, In-hospital mortality of acute pulmonary embolism ranging from 0 to 50%. By assessing right ventricular function, we can predict the outcomes in patients with acute pulmonary embolism. In patients with acute pulmonary embolism (PE), right ventricular (RV) failure causes death due to a mismatch between RV systolic function and increased RV afterload. The aim of our study was to know whether the ratio of tricuspid annular plane systolic excursion (TAPSE) to pulmonary arterial systolic pressure (PASP) would predict adverse outcomes. This study was a retrospective analysis of a single Centre Pulmonary embolism register. After the confirmation of PE, patients taken a formal transthoracic echocardiography within 48 hours were included in this study. A 7-day composite outcome of death or hemodynamic deterioration was the primary end point of this study. The secondary endpoints of this study were 7- and 30- day all-cause mortality. A total of 67 patients were included; 14 met the primary composite outcome. In univariate analysis, the TAPSE/PASP was associated with our primary outcome [odds ratio = 0.027, 95% confidence interval (CI) 0.010–0.087; $P < 0.0001$], which was significantly better than either TAPSE or PASP alone ($P = 0.018$ and $P < 0.0001$, respectively). For predicting adverse outcome in PE, a TAPSE/PASP cut-off value of 0.4 was identified as the optimal value. Echocardiographic ratio of tricuspid annular plane systolic excursion to pulmonary arterial systolic pressure is superior in prediction of adverse outcome in acute PE. And also, it may improve risk stratification and identification of the patients that will suffer short-term deterioration after acute PE.

KEYWORDS : crumb rubber, utilization, compressive strength, low cost, sustainable

INTRODUCTION

Utilization Cardiovascular diseases are the most common mortality worldwide, among this pulmonary embolism is at the third position. Right ventricular (RV) dysfunction and failure are the causes for death due to pulmonary embolism.^{1,2} From the combined consequences of pulmonary arterial (PA) mechanical obstruction and vasoconstriction^{3,5} causes the abrupt increases in RV afterload, which may exceed the ability of the ventricle to compensate^{2,4,6}.

Patients with acute PE, to predict adverse outcomes, minimally invasive investigations like biomarkers, electrocardiography, computed tomography, and especially transthoracic echocardiography (TTE)^{7,9} are used. By measuring tricuspid annular plane systolic excursion (TAPSE), RV dilatation, inter-ventricular septal geometry, and pulmonary arterial systolic pressure (PASP)¹⁰, general RV function is inferred using transthoracic echocardiography. These measures may help to predicts patients at high-risk of deterioration who merit advanced therapeutic options^{11,12}, even though patients may be initially normotensive. However, these adverse PE-related outcomes predicting tools sensitivity and specificity is limited to a range of 40–80%^{9,13,14}. It improve the accuracy of outcome prediction, some additional measures are needed.

It is reasonable to investigate the RV and pulmonary circuit as unit, for accurate prognosis in PE¹⁵. The reason for fail to meet the standard for existing approaches may be the failure to do so. So, in this study, we try to define the RV and pulmonary circuit as one combined physical unit by deriving the echocardiographic index TAPSE/PASP. In left ventricular (LV) failure¹⁶⁻²² a few studies of chronic pulmonary arterial hypertension (PAH)^{23,24} this index already investigated. In this study we hypothesized that in patients with acute PE, the ratio of TAPSE/PASP is better than TAPSE or PASP individually to predict adverse clinical outcomes.

METHODS

Design

This is a prospective study based on patients who were enrolled in our college Pulmonary embolism registry. The registry was approved by our Institutional ethical Committee.

Patients age more than 18 were included in this study if they had both PE confirmed and a formal TTE done within 48 hours. Our study period was from January 2020–January 2021. Patients who thrombolysis done prior to basic echo, or poor-quality images were excluded from our study.

Outcomes

A 7-day composite outcome of death or hemodynamic deterioration was the primary end point of this study. The hemodynamic deterioration was defined as systemic systolic hypotension <90 mmHg, need for inotropes or vasopressor, intubation with mechanical ventilation, or need for rescue therapy including systemic thrombolysis. The secondary endpoints of this study were 7- and 30- day all-cause mortality.

Echocardiography

With consensus echocardiographic interpretation recommendations^{10,26}, and values averaged for at least three or more (in the case of an irregular rhythm) cardiac cycles, the analyses compiled. TAPSE measured as the difference in RV basal motion from peak systole to end-diastole on M-mode images. In case of no M-mode images recorded, manually measured from apical four chamber image view. To generate RV/LV ratio, in end diastole at the level of tip of the atrioventricular valve leaflets, RV and LV diameters were measured. To derive the right atrial (RA)–RV pressure gradient by simplified Bernoulli equation the maximal tricuspid regurgitation velocity (TRV) by continuous-wave Doppler was used. At the level of the hepatic veins, inferior vena cava (IVC) diameter was measured. RA pressure taken as recommended²⁶. Then the sum of RAP and RA–RV pressure gradients calculated as PASP (as no patient had pulmonic valve Stenosis). From this the ratio TAPSE/PASP was derived.

Other clinical parameters

As per routine clinical care, History, examination findings, and laboratory values were obtained. If Troponin level >_14 pg/mL and NT-pro BNP level >_600 pg/mL, was considered elevated. If either troponin or NT-pro BNP was elevated patient was considered biomarker positive.

Statistics

Normality data were analyzed by Shapiro–Wilk test. For non-normally distributed parameters, like vital sign and echocardiographic parameters, median (interquartile ranges) are presented. Primary outcome among patients were compared by t-test or Mann–Whitney U test for numerical covariates and X² test or Fisher's exact test for categorical covariates, where appropriate. Logistic regression models were used to correlate between echocardiographic measurements and outcome. Adjusting for age, sex, smoking status, and past-medical history of chronic obstructive pulmonary disease, asthma, and pulmonary hypertension, Multivariate logistic regression analysis was done. <0.05 P-value, considered statistically significant.

RESULTS

A total of 67 patients were included. 14(21%) patients met the primary composite outcome within 7 days, including 3(4.5%) deaths. 14(21%) patients systemic thrombolysis, and 2(2.9%) requiring vasopressor due to systemic hypotension. Some patients could have had more than one endpoint. 6(9%) patients died, at 30 days follow up.

Demographics

In Table 1 the patients demographics data are given. In terms of past medical history and risk factors were generally comparable among the patients who met and did not meet the primary outcome.

Table 1 Demographics stratified by primary outcome

	Patients who did not meet primary Outcome(n=53)	Patients who did meet primary Outcome (n=14)	P-value
Age (years)	61±17	60±18	0.082
Sex (female)	26(49%)	7 (47%)	0.702
Past medical history	7 (13.2 %)	2 (14.3%)	0.552
Coronary artery disease	4 (8%)	1 (7%)	0.965
Congestive heart failure	4 (8%)	1 (7%)	0.067
Stroke	1 (2%)	1 (7%)	0.455
Pulmonary hypertension	6 (12%)	1 (7%)	0.033
Asthma	4 (8%)	2 (14%)	0.423
COPD	3 (5%)	1 (7%)	0.989
Active cancer	14 (26%)	4 (28%)	0.651
Prior history of VTE			
Risk factors	5 (9%)	2 (17%)	0.009
Family history of VTE	12 (22%)	3 (23%)	0.842
Recent surgery	14 (26%)	4 (28%)	0.724
Recent hospitalization >_3 days	3 (6%)	1 (7%)	0.471
Recent trauma	16 (30%)	4 (29%)	0.442
Reduced mobility	19 (36%)	5 (36%)	0.894
Smoker			

The clinical presentation of patients is given in table 2. Hypoxia, tachycardia, tachypnoea, and elevated biomarkers had frequently occurred among patients with adverse outcome.

Table 2: - Clinical PE presentation, stratified by outcome

	Patients who did not meet primary Outcome (n=53)	Patients who met primary Outcome (n=14)	P-Value
Symptoms	2 (4%)	1 (7%)	0.093
Asymptomatic	39 (74%)	10 (71%)	0.504
Dyspnea	6 (11%)	1 (7%)	0.072
Chest pain	13 (25%)	4 (29%)	0.789
Chest pain (pleuritic)	5 (10%)	2 (15%)	0.038
Syncope	2 (4%)	1 (7%)	0.388
Hemoptysis	9 (17%)	2 (15%)	0.737
Cough	5 (10%)	1 (7%)	0.527
Palpitations	10 (19%)	2 (15%)	0.321
Leg pain	14 (26%)	3 (22%)	0.895
Leg swelling	37 (70%)	11 (79%)	0.005
Vitals and blood analysis			
Hypoxia	118 (102–132)	112 (98–130)	0.084
Highest heart rate, beats/min	20 (20–24)	24 (20–30)	<0.001
Lowest systolic blood pressure (mmHg)	27 (51%)	9 (65%)	<0.001
Highest respiration rate, breaths/Min	28 (53%)	8 (57%)	0.042
Troponin elevated			
NT-pro-BNP elevated			

Echocardiographic results

In Table 3, Echocardiographic measurements are given. ICC values were 0.95 for TAPSE/PASP, 0.94 for TAPSE, 0.96 for TRV and 0.95 for PASP, corroborating high degree of consistency in the intra-observer analyses.

Table 3: - Echocardiographic measurements stratified by outcome

Echocardiographic variable	Patients who did not meet primary outcome (n=53)	Patients who did meet primary outcome (n=14)	P-Value
TAPSE (mm)	16.9 (13.3–21.0)	13.4 (9.3–16.6)	<0.001
TRV (cm/s)	2.7 (2.3–3.1)	2.9 (2.6–3.2)	<0.001
RA–RV pressure gradient (mmHg)	28.7 (21.5–37.5)	33.4 (26.8–41.7)	<0.001
PASP (mmHg)	34.1 (25.7–44.2)	40.7 (32.7–51.6)	<0.001
IVC (cm)	1.7 (1.4–2.1)	2.0 (1.6–2.3)	<0.001
TAPSE/PASP (mm/mmHg)	0.47 (0.33–0.70)	0.29 (0.21–0.40)	<0.001
McConnell sign present	13 (24%)	6 (43%)	<0.001
Septal bowing	14 (27%)	7 (50%)	<0.001

It had noticed that, significantly lower TAPSE, higher TRV and higher PASP, larger IVC, and more frequently septal bowing and McConnell's sign were occurred, patients who experienced primary outcomes. The ratio of TAPSE/PASP also lower among these patients 0.27 (0.19–0.39), compared with those who did not meet the primary outcome [0.45 (0.32–0.68), P < 0.001].

By the index of TAPSE/PASP (<0.285, 0.285–0.419, 0.420–0.649, >0.649), We divided patients into quartiles; across these quartiles there was a significant trend associated with primary outcome (P< 0.0001). Compared with; 4/16 (25%), 3/21 (14%), and 2/15 (13%), respectively, in the higher quartiles, the lowest quartile, 6/15 (40%) of patients experienced adverse outcome.

Association with adverse outcome

The index of TAPSE/PASP were associated with the primary

endpoint with an odds ratio (OR) = 0.026 [95% confidence interval (CI) 0.010–0.085, P < 0.0001] per unit change, in univariate analysis. There is no gender difference was noted. When separately analyzing TAPSE and PASP with the primary outcome (Table 4). However, to predict primary endpoint, in ROC analysis TAPSE/PASP had an AUC of 0.730 (95% CI 0.693–0.779), whereas TAPSE and PASP separately showed significantly lower AUC. Based on the ROC, we identified the optimal value for TAPSE/PASP ratio as 0.376 (95% CI 0.298–0.413) to predict the outcome in PE.

Table 4: - Correlation between echocardiographic estimates of RV function and afterload and the endpoints

Correlation to primary, composite outcome	OR	95% CI	P-value
TAPSE (univariate)	0.878	0.844–0.913	<0.0001
PASP (univariate)	1.033	1.020–1.047	<0.0001
TAPSE/PASP (univariate)	0.028	0.010–0.087	<0.0001
TAPSE (multivariate)	0.873	0.838–0.910	<0.0001
PASP (multivariate)	1.034	1.020–1.048	<0.0001
TAPSE/PASP (multivariate)	0.026	0.008–0.080	<0.0001
Correlation (univariate) to 7 days all-cause mortality	0.901	0.835–0.974	0.0082
TAPSE	1.018	0.992–1.044	0.1780
PASP	0.060	0.007–0.527	<0.0001
TAPSE/PASP	0.955	0.909–1.005	0.0744
Correlation (univariate) to 30 days all-cause mortality	1.009	0.991–1.027	0.3322
TAPSE	0.326	0.118–0.895	0.0297
PASP			
TAPSE/PASP			

In multivariate analysis, the index of TAPSE/PASP was independently associated with primary outcome with an OR 0.026 per unit change (95% CI 0.008–0.080, P < 0.0001). With the primary endpoint, TAPSE and PASP separately were also independently associated (Table 4).

Patients with higher TAPSE/PASP was associated with lower 7-day all-cause mortality with OR 0.050 (95% CI 0.006–0.517, P < 0.0001) per unit change, for secondary outcomes of all-cause mortality. TAPSE or PASP individually not predicting 30-day all-cause mortality with OR 0.315 (95% CI 0.107–0.884, P = 0.0276) per unit change (Table 4).

The percentage of events for both primary and the two secondary outcomes also stratified by high vs. low TAPSE/PASP with the 0.387 as optimal cut-off. In the low TAPSE/PASP group, significantly more events occurred, during the first 7 days.

DISCUSSION

The echocardiographic index of TAPSE/PASP is a method to integrate estimates of RV function relative to RV afterload. This study shows that this index is independently related to adverse PE outcome. Compared with two parameters separately, this index gives strong predictor for adverse outcome. In intermediate-risk PE patients, even when adjusting for elevated biomarkers or other echocardiographic findings of RV dysfunction, this index gives a stronger predictor of adverse outcome.

In the management of PE, it is critical to stratify the patients according to their risk. This helps which patients are risk for hemodynamic decompensation and will helps to invasive therapy^{2,12}. Previously PE risk stratifications are mainly based on isolated parameters. These are like RV/LV ratio on CTPA or TTE^{9,27,28} or regional or global RV dysfunction on TTE²⁹⁻³². The important drawback of this measures is a restricted focus on the RV consequences without accounting for the RV afterload. Whereas some other parameters are focused on the pulmonary vascular characteristics without giving importance

to the RV function, like early systolic notching in the pulmonary artery Doppler in PE due to pulmonary obstruction and vasoconstriction³³. A number of studies of potential imaging prognostic measures in PE did not robustly predict outcome is because of failure to consider the RV-PA unit as a whole^{13,34,35}.

As done via the TAPSE/PASP ratio, the importance of jointly analyzing RV function and the pulmonary circuit as a unit has been emphasized^{15,36}. The normal values is in the range of 0.8–1.8 which may vary with higher ages but not with gender³⁶⁻³⁸. A higher ratio indicates that the RV is functioning well given the afterload. The ratio will decrease as PASP increases or TAPSE decreases as RV dysfunction. As afterload is the most dynamic factor compared with contractility in the time following acute intermediate-risk PE in an animal model, it is speculated that changes in PASP is the main determinant in TAPSE/PASP changes³⁹. Noting TAPSE does not account for ventricular force or contractility as it does not contain information on ventricular mass or a time consideration, TAPSE/PASP ratio is not a measure of function but rather a proxy for VA-coupling. Even though these concerns in this ratio, it is valuable in the evaluation of pulmonary hypertension, tricuspid regurgitation, and LV dysfunction^{16-18, 20,22,40,41}. This ratio now extent to evaluate the PE also.

Even though the ratio was derived in a reciprocal manner, it has been investigated in a smaller European cohort that the combination of RV function and afterload in acute PE showed promising results⁴². TAPSE/PASP values were decreased even to lower values than the report in acute PE, in chronically progressive pulmonary hypertension^{23,24}. In chronic pulmonary hypertension compared with acute PE, lower values of TAPSE/PASP observed might be explained by slower disease development where the RV has an opportunity to adapt¹⁵ and ultimately PASP can reach very high levels yielding a low ratio.

In our study, it is found that the ratio of TAPSE/PASP < 0.4, suggest that poor outcomes in PE may be heralded by a mismatch between RV function and an acute PE-related vascular load manifestation. Depending on the speed of disease progression, as well as prior RV comorbidities the effect of this mismatch can vary that may generate pulmonary hypertension and RV compensation.

TAPSE is only an estimate of RV longitudinal contraction of the RV basal myocardium, and this may not reflect the global state of RV contraction, even though overall ventricular contraction is mostly longitudinal in the RV⁶. Like that, PASP is not necessarily integrating load dependencies or changes in flow patterns, vascular adaptabilities, and impedance, but it is only an estimate of RV afterload⁴⁴. For the accurate measurement of RV contractility and after load, more thorough investigations are required, which will include pressure-volume loop recording. That will help to define the end-systolic pressure–volume relationship (Ees) as the independent measure of contractility and the arterial elastance (Ea) as the afterload. So, the Ees/Ea ratio will reflect ventriculo–arterial coupling. Which would describe the force of the ventricle matches the afterload faced^{6,44}. Other methods to estimates RV afterload by non-invasive method, like pulmonary vascular resistance or Ea, though both require additional and more advanced measurements with uncertain assumptions^{45,46}. To investigate whether such methods improve risk stratification further without limiting feasibility, further research is needed.

In most of the moderate to severe pulmonary thromboembolism, they can induce RV-PA uncoupling. To accurately evaluate this pressure-volume loop is needed. But in practice, its measurements are invasive, expensive, rarely available, and thus not clinically relevant in acute settings.

So, in acute settings instead of the RV-PA coupling, the TAPSE/ PASP ratio may be used as the echocardiographic counterpart⁴³. In many studies, it has been proved that TAPSE/PASP well correlate with actual RV-PA coupling¹⁸. It also correlates with invasively measured RAP, pulmonary vascular resistance, and LV end-diastolic pressure²².

As echocardiography is easy to perform, inexpensive, harmless, and widely available, the ratio of TAPSE/ PASP could be implemented in near real-time acute clinical risk stratification systems. In critically ill patients that cannot cooperate standard TTE positioning, where RV function can be assessed by measuring IVC, TRV, and TAPSE, in supine position in subcostal views^{47,48}.

To identify PE patients at risk of deterioration, we have retrospectively established TAPSE/PASP ratio cut-off of 0.4. Recent studies are suggested, in moderate-severe tricuspid regurgitation a cut-off of 0.49 is an optimal TAPSE/PASP, which is comparable in PE⁴⁹. To investigate efficacy of this cut-off to trigger more aggressive management of patients with acute PE, a prospective study should be designed. To investigate the TAPSE/PASP ratio in a larger, unselected PE population and to assess if the ratio is suitable for long-term prognosis or in prediction of chronic thromboembolic pulmonary hypertension, further research is also warranted.

LIMITATIONS

Even though this study analyzed a large population of acute PE patients from a prospective cohort with robust clinical correlates and well phenotype patients with complete data ascertainment, there is some limitations for this study. As our cases are from a tertiary center PE registry, most patients are intermediate- and high-risk group at a single institution, so generalizability may be limited. Secondly, the echocardiographic metrics of RV-PA coupling is relying on known correlation between the TAPSE/PASP ratio and invasive measurements, not derived invasively¹⁸. TAPSE only measure longitudinal RV function, but some conditions radial and apical RV function also affected. Many RV function are qualitative measures, so which might introduce higher degree of inter-observer variability and therefore would depend on echocardiographer experience. Lastly, patients who were received rescue therapies prior to an echocardiogram are excluded from this study, so some high-risk patients are not included in this study.

CONCLUSION

In this study it is demonstrated that the echocardiographic ratio TAPSE/PASP can estimate, a combination of RV function and pulmonary pressure which improves prediction of adverse short-term outcome in patients with acute non-low-risk PE.

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