Original Research Paper

Nursing

FISH BOWL AN INNOVATIVE TEACHING LEARNING METHOD ON 'SOCIAL PROBLEM' AMONG UNDERGRADUATE NURSING STUDENTS

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ABSTRACT   **Background:** Collaborative learning approach is an innovative learning process which encourage & motivate students to learn how to cooperate in a classroom setting & commonly achieve the objectives of learning. Peer learning is possible in groupwork because students in group work not only learn from their peers, but also develop new skills and improve their learning abilities. **Objectives:** To assess the students' perception on Fish Bowl as an innovative teaching method. **Design:** Descriptive Study. **Setting:** Selected Nursing Colleges in a metropolitan city, Participants: 29 undergraduate nursing students. **Methods:** A lecture was taken on specific topic. Later, on the same topic students performed Fish Bowl Discussion, where 5 students were sitting in the center, discussing the topic & rest of students were the audience. During the discussion teacher had also given her inputs & moderated the discussion. The total time allotted for Fish Bowl is 30 minutes. At the end of the discussion feedback was taken from the students on the perception upon Fish Bowl Technique of discussion. **Results:** The study result shows 79.3% students strongly agreed that this method helpful in understanding the communication and topic effectively. 72.4% students strongly agreed that this method helps to improve attention, active listening, fluent communication stimulate interest in the class. **Conclusion:** Fish Bowl Technique can be adapted as a add on to lecture method to learn in an innovative way which will not only encourage the students to comprehend but also it will enhance their communication skill.

KEYWORDS : Fish Bowl Method, Discussion, Learning, Communication, Nursing Students

INTRODUCTION:
In teaching learning process communication, attention plays a major role, where a teacher wants to conduct a class in a interactive & effective way. Fishbowl Technique is a diverse way of teaching students. This activity sheds new light on the difficulties faced by reluctant communicative students. It is also a collaborative learning technique applied in classrooms where group dynamics (team performance, leadership style, and the interdependence between group members) are essential.

Title:
Fish Bowl an Innovative Teaching Method on 'Social Problem' Among Undergraduate Nursing Students

Problem Statement:
Fish Bowl an Innovative Teaching Method on 'Social Problem' Among Undergraduate Nursing Students in a selected metropolitan city.
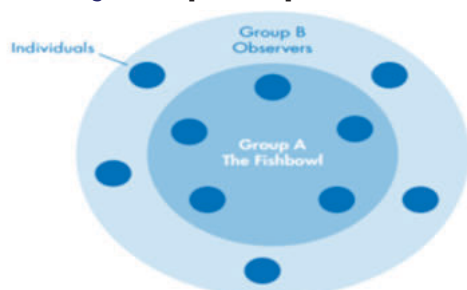
Objectives:
• To assess the students' perception on Fish Bowl as an innovative teaching method

MATERIALS AND METHODS
Research Approach: Quantitative research approach

Research Design: Descriptive Study

RESULTS:
Descriptive statistics used to analyze data on the basis of frequency & percentage. 79.3% students strongly agreed that this method helpful in understanding the communication and topic effectively.

72.4% students strongly agreed that this method helps to improve attention, active listening, fluent communication stimulate interest in the class. 69.8% students agreed that this method enhance knowledge & confidence also provide everyone with equal opportunity to interact.

Setting: Selected Nursing College of Metropolitan city

Sample: 29 Undergraduate Nursing Students

Sampling Technique: Non-Probability, Purposive Sampling

Tool: Structured Questionnaire

Research Process:
Step I: Selection of a specific topic (Social Problem in India)

Step 2:
Lecture on the selected topic (definition, classification, causes & remedial measures of social problem)

Step 3:
Arrangement of the Class for Fish Bowl Technique (Inner Circle of discussion, outer circle of audience)

Step 4:
5 students were selected for discussion & 24 students participated as audience

Step5:
Fish Bowl Discussion on the selected btopic of social problem conducted by 5 students for 30 minutes

Step 6: Discussion was open for audience for next 15 minutes

Step 7:
Structured Questionnaire given to all students for assessing their perception.
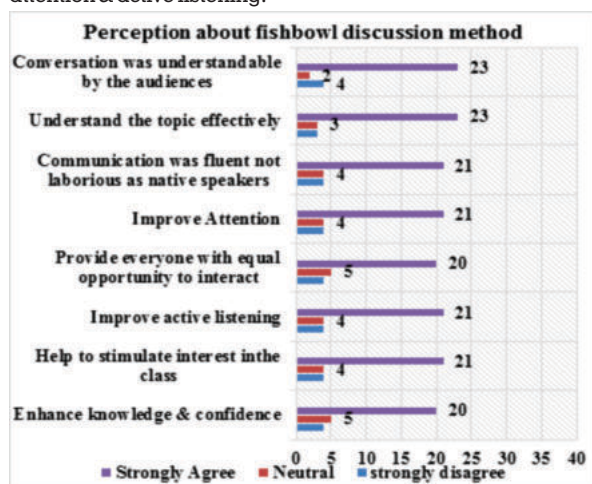
DISCUSSION:

An experimental study conducted on Fish Bowl Technique effectiveness on academic achievements on 9th Grade students. Sixty students were selected through convenient sampling & divided in experimental -control group. Data were through collected Pre-test -post test.

Students in the control group were instructed through conventional learning activities (lecture method) in the classroom, while students in the experimental group were given treatment of collaborative learning. The statistical techniques; mean, standard deviation, t-test and ANOVA were use in the data analysis process. Result analysis showed that Fish Bowl technique improve the academic achievement of participants. In this present study it proves that using Fish Bowl technique with lecture method improves students' attention, listening & communication skill.

CONCLUSION:

The study shows significant percentage of students were strongly agreed on the Fish Bowl method as a innovative teaching method which can be part of regular lecture method of teaching, as it collaborate students to learn & achieve learning objectives while improving communication skill, attention & active listening.

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