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CORRELATION OF S100 PROTEIN CONTENT OF UMBILICAL CORD BLOOD IN HEALTHY NEWBORNS TO THE MODE OF DELIVERY– A HOSPITAL BASED STUDY

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ABSTRACT **BACKGROUND:** Early detection and quantification of brain damage in neonatal asphyxia is important. In adults, S100 protein in blood is associated with damage to the central nervous system. **OBJECTIVE:** To determine whether S100 protein can be detected in arterial and venous cord blood of healthy newborns and to relate S100 protein concentrations in cord blood to mode of delivery. **METHOD:** S100 protein levels in umbilical cord blood of 81 healthy infants were determined. **RESULTS:** S100 protein was present in arterial (median concentration 1.62 μg/l) and venous (median concentration 1.36 μg/l) cord blood. Levels were significantly higher in vaginal births (median arterial concentration 1.72 μg/l; median venous concentration 1.48 μg/l) than births by caesarean section (1.51 μg/l and 1.26 μg/l respectively). **CONCLUSION:** More research is necessary to determine whether S100 protein is a useful marker in neonatal asphyxia.

KEYWORDS : Neonatal asphyxia, S100 protein, vaginal delivery, cesarean section

INTRODUCTION

Asphyxia in neonates can result in extensive brain damage. It is important to be able to detect, predict, and monitor the development of this damage as early as possible. In adults, attention has been drawn to specific markers for brain damage. The creatine kinase isoenzyme BB has been studied extensively in this respect. Its concentration in cerebrospinal fluid (CSF) is raised in patients with neurological damage after open heart surgery with cardiopulmonary bypass.[1]
In infants, it is increased in serum after deep hypothermia with circulatory arrest.

A problem is, however, that it can be found in other tissues, for example umbilical cord tissue. This may influence measurements, as Kumpel et. al [3]have shown.

A second marker, neuron-specific enolase, is found in neurons as an isoenzyme more specific for the brain. The use of neuron-specific enolase as a marker for brain damage is confounded by the fact that there are other large sources of this isoenzyme in the body. It is found in erythrocytes and platelets and it is secreted by certain malignant tumors. [4,5]

Another possible marker for brain damage is the S100 group of proteins. In this study, "S100 protein" refers to the S100a and S100b proteins. S100 protein is a promising marker for damage to the brain in neonates for several reasons.

Persson and coworkers[6] established that CSF S100 protein concentrations reflect the severity of disease in patients suffering from intracerebral hematoma, subarachnoid hemorrhage, and head injury.

Another indication for the value of S100 protein in assessing brain damage is the fact that patients who develop cerebral injury as a result of cardiopulmonary bypass surgery have significantly increased concentrations of S100 protein compared with patients without neurological symptoms.[7]

Research has also shown that preterm infants with intraventricular hemorrhage have increased levels of serum S100 protein.[8]

In healthy adults, S100 protein is not detected in the serum. Before determining whether S100 protein can be used as a marker for brain damage in neonatal asphyxia, it is important to know whether it can be found in blood of healthy newborns. The principal aim of this study was to establish whether S100 protein can be detected in arterial and venous umbilical cord blood of healthy neonates directly after birth. The second objective was to relate the measured quantities of S100 protein to clinical outcome and mode of delivery.

MATERIALS AND METHODS

Vaginally delivered neonates (spontaneous or by vacuum extraction) and neonates born by caesarean section (elective and emergency) were included in the study over a five month period. Informed consent was obtained from the parents of the subjects before delivery. The local ethics committee approved the study protocol. Children with signs of asphyxia or infection were excluded. Children delivered by caesarean section because of fetal distress before operation, were also excluded.

Arterial and venous blood was extracted from the umbilical cord immediately after birth. Upon arrival of the samples in the laboratory, blood gas, lactate, and glucose contents were determined. An arterial and a venous blood sample were subsequently centrifuged, and the supernatants frozen to −80° C to await further analysis of the S100 protein content . S100 protein was measured using a radioimmunoassay which specifically detects the and isoforms of the protein. Samples were incubated with plastic beads coated with monoclonal antibodies to which the two isoforms containing the isomer will bind. The beads were washed intensively and the unbound fraction was removed. The beads were then incubated with a second ^{125}I labeled monoclonal antibody against S100. The beads were washed again and unbound radioactive material was removed. Radioactivity bound to the beads was measured using a counter. The detection limit of this specific test for S100 protein is 0.2 μg/l.

Directly after birth, every newborn was given a thorough

physical examination by a pediatrician. APGAR scores at one, five, and 10 minutes where recorded.

The data were analyzed with SPSS software version 9.0 using Spearman correlation tests and non-parametric Mann Whitney U tests. $p<0.05$ was considered significant. All numerical data were presented as medians with the range in quartiles.

RESULTS

Eighty one neonates (41 boys, 40 girls) were included in the study. S100 protein was found in arterial and venous cord blood in all of them. The median concentration was 1.62 (1.25–2.09) μg/l in arterial cord blood and 1.36 (1.01–1.81) μg/l in venous cord blood. S100 protein content in venous and arterial umbilical cord blood correlated strongly ($p< 0.05$) and venous ($p < 0.05$) S100 protein content (fig 2). Venous and arterial lactate and glucose levels were significantly higher after vaginal delivery. Venous and arterial base excess and arterial pH were significantly lower after vaginal delivery. There was no significant difference between these two groups with respect to APGAR scores or venous pH. There was also no significant difference between S100 levels in infants delivered by caesarean section under general anesthesia (arterial 1.57 (0.97–1.79) μg/l; venous 1.10 (0.82–1.65) μg/l) and caesarean section with spinal anesthesia (1.50 (1.06–1.75) μg/l and 1.34 (1.00–1.49) μg/l respectively).

In five cases, epidural analgesia was used. Epidural analgesia did not have an independent impact on S100 protein levels.

Twelve babies were delivered by vacuum extraction. Their serum S100 protein levels did not differ from spontaneous vaginally delivered neonates.

S100 protein content of arterial and venous cord blood was not significantly different between children born by elective (arterial 1.51 (0.97–1.76) μg/l; venous 1.26 (0.97–1.50) μg/l) or emergency (arterial 1.42 (1.00–1.83) μg/l; venous 1.23 (0.83–1.77) μg/l) caesarean section. Arterial and venous pH, base excess, lactate, glucose, APGAR scores, and birth weight were also not significantly different for elective and emergency caesarean section.

DISCUSSION

This study shows that S100 protein can be detected in cord blood of healthy newborns. The arterial S100 protein concentration was 1.62 (1.25–2.09) μg/l and the venous S100 protein concentration was 1.36 (1.01–1.81) μg/l.

Åmer-Wåhlin et al[9] also reported that S100 protein can be detected in cord blood (arterial 1.10 (0.38–5.50) μg/l; venous 0.98 (0.43–2.70) μg/l). A new finding in their study was that, in contrast with S100 protein measurements in adults[10] haemolysis can affect measurements in neonates, increasing the concentration. In this study no macroscopic hemolysis was observed. Maschmann et al[11] measured serum S100 protein in blood of healthy newborns (range between 2.5 and 97.5 centile: 0.66– 3.33 μg/l). However, blood was collected at no fixed time points but over several days after birth. This makes it difficult to compare the results with those of our study because S100 protein levels may change in the days after birth. The second finding is that S100 protein content in cord blood is related to mode of delivery. The content of arterial and venous cord blood is significantly higher in children delivered vaginally than in those delivered by caesarean section. Furthermore, lactate and glucose are higher and base excess and arterial pH are significantly lower after vaginal delivery compared with caesarean section. These findings indicate that vaginal delivery requires more metabolic adaptation after birth. The fact that the blood gas analysis implies more stress during vaginal delivery may also explain the higher levels of S100 protein in vaginal delivery; more stress and a longer delivery have a significant impact on the central nervous system of the neonate. The difference in S100 protein level between vaginal delivery and caesarean section may also come from differences in head circumference. In spite of the differences in laboratory values, venous pH and APGAR scores at one, five, and 10 minutes were not different between vaginal delivery and delivery by caesarean section. As S100 protein has not been used as a marker for central nervous system damage in children, results of measurements of S100 protein in newborns are not easily interpreted. The key to solving this problem may be found in the specific characteristics of the S100 protein. S100 protein has an important function in the growth and development of the cells it is found in. In vitro experiments show that adding S100 protein to glial cells of mice makes them grow profusely. In other cell lines, adding S100 protein induces apoptosis.[12] Concentrations of S100 protein in amniotic fluid increase from the 15th week of gestation to the 18th week from 0.45 μg/l to 0.58 μg/l.[13] S100 protein expression in the developing brain of the newborn is much higher than it is in adults.[14] These factors may account for raised levels of S100 protein in cells of the central nervous system in newborns compared with adults. The fact that S100 protein is found in cord blood in this study is not explained by these factors.

For S100 protein to appear in peripheral blood, two things have to happen. Firstly, S100 protein must be released into the extracellular matrix and from there to the CSF. It is believed that only damage to cells containing S100 protein could account for the appearance of S100 protein in CSF, because in normal circumstances, S100 protein is not found in abundance in the extracellular matrix surrounding cells containing S100 protein. If this is true, question arises as to why S100 protein is detected in healthy newborns without any neurological problems. Perhaps the S100 protein content of the extracellular matrix is much higher in newborn children.

Secondly, S100 protein can only reach the peripheral blood by traversing the blood-brain barrier. Gazzolo et al[8] have postulated that, in newborns, the blood-brain barrier may be immature and therefore more permeable to S100 protein than in adults. This may be one explanation for the raised S100 protein levels in peripheral blood in newborns, if the source of this S100 protein is indeed located primarily in the central nervous system. S100 protein has been detected in various other tissues, although the total amount is small compared with that found in the central nervous system.[11] Minute amounts have been detected in chondrocytes of adults as well as in fetal cartilage.[15] S100 protein from other tissues may be an, additional, explanation for the S100 protein found in peripheral blood in healthy newborns.

The only way of determining the source of the S100 protein measured in this study is to simultaneously determine the S100 protein content of CSF and peripheral blood in healthy newborns; this is obviously ethically unacceptable. Therefore we have to use CSF obtained in the course of the treatment of neurological disorders. To our knowledge, S100 protein levels have so far not been determined in CSF of newborns together with the measurement of this level in peripheral blood. It is possible that the origin of some of the S100 protein in cord blood is the placenta. This seems unlikely, however, because the arterial S100 protein concentration is higher than the venous S100 protein level in this study. This also makes maternal blood an unlikely source.

CONCLUSIONS

In summary, it is hard to explain the S100 protein levels found in cord blood in this study because the source and the way it enters the peripheral blood of the newborn cannot be reliably determined. It is clear, however, that there is a significant difference in cord blood S100 protein between neonates born

by vaginal delivery and those born by caesarean section. The significance of this finding needs to be determined by further research.

Tables and Figures:

TABLE:1 Values, quartiles and statistical differences as per mode of delivery for the data measured at birth

Mode of delivery					
	Vaginal delivery (n = 51)		Cesarean section (n = 30)		p Value
	Median	Quartiles	Median	Quartiles	
Maternal age in years	32	29-34	32	28-33	0.34
Maternal weight in kg	81	72-93	74	66-80	0.10
Gestation in days	279	270-288	272	269-284	0.15
Birth weight in g	3580	3245-3820	3563	3135-3985	0.79
Arterial S100 (µg/l)	1.72	1.31-2.17	1.51	0.97-1.76	<0.05
Venous S100 (µg/l)	1.48	1.08-1.93	1.26	0.97-1.50	<0.05
APGAR 1min	9	8-9	9	8-9	0.28
APGAR 5 mins	10	9-10	10	9-10	0.61
APGAR 10 mins	10	10-10	10	10-10	0.15
Arterial pH	7.2	7.14-7.25	7.23	7.19-7.27	<0.05
Venous pH	7.29	7.25-7.34	7.31	7.26-7.34	0.84
Arterial BE	-9	-11 to -6	-5	0.7 to -3	<0.01
Venous BE	-7	-9 to -5	-4	-5 to -3	<0.01
Arterial lactate mmol/L	5.1	4-6.7	2.5	1.9-3.4	<0.01
Venous lactate mmol/L	4.9	3.6-6.1	2.2	1.6-2.8	<0.01
Arterial glucose mmol/L	4.4	3.4-5.0	2.8	2.6-3.2	<0.01
Venous glucose mmol/L	5.3	4.6-5.8	3.7	3.2-4.1	<0.01
Significant p values are depicted in bold					
BE: Base excess					

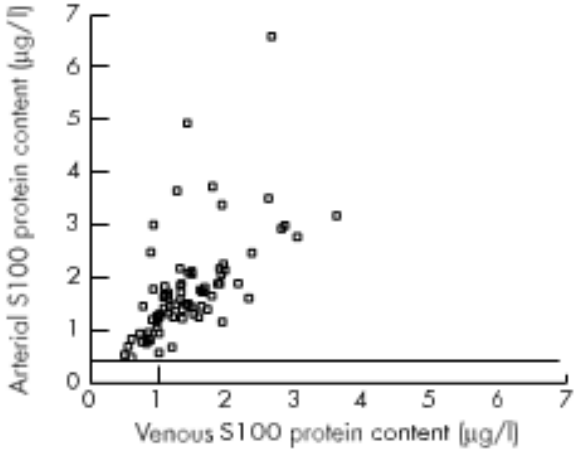

Figure 1: Correlation of S100 protein concentration in venous and arterial cord blood (p<0.01, r= 0.60)

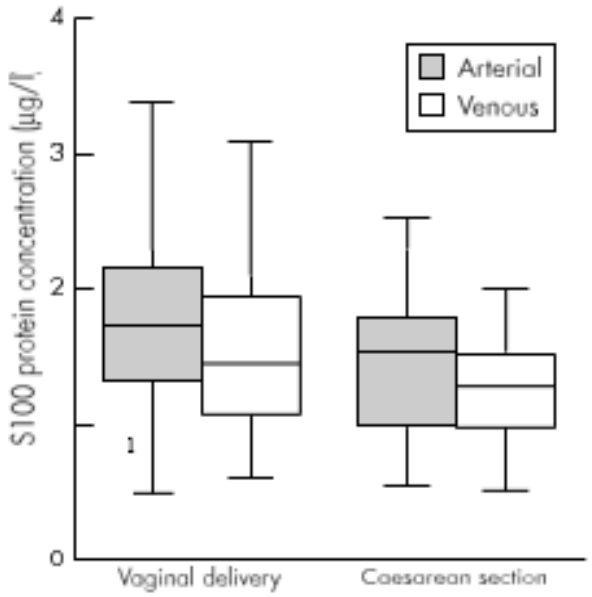

Figure 2: Arterial and venous cord blood serum S100 concentration according to mode of (median, quartiles and the highest and lowest values are being shown)

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