



A CASE STUDY- AUTISM AND ITS HOMEOPATHIC MANAGEMENT

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**ABSTRACT**

Autism is a thought-provoking disorder to recognize and treat. Autism is a neuropsychiatric childhood condition characterized by acute and persistent damage in several areas of development such as social interaction skills, communication skills and/or presence of typecast behaviour, interest, and doings. The beginning is mostly within the first three years of life. It has long been believed that there is a common cause at the genetic, cognitive, and neural levels. In this paper we have presented a case study of a 6-year-old boy suffering from Autism and getting completely recovered by homeopathy treatment.

**KEYWORDS :** AUTISM, MULTIDISCIPLINARY TREATMENT, HOMOEOPATHIC MEDICINE, MENTAL DISORDER

**INTRODUCTION:**

Autism is a condition in which children have compromised or weak communication and social skills. It usually becomes evident within first three years of life but some moderate cases get detected during early schooling. People often mistake the meaning of autism with a psychiatric illness. However, Autism is a condition of neural growth characterized by compromised social interaction and verbal and non-verbal communication, and by confined or monotonous behaviour. But many parents feel that their kids start showing autistic behaviours unexpectedly after a period of regular development.

The human brain is a distinctive and sophisticated organ, which performs many tasks both consciously and subconsciously. However, during the development of the brain within the mother's womb, the smallest of variations can cause damage to it, which shows in many forms after birth. One of the forms it may evident is as Autism.

**SYMPTOMS OF AUTISM:**

1. Problems in developing non-verbal communication skills, such as eye-to-eye gazing, facial expressions, and body posture.
2. Can't establish friendship with same-age children.
3. Lack of interest in sharing achievement or enjoyment with others.
4. They lack empathy. Can't understand others' feelings.
5. Difficulty in talking. More than 40% with autism unable to speak ever.
6. Difficulty in starting and continuing conversation.
7. They have limited interest in activities like playing etc. i.e instead of the whole game or object they limit themselves to some part of it.

In this paper we have presented a case study of successful treatment of Divya a six-year-old boy from Baroda.

**CASE STUDY:**

Homeopathy is an art and science in which focuses more on the aim of vibrant reaction than physiology, this is based on like sickness in which the medicine can cure only those symptoms of the patients produced by the same substance in a healthy person. The therapy of likes holds a good place in case of incurable sickness's and helps in prolonged life. There are wide ranges of medicines in Materia medica for mental disorder in which autism is one the important element. In this

paper we have presented a successful case of treatment of autism using Homeopathy.

The aim of homeopathy is to reduce the autistic features and rehabilitation of the child and help him to return into the mainstream of society. Homeopathy is the art of discovering temperaments and character from the outward appearance. Facial features help to show the state of mind or character by their configuration and expression. In the Management of autism it was very important to know the body language of child by his gestures, movements and mannerism.

The children with developmental issues may present with serious deficiency but may not look "disabled" this frustrates the parents. All the symptoms are because of compromised sensory process leads defects in socializing, communication, and defective behavior. Parents gets worried as they don't know how to deal with this type of behavioral distresses.

**Clinical approach:**

- 1-CARS (childhood autism rating scale)-this taste help to reach the diagnosis and determines the level of autism.
- 2.ATEC (Autism treatment evaluation check list)
- 4.Determination of SQ

In this paper we have presented a case of Divya from Baroda. This six-year-old boy came to us with amazing abilities.

1. He can read very faster and has very good learning aptitudes.
2. He can understand moral of stories
3. He is able to recites Hanuman Chalisa very fast.
4. He knows the Hindu stories.

**Further Observations:**

1. His restlessness was unmanageable.
2. His mother was struggling terribly to keep him one place.
3. He was stubborn.
4. He was very difficult to hold.
5. Habit of nail-chewing.
6. He used to continuously sing, without being conscious about what he is singing.
7. He seems to be very fearful
8. He used to repeat same things while talking about others.
9. He was extremely hyperactive with hardly any eye-to-eye contacts.

During examination, we have seen the unexpected capabilities in the boy. The way he was replying in singing we have started our treatment.

The treatment was started on 1<sup>st</sup> week of September 2021. We have given ZINCUM MET 200, NATRUM MUR 200, CALC PHOS 200, TUBERCULINUM 1 M and observed him and after one month and found that the medicine has helped the child immensely.

There was significant reduction in hyperactivity and eye contact improved a lot. We have found that the child is responding well within first month of the treatment. After six months of treatment, we found that the child behavior has changed and is behaving like a normal child.

#### **CONCLUSION:**

During the course of treatment of Diyya we found that if proper homeopathic medicines are prescribed and the condition of the patients is monitored closely the Autism can be treated and cured with the help of homeopathy.

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