



## NEUROFIBROMATOSIS ASSOCIATED DIFFUSE CYSTIC LUNG DISEASE

**Dr. Divya Jadhav**

Resident, Department of Radio-diagnosis Dr.Vithalrao Vikhe Patil, Foundations Medical College Ahmednagar

**Dr. Sushil Kachewar**

Professor and Head of Department of Radio-diagnosis Dr Vithalrao, Vikhe Patil Foundations Medical College Ahmednagar

**Dr. Saurabh Patil**

Resident, Department of Radio-diagnosis Dr Vithalrao Vikhe Patil, Foundations Medical college Ahmednagar

**ABSTRACT**

Neurofibromatosis is an autosomal dominant disorder of neuroectodermal and mesenchymal origin, also known as Von Recklinghausen disorder. It can also occur inherited or sporadically. A mutation of NF1 gene on chromosome 17q11.2 has been recognized as a disease prompter, and the spectrum of clinical phenotype is wide because of gene complexity, size and diversity of exons. In our article we are presenting a case of neurofibromatosis associated with diffuse cystic lung disease.

**KEYWORDS :** HRCT, Neurofibromatosis, Cystic fibrosis**INTRODUCTION**

Neurofibromatosis with diffuse lung disease is characterized by upper lobe cystic and bullous disease and lower lobe fibrosis<sup>(1)</sup>

Neurofibromatosis Type 1(NF) or Von Recklinghausen's disease is an autosomal dominant neurocutaneous disorder with different clinical expression comprising of café-au-lait spots, neurofibromas, lisch nodules, axillary freckling, optic nerve glioma, kyphoscoliosis.<sup>(2)</sup>

Thoracic manifestations mainly include mediastinal masses such as neurofibroma, lateral thoracic meningocele, extra-adrenal pheochromocytoma and lung parenchymal disease such as diffuse interstitial fibrosis in lower zone, upper lobe bullae formation and secondary pulmonary arterial hypertension.<sup>(3)</sup>

NF-1 gene locus is located on chromosome 17q11.2 NF has a prevalence of one in 3,000 and in 30–50% of cases there is no family history of the disease. These sporadic cases probably arise from (usually paternal) germ cell mutations.<sup>(4)</sup>

**Case Presentation**

A 70 year old male, presented with difficulty in breathing, cough and fever for last 15 days. Patient had no history of smoking. No pulmonary function test was performed. Patient's vitals were normal and oriented to time, place, person. His physical examination revealed soft multiple cutaneous neurofibromas over entire body. On systemic examination revealed reduced air entry bilaterally and inspiratory crackles.

Chest radiograph show large basal left lower lobe cyst and computed tomography scan of thorax was recommended. Mild ground glass opacities with multiple scattered thin walled cysts in both lung field ranging from 5mm – 45 mm, most prominent in right upper and in left lower lobes. Thus above findings raised suspicion of Neurofibromatosis associated cystic lung disease.

**DISCUSSION**

Pulmonary manifestations of NF-1 show characteristic upper lobe involvement usually presenting in fifth - sixth decade with predilection to history of smoking.<sup>(5)</sup>

Pathology- Neurofibromin is a protein encoded by tumor suppressor gene NF-1 that downregulates Ras activity.<sup>(6)</sup> Thus mutated gene causes inadequate neurofibromin production

thereby proliferative cell growth with increased collagen deposition however exact pathophysiology is still unknown<sup>(9)</sup> In lung tissue there is increased lymphocytic infiltration around alveolar septa causing bronchiolar dilatation leading to cyst formation<sup>(7).</sup>

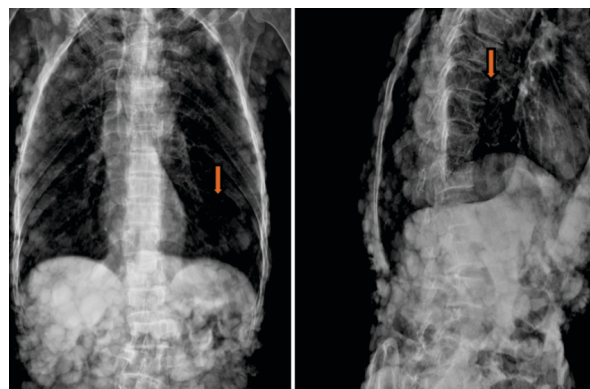
**Presentation-**

Patient present with non-specific symptoms such as cough, chest pain, dyspnea with an incidental finding on HRCT. Other abnormalities in HRCT seen are bullae formation, reticular abnormalities, ground glass opacities, cysts and emphysema. Although there no profound evidence of smoking leading to cystic lung disease in NF yet it manifest and increase the severity of disease progression. Complications- respiratory failure, spontaneous pneumothorax

**CONCLUSION**

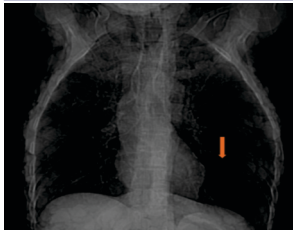
Neurofibromatosis is an autosomal dominant disorder of neuroectodermal and mesenchymal origin.<sup>(8)</sup> It is frequently associated with lung involvement. In our article we have presented a rare case of neurofibromatosis which is associated with lung involvement showing diffuse cystic lung disease. However many studies show relevance of smoking and cyst formation in such cases, our patient had no history of smoking thus suggesting that lung involvement is not always secondary to it.

X-ray is helpful as initial diagnostic modality to diagnose the pathology. HRCT helps in confirmation of X-ray findings and detailed evaluation of the localization and characteristic of disease findings with consistent follow up.



**Fig. 1 Chest X-ray AP view showing lower lobe cyst.**

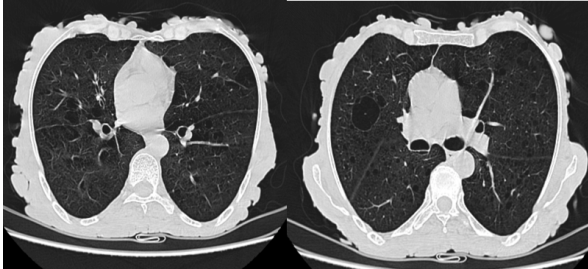
**Fig 2 chest X-Ray lateral showing cyst**



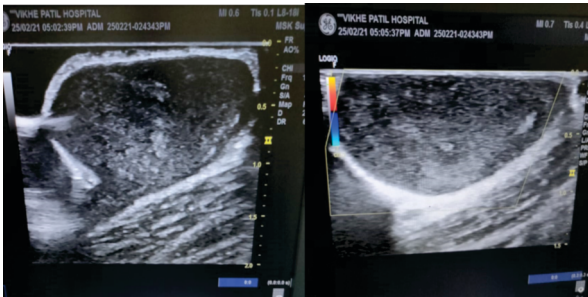
**Fig no 3 HRCT scout showing cystic bullae**



**Fig no 4 HRCT axial large rounded lung cyst involving left lower lobe.**



**Fig no 5, HRCT Image showing scattered small well-defined round cysts in predominantly upper lobe.**



**Ultrasound image showing well defined cysts with echogenic content within suggestive of neurofibroma's over superficial layer.**



**Pictorial depiction of neurofibromas over patient's body.**

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