



## ISOLATION AND CHARACTERIZATION OF LACTIC ACID BACTERIA FROM GABA-PRODUCING PANCHAGAVYA

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## ABSTRACT

Gamma-aminobutyric acid (GABA) relieves several physiological disorders, including diabetes, hypertension, depression, memory loss, and sleeplessness in humans. Therefore, interest in the commercial production of GABA is gradually rising. Lactic acid bacteria (LAB) have commonly been described as GABA generators and are safe for human intake. The present work intends to optimize and quantify the synthesis of GABA from the isolates derived from the Panchagavya. The probiotic characteristics indicated by different tests like pH tolerance, NaCl tolerance, bile salt tolerance, and phenol tolerance show a considerable presence of probiotics in the isolated cultures (v2 and v7) of the fermented panchagavya. The calorimetric and qualitative investigation of the probiotic culture from fermented Panchagavya two main strains V2 and V7 demonstrated a considerable amount of GABA production under TLC and UV-VIS spectroscopy. Hence, the probiotic isolates obtained from Panchagavya can act as a possible starting culture for the synthesis of GABA in the industrial sector.

KEYWORDS : Gaba, Tlc, Uv-vis Spectroscopy, Panchagavya

## INTRODUCTION:

India is a country of traditions with origins in ancient science, closely connecting social rituals and the scientific explanations behind them. In India, a cow is called 'Gaumata' or 'Kamadhenu' because it is nurturing, like a mother. Kamadhenu is the name of the holy cow who believed in completing desired goals. Panchagavya is a storehouse of health advantages and therapeutic characteristics. The Ayurvedic school of medicine has emphasized the importance of employing cow milk, ghee, urine, dung, and curd, each of which is named 'gavya' (i.e., derived from 'Gau' signifies cow) for the treatment of different disorders [1].

Panchagavya has disinfecting and antiseptic effects. Panchagavya is a fermented product in agriculture, along with vermicompost, biopesticides, and biofertilizers. Each Panchagavya element has specific features and usefulness in health, agriculture, and other domains. Scientists and physicians are experiencing issues in current allopathic therapy owing to the various drug resistances in bacteria, the existence of antibiotic residues in the food chain, and/or related allergies and autoimmune illnesses in people and animals. Immunity is dropping dramatically owing to environmental degradation, the use of agrochemicals in agriculture, and pesticides, heavy metals, fungal toxins, etc., in the food chain. Deficient functioning of macrophages leads to the inefficacy of antibiotic treatments, the development of resistance in bacteria, recurring infections, and a potentially impaired immunological condition in an individual.[2]

Panchagavya has several favourable implications in agriculture, including organic farming as excellent-quality natural manure and biopesticides as alternative energy resources with high medicinal properties. Bio-fertilizers and insect repellents derived from cow pee and dung restore micronutrients and fertility of the soil and supply food free from the health concerns of artificial fertilizers and pesticides. No other fertilizer in the world is as inexpensive and harmless as dung fertilizer. Dung and urine can offer vital alternative sources of energy in the form of biogas, fuel, and power. Two US patents have been issued to Indian scientists for demonstrating the boosting characteristics of cow urine, its application in tuberculous patients, and combating tumours, thereby initiating a new era in medical research. Cow urine, coupled with the antibiotics, also reduces the development of resistance in bacteria against the antibiotics [3].

Probiotic food items are recognized as an important element of the functional foods industry, which is rising in sales volume (60–70% of the entire functional food market) and the diversity of goods supplied. According to the FAO/WHO (2006), probiotics are living microorganisms that exert a health effect on the host when supplied in suitable concentrations [4].

## MATERIALS AND METHODS

## 1. Preparation of the panchagavya sample:

Panchagavya solution was created by completely mixing new cow dung (300 g), cow ghee (55g), fresh cow urine (400 ml), cow milk (100 ml), cow milk curd (100 ml), jaggery (100 ml), and ripe banana (1 kg) in an open plastic container. On the first day, 350 g of cow dung was combined with 55 g of cow ghee and maintained for 72 hours, followed by the addition of 400 ml of cow urine and 500 ml of water. The mixture was mixed twice a day and left to ferment for 15 days. On the 18th day, 100 ml cow milk, 100 ml cow curd, 100 ml jaggery and 1Kg banana were added to the mixture and left to ferment for an additional seven days while stirring twice a day. The Panchagavya was ready for usage after a period of 25 days. [5].

## 2. Isolation of probiotic microorganisms from the panchagavya sample:

10 grams of the Panchagavya sample were dissolved in 90 mL of sterile distilled water. 1 ml of sample was diluted serially for 10–9 dilutions, distributed on MRS medium, and incubated for 48 h at 37 °C. The most prominent colonies were separated and sub-cultured into pure colonies. Pure cultures were kept at 4°C for subsequent investigation [6].

## 3. Characterization of GABA-generating probiotic isolates:

## a. pH tolerance:

Isolates were grown overnight in MRS broth at 37 °C followed by centrifugation at 8000 g for 5 min. Cell pellet was harvested and washed twice in sterile phosphate buffered saline (PBS) pH 7.3 and resuspended in 1 ml of PBS and the strains were further diluted 1:100 in PBS at pH 1, 2, 3 and 4. Samples were then incubated at 37 °C and viable bacterial cells were determined at 0, 60, 120 and 180 min time interval by plating on MRS agar plates. Growth of bacteria was expressed in log<sub>10</sub> CFU/ml and survival % of strains was calculated.

## b. NaCl Tolerance:

NaCl tolerance was determined by inoculating 100 µl overnight grown culture of the isolates into 900 µl MRS broth

supplemented with 2, 4, 6, 8, 10 and 12% of NaCl and was incubated at 37 °C for 24 h. Tolerance of isolates was analyzed by measuring the absorbance at 600 nm and MRS broth without phenol was taken as reference and further the survival % of strain was calculated.

**c. Bile salt tolerance:**

Overnight precultures were harvested and resuspended in 5 ml of MRS medium supplemented with 0.3% Oxgall and without as control (Ramos et al., 2013). After inoculation, samples were incubated at 37°C. After a time interval of 0, 1, 2, and 3 h samples were withdrawn and serially diluted using normal saline. Viable cell colonies were enumerated at 0, 1, 2, and 3 h by plating 100 µl of cultures of appropriate dilutions onto MRS agar.

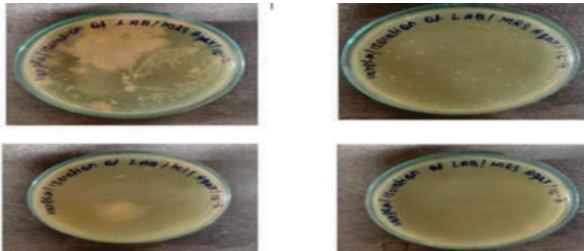
**d. Phenol tolerance:**

Phenoltolerance was determined by inoculating 100 µl overnight grown culture of the isolates into 900 µl MRS broth supplemented with 0.1–0.5% of phenol and was incubated at 37 °C for 24 h. Tolerance of isolates was analyzed by measuring the absorbance at 600 nm and MRS broth without phenol was taken as reference and further the survival % of strain was calculated.

**RESULTS:**

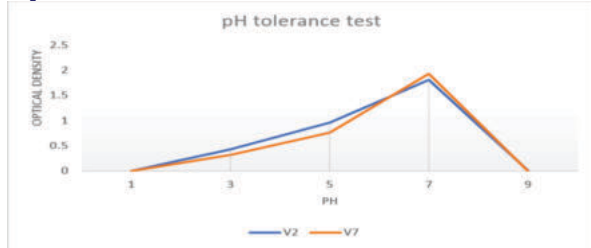
**Isolation Of Probiotic Strains:**

In the present investigation, the colonies with typical features were isolated. On MRS plates, the probiotic isolates showed up as glossy, spherical colonies with a creamy-to-off-white hue.



**Characterization Of Gaba Producing Probiotic Isolates:**

**a. pH tolerance:**

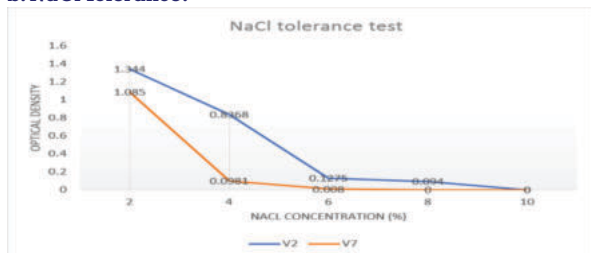


**pH tolerance test**

**Table 1: pH tolerance test**

pH	V2	V7
1	0.56	-
3	0.4275	0.332
5	0.9583	0.7582
7	1.17	1.9298
9	0.88	0.56

**b. NaCl Tolerance:**

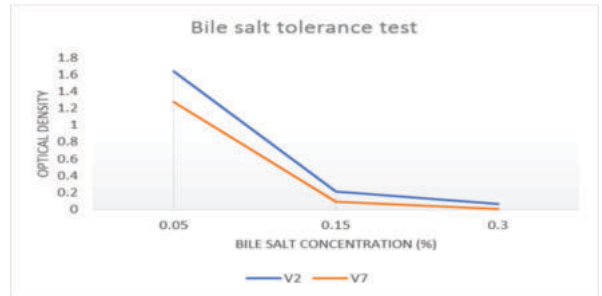


**NaCl tolerance test**

**Table 2: NaCl tolerance test**

NaCl (%)	V2	V7
2	1.28	0.22
4	0.456	0.0981
6	0.1275	0.0096
8	0.094	0
10	0	0

**c. Bile Salt Tolerance:**

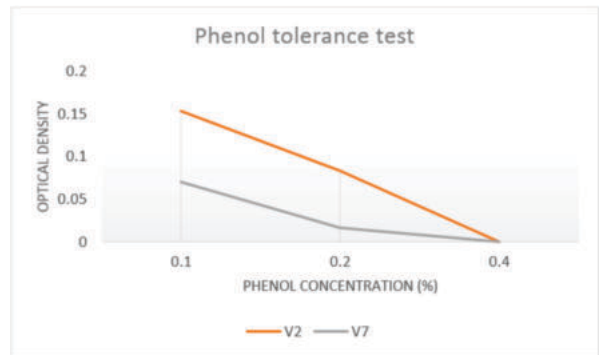


**Bile salt tolerance test**

**Table 3: Bile salt tolerance test**

Bile Salt Concentration (%)	V2	V7
0.05	1.6382	2.33
0.15	0.42	0.0937
0.3	0.069	0.0056

**d. Phenol tolerance:**



**Phenol tolerance test**

**Table 4: Phenol tolerance test**

Phenol (%)	V2	V7
0.1	0.1534	0.351
0.2	0.088	0.0168
0.4	0	0

**CONCLUSION:**

Panchagavya has extensive uses, and this research primarily focused on five cows and Panchagavya human-use goods. Panchagavya is safe for human usage since it has been utilized for 10 decades in India. However the formulations of Panchagavya with cow dung and cow urine are not satisfied by many individuals. Panchagavya, or Cowpathy, is a new approach from ancient literary medicine and undoubtedly a viable therapeutic formulation in the coming years. Many researchers investigated anti-epileptic and nontropic investigations, not only for people but also for animal and plant ailments, employing Panchagavya. Research indicates the numerous probiotic qualities of five cow products, formed Panchagavya and mixed form with other herbs. Further results should be obtained in large population studies, new medication development techniques, and the many possibilities to eliminate diseases. so this study finding analyzes the characteristics of probiotic characteristics from fermented panchagavya.

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