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Original Research Paper

Homeopathy

HOMOEOPATHIC PERSPECTIVE OF HEMORRHOIDS CASE MANAGEMENT.

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ABSTRACT Hemorrhoids is very frequently encountering problem by Homoeopath in practice. Homoeopathic approach is individualistic approach, in which patient as whole is taken into consideration along with the disease condition. Disease condition providing important characteristic symptom as particular symptom in framing the totality of symptoms. This article provides the ready reference for the homoeopathic physician where to look precisely at the disease level while taking the case.

KEYWORDS : Homoeopathy, Hemorrhoids, Individualization, Homoeopathic Therapeutics, Modality, Concomitant, Boericke, Kent Repertory

INTRODUCTION

Hemorrhoids are swollen veins in the lower anus and rectum. Hemorrhoids (commonly known as piles) arise from congestion of the internal and/or external venous plexus around the anal canal. (davidson, 2018)

The prevalence of hemorrhoids in India is 40 million. This condition affects 39 to 52% of adults. (kaushik debdas, 2016). Worldwide prevalence of hemorrhoids in general population is to be 4.4% (kibert, 2021)

Types

Hemorrhoids are generally classified by their location.

- **Internal hemorrhoids:** originates above the dentate line and covered by anal mucosa.
- **External hemorrhoids:** originates below the dentate line and covered by anoderm.
- Mixed hemorrhoids

Internal hemorrhoids are further graded based on their appearance and degree of prolapse

- **Grade 1:** Non-prolapsing hemorrhoids
- **Grade 2:** Prolapsing hemorrhoids on straining but reduce spontaneously
- **Grade 3:** Prolapsing hemorrhoids requiring manual reduction
- **Grade 4:** Non-reducible prolapsing hemorrhoids which includes acutely thrombosed, incarcerated hemorrhoids (kaushik debdas, 2016)

Risk Factors:

These are Chronic constipation and diarrhea, Low fiber diet, Pregnancy, ageing, obesity, Depression, Spicy food & Alcohol intake (kaushik debdas, 2016).

Clinical Presentation:

Patient commonly present with bleeding (Bright red) and protrusion. Pain is less common than with fissure and if present is described as a dull ache from engorgement of hemorrhoidal tissue. Severe pain may indicate thrombosed piles and significant bleeding is a cause of anemia.

Other symptom includes itching, swelling, burning and discomfort all of which severely affect patient quality of life (Tinsley R. Harrison, 2019).

Supportive Treatment:

- High fiber diet
- Increased water intake
- warm water (Sitz) bath

Homoeopathic Therapeutics For Hemorrhoids: (W.Boericke, 2017) (H.C.Allen)

Homoeopathic medicine helps in earlier stage of hemorrhoids, this medicine works at physical level to provide relief from pain, bleeding, discharge etc.

In the later stage of piles complete recovery cannot be achieved. However, it provides relief from the symptoms that cause piles.

Aloes Socotrina

This medicines used when hemorrhoids are protruded like grapes, very sore and tender which relieved by cold applications. This medicine also controls the burning sensation in anus and relieved the constipation with heavy pressure in lower part of abdomen.

Nux Vomica

This medicine gives relief in blind hemorrhoids with itching at anus along with constipation, ineffectual frequent urging to stool. It is helpful in treating piles caused due to sedentary lifestyle such as overeating especially spicy food, drinking alcohol

Hamamelis

This medicine used to treat hemorrhoids which bleed profusely with soreness at anus. Pulsation in rectum can also be controlled by this medicine.

Aesculus

This medicine used to treat hemorrhoids with sharp, shooting pain up the back. Blind and bleeding hemorrhoids which worse during climacteric. Also relieved the complaint of dry, hard and knotty stool.

Ratanhia

To treat sever knife like pain in anal region along with protrusion of hemorrhoids. Patient also having complaint of great effort for passing stool.

Sulphur

This medicine gives relief in symptoms of internal and external hemorrhoids that include itching, burning, swelling, pain and soreness in the anal region. Also control the complaint of hard, knotty and insufficient stool.

Muriaticum Acidum

When hemorrhoids are most sensitive to all touch even sheet of toilet paper is painful then use this medicine. Also used in hemorrhoids during pregnancy and use in case of large, swollen, sore, hot and blue hemorrhoids.

Homoeopathic Management Perspective Of Hemorrhoids

In Homoeopathy holistic approach is followed for the treatment of every disease. Homoeopathy, according to its 'law of similar', treat patient as whole not looking only at the diseased part. Homoeopath prescribe the indicated remedy which has capacity to produce a similar symptoms state in healthy human beings. Here Homoeopathy is differed from the allopathic system of medicine. In this search for the indicated remedy for the patient, his characteristic symptom from the mental, physical & particular level are taken into consideration. Form the particular level (Disease aspect) in form of type of hemorrhoids, type of color of piles, type of pain, concomitant of hemorrhoids, causative factors etc. can contribute as the characteristic feature.

Here is collection of some particular characteristic from the Boericke & Kent's repertory for the ready reference of Homoeopathic physician.

Rubrics

Rubrics For Hemorrhoids And Its Concomitant From Boericke's Repertory (e.boericke, 2017)

Abdomen-hemorrhoids(piles)-remedies in general
Abdomen-hemorrhoids-bleeding
Abdomen-hemorrhoids-blind
Abdomen-hemorrhoids- bluish, purplish
Abdomen-hemorrhoids-itching
Abdomen-hemorrhoids-mucous piles, continually oozing
Abdomen-hemorrhoids-protruding grapes like swollen
Abdomen-hemorrhoids-sensitive, exquisitely painful
Abdomen-hemorrhoids- white piles
Abdomen-hemorrhoids- concomitant-with backache
Abdomen-hemorrhoids- concomitant-with epistaxis
Abdomen-hemorrhoids- concomitant-with heart disease
Abdomen-hemorrhoids- concomitant-with constipation
Abdomen-hemorrhoids- concomitant-with pelvic congestion
Abdomen-hemorrhoids- concomitant-with spasm of sphincter
Abdomen-hemorrhoids- concomitant-with vicarious bleeding
Abdomen-hemorrhoids- concomitant-with tenesmus, in pregnant female
Abdomen-hemorrhoids- aggravation- after confinement
Abdomen-hemorrhoids- aggravation-after stool for hours
Abdomen-hemorrhoids- aggravation-during menses
Abdomen-hemorrhoids- aggravation-during sitting
Abdomen-hemorrhoids- aggravation- from coughing, sneezing
Abdomen-hemorrhoids- aggravation- from talking, thinking of them
Abdomen-hemorrhoids- aggravation- from walking
Abdomen-hemorrhoids- amelioration- from cold water
Abdomen-hemorrhoids- amelioration- from hot water
Abdomen-hemorrhoids- amelioration- from lying down
Abdomen-hemorrhoids- amelioration- from walking
Abdomen- colic- pain- cause and nature- hemorrhoids
Abdomen- anus, rectum- burning, smarting, heat
Abdomen- anus, rectum- burning before and during stool
Abdomen- anus, rectum- congestion
Abdomen- anus, rectum- redness around
Abdomen- anus, rectum- pain- aching
Abdomen- anus, rectum- pain-bearing down, pressing, contraction, spasmodic
Abdomen- anus, rectum- pain- long lasting after stool
Abdomen- anus, rectum- pain- splinter like, pricking, stinging, stitching, cutting, shooting
Abdomen- anus, rectum- pain- throbbing, pulsating
Abdomen- prolapse ani- prolapse with piles in alcoholics, leading sedentary life.
Abdomen- constipation – cause& type -from hemorrhoids
Abdomen- constipation – type of stool – dry, large, painful
Abdomen- constipation -type of stool- dry with frequent urging
Abdomen- constipation – type of stool- hard
Abdomen-constipation – type of stool –soft stool even passed with difficulty
Abdomen- constipation –concomitant – piles
Abdomen- diarrhea- concomitant – after stool- hemorrhoids
Abdomen- dysentery- hemorrhoids from

Rubrics For Hemorrhoids And Its Concomitant From Kent's Repertory (j.t.kent, 2021)

Rectum- hemorrhoids
Rectum- hemorrhoids- morning agg
Rectum- hemorrhoids- morning – bed, in agg
Rectum- hemorrhoids- night agg
Rectum- hemorrhoids- alternating with lumbago
Rectum- hemorrhoids- beer agg
Rectum- hemorrhoids- bleeding
Rectum- hemorrhoids- blind
Rectum- hemorrhoids- bluish
Rectum- hemorrhoids- cold amel
Rectum- hemorrhoids- chronic
Rectum- hemorrhoids- congested
Rectum- hemorrhoids- drunkards, in
Rectum- hemorrhoids- excitement
Rectum- hemorrhoids- external
Rectum- hemorrhoids- flatus, protruding when passing
Rectum- hemorrhoids- itching
Rectum- hemorrhoids- large
Rectum- hemorrhoids- menses, before
Rectum- hemorrhoids- menses, suppressed during
Rectum- hemorrhoids- mental exertion
Rectum- hemorrhoids- milk agg
Rectum- hemorrhoids- motion agg
Rectum- hemorrhoids- parturition agg
Rectum- hemorrhoids- pregnancy during
Rectum- hemorrhoids- rheumatism abates, after
Rectum- hemorrhoids- riding amel
Rectum- hemorrhoids- standing agg
Rectum- hemorrhoids- stool, protruding during
Rectum- hemorrhoids- strangulated
Rectum- hemorrhoids- suppurating
Rectum- hemorrhoids- thinking of them agg
Rectum- hemorrhoids- touch agg
Rectum- hemorrhoids- ulcerating
Rectum- hemorrhoids- walking agg
Rectum- hemorrhoids- warmth, external, agg
Rectum- lump- sensation of
Rectum- constipation
Rectum-pain- stool, during
Rectum- pain- sitting while
Rectum- pain- burning
Bladder - hemorrhoids of
Bladder – hemorrhoids – bleeding
Head- pain- alternating with hemorrhoids
Nose- epistaxis- hemorrhoids with
Abdomen- pain- hemorrhoids from
Cough – hemorrhoids, after the appearance of
Back- pain- lumbar region- alternating with hemorrhoids
Extremities- pain- rheumatic- alternating with hemorrhoids

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