



"A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON SELECTED CHILD REARING PRACTICES AMONG MOTHERS OF INFANTS IN SELECTED PAEDIATRIC UNITS OF METROPOLITAN CITY".

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KEYWORDS : Structured teaching, Child rearing practices, practices, Mothers of Infants.

INTRODUCTION :

The traditional practices are time honoured rituals and beliefs which are prevalent in a community and they may pertain to a wide range of activities. Every community has its own way of rearing children which is ingrained in the society through traditions established over centuries. The customs and cultural practices pertaining to mother craft and child care are passed on from one generation to another, from grand mother to mother and to their daughters and grand children. Infants are the most vulnerable group, who need adequate care. However, many of the rural areas in India, especially the more isolated ones, still use many child rearing practices that are considered either unsafe or unhealthy. Childhood vaccinations are another area of difference between Western and some Indian child rearing practices. While childhood vaccinations for the major endemic diseases such as smallpox, diphtheria, whooping cough and polio etc. vaccination compliance is very spotty in many rural areas, largely for cultural or religious reasons, despite decades long education and public information programs by the Indian government. So we can ensure their survival and healthy growth and development which can be laid by adequate nutrition, immunization and growth monitoring etc.

Objectives Of The Study:

Primary Objective:

1. To assess the effectiveness of structured teaching programme on selected child rearing practices among mothers of infants in selected paediatric units of metropolitan city.

Secondary Objective:

1. To assess the level of existing practices among mothers of infants.
2. To find out association between the mean pre -test score with their selected demographic variables.

Methodology:

The research approach used in this study was quantitative research approach and research design was one group pre-test and post- test design. The investigator used purposive sampling to select 60 mothers of infants of metropolitan city. The data was collected through Self-reported checklist..Data was analyzed by frequency, percentage and association with selected demographic variables done by One- way ANOVA test.

RESULT:

The study findings depicted that in the pre test ,the mean percentage of the Practices score obtained by the mothers was 67.90% and in the post test it rise to 89.03%. The Practices score of the mothers shows marked improvement after giving Structured Teaching Programme , it is evident that the calculated 't' value is greater than the table value of 't' at 0.05 level.. The findings also showed that, in pre test 91.67% of the mothers had good level of Practices score, 6.66 % had excellent level of Practices score. In post test 100 % of the mothers had excellent level of Practices score. The difference

between pre test and post test level of Practices score was showing marked improvement in practices after implementing Structure Teaching Programme. The study also concluded that there was no significant association of demographic variables with the pretest level of Practice among mothers of infants

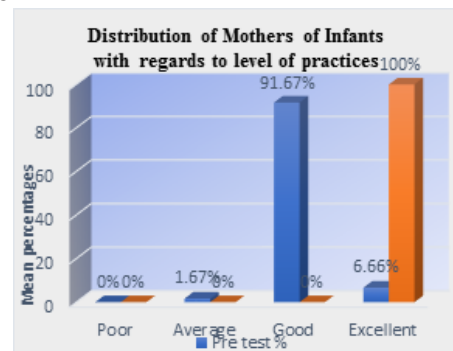


Figure 1: Distribution of Mothers of Infants with regards to level of practices

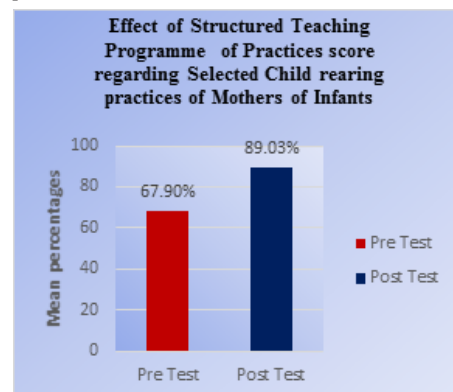


Figure 2 : Effectiveness of Structured Teaching Programme of Practices score regarding Selected Child rearing practices of Mothers of Infants.

CONCLUSION :

The study concluded that mothers of infants were very conscious and interested to get information from structured teaching programme and practice it . Structured teaching programme to improve practices regarding selected child rearing among mothers of infants was effective. The results of pre- test of the study revealed that there is low level of practices regarding selected child rearing among mothers of infants . In post-test there is significant improvement in practice. The results indicated structured teaching was found really useful to the mothers of infants. Efforts should be made to increase awareness regarding selected child rearing practices through Information Booklet, leaflet, video assisted teaching etc.

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