



'THE IMPACT OF NEGATIVE THINKING OF THE PARENTS IN THE FIELD OF BUILDING A LIFE OF THE CHILDREN: AN ANALYSIS BASED ON PRACTICAL OBSERVATION'

Mr. Bodising Narah

M.A., M.Phil., 'NET' Assistant Professor Department Of Education
Purbanchal College, Silapathar, Assam, (India)

ABSTRACT

Today's children or students are the future of our country. Parents are experienced senior citizens of the society. Unpleasant but it is true that the entire parent wants their child to become a healthy, strong, idealistic and moral person. Therefore, in the current changing society, the parents are the characters who have to play a strong role in achieving the main goals of life or moving a child in the right direction. In this field the parents are always should be remembered that without proper positive thinking and positive behaviour cannot think about the building a good life of the children. This is because negative parental thinking can affect children's academic outcomes as well as overall development. In real situation, if we want to build a completely healthy, happiness life of our children then as parent must be removed some of the negative aspects from our mind. Excessive parental pressure, fear and anxiety, educational aversion, comparisons, and frustration can damage children's self-confidence and mental health, resulting in a decline in their academic performance as well as may also fail to build a good life. Through the positive thinking and positive behaviour can build bright life of the children.

KEYWORDS : Life, Negative Thinking, Positive Role, Success.

INTRODUCTION:

Life is a combination of happiness and sorrow. It is not enough to give birth and raise a child. The basic goal of the parents should be to mature their children morally, socially, economically over time and to shape their lives by adapting to reality. It is reality that thinking is a natural process for every person. A positive higher thinking of a person can be taking it away to higher stage. When start thinking negatively instead of positively, negative thoughts come to mind about everything, which is also very harmful to our health as well as society. So our matters of thinking should be always positive.

Every parent has a dream about their child. These dreams are may be different. They want to their children to be a doctor, to be an engineer, to be a teacher, to be a businessmen etc. But they do not think about their children actually what they are wants to do. It is the main thing. Parents encourage their children to move forward with their positive thinking, ideas, experiences, morals, etc. Therefore, our parents must be considered as fully responsible, dutiful and conscious individuals. In this field raises some realistic questions that why are most parents not satisfied with their children's academic performance? Why do want more than need? Why do disappoint yourself by comparing their children with others? Why are some parents unhappy with their children's happiness? These are negative feeling of the parents. So through this article would like to analyse the building a life of the children and attempt has been made to analyse what types of negative and positive aspects will be impact on happiness life. Also the methodology of this paper will be descriptive and required information has been collected from different primary and secondary sources.

Objective Of The Paper:

The study has been undertaken with the following objectives: -

- i) To know about why should we give attention in the field of build a life of the children.
- ii) To know about what types of negative aspects of the parents impact on the build a life of the children
- iii) To know about what types of positive thinking of the parents can be build a happiness life of the children.

Methodology:

The present study is theoretical study as well as practical conceptual approaches. Especially analytical method has been used in this paper and the study has followed primary and secondary sources.

The modern concept of building a life for children is very significant. In the present day context the thinking capacity of the each and every person is very high than old thinking. In the present day context it can be say that building a life for children means emphasizes fostering well-rounded individuals equipped with life skills, emotional intelligence, and the ability to adapt to a changing world. This involves nurturing their passions, encouraging curiosity, and providing a balanced approach to education that integrates academic learning with practical skills and social-emotional development. The main aspects of the building a life of the children are – holistic development, fostering emotional intelligence, safety and wellbeing, balancing technology and human connection, parental role etc.

Impact Of Negative Thinking Of The Parents In The Building A Life Of The Children:

Negative thinking of parents can affect children's educational outcomes as well as building a good life. Too much parental pressure, comparison, and frustration can hurt kids' confidence and mental health, leading to a decline in their academic performance. The main aspects that impact parental negative thinking in building a life of the children are briefly analysis as follows –

Excessive Pressure: Children can suffer from stress if parents expect too much from their children. They feel obliged to do well and this can prevent them from concentrating on their studies. Excessive stress can lead children in another bad direction.

Despair or Frustration: Despair is a most significant negative aspect of the parents in the field of build a life of the children. Parents can be frustrated if their children do not perform well. They may criticize their children, which can hurt their self-esteem.

Fears And Anxieties: It is true that without emotions the life of men is meaningless. As much as possible the negative emotions should be avoided form our mind. Negative thinking of parents can cause fear and anxiety in children. They may be afraid to face new situations, and this can affect their social and academic development.

Educational Aversion: Too much pressure as well as criticism of the parents can make children feel bored with their studies. This can lead to a loss of interest in their studies and a decrease in their academic performance.

children of others, they suffer from inferiority complex. As much as possible after comparison the negative aspects should be avoided.

Trying To Control: When parents try to over-control their children's, children may be afraid to express themselves. Such negative thinking can affect the mental health of the children as well as the overall well-being of the family.

Criticizing: Parents may overemphasize and criticize their children's mistakes, which may undermine their self-confidence.

Positive Thinking Of The Parents In Build A Happiness Life Of The Children: Positive thinking of the parents can be building a happiness life of the children. Actually, at the present day context the definition of success for children should be changed. Not only doing good results, but also becoming good people should be an important goal in their lives. With positive parental thinking and support, kids can succeed academically and personally. As a parents which positives aspects should be follow in the field of building a life of the children. So if we want to build good, ideal person of our children then we should follow the following positive aspects. Because positive thinking of the parents can be help to construct the life of the children.

Compliment: Compliment is a significant aspect of positive thinking. As conscious parents even the smallest achievements of children should be recognized and encouraged. The compliments of the parents can supply the positive energy to the children in their building a good life.

Attention To Children: It is already mentioned that today's children are tomorrow's future citizens. So in this field parents should pay attention to their children's mental health and feelings. They should try to understand their children and try to help them.

Creative Thinking And Give Sufficient Time: Parents should maintain positive and creative thinking with their children. They should encourage their children and teach them to learn from their mistakes. It is essential to spend enough time with your children and listen to their thoughts.

Consultants And Friendly Behaviour: Consultant is one of the positive medicines in building a life of the children. If parents are experiencing stress or anxiety, they can seek the help of professional counsellors. Effective consultants of the parents can change their children's life style to the higher stage. Also it is very important to talk to with children in a friendly manner, understand them and listen to their thoughts.

Positive Comparison: As much as possible parents should compare their children with others children in the field of positive aspects. After comparison parents should discuss openly with their children which are negative and which are positive. The positives aspect always provides energy in overall development of human being. So, occasionally comparative discussion should be held with children.

Make Confident And Explain Their Mistakes: As parent as much as possible should be making children confident and removing their fears. Also, it is important to explain our children's mistakes, not criticize them.

To Develop As Characterful, Disciplined And Studious: In fact, no other wealth can make parents happy unless they make their children real people. If the child is stupid and wicked, the wealth and honour of the parents will be destroyed in two days. Before children can be disciplined and studious, parents themselves must be so.

Good Environment: In the field of building a life of the children the good environment of home is very important. In a healthy, cultural environment, a child can develop into an ideal, loyal, and characterful person. Just like buying the latest furniture in the market for the household, should buy at least one daily newspaper, one magazine, two or four children's books every month and week to as mental feed our children's minds and brains.

CONCLUSION:

Life is very valuable. There should not be let precious the valuable life be worthless in this two-day world. So if we want to build meaningful life, happiness life of our children then we must think about the positive aspects. As a parent, win the trust of our children, be a friend to our children instead of being a strict parent, help them choose good friends instead of preventing them from making friends. Parents can guide the child along an educational path like a philosopher and help him step by step to achieve the desired goals of life by giving him the right advice like a guardian. Also parents are remember that your child may not be a topper, but there is no bad accompany this is the greatest success.

REFERENCES:

1. Compton, W.C. & Hoffman (2019): Positive Psychology, Published by Sage Publication, The Science of Happiness and Flourishing, New Delhi - 110002.
2. Chutia, D., Bora, R., Bora, S., Hussain Alam, J., Bhuyan, Trishna (2024): Positive Psychology, Published by Mahaveer Publications, New Market, Dibrugarh - 786001.
3. Devi, Kalita & Lipika: The Impact of Home Environment in Overall Development of Child, Page No.91.
4. Joshep, S. (2015): Positive Psychology in Practice, New Jersey: John Willey & Sons.
5. Sharma, Nabanita, Dr. : The Role of Mother in build Mental health of the Child, Published by Boku Sahitya Sabha, Assam-2017, Page No. 98.