



RIGHT UNDERSTANDING – ESSENTIAL FOR HAPPY LIFE

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ABSTRACT

Now a day there are several problems takes place in the society. Almost all the problems in the society is because of lack of right understanding. In individual level lot of contradictory ideas takes place in the mind which create confusion, in family level disharmony, in society level quarrelsome nature and in environment level several exploitative problems. So there is a need of finding solution for the current problems. The only way is Right understanding in relationships and in physical facilities. With right understanding harmony in relationship. And with right understanding prosperity takes place in physical facilities which leads happiness in the life of the individual.

KEYWORDS : Right Understanding, Harmony.

INTRODUCTION

Man is a social animal. He has to live with others for his survival and at the same time for achieving certain benefits which is essential for his body and mind. So in primitive society he established one association called as family. For security purpose he has to join with other groups. In that sense he introduced several norms in the forms of rituals. Later for better continuity he also organised one institution called State. Even now he has un satisfaction why because he is unable to reach the real goal or purpose of his life that is happiness.

Firstly he has separated from the other living beings for achieving the ultimate happiness which is possible only through the introspection. With the self-verification there is possibility to identify the problems takes place in his mind. There is also possibility to empathetic feeling.

Now a days there is an urge of Humanism in the society not only for the collective living but also for the Individual living. In collective sense there is a quarrel some nature in the society. Almost war like conditions takes place between the two individuals. It leads to disharmony which creates lot of burden on the minds of the individuals. There is an evil in the minds of an individual in the form of selfishness, egoism, hatredness etc. Because of such type of evils there is no happiness feeling in the feeling which is his real goal for him.

Not only in the society but also we can see problems in the family because of the said evils in the minds of an individual. There is no enjoyment in the family, even among the family members because of lack of right understanding and because of giving highest preference to physical needs in the place of relationships. So there is a wide gap between the interests of the family members. With that we can't able to identify the harmony in relations even among the closed family members. If even we identify the harmony because of lack of right understanding there is a breakups takes place and joint families will become as a neutral families. This is a nonstop process. Why because the following generations will follow the same narrow traditions which are provide by there seniors.

In the present conditions even in nature also several problems will arise due to the selfishness in the minds of the individuals. More number of environmental problems arising due to competition for exploiting the nature among the people. There is no prosperous feeling takes place in the individual. So there is no limit in utilising the resources in the nature. Several environmental problems like Air pollution, water pollution, soil pollution, deforestation, desertification, degrading of natural resources, disappearing of several species etc., are arising in the nature.

In the Individual side he is unable to know the real path for the happiness. He is not even put Humanism as an ideal goal. Why because of ignorance of self-verification, self-modification, self-

satisfaction. Without satisfaction there is no place of happiness. Mahatma Gandhi stated that 'the world is only for needs not for greed's'. It is impossible to satisfy the invisible mind with the visible or material needs.

Happy life

How can we lead the happy life? Now days it is the billion dollars question. It is not possible to identify the satisfaction with so much of confusion in the mind, fond of material needs and selfishness. There are three levels takes place for leading a happy life. First one right understands. Second one is good relations and finally with the physical facilities. These three are most essential for leading a happy life. We should have to give equal preference to the three essentials. We have to give first preference to right understanding. We have to know how far we have to utilise the physical facilities. There is a limit in the needs of the animals only after achieving of physical facilities animals are satisfied. But man has an ambition of leading better and happy life. So he not satisfied with the physical needs. Actually his work is starting after the achieving of physical facilities. For respect, recognition he somehow sacrifice his physical facilities in the name of contribution. But he can't obtain happiness without maintain proper relations. Only with good relations he can obtain harmonious reply and respect from other persons.

He have to see that person in the view of another person and also recognise that others also have the same expectations as he possess. So he have to see himself in the other person. Then there exist no contradiction between them and there the possibility for developing of good feelings like mercy, cooperation, sacrifice, tolerance, love etc. This type of seeing self in others is called as Right Understanding. It is the natural and original nature of the human being. It is also called as Natural acceptancy. Without right understanding there exist selfishness and expectations in the relations. So on the base of right understanding we have to develop good relations in the society.

Another important aspect is we have to limit the usage of physical facilities with the concept of Prosperity. The word prosperity means the feeling of satisfaction. This type of satisfaction arises because of putting limit for the material needs. Only for the survival of life we have to acquire the needs. It is also easy to achieve the little goal. So easily he got satisfaction in the material needs.

Man have to see self in other persons It is called as natural acceptancy. Then there is harmony in the relationship. It is the right understanding. Then there is no place of contradictions, warlike conditions, dominations, egoistic nature etc. In that place there is a development of satisfaction, harmony, peace, sacrifice which gives utmost happiness in the life.

CONCLUSION

In this way we have to develop right understanding in the society in relationship which leads harmony, and in physical needs which

leads prosperity. In other words the relations, physical facilities which is based on the right understanding gives happiness in individual level, family level, society level and at the same time at nature level.

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