



Understanding the Harmony Between Self, Family and Society

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KEYWORDS :

I. INTRODUCTION:

Values from the basis for all our thoughts behaviors and actions. Once we know what is valuable to us, these values become basis. We also need to understand the universality of various human values, because only then we can have a definite and common program for value education. Then only we can assured of a happy and Harmonious human society.

All the human beings continuously aspire, for a happy life, a fulfilling and successful life, and the purpose of education in to provide adequate competence to actualize this aspiration. For this first of all it is essential to understand what is really valuable for human being and what in really conducive to a happy and fulfilling life? This is the value Domain.

Society or human Society is the set of relations among people including their Social status and roles, by extension, society denotes the people of a region or country, sometimes even the world taken as a whole. Used in the sense of an association. A society is a body of individuals out lined by the bonds of functional interdependence possibly comprising characteristics such as national or cultural, identity, social solidarity, language, Human societies are characterized by patterns of relationship between individuals sharing a distinctive culture and institutions. Like other communities or groups, a society allows its members to achieve needs for wishes they could not fulfill alone.

The world society may also refer to an organized voluntary association of people for religious, benevolent cultural, scientific, political, patriotic. Today the term society is currently used to cover both a number of political and scientific connotations as well as variety of associations.

As we begin to understand our relationship in the family and live harmoniously in these relationships, we become aware of our relatedness to all human beings. Family is the first place to understand our relationships recognizing the feelings in these relationships live according to those feelings and attain mutual happiness. Our natural acceptance is to feel related to everyone. We can easily explore this within ourselves. We find that in reality, we do not only want ourselves to be happy but also want to make other happy.

Our competence might be limited at the moment and we might be feel we are unable to do so, but we spontaneously accept that we wish for their happiness as well, along with ours, this is our intention. We expect that same from other we feel relaxed when we are with people who feel related to us and we enjoy a feeling of assurance and trust when we live in this social web.

Harmony in the family is the building block for harmony in the society Harmony in the society leads to an undivided society when we feel related with each and every human being. Our natural acceptance however is for relatedness with all and we can very naturally extend into the world family. This is the basis of an undivided society, a feeling of relatedness with all. As we begin to understand and become aware of harmony at this level on our living.

In order to facilitate the fulfillment of the basis aspirations of all

human beings in the society, the following comprehensive human goal needs to be understood

1. *Right understanding is necessary for the human beings, when one does not have right understanding, one remains disturbed and also acts in a manner so as to create disharmony with other human beings as well as with rest of nature.*
2. *Prosperity is needed in every family. Prosperity in the family means that family is able to identify its needs and able to achieve more than its requirements.*
3. *Fearlessness in society means every members of society feels related to everyone else and therefore there is trust and fearlessness.*
4. *Co- existence in nature means there is a relationship and complementarity among all the entities in nature including human beings.*

This is the comprehensive of human goal, with little exploration, we find that all four are required for human society. We are not satisfied with any thing less than this. This is the basic minimum requirement to ensure sustainable happiness and prosperity. We can not cut down any of item.

This is the minimum level that each one of us wants and also the maximum we can think of. This is the target for each one of us, the whole human race and the human tradition. The moment we leave anyone of them out, there will be loss of continuity and the goal can not be reached.

samadhan:

we can solve society's problems when we see beyond the contradictions of life. When we live in a higher consciousness, we obtain the higher knowledge that see the higher harmonies which enable the resolution of every problem.

samirdhi (Prosperity):

prosperity is the state of flourishing thriving, success or goal fortune Prosperity often encompasses wealth but also includes other factors which are independent of wealth to varying degrees, such as happiness and health.

Abhay:

Man is eager to live and afraid to die. Most problems owe themselves to this fact. The fear of death might be reckoned as a prime fear but the most primeval and basic fear is that expectation being defeated or move specifically, that of loosing what one delusively thinks one owns. Fear of losing what one is attached to (the family) gives birth to the fear of death and therefore the former is the most basic fear because one is attached to the body and is afraid to lose it. Fear resides within and not outside us. External fear is mere fiction. If we succeed in cultivating fearless no incident, no external circumstances can strike fear in us.

Abhay is not associated with Bhaya and Nirbhaya at all. Abhaya means fearlessness, it is a permanent state where there is no question of ever experiencing any fear.

Fear is only delusion created by the mind, lack of fear is a delusion created by the mind. Mistaking one thing for another leads to fear, recognizing the mistake and rectifying it, leads to the removal of

fear. These two, Bhaya and Nirbhaya are associated with fear the freedom from fear.

factors for fear:

1. Ignorance and distorted perception of the world.
2. Fear of the unknown is the most common factor.
3. Fear of the past is due to quality feelings attached to our past actions.
4. Fear of the future insecurity.
5. Death is another major cause of fear for many people.

Steps attain Abhaya:

1. Fear can be overcome when we enquire into the nature of its cause objectively and causative factors are resolved.
2. Insecurity can be overcome if we accept our limitations and perceive as a humble spectator.

Co-Existence:

The world is full of diversity- there are different nations, cultures, religions, communities, languages and beliefs. The beauty of existence can only be maximized if everything in this world is in harmony, peaceful, symbiotic co-existence is the key to harmony in the world for peaceful co-existence to occur in a diverse society the following must happen.

1. People must recognize that traditional interpretations of peaceful Co-existence are outdated.
2. Governments and individuals must recognize that society need not be homogeneous to serve an important purpose for people.
3. Members of varying cultures, countries and faiths must learn to respect traditions, beliefs and boundaries of one another.
4. Religion and politics must be separate and people must agree to disagree regarding certain moral values and beliefs and come to recognize that others can be different from them and yet be equally capable in their own unique manner.

Right understanding---> Prosperity---> Fearlessness---> Existence

The five dimensions of humanistic Society are able to ensure the human goal:

1. **Education** : Right living leads to right understanding: Having the process of education and right living leads to right understanding in the individual.
2. **Health**- Self regulation leads to prosperity: Having program for health leads to well being of the body and identification of need for physical facilities which along with production ensures feeling of prosperity in the family.
3. **Justice**- Preservation leads to fearlessness and Co-existence: Ensuring Justice in relationship or mutual fulfillment in relationship on the basis of values like trust, respect etc leads to fearlessness in society while Suraksha of nature via-enrichment, protection and right utilization leads to Co-existence in nature.
4. **Production**- work leads to prosperity and Co-Existence: Production and work are for physical facilities and this leads to a feeling of prosperity in the family. Production is done in harmony with nature and hence this also leads to Co-existence with nature.
5. **Exchange**- storage to Prosperity and fearlessness: When we store and exchange for mutual fulfillment and not for exploitation, then it leads to trust in society.

Where do we stand today

At the level of individual: Rising problems of depression, psychological disorders, suicides, stress, insecurity, health problem.

At the level of Family: Breaking of Joint Family, mistrust and insecurity in relationship, divorce, legal suits.

At the level of Society: Terrorism, casteism, wars between nations, fear of nuclear and genetic warfare.

At the level of Nature: Global warming, water, soil & noise pollution, resource depletion of minerals and oils, loss of fertility of soil.

CONCLUSION:

Continuous happiness is being in harmony within one self, being harmony with others and being harmony with nature.

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