



Biblical path to enhance human values to lead blissful life

Sarojini Chiluvuri

Lecturer in Zoology, JMJ College for Women (Autonomous), Tenali, Guntur Dt Andhra Pradesh, India.

ABSTRACT

Though our India is progressing successfully in Science and Technology it is phasing problems in humanitarian point of view due to the deteriorating human values. Parents, preachers and teachers have to play a vital role in driving the children and youth into the path to lead blissful life by fulfilling the spiritual life. They must remember that their prime duty is to enlighten the young minds for the healthy and prosperous society i.e. the god's kingdom. One shall guide and transfer the blessings of the god Almighty to thousands of generations as a legacy but not the curse which suffers four generations in all aspects.

KEYWORDS : blissful life, spiritual life, blessings of the god Almighty, the god's kingdom.

INTRODUCTION:

Though our India is progressing successfully in Science and Technology it is phasing problems in humanitarian point of view due to the deteriorating human values. Parents, private Educational Institutes are forgetting that "The aim of education is the knowledge, not of facts but of values (William S. Burroughs); by which character is formed, strength of mind is increased, the intellect is expanded, and one can stand on one's own feet (Swami Vivekananda)" and neglecting the languages meant for imparting moral values. So Government has introduced Ethics and Human Values also as a subject at Intermediate and under graduate level. There is an urge to concentrate on the development of spiritual and human values in the society. Values are born internally by imparting spiritual Knowledge.

Insight into a Human being:

Each Human being has to nourish his body and spirit as God created man with mud and breathed the Holy Spirit (Genesis 2:8). But least importance is given to the spiritual life than that of physical life. Hence there is reduction in the human values. Life values derive from 12 eternal values of existence which constitute the unique properties of pure spiritual consciousness: Infinity, Eternity, Silence, Peace, Unity, Truth, Goodness, Knowledge, Power, Beauty, Love and Bliss. Out of these 12, 1200 or 12,000 values arise. Each of these values expresses one aspect or dimension of a higher spiritual principle in life. For example, all values related to integrity, honesty, accuracy and objectivity issue from Truth. All values issuing from goodwill, benevolence, compassion and magnanimity issue from Goodness.

Indian spiritual tradition:

In the Indian spiritual tradition, the ultimate spiritual reality is referred to as Sat-Chit-Ananda or Being-Consciousness-Bliss. The ultimate spiritual reality is pure Being. The Being is Conscious. The Consciousness of that Being is Bliss. Infinity, Eternity, Peace, Silence, Unity and Truth are aspects of pure Being. Knowledge, Goodness and Power are aspects of Consciousness. Beauty, Love and Joy are the aspects of Bliss.

Suffering with the works of the flesh (Galathians-5:16-23):

People are suffering with the works of the flesh, namely Adultery, Fornication, Uncleanness, Idolatry, Licentiousness, Sorcery, Hatred, Contentious, Jealousies, Out bursts of wrath Selfish ambitions, Dissensions, Heresies, Envy, Murders, Drunkenness, Revelries which drives the person away from blissful life.

The individuals are longing for love, peace, happiness, friendship; becoming victims of unrest, depression, aggravation, stress; lacking proper relationship with god and family; afflicted with increased - cheating, scorning; suicidal attempts are increasing because of banter loneliness.

Society Phasing Burning problems of the families like isolated and split- families due to jobs and divorces; attention to carrier and money; neglected children and elders; increased-care centers and old age homes; incurable diseases; drunkenness, drug-addiction and adultery .The society is becoming shoddier with depleted values and practicing bribery at all levels, over exploiting, giving more importance to artificial things than that of the humanity because of breaking god's laws.

Without values or beliefs, we would be mechanical-like beings, driven here and there by the vicissitudes of life. Without values, we would be creature-like, compelled to action solely by our urges and passions. In this inhuman existence, there would be little consideration for truths we hold dear, let alone implement them to ennoble and enrich our lives. In this reality devoid of values, we would live unconscious lives, without meaning or purpose. On the other hand, when we take to values, we live a purposeful and dynamic existence -- i.e. we become *truly human*.

Values are actually a very special power in the universe. Values are actually *spiritual skills* -- a divine gift that comes to us from the infinite Source of things. The highest of principles -- such as Oneness, Love, Beauty, and others -- descend from the heavens, and are reinterpreted as values by our minds. For example, the spiritual principle of Oneness is recognized by our minds as values of cooperation, integration, teamwork, and others, great *human* values. Likewise, the universal principle of Love expresses through values of goodness, selflessness, self-givingness, openness, tolerance, respect for others; while Oneness, Love, Beauty, and Truth are some of higher *spiritual* values that they derive from. At certain points, the human and spiritual values come together and blend into one another, expressing through *spiritualized human values* such as selflessness, self-givingness, and gratitude.

The last twenty-five years has seen an explosion in an interest in values. Tom Peters' book 'In Search of Excellence' started the ball rolling for values in the workplace. Religious leaders speak of family values, nations speak of moral values, spiritual teachers speak of the highest values of gratitude, benevolence, and self-givingness; even self-surrender to the Divine. Values drive us, motivate us, move life, move us forward -- enabling progress even evolution. Values are what enable life to take the Next Step -- whether they drive our own individual lives in a positive direction; improve the economic, social, and cultural conditions of a nation; or move society forward in its never-ending ascending path of progress.

Values Origin - from Life and from Spirit:

Society acquires values by experience and passes them on to future generations as cultural guidelines for action. They discover that cleanliness is essential for health. Punctuality and regularity of action are essential for success in agriculture. Honesty and truthfulness are essential in trade. Loyalty and patriotism are essential for the

integrity and defense of the community. Responsibility, generosity and self-sacrifice are the bedrocks of the family.

Powers of Values to Accomplish:

Values enhance accomplishment. **Cleanliness** attracts prosperity; **Punctuality** regularizes our activities to use time in a best way. **Efficiency** improves conversion of energy into result with perfection or **Quality** enhances economic status and gains attention. **Harmony** improves coordination and prevents the scattering of energies necessary for accomplishment. **Honesty** makes a person reliable and thereby brings more clients. **Freedom** helps to bring out the creativity helps bring out new ideas and opportunities so that progress keeps growing. **Discipline** Helps to control and channelize activities and energies without wastage. **Authority** helps accomplish by extracting work through unquestioned obedience. **Soft speech** helps by conserving energy. **Trust gives** more opportunities for people to interact and work together. **Safety** at the work place improves productivity. **Organization** coordinates and connects people, money, market, technology and product. **Systems** makes routine work fall into a pattern and thereby speeds up work. **Secrecy** ensures accomplishment by keeping confidential matters under cover. **Hard work** energizes the physical plane where results come. (N. Asokan, MSS).

Solutions from the Holy Bible to establish values -Prayer:

To establish these values in one's life is a full-time pursuit, which is prayer. It is to integrate human life with the Spirit. Prayer with praising and love gives strength and spirit, grace, protection, light, blessings.

Fruits of Holy Spirit (Galathians-5:16-23):

Holy Spirit guides us, lights our path, shines like sun and showers like rain and gives the fruits like love, joy, peace, kindness, faithfulness, goodness, gentleness long suffering, and self-control. The problems of the individual, family and the society can be solved.

Ten Commandments to restore the values to lead blissful life (Exodus, 20:3-17):

1. Worship no god but me. You shall have no other Gods before me.
2. You shall not make yourself any carved image, or any likeness of anything is in heaven above, or that is in earth beneath, or that is in the water under the earth. You shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generations of those who hate me; but showing mercy to thousands, to those Who love me and keep my commandments.
3. You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes His name in vain.
4. Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the LORD your GOD. In it you shall do no work, you, nor your son, nor your daughter, nor your manservant, nor your maidservant, nor your cattle, nor your stranger who is within your gates. For in six days the LORD made the heaven and the earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and hallowed it.
5. Honor your father and your mother; that your days may be long upon the land which the LORD your God is giving you.
6. You shall not murder.
7. You shall not commit adultery.
8. You shall not steal.
9. You shall not bear false witness against your neighbor.
10. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his manservant, or maidservant, or his ox, or his donkey, or anything that is your neighbors.

If you obey the Lord your God and do everything he commands he

will make you his own people as he has promised. Then all the people on earth will see that the Lord has chosen you to be his own people, and they will be afraid of you. The Lord will give you many children, many cattle, and abundant crops in the land that he promised your ancestors to give you. He will send rain in season from his rich store house in the sky and bless all your work, so that you will not have to borrow from any. The Lord your God will make you the leader among the Nations and not a follower; you will always prosper and never fail if you obey faithfully all his commands that I am giving you today (Deuteronomy 28:9-13).

We can develop spiritual powers like Harmony, Self-Givingness, (spiritual) Peace, Equality, (divine) Beauty, (divine) Love, Truth, Integral Knowledge, and others. We know of practical values in life like honesty, self-reliance, openness, tolerance, organization, maximum utilization, attention, continuous improvement, simplicity, respect for the individual, etc. We can associate each human value to their appropriate spiritual power.

Responsibilities of parents, preachers and teachers:

They must be ideal in following the God's laws; their Word with god's Holy Spirit must show the light and must work like salt to the children and youth to practice in their life because Lord is full of compassion and pity, not easily angered and shows great love and faithfulness. He keeps his promise for thousands of generations and forgive evil and sin; but he will not fail to punish children and grandchildren to the third and fourth generation for the sins of their parents (Exodus 34:6-8). Hence each individual must be aware of these things and must Passover the blessings of the Lord to the next generations but not the curse. Moreover cowards, traitors, perverts, murderers, the immoral, those who practice magic, those who worship idols, and all liars – the place for them is the lake burning with fire and Sulphur which is the second death (Revelation 21:8).

Responsibilities of an individual:

God's new Commandment - Love one another. As I have loved you, so you must love one another (John 13:34). For god loved the world so much that he gave his only son, so that everyone who believes in him may not die but have eternal life (John 3:16). Love your life partner and children. Love is patient and kind; it is not jealous or conceited or proud; love is not ill-mannered or selfish or irritable; love does not keep a record of wrongs; love is not happy with evil, but is happy with the truth. Love never gives up; and its faith, hope, and patience never fail. Love is eternal (I Corinthians 13:4-8). You can forgive a person if you love more and you can love if you forgive that person. Train up the youth the way they should go.

CONCLUSION:

By fulfilling the spiritual life every one can lead blissful life and one shall guide and transfer the blessings of the god almighty to thousands of generations as a legacy but not the curse which suffers four generations in all aspects. Parents, preachers and Teachers must remember that their prime duty is to enlighten the young minds for the healthy and prosperous society i.e. the god's kingdom.

Children, it is your duty to obey your parents, for this is the right thing to do. "Respect your father and mother" is the first commandment that has a promise added: so that all may go well with you, and you may live a long time in the land. Parents do not treat your children such away as to make them angry. Instead, bring them up with Christian discipline and instruction.

Slaves obey your human masters with fear and trembling; and do it with a sincere heart, as though you were serving Christ (god). Remember that the Lord will reward everyone, whether slave or free, for the good work he does.

Masters behave in the same way towards your slaves and stop using threats. Remember that you and your slaves belong to the same Master in the heaven, who judges everyone by the same standard

(Ephesians 6:1-9).

Everyone have to avoid "Negative values" which are rooted in ego, ignorance, and falsehood.

REFERENCES:

Holy Bible---

- 1) Genesis-2:7 -- Creation of man
- 2) Exodus -20:1-17 --Ten Commandments
- 3) Exodus 34:6-8
- 4) Revelation 21:8
- 5) Deuteronomy 28:9-13
- 6) Mark -7:20-23 Evil things
- 7) Galathians-5:16-23 Works of flesh and Fruits of Holy Spirit
- 8) I Corinthians 13:4-8
- 9) John 13:34
- 10) John 3:16
- 11) Ephesians 6:1-9
- 12) Powers of Values to Accomplish: N. Asokan, MSS.