



Adjustment Problems Of Students Studying In Co-education Schools

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ABSTRACT

Adjustment problem affect the interpersonal relationship with parents, teachers and peers and at the same time, it affects the academic activities of the learners, Parents and Teachers must provide a favorable environment to bring out a change in their children's attitude towards their education. The major objective of the study is to identify the intensity of the problem and its remedial measures. The investigator used normative survey method. The reliability for the questionnaire is .50. Simple random sampling technique was used to collect data. The investigator used percentage analysis and differential analysis. The findings of the study revealed that the students have adjustment problems. Particularly urban school students have more adjustment problems than female rural school students. To avoid adjustment problem, health education programmes may be conducted to school children in their school environment.

Keywords : Education, School, Studying

Introduction

The primary aim of education is to train the children to adjust in life and solve their personal, social and economic problems. The process of adjustment starts right from the birth of the child and continues till its death. As Strang (1957) stated that "Adjustment is a process and not a state of adjustment which is continuous through life. An adjustment problem arises when a person confronts a demand made by his environment which he can not fulfill. Adjustment may be described as a state of harmony between the needs, abilities and resources of a person. On the one hand and the conditions obtaining from his environment on the other. In present situation, children are having more adjustment problem in class room environment. Those children are having some abnormal characteristics such as undue anxiety, over mistakes, marked distress, over failures, absent mindedness, day dreaming and withdrawal from anything that looks new or difficult lack of concentration and complete lack of interest in studies etc.

Since the Adjustment problem affect the interpersonal relationship with parents, teachers and peers and at the same time, it affects the academic activities of the learners, Parents and Teachers must provide a favorable environment to bring out a change in their children's attitude towards their education.

Adjustment Meaning And Definitions

Meaning

The term adjustment refers to a harmonious relationship between the students and his environment, which affords him comfortable life devoid of strain, stress, conflict and frustration.

Definitions

Adjustment is the process of findings and adopting modes of students' behaviours suitable to the environment or the changes in the environment (Good, Cartor 1954).

Need And Significance Of The Study

The needs and significance of the study are discussed as follows:

- In most of the classroom, few unadjusted (maladjusted) children appear. In this situation the study may provide an insight to the teacher how to perform their role in educating their children and to get success in academic carrier.
- By conducting this study, the investigator can find the level of adjustment problem in academic process and the level of adjustment problem may be useful to reduce the adjustment problems of students studying in co-education schools.
- Since the study is considered as an attempt to find out the level of adjustment problem in various aspects of conduct disorder, anxiety, withdrawal, immaturity and socialized aggressiveness among co-educational high schools students. By knowing the severe problems of students in adjustment. The study may provide suggestions strategies to reduce the problem and to promote academic activity.
- This study is considered as a significant one. Based on the intensity of the student Adjustment problems, suggestions may be given to minimize the adjustment problem to enhance the academic achievement of students studying in co-education schools.

Scope Of The Study

- The main scope of the study is focused to find out the level of adjustment problem of students studying in co-education schools and to rectify the same in future.
- Study may help us to minimize the adjustment problems of co-education school students, so that the academic performance of the students will be better in future and at the same time students may develop harmonious relationship with teaches and others students in school environment.

- This study may help to bring out Adjustment to and within the self. The implies the following:
 - i. Self-understanding and acceptance
 - ii. Insights into needs, values, attitude
 - iii. Overcoming of emotional difficulties
 - iv. Maintenance of health and personal hygiene.
- This study may help to bring out Adjustment to every social requirement and relationships. The means the following:
 - i. Adjustment with teachers and pupils
 - ii. Effectively meeting social requirements of living in classroom, school, home, culture and community
 - iii. Understanding of social needs and requirements
 - iv. Understanding group goals

Objectives Of The Study

- To identify the Adjustment problems of students studying in co-education school.
- To identify the level of Adjustment problems encountered by the student studying in co-education schools.
- To find out the significance difference if any between the different groups of biographical variables such as sex, location of school, type of school, medium of instruction and student residence in Adjustment problems.
- To offer remedial measures to solve the Adjustment problems of student studying in co-education schools.

Research Hypotheses

- The intensity of the adjustment problems among students studying in Co-education school at above average level.
- There exist a significant difference in Adjustment problems of Co-education school students in relation to their Demographic variables such as Sex, Location of the school, Type of school, Medium of instruction and Residential place of students.

Research Method

In this study, the investigator used normative survey method to reveal. The Adjustment problems of students studying in co-education schools.

Pilot Study

The investigator conducted the pilot study in two schools namely S.M.S. Higher Secondary School, Karaikudi and Alagappa Model Higher Secondary School, Alagappapuram.

Validation Of Research Tool

Reliability

The investigator used the rational equivalence method by using the Kuder-Richardson formula (KR 20). The reliability value is found to be 0.50.

Validity

The investigator established content validity.

Sampling Technique

The investigator used simple random sampling technique

Data Collection

The investigator himself visited each and every co-education school that are located in and around Karaikudi area and collected the data.

Data Analysis

In the process of data analysis, the investigator used

descriptive analysis and differential analysis.

Delimitations Of The Study

The following are some of the delimitations for the present study:

- The study is confined to the area of in and around Karaikudi area.
- The research tool was administered only for IX Std. Student of Co-education Schools.
- The investigator only collected 260 samples from in and around Karaikudi area.
- Only few aspects of the Adjustment problems are alone considered in this study.

Descriptive Analysis

i) Percentage Analysis

Table:1 Distribution of percentage scores of various groups of Adjustment problems of students studying in co-education schools.

S.No	Overall categories	Categories	Percentage
1.	Sex	Male	49.42%
		Female	41.21%
3.	Area of School	Rural	43.40%
		Urban	47.38%
4.	Type of School	Govt.School	50.13%
		Govt.Aided School	46%
		Private School	33.33%
5.	Medium of Instruction	Tamil Medium	48.95%
		English Medium	33.33%
6.	Students Residence	Rural	43.60%
		Urban	47.34%

Findings

1. Male students identifying of the adjustment problems is more than the female students.
2. The levels of adjustment problems are found to be at high level among urban school students, govt. school students, tamil medium students and urban area students.

ii) Differential Analysis

Table 2 : Significant difference between mean scores of different groups of biographical variables and their Adjustment problems in co-education schools

S.No	Categories	N	DF	t-value	Level of Significance	
1.	Sex	Male Vs Female	150	258	t=4.92	Significant at 1% level
			110		$M_1=14.82 S_1=4.08$ $M_2 = 12.36 S_2=3.92$	
2.	Area of School	Urban Vs Rural	166	258	t=2.235	Significant at 5% level
			94		$M_1=14.21 S_1=4.204$ $M_2 = 13.02 S_2=4.08$	
3.	Type of School	Govt School Vs Govt Aided School	150	208	t=2.4711	Significant at 5% level
			60		$M_1=15.04 S_1=4.068$ $M_2 = 13.08 S_2=2.915$	
		Govt Vs Private School	150	158	t=8.490	
	60		$M_1=15.04 S_1=4.068$ $M_2 = 10 S_2=3.477$			
	Govt Aided Vs Private School	60	68	t=13.79	Significant at 1% level	
		10		$M_1=13.08 S_1=2.915$ $M_2 = 10 S_2=3.477$		
4.	Medium of Instruction	Tamil Vs English Medium	210	258	t=8.405	Significant at 1% level
			50		$M_1=14.685 S_1=3.807$ $M_2 = 10 S_2=3.477$	
5.	Students Residential	Urban Vs Rural	163	258	t=2.1036	Significant at 5% level
			97		$M_1=14.202 S_1=4.300$ $M_2 = 13.082 S_2=4.063$	

Findings

Male students, Urban school students, Government school student, Government Aided school students, Tamil Medium students and Urban students face more adjustment problems in co-education schools.

Research Implications

The present research study implies the following findings. The students studying in co-education schools located in and around Karaikudi area have adjustment problems. Their levels of adjustment problems differ in various categories of demographic variables such as male students residing area, medium of instruction and types of schools and location of the schools.

Further the research implies that the male urban school students and more adjustment problems than the female rural school students.

Present study also revealed that the government school students had more adjustment problems than the private and government aided school students.

Further the study revealed that the Tamil Medium students have more adjustment problems than the English medium students.

On the basis of above research implications the following suggestions are given by the investigator in order to reduce the adjustment problem of co-education school in and around Karaikudi area.

Suggestions For Minimising These Problems

1. To conduct health check-up programme once in two months at schools by spending certain amount from the school fund.
2. To make compulsory participation in any one of the sports or games.
3. To impart knowledge to know the balanced diet by using varieties of fruits, vegetables and cereals.
4. To offer health education to promote good health among Adolescent students.

5. To establish a good reading room with radio and T.V. facilities to enrich the general knowledge of the students about the varieties of adjustment in different situations.

Conclusion

The research study concluded that the intensity of the Adjustment problems is found to be high among Co-Education school students than the students studying in single sex schools.

Further, the study also gave clear inference that the Male students and Urban school students and Government school students and, Tamil Medium students, Urban residence students have more adjustment problem than other groups. In their Adjustment problems, particularly problem related to academic achievement, problem in interpersonal relationship with parents, teachers and peer groups are found to be at the highest level and it also affects the student emotional stability and concentration in their studies.

The educational administrator, teachers and parents who are highly involving in educational activities must take care of the children to minimize the intensity of the Adjustment problems. Particularly in Co-Education schools and they should create congenial learning environment and to enhance the academic activities in order to attain the high level of academic achievements.

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