



Skin Adnexal Tumors – Still a Pandora's Box

KEYWORDS

adnexal neoplasm, eccrine, apocrine

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ABSTRACT Evaluation of skin biopsies with special emphasis on adnexal neoplasms in regards to incidence, morphological sub-types and also few prognostically indeterminate mimics in adnexal neoplasms. In a 3 year retrospective study, total no. of skin biopsies received were 282, of which 5% were adnexal tumors. All the tissue specimens received were formalin fixed, processed in paraffin wax, stained with Haematoxylin & Eosin along with special stains wherever necessary & reported. Among adnexal tumors, the tumors with eccrine differentiation constituted 50% & apocrine were 21.42%. Tumors with follicular differentiation were 21.42% & single case with sebaceous differentiation accounting to 7.14%. M:F ratio in benign tumors is 1:1, and 2 cases of malignant tumors in males are reported at ASRAMS. Clinically adnexal neoplasms should be regarded as precursor of malignancy. So critical evaluation of the skin biopsies is essential.

Introduction :

The concept of appendageal tumorigenesis is described by the mechanism governing the proliferation and differentiation of pluripotent stem cells situated within various niches in epidermis and associated adnexae.¹ These stem cells when undergoing neoplastic transformation, may express one or more lines of appendageal differentiation to varying degrees which are considered under traditional headings of hair follicle tumor, sebaceous tumors, apocrine tumors, eccrine tumor, complex adnexal tumors.² Historically immunohistochemistry is of little value in definitely distinguishing among the phenotypic patterns of adnexal neoplasms, however identification of specific mutations in genes is useful. From clinical point of view adnexal neoplasms should be always regarded as precursors of malignancy.¹

Materials and Methods :

In a 3 year retrospective study, 232 skin biopsies were received, from the year 2009 to 2011 in the department of Pathology, ASRAMS, Eluru of which 14(5%) were adnexal tumours. All the tissue specimen received were formalin fixed, processed in paraffin wax, stained with Haematoxylin & Eosin along with special stains where ever necessary and examined. The adnexal tumours are classified according to WHO classification (Table 1).

Table 1 : Classification of Adnexal tumours

Lesion type	Follicular differentiation	Sebaceous Differentiation	Apocrine differentiation	Eccrine differentiation
Hyperplasias	Hair follicle nevus Dilated pore Hair follicle hamartoma	Nevus sebaceous Sebaceous Hyperplasia	Apocrine nevus	Eccrine nevus

Benign neoplasms	Trichofolliculoma Pilar sheath acanthoma Fibrofolliculoma Trichoepithelioma Trichoblastoma Trichoadenoma Pilomatricoma Trichilemmoma Proliferating trichilemmal tumor Trichilemmal horn	Sebaceous adenoma Seboma	Apocrine hydrocytoma Hidradenoma papilliferum Syringocystadenoma papilliferum Tubular apocrine adenoma Apocrine cylindroma	Eccrine hydrocytoma Syringoma Eccrine cylindroma Eccrine poroma Eccrine syringofibroadenoma Eccrine spiradenoma Papillary eccrine adenoma Nodular hidradenoma Chondroid syringoma
Malignant neoplasms	Pilomatrix carcinoma Malignant proliferating trichilemmal tumor Trichilemmal carcinoma Trichoblastic carcinoma	Sebaceous carcinoma	Malignant apocrine cylindroma	Porocarcinoma Malignant eccrine spiradenoma Malignant nodular spiradenoma Eccrine adenocarcinoma Adenoidcystic carcinoma Mucinous eccrine carcinoma Syringoid eccrine carcinoma Malignant eccrine cylindroma

Observations and results :

Total no. of skin biopsies were 232. Of these, adnexal tumors constituted 14 in number. The total benign tumors were 85.69% and malignant lesions were 14.29%. M:F ratio in benign cases constituting 1:1 and malignant variant consists of 2 cases, both in male patients.

Eccrine tumors constitute 50% and sebaceous tumors were 7.14%. The benign tumors were 85.69% and the malignant tumors constituted 14.29%.

Table 2: Various adnexal tumors at ASRAMS

Types	Follicular	Sebaceous	Apocrine	Eccrine
Hyperplasia				
Benign	Pilomatrixoma(3)	Sebaceous Adenoma(1)	Apocrine fibroadenoma(1) Hidradenoma papilliferum(1) Syringocystadenoma papilliferum(1)	Eccrine poroma(1) Eccrine spiradenoma(3) Clear cell hidradenoma(1)
Malignant				Malignant clear cell hidradenoma(1) Mucinous eccrine carcinoma(1)

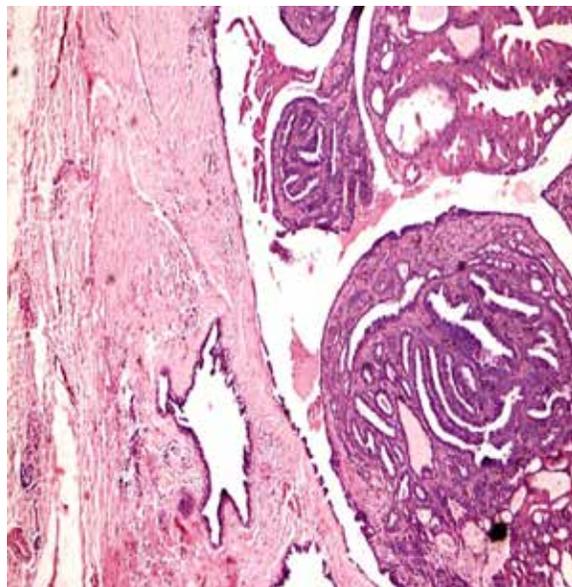


Fig 2 - Hidradenoma papilliferum. 4467-08 (H&E, x10) The photomicrograph shows the tumour composed of well circumscribed dermal nodule with scattered cystic and branching papillary projections. The papillary folding are lined by one layer of cylindrical cells which shows active 'decapitation' secretion like that of apocrine glands.

Of the 14 cases ,three were Pilomatrixomas(Figure1), one of which presented on the left eyelid, and the other two cases involved the scalp region. Of the three, largest biopsy received was a skin covered soft tissue bit measuring 1cm. A single case of sebaceous adenoma presented in a female patient of age 40yrs in the right lower eyelid.

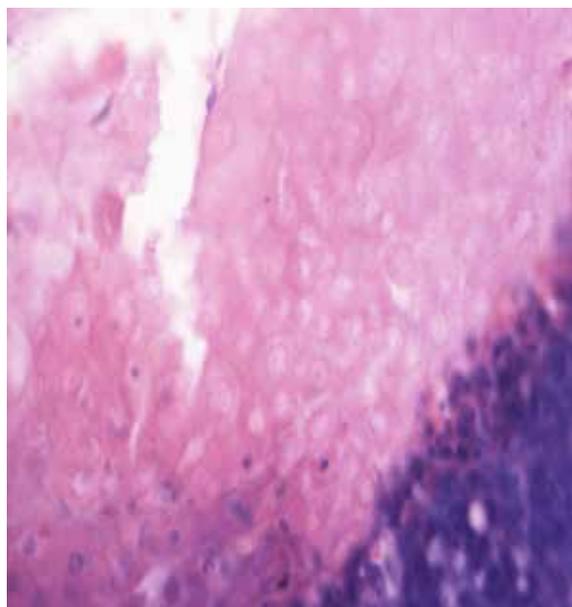


Fig1 - Pilomatrixoma 6987-10 (H&E, x40) The photomicrograph shows the transformation of basophilic cells into shadow cells is associated with loss of nuclei .



Fig3 - Syringocystadenoma papilliferum 7110-10 (H&E, x10) The photomicrograph shows tumour exhibiting cystic degeneration and invagination into the dermis, with numerous papillary projection with a focally covered stratified squamous epithelium.

Apocrine tumours which constituted around 21.42% of the total, all being benign variants. One case of apocrine fibroadenoma was noted in a male patient of age 70yrs who presented with a haemorrhoidal mass in the anal canal at 3'Oclock position. A case of hidradenoma papilliferum(Figure2) in a female patient of 50yrs age was received as an excision biopsy specimen from vulval region. A case of syringocystadenoma papilliferum(Figure3) in a male patient of age 16yrs , as a swelling over the scalp.

Tumors with Eccrine differentiation comprises the largest group in our study(Table1). Eccrine spiradenoma(Figure4) constituted 3 cases at ASRAMS. A case was presented as right lower lid swelling, others were on face & neck. A female patient, age 45yrs with swelling on right lower leg, at ASRAMS was diagnosed as eccrine poroma. Another tumour of Eccrine differentiation, Clear cell hidradenoma was reported in a male patient of 36year age, presented as a solitary lesion on scalp.

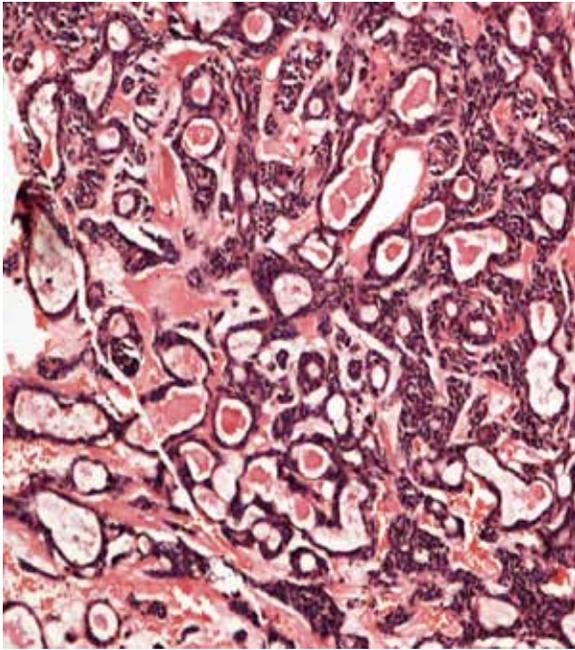


Fig 4 - Eccrine spiradenoma 4385-09(H&E, x10) The photomicrograph shows well circumscribed aggregates of blue tumor cells and collections of hyalinised material.

Malignant tumors constituted two cases of which one was eccrine variant. Malignant clear cell hidradenoma(Figure5) arising from the anterior abdominal wall, above the umbilicus. We received a skin covered mass measuring 9x4x2.5cm. External surface is nodular and cut section showed an ill circumscribed solid mass, grey-white in colour infiltrating into the subcutaneous tissue. The patient had a past history of excision of the mass in the same location, 5years back. It showed infiltration into the deeper subcutaneous tissue.

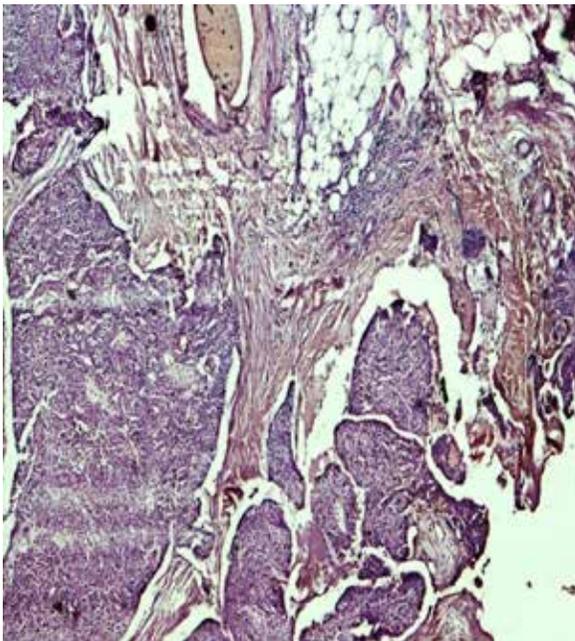


Fig 5a - Malignant Clear cell Hidradenoma 4300-11 (H&E, x10) The photomicrograph shows a cellular tumour tissue with infiltrative borders into the subcutis.

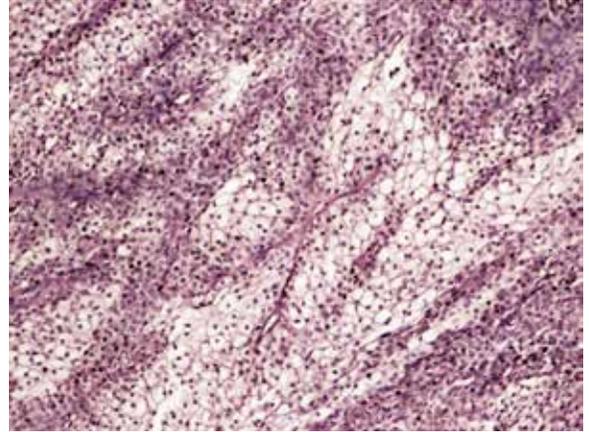


fig 5b - Malignant Clear cell Hidradenoma 4300-11 (H&E, x400) The photomicrograph shows tumor tissue comprising of both clear & polygonal cells along with atypical mitoses.

A case Mucinous eccrine carcinoma(figure 6) is reported, in a male patient of age 60yrs who presented with a swelling of size 4x3x2 cm ,in anterior axillary line. Cut section of the tumour showed solid grey-white mass with mucinous areas.

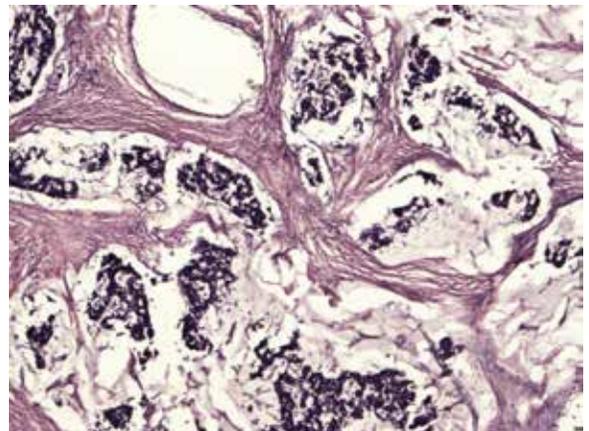


Fig 6 - Mucinous Eccrine carcinoma 330-11 (H&E, x100) The photomicrograph shows tumor, divided into numerous compartments containing abundant amount of mucin surrounding the small islets of tumor cell

Discussion :

Adnexal neoplasms are rare tumours. The 3year study was taken on 282 skin biopsies of which 14(4.96%) cases were adnexal tumours. 85% were benign and 15% were malignant which was also seen in Ankit Sharma etal study¹⁵. The commonest were of eccrine origin consisting of 7cases (53.3%). Tumours of sebaceous origin are least common, comprising a single case(6.66%). Adnexal tumours classification is voluminous, hence few commonest tumours received by us are discussed.

Pilomatricomas were the commonest tumours of trichilemmal origin at ASRAMS, in which the shadow cells are characteristic having distinct cell border and central unstained area as a shadow of lost nucleus. Pilomatricoma should be differentiated from the wall of trichilemmal cyst, in which the peripheral basophilic cells show a palisading pattern and absence of typical shadow cells.

Sebaceous adenoma is characterised by irregular lobules

of both undifferentiated basaloid cells and mature sebaceous cells. It should be differentiated from sebaceous hyperplasias, which consist of predominantly mature sebaceous cells in the lobules, and sebaceousoma which consists of mainly undifferentiated basaloid cells. Tamer et al and Smith J et al has commented that this lesion is usually documented in patients with Muir-Torre syndrome.^{1,3}

Tamer et al and Smith J et al has reported that apocrine fibroadenoma occurs mostly in perianal and axillary region, histologically resembling breast tissue, consisting of predominantly stromal component & apocrine lumina with decapitation secretions.^{1,2} These features were similar to apocrine fibroadenoma in our case. Ek cib et al also reported that apocrine fibroadenoma can be associated with perianal fistula even.⁴ Syringocystadenoma papilliferum consists of cystic invagination extending from the epidermis into the dermis, with numerous papillary projections. The papillary projections lined by 2 rows of cells with luminal columnar cells showing active decapitation and an outer cuboidal cells. Plasma cells are characteristically seen in papillary core, which are clearly noted in our case. It is commonly seen in scalp or face, and known to occur in other sites. As compared to E1 Fatoiki F et al and Pawal P et al^{5,6} study, this lesion was presented in the scalp region. Hidradenoma papilliferum displayed an adenoma with apocrine differentiation, located in the dermis with tubular cystic structures and papillary infoldings. It is common in females, in the perineal region and perianal region. Tammer et al, Rosmaninho AD et al, Morinura S et al documented a rare location of hidradenoma papilliferum at eyelids and abdomen.^{1,7,8} Luminal cells of the tumour contain large PAS positive, diastase resistant granules.

Tumours with eccrine differentiation constituted 7 cases (50%), of the total adnexal tumours in our study. Eccrine spiradenoma consists of well demarcated tumour lobules with sheets of epithelial cells, arranged in intertwining cords. Eccrine spiradenoma at ASRAMS was presented on the right lower lid, scalp and neck in the 3 different cases. Tamer et al, Churchill Livingstone et al, Rodriguez – Martin M et al has reported eccrine spiradenoma with rosette form and linear pattern of arrangement.^{1,9,10} Eccrine poroma consists of broad anastomosing bands emanating from the epidermis. The tumour comprises of uniformly small cuboidal cells & are connected by intercellular bridges. It usually presents on the plantar region, leg, hands & fingers as a solitary lesion. Cases can also present in other rare sites as in Kang Mc et al study.¹¹ A case of Eccrine poroma was presented as right lower leg swelling in a female patient at ASRAMS. Clear cell hidradenoma comprises of multiple lobules of tumour cells in the dermis, with focal cystic change. The tumour cells are clear & polygonal cells with foci of eosinophilic material & small ductal lumina. Our case showed similar picture along with nuclear grooves in both clear & polygonal cells as compared to Kurshid A et al.¹² Single case of this tumour was evaluated in a male patient as a swelling on scalp region at ASRAMS.

Malignant clear cell hidradenoma is a large tumour with infiltrative borders. There are sheets of atypical tumour cells consisting of both clear cells and polygonal cells, exhibiting mitotic activity. The tumour proper revealed lobules of clear and eosinophilic polygonal cells, with mitotic figures, invading the lower dermis and subcutis. Souvatzidis P et al noticed that the survival time is inversely proportional to the size of the tumour.¹³ It usually presents on the head, trunk and distal extremities.

Mucinous eccrine carcinoma histologically shows tumour tissue which is divided into numerous compartments with abundant pools of mucin surrounding the small tumour islets with eccrine differentiation. The tumor islands show mild cytological atypia. Similar features were noted in our case. Tamer et al and Akinicim et al concluded that mucinous eccrine carcinoma is an uncommon tumor that should be differentiated from primary & metastatic mucinous adenocarcinoma.^{1,14}

Conclusion :

Clinically adnexal neoplasms should be regarded as precursor of malignancy. So, critical evaluation of the skin biopsies is essential. The commonest tumour encountered were of eccrine differentiation, followed by apocrine and trichilemmal differentiation and the least common in our study are sebaceous tumors.

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