



Humanistic Perspectives of Community Based Rehabilitation

KEYWORDS

Humanistic Perspectives, Community Based Rehabilitation, Multi Sectoral Strategy

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ABSTRACT Community based Rehabilitation (CBR) is a strategy for enhancing the quality of life of disabled people by improving service delivery by providing more equitable opportunities and by promoting and protecting their human rights. Community Based Rehabilitation (CBR) focuses on enhancing with disabilities and their families, meeting basic needs and ensuring inclusion and participation. It is a multi sectoral strategy that empowers persons with disabilities to access and benefit from education, employment, health and social services. CBR is implemented through the combined efforts of people with disabilities, their families and communities and relevant government and non government health, education, vocational social and other services. The CBR believes that problems faced by children with disabilities are not on the results of their individuals impairment but also due to the negative attitude and beliefs existing in the community. So it attempts to change community behavior that of children with disabilities to enable the community to engage and Participate effectively in programmes towards fulfilling the vision statement that is effective realization of Humanistic community based Rehabilitation.

INTRODUCTION

Community based Rehabilitation (CBR) is a strategy for enhancing the quality of life of disabled people by improving service delivery by providing more equitable opportunities and by promoting and protecting their human rights. Community Based Rehabilitation (CBR) focuses on enhancing with disabilities and their families, meeting basic needs and ensuring inclusion and participation. It is a multi sectoral strategy that empowers persons with disabilities to access and benefit from education, employment, health and social services. CBR is implemented through the combined efforts of people with disabilities, their families and communities and relevant government and non government health, education, vocational social and other services. The CBR believes that problems faced by children with disabilities are not on the results of their individuals impairment but also due to the negative attitude and beliefs existing in the community. So it attempts to change community behavior that of children with disabilities to enable the community to engage and Participate effectively in programmes towards fulfilling the vision statement that is effective realization of Human rights through community based Rehabilitation. The CBR believes that problems faced by children with disabilities are not only the result of their individual impairment, but also due to the negative attitude and beliefs existing in the community, so it attempts to change community behavior that of children with disabilities, to enable the community to engage and participate effectively in programs towards fulfilling the mission statement that is solving disability issues through community development.

WHAT IS CBR?

A strategy within community development for the rehabilitation, equalization of opportunities and social integration of all people with disabilities "(vn detenn) "CBR is a strategy for enhancing the quality of life of disabled people by improving service delivery by providing more equitable opportunities and by promoting and protecting them human rights" (E.Helen) Community Based Rehabilitation (CBR) to uses an enhancing the quality of life for people with disabilities and their families, meeting basic needs, and ensuring inclusion and participation .it is a multi-sectoral

strategy that empowers person with disabilities to access and benefit from education, employment health and social services CBR is implements through the combined efforts of people with disabilities. Their families and communities and relevant government and non government health, education, vocational, social and other services.

PROCESS OF REHABILITATION

We began with CBR as an idea, which people use in different ways. In fact, CBR is a bag of ideas. Most people agree with main idea, that disabled people should have a better life. But people have different ideas about has it should be done . around the world , people live in different beliefs about what people shared do.

Information should be given to people in a way they understand, not only in writing, which is hard for people who cannot read to have problems seeing it, information should be given in spoken forms as well, so that everyone has a fair chance to use it, to do all this world mean a lot of changes. But they would be good changes, because everyone can live a better life, helping each other and respecting are another.

To total rehabilitation process must include three parts

- Education of the in directed, their family and the community
- Medical based therapies
- Economic assistance as a motivator against social stigma

CAUSING FACTORS

CBR field workers found that many children with special needs in each village did not set appropriate education opportunities. They must be causes following factors.

- Parents of the children with special needs did not know where to bring them to set an appropriate education.
- Special schools were usually located in the central town and its cost more expensive than the regular schools.
- Some villagers thought the children with special needs had very limited abilities in accepting some lessons from the schools. it was useless to provide them a

formal education.

- The regular elementary schools could not accept children with special needs, since they had no experiences and facilities to provide some assistance for children with special needs

PARENTS CONTRIBUTION TO CBR DEVELOPMENT

Parents potential contribution to CBR development is enormous, but in this chapter five possible areas will be explored ,where their efforts could make a significant difference.

ROLE PLAY IN EDUCATION

We all know that CBR has a major role to play in the education of the community, about disability, ignorance is a big obstacle, many people with disabilities are in their present situation because they did not know what to do at the time when, the "enemy" attacks them. Community members need to know has to prevent disabilities. They need to know how to care for, respect and communicable opportunity, with people with disabilities parents can make a major contribution towards sensitizing families in these areas by sharing their own experiences .they can encourage other parents to include their children in everyday activities ,by providing a sympathetic , listening ear to the familie's disabilities. They can also facilitate .referrals to medical and social services .their contribution in these areas can strengthen these aspects at a CBR programme considerably.

CONCLUSION

The idea of CBR is that disabled people should have the right to a good life. The help they need should be available to them, at a low cost. It should be offered to them and their usual way of living whether in a way that suits their usual way of living whether in a village, a town or a city. The idea of CBR is that, even if people learn very slowly or have problems seeing or hearing, or find it hard to move about, they should still be respected for being men or women, girls and boys, nobody should be looked down on or treated badly just because they have a disability horses shops and schools should be built in such a way that everyone can easily go in and art and make use of them. It is also a sector where CBR personal have struggled to inculcate the essence of CBR participatory approaches. Activities have included a broader concept of community development and focus on the medical, educational, vocational, social and spiritual aspects of rehabilitation.

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