

# EFFICACY OF VORICONAZOLE IN TREATMENT OF FUNGAL CORNEAL ULCERS, RCT ON EFFICACY VORICONAZLR V/S NATAMYCIN VORICONAZOLE V/NATAMYCIN

**KEYWORDS** 

fungal corneal ulcer, voriconazole, natamycin

# DR.P.RAJEEVAN

# DR.ANITHA.S

Associate Professor, Regional Institute of Ophthalmology, Trivandrum, Kerala Additional Professor, Regional Institute of Ophthalmolgy, Trivandrum, Kerala

# **DR.V.SAHASRANAMAM**

DIRECTOR, RIO TRIVANDRUM

#### INTRODUCTION

Corneal disease is second only to cataracts as the most common cause of blindness worldwide, <sup>1</sup>resulting in more than 1.5 million new cases of 'vision loss annually<sup>2</sup>. As a consequence of attention being directed towards the management of cataracts, especially in developing countries, strategies for the management of traditional infections that cause blindness have been neglected.

Ophthalmic mycosis is emerging as a major cause of vision loss and morbidity, and can be life threatening. Fungal keratitis is one of the major causes of ophthalmic mycosis accounting for more than 50% of proven ophthalmic mycoses in some countries. Fungal keratitis is usually characterized by a corneal epithelial defect and inflammation of the corneal stroma. If untreated, fungal keratitis can lead to corneal scarring and vision loss.

#### Fungal keratitis

The first description of fungal keratitis was in the late 1870s Fungal keratitis is most common in tropical regions and developing countries, where it constitutes over 50% of keratitis.ln South India, about 44% of corneal ulcers are caused by fungi<sup>4</sup>. Although lower, the prevalence of fungal keratitis is still relatively high in other countries, being 17% in Nepal, 36% in Bangladesh, 38% in Ghana, and 35% in south Florida in the US. In China, the incidence has been increasing in the past decade, By contrast, fungal keratitis generally accounts for only 1%-5% of the keratitis treated in developed countries and temperate regions, such as Britain and the northern US, This also applies to Australia, where the incidence of fungal keratitis at the Royal Victorian Eye and Ear Hospital (RVEEH) in Melbourne was reported at 5%. The RVEEH is a tertiary referral eye hospital responsible for the care ofmost serious corneal infections in a population of about five million across Victoria.

Fungal keratitis is one of the major causes of ophthalmic mycosis and is difficult to treat. The range of common antifungal agents available for fungal keratitis remains inadequate and is generally associated with poor clinical outcomes. Voriconazole is a new generation triazole antifungal agent. Only marketed in systemic formulation and, with broad-spectrum activity and, high intraocular penetration, voriconazole has demonstrated effectiveness against fungal keratitis. 'Systemic voriconazole, however, is not without side effects and is costly<sup>6,7</sup>.

Voriconazole eye drops have been prepared extemporaneously and used for the treatment of ophthalmic fungal keratitis. The voriconozole eye drops used are typically of 1% concentration, well tolerated by the eye, and are stable. Despite existing evidence to suggest that the eye drops are effective in the treatment of fungal keratitis, more studies are needed, especially in relation to using the eye drops as first-line and stand-alone treatment, preparation of higher concentrations, and optimal dosing frequency.<sup>7</sup>

Voriconazole is a derivative of Fluconazole, is a new triazole anti fungal agent. Like other triazoles Voriconazole inhibits cytochromp450demethylase which is essential for the synthesis of ergosterol. This adversely affect the permeability of the fungal cell membrane<sup>8</sup>

#### Methodology

Patients fulfilling the inclusion and exclusion criteria and who consent for the study are evaluated using standardized protocol.

Procedure for recruitment —from inpatients

The patients are grouped into 2 those in group I will be treated with Voriconazole [commercially available eye drops]. The concentration of the drug after reconstitution is 1 mg/ml with all other supportive measures as per standard regime

The patients in group 2 will be given Topical Natamycin .[5%-commercially available] The patents are followed up during the course hospital admission Follow up visits in the cornea clinic of RIO. For a period 6months on a monthly basis. Data will be collected in the prescribed proforma. Blinding-patients will not know to which group they belong. Data analysis will be done by a bio statistician who also will not know the patient grouping.

This eliminates biases.

**Statistics:** The collected data will be entered into SPSS-18 and analyzed using parametric and non parametric tests. The main outcome variable is no: of days of hospital stay. It is compared in the two groups. Independent t test will be done for significance.

Corneal clarity measured in the 2 groups. Extend& depth of opacity remaining at the end point of study will be compared. Z-test will be done for significance. Best corrected visual acuity at the end point of study in 2 groups will also be compared using Mann Whitney U test. Other parameters will be tested for significance by non parametric tests.

# Probable outcome of the study

Clinical course of the illness is assessed by slit lamp examination of the anterior segment of the eye to note corneal clarity, presence or absence of complications like corneal perforation spreading of infection into the inner coats of the eye. The status of the eye at the end of 6 weeks of follow up including best corrected visual acuity.

Ulcer healing may be faster than the conventional methods of treatment. Complications may be reduced.

Hospital stay of the patients can be shortened.

STUDY DESIGN: Randomized Clinical Trial

#### STUDY DURATION

Patients treated for fungal corneal ulcer in our hospital from 08/07/2013 for a period of three years.

#### AIMS & OBJECTIVES

**AIM :-** To find whether reconstituted voriconozole when applied topically in the treatment of laboratory proven mycotic keratitis is more efficacious than topical natamycin.

**SECONDARY:** To study the complications of topical application of voriconozole.

#### SAMPLE SIZE:-

At the end point of the study, number of days of hospital stay, corneal status including clarity, best corrected visual acuity, are the main outcome variables. As per available information from literature a proportionate reduction in the number of days of hospital stay of 30% is assumed, being a trial using voriconazole for a follow up of 6 months it is decided to keep the clinically meaning full effect as reduction in number of days of hospital stay of 30%, for an Alfa of 0.05 and a beta of 0.2 giving a power of 80%, for the trial.

Sample size calculation done using the formula  $n=p^1[1-p^1]=p^2[1-p^2]xf(\alpha,\beta)\ /(p^2-p^1)2$  where n=n number of patients needed in one arm.  $p^1=30\%, p^2=50\%$ .

 $P^1$  =proportion of reduction of no :of days of hospital stay in the standard therapy group .  $p^2$ =proportion of no of days of hospital stay in the new drug using group  $\alpha$  =5%, $\beta$ =20%  $F[\alpha,\beta]$ 8.2 this works out be 94.3 patients in one arm.

Sample expected is 100 patients in one arm.

# MATERIALS AND METHODS

## **STUDY SETTING**

All patients coming to the department of ophthalmology over the next three year period with a clinical & lab diagnosis of fungal corneal ulcers will be included in the study. Simple randomization technique will be used for allotting patients the two arms. Coin tossing technique will adopted for allocating patients to the 2 arms of the study. Patients assigned to group-I will be given topical Voriconazole, the new treatment. Patients assigned to group-2 will be given the standard treatment with Natamycin

## Inclusion criteria

1. Patients with Corneal ulcer (laboratory proven as fungal keratitis)who are willing to participate in the study

#### Exclusion criteria

- 1. Immune mediated ulcers
- 2. Patients (not co operative for scraping)
- 3 Extremes of age
- $4. \, Patients \, who \, are \, not \, willing \, to \, participate \, in \, the \, study.$

#### Procedure

Under sterile precautions, corneal scrapings will be taken from the base and edges of ulcer under slit lamp using sterile no 15-BP blade after applying topical anesthetic agent done by ophthalmologist. The following microbiological examination techniques will be carried out in the Microbiology lab of RIO to isolate the fungus

 $Smear and \, culture \, to \, isolate \, the \, specific \, fungus \, include$ 

Direct smear KOH mounting Gram Staining

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Fungal Culture Sabouraud's Agar,

SA with antibiotics incubation at 23-25 degree C & Incubation at 35-37 degree C

#### Slide Culture

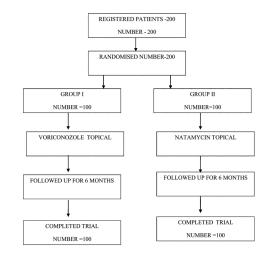
Special staining techniques may be adopted whenever necessary.

By all these methods the expected fungal isolates are 1. Fusarium, 2. Aspergillus fumigatus. 3. Candida albicance

Recent methods of fungal culture and sensitivity testing needs more sophisticated instruments.

Incubator is essential for keeping specimen.

#### **CLINICAL TRIAL FLOW DIAGRAM**



#### RESULTS AND ANALYSIS

## OBSERVATIONS AND RESULTS

Table 1. Age distribution

Age	Grou	ıp	Total
	Voriconozole	Natamycin	
< 20 yrs	5	8	13
	5.00%	8.00%	6.50%
20 - 29	9	11	20
	9.00%	11.00%	10.00%
30 - 39	17	12	29
	17.00%	12.00%	14.50%
40 - 49	24	14	38
	24.00%	14.00%	19.00%
50 - 59	22	26	48
	22.00%	26.00%	24.00%
60 - 69	16	21	37
	16.00%	21.00%	18.50%
>= 70 yrs	7	8	15
	7.00%	8.00%	7.50%
Total	100	100	200
	Chi Square: 5.46	2; P > 0.05	

It is seen that the mean age of the study participants in Group I 46.91 with SD 15.05.In Group II, 47.95 with SD 17.54.It is comparable in both groups.

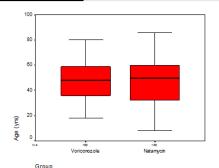
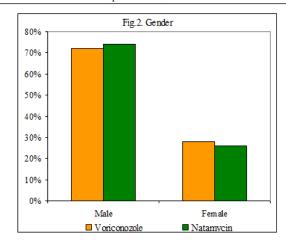


Table 2. Gender distribution

Gender	Group		Total
	Voriconozole	Natamycin	
Male	72	74	146
	72.00%	74.00%	73.00%
Female	28	26	54
	28.00%	26.00%	27.00%
Total	100	100	200

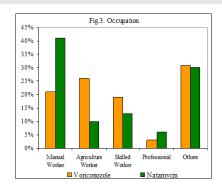


In Group I- 72~% were male, 28~% female. In Group II 74% was male and 26% female

It is comparable in both groups. Chi square 0.101, P<0.05

 $Table\,3.\,Occupation\,of\,Patients$ 

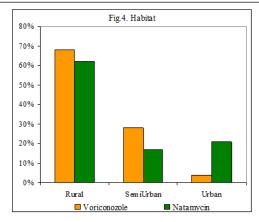
Occupation	Group		Total
	Voriconozole	Natamycin	
Manual Worker	21	41	62
	21.00%	41.00%	31.00%
Agriculture Worker	26	10	36
	26.00%	10.00%	18.00%
Skilled Worker	19	13	32
	19.00%	13.00%	16.00%
Professional	3	6	9
	3.00%	6.00%	4.50%
Others	31	30	61
	31.00%	30.00%	30.50%
Total	100	100	200
(	Chi Square: 15.70	4; P < 0.01	



Of the 100 patients in the Group I 26% were agricultural workers 21% manual worker 19% skilled workers 3% professionals 31% others. In the Group II agricultural workers 10%, manual workers 41%, skilled workers 13%, professionals 6% and others 30%. Shows that total corneal ulcers occurs more in manual labourer and agricultural workers. This is seen worldwide as per literature.

Table 4. Habitat (Place of residence)

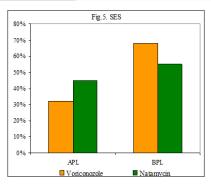
Habitat	Group		Total
	Voriconozole	Natamycin	
Rural	68	62	130
	68.00%	62.00%	65.00%
Semi Urban	28	17	45
	28.00%	17.00%	22.50%
Urban	4	21	25
	4.00%	21.00%	12.50%
Total	100	100	200
	Chi Square: 14.52	26; P < 0.01	



Maximum percentage of patients enrolled for this study was living in rural areas and semi urban areas. This is uncommon in urban habitat. This also agrees with common global scenario as per literature.

Table 5. Socio Economic status

SocioEconomic Status	Group		Total
	Voriconozole	Natamycin	
APL	32	45	77
	32.00%	45.00%	38.50%
BPL	68	55	123
	68.00%	55.00%	61.50%
Total	100	100	200
Chi S	Square: 3.569; P	> 0.05	

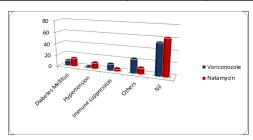


Comparable in both groups

There is no statistical significant. This disease occurs in low socio economic status patients.

Table- 6. PAST MEDICAL HISTORY

Past Medical History	Voriconozole	Natamycin
DM	9	14
HYPERTENSION	2	10
IMMUNE SUPPRESSION	11	4
OTHERS	24	10
NIL	54	62



Comparable in both groups . No statistical significance

Table-7. Personal hygiene

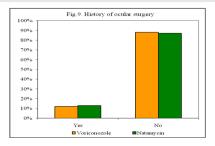
Personal Hygiene	Group		Total
	Voriconozole	Natamycin	
very poor	20	33	53
poor	13	31	44
Good	43	19	62
very Good	24	17	41
Total	100	100	200

In Group I- 43% patient's good personal hygiene but in Group II it was in 19%.

 $Comparable\,in\,both\,groups.\,No\,statistical\,significance$ 

Table-8. History of ocular surgery

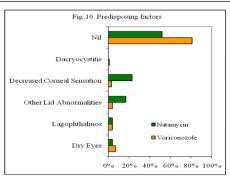
History of Ocular	Group		Total
Surgery	Voriconozole	Natamycin	Iotai
Yes	12	13	25
	12.00%	13.00%	12.50%
No	88	87	175
	88.00%	87.00%	87.50%
Total	100	100	200
Chi Square: 0.046; P > 0.05			



Present in 12% in Group I, 13% in Group II. Absent 88% in Group I , 87% in Group II comparable in both groups. No statistical significance

Table 9. Predisposing factors

Don Hannaria a Parta an	Gro	ір	T-4-1
Predisposing Factors	Voriconozole	Natamycin	Total
Dry Eyes	7	4	11
	7.00%	4.00%	5.50%
Lagophthalmos	4	4	8
	4.00%	4.00%	4.00%
Other Lid Abnormalities	4	17	21
	4.00%	17.00%	10.50%
Decreased Corneal Sensation	3	23	26
	3.00%	23.00%	13.00%
Dacryocystitis	1		1
	1.00%		0.50%
Nil	81	52	133
	81.00%	52.00%	66.50%
Total	100	100	200
Chi Square: 31.574; P < 0.001			



Dry eye 7% in Group I and 4% in GroupII. Lagophthalmos 4% in Group I and 4% in Group II. Other lid abnormalities 4% in Group I and 17% in Group II. Decreased corneal sensation 3% in group i and 23% in group II. Dacryocystitis present 1% in both groups.

 $Chi\, square\, test\, Value\, 31.574\, p < 0.001\, statistically\, significant$ 

Table: 11-visual acuity at admission: RE Fig. 11 visual acuity at admission ulcer affected eye: RE

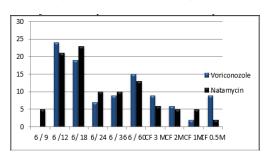
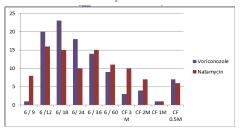


Table 12. Ocular examination: Left eye

Fig:12 Ocular examination: Left eye



## ULCER AFFECTED EYE

Right Eye affected in 43% patients in Group I 56% in Group II. Left Eye 50% in Group I 44% in Group II ,Both Eye in 7% cases. Chi square 9.090 p<0.05

Ulcer Affected	Group		Group		Total
	Voriconozole	Natamycin	]		
Right Eye	43	56	99		
	43.00%	56.00%	49.50%		
Left Eye	50	44	94		
	50.00%	44.00%	47.00%		
Both Eye	7		7		
	7.00%		3.50%		
Total	100	100	200		
	Chi Square: 9.090; P	< 0.05			

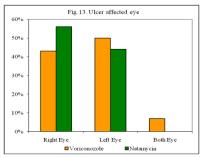
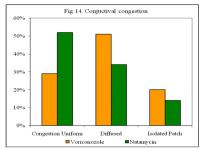


Table-14-Conjunctival congestion

Conjunctival	Group		Total
Congestion	Voriconozole	Natamycin	Total
Congestion Uniform	29	52	81
	29.00%	52.00%	40.50%
Diffused	51	34	85
	51.00%	34.00%	42.50%
Isolated Patch	20	14	34
	20.00%	14.00%	17.00%
Total	100	100	200
Chi Square: 10.990; P < 0.01			



Uniform in 29% in Group I-and 52% in group II. Diffused congestion 51% in Group I and 34% in group  $\rm I1$ 

Isolated patch 20% in group I, 14% in Group II Chi square 10.990 p<0.001

Table.15-Size of ulcer at admission

Size of Ulcer	Group		Total	
Size of Olcer	Voriconozole	Natamycin	Total	
< 2mm	24	19	43	
	24.00%	19.00%	21.50%	
>2mm -< 4mm	57	58	115	
	57.00%	58.00%	57.50%	
>4 mnm-< 6mm	15	18	33	
	15.00%	18.00%	16.50%	
>= 6mm	4	5	9	
	4.00%	5.00%	4.50%	
Total	100	100	200	
Chi Square: 0.974; P > 0.05				

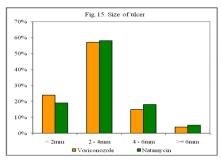


Table. #. Depth of ulcer

Donth of Illoor	Group		Total
Depth of Ulcer	Voriconozole	Natamycin	
Superficial Stromal	15	31	46
	15.00%	31.00%	23.00%
Mild Stromal	59	43	102
	59.00%	43.00%	51.00%
Deep Stromal	26	26	52
	26.00%	26.00%	26.00%
Total	100	100	200
Chi Square: 8.075; P < 0.05			

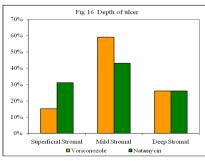


Table. Additional features

Additional	Group		Total
Features	Voriconozole	Natamycin	
Vascularization	51	53	104
	51.00%	53.00%	52.00%
Pigmentation	42	36	78
	42.00%	36.00%	39.00%
Sclera Involvement	7	11	18
	7.00%	11.00%	9.00%
Total	100	100	200
Chi Square: 1.389; P > 0.05			

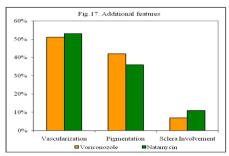


Table #. Duration of hospital stay

Duration of Hospital	ration of Hospital Group		Total
Stay	Voriconozole	Natamycin	1
1 Week	52		52
	52.00%		26.00%
2 Week	48	53	101
	48.00%	53.00%	50.50%
3 Week		37	37
		37.00%	18.50%
4 Week		7	7
		7.00%	3.50%
5 Week		3	3
		3.00%	1.50%
Total	100	100	200
Chi Se	quare: 99.248; P <	0.001	

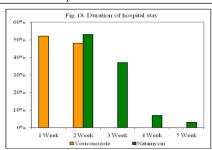


Table #. OE complications

<b>OE: Complications</b>	Group		Total
	Voriconozole	Natamycin	
Perforation	8	30	38
	8.00%	30.00%	19.00%
PseudoCornea		38	38
		38.00%	19.00%
Nil	92	32	124
	92.00%	32.00%	62.00%
Total	100	100	200
Chi	Square: 79.769; P	< 0.001	

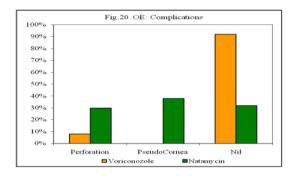


Table Culture and sensitivity

G 14	Grou	ıp	m . 1
Culture & Sensitivity	Voriconozole	Natamycin	Total
Fusarium	24	29	53
	24.00%	29.00%	26.50%
Aspergillus niger	20	12	32
	20.00%	12.00%	16.00%
Aspergillus flavour	10	16	26
	10.00%	16.00%	13.00%
Aspergillus fumigatus	26	20	46
	26.00%	20.00%	23.00%
Candida	10	9	19
	10.00%	9.00%	9.50%
Basidiobolus	3	3	6
	3.00%	3.00%	3.00%
Pencillium	1	1	2
	1.00%	1.00%	1.00%
Phoma	1	2	3
	1.00%	2.00%	1.50%
Mucor	2	2	4
	2.00%	2.00%	2.00%
Sepctidonium	1	1	2
	1.00%	1.00%	1.00%
Trichoderma	1	1	2
	1.00%	1.00%	1.00%
Aureobacidium	1	4	5
	1.00%	4.00%	2.50%
Total	100	100	200
Ch	i Square: 6.825; P	> 0.05	

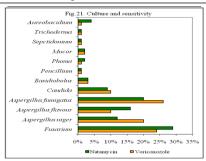
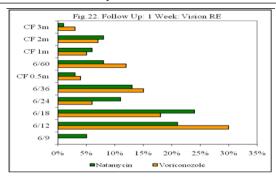


Table # 1 Week Follow Up: RE Vision

Follow Up: 1 Week:	Gro	ир	Total
RE Vision	Voriconozole	Natamycin	
6/9		5	5
		5.00%	2.50%
6/12	30	21	51
	30.00%	21.00%	25.50%
6/18	18	24	42
	18.00%	24.00%	21.00%
6/24	6	11	17
	6.00%	11.00%	8.50%
6/36	15	13	28
	15.00%	13.00%	14.00%
CF 0.5m	4	3	7
	4.00%	3.00%	3.50%
6/60	12	8	20
	12.00%	8.00%	10.00%

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CF 1m	5	6	11
	5.00%	6.00%	5.50%
CF 2m	7	8	15
	7.00%	8.00%	7.50%
CF 3m	3	1	4
	3.00%	1.00%	2.00%
Total	100	100	200
Chi Square: 11.159; P > 0.05			



Follow Up: 1 Week:	* .		Total
LE Vision	Voriconozole	Natamycin	
6/9	1	8	9
	1.00%	8.00%	4.50%
6/12	29	16	45
	29.00%	16.00%	22.50%
6/18	25	18	43
	25.00%	18.00%	21.50%
6/24	17	10	27
	17.00%	10.00%	13.50%
6/36	12	22	34
	12.00%	22.00%	17.00%
CF 0.5m	1	6	7
	1.00%	7.00%	3.50%
6/60	7	1	8
	7.00%	1.00%	4.00%
CF 1m	5	2	7
	5.00%	2.00%	3.50%
CF 2m	2	9	11
	2.00%	9.00%	5.50%
CF 3m	1	7	8
	1.00%	7.00%	4.00%
HM		1	1
		1.00%	0.50%
Total	100	100	200

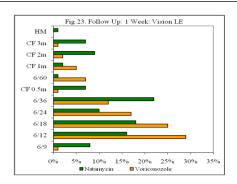


Table. #. 1 Week follow up: Size

Follow Up: 1 Week:	Group		Total	
Size	Voriconozole	Natamycin		
< 2mm	88	81	169	
	88.00%	81.00%	84.50%	
2 - 4mm	12	18	30	
	12.00%	18.00%	15.00%	
4 - 6mm		1	1	
		1.00%	0.50%	
Total	100	100	200	
Chi Square: 2.491; P > 0.05				

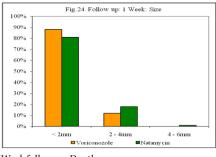


Table #. 1 Week follow up: Depth

Follow Up: 1 Week:	Group		Total
Depth	Voriconozole	Natamycin	
Superficial Stromal	15	31	46
	15.00%	31.00%	23.00%
Mild Stromal	59	43	102
	59.00%	43.00%	51.00%
Deep Stromal	26	26	52
	26.00%	26.00%	26.00%
Total	100	100	200
Ch	i Square: 8.075; P	< 0.05	•

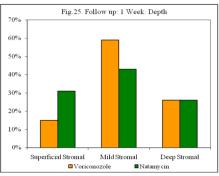


Table #. 1 Week follow up: Edges

Follow Up: 1 Week:	Group		Total
Edges	Voriconozole	Natamycin	
Overhanging		19	19
		19.00%	9.50%
Flat		50	50
		50.00%	25.00%
Dwelling	11	25	36
	11.00%	25.00%	18.00%
Clear	89	6	95
	89.00%	6.00%	47.50%
Total	100	100	200
Chi Square: 146.960; P < 0.001			

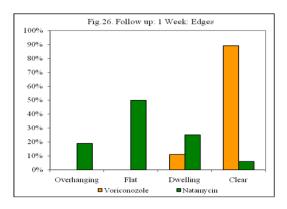


Table #. 1 Week follow up: Base

Follow Up: 1 Week: Base	Group		Total
	Voriconozole	Natamycin	
Debris	11	89	100
	11.00%	89.00%	50.00%
Clear	89	11	100
	89.00%	11.00%	50.00%
Total	100	100	200
Chi Square: 121.680; P < 0.001			

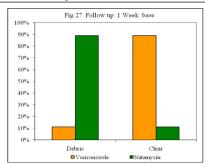


Table. #. 1 week follow up: A/C reaction

Follow Up: 1 Week: A/C Reaction	Group		Total	
	Voriconozole	Natamycin		
1+	26	6	32	
	26.00%	6.00%	16.00%	
2 +	12	7	19	
	12.00%	7.00%	9.50%	
3+		4	4	
		4.00%	2.00%	
Nil	62	83	145	
	62.00%	83.00%	72.50%	
Total	100	100	200	
Chi Square: 20.857; P < 0.001				

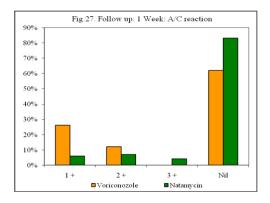


Table #. 1 week follow up: Pupil

Follow Up: 1 Week: Pupil	Gro	ир	Total
	Voriconozole	Natamycin	
Widely Dilated	1	43	44
	1.00%	43.00%	22.00%
Semi Dilated	5	57	62
	5.00%	57.00%	31.00%
Normal	94		94
	94.00%		47.00%
Total	100	100	200
Chi Squa	are: 177.704; P <	0.001	

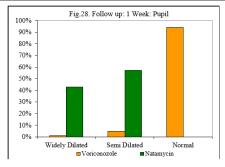
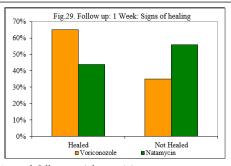


Table.#. 1 Week follow up: Signs of healing

Group		Total
Voriconozole	Natamycin	
65	44	109
65.00%	44.00%	54.50%
35	56	91
35.00%	56.00%	45.50%
100	100	200
	Voriconozole 65 65.00% 35 35.00%	Voriconozole         Natamycin           65         44           65.00%         44.00%           35         56           35.00%         56.00%



 $Table \, \#. \, 1 \, month \, follow \, up; right \, eye \, vision$ 

Follow Up: 1 Month: RE Vision	Group		Total
	Voriconozole	Natamycin	
6/9		5	5
		5.00%	2.50%
6/12	43	21	64
	43.00%	21.00%	32.00%
6/18	19	24	43
	19.00%	24.00%	21.50%
6/24	11	11	22
	11.00%	11.00%	11.00%
6/36	10	13	23
	10.00%	13.00%	11.50%

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CF 0.5m	6	3	9
	6.00%	3.00%	4.50%
6/60	7	8	15
	7.00%	8.00%	7.50%
CF 1m		6	6
		6.00%	3.00%
CF 2m	1	8	9
	1.00%	8.00%	4.50%
CF 3m	3	1	4
	3.00%	1.00%	2.00%
Total	100	100	200
Chi Square: 27.046; P < 0.01			

Fig.30. Follow Up 1 Month: RE vision CF 3m  ${\rm CF}\ 2{\rm m}$ ■ Natamycin CF 1m 6/60 CF 0.5m 6/36 6/24 6/18 6/12 6/9 50% 0% 10% 20% 30% 40%

Table #. 1 month follow up: left eye vision

Follow Up: 1	Grou	р	Total
Month: LE Vision	Voriconozole	Natamycin	
6/9	1	8	9
	1.00%	8.00%	4.50%
6/12	55	16	71
	55.00%	16.00%	35.50%
6/18	19	18	37
	19.00%	18.00%	18.50%
6/24	12	10	22
	12.00%	10.00%	11.00%
6/36	7	24	31
	7.00%	24.00%	15.50%
CF 0.5m	1	4	5
	1.00%	4.00%	2.50%
6/60	3	1	4
	3.00%	1.00%	2.00%
CF 1m	1	2	3
	1.00%	2.00%	1.50%
CF 2m		9	9
		9.00%	4.50%
CF 3m	1	7	8
	1.00%	7.00%	4.00%
HM		1	1
		1.00%	0.50%
Total	100	100	200
Ch	i Square: 54.032; P	< 0.001	

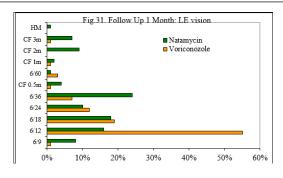


Table #. 1 month follow up: depth

Follow Up: 1 Month:	Group		Total	
Depth	Voriconozole	Natamycin		
Superficial Stromal	15	31	46	
	15.00%	31.00%	23.00%	
Mild Stromal	59	43	102	
	59.00%	43.00%	51.00%	
Deep Stromal	26	26	52	
	26.00%	26.00%	26.00%	
Total	100	100	200	
Chi Square: 8.075; P < 0.05				

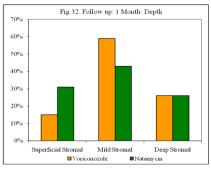
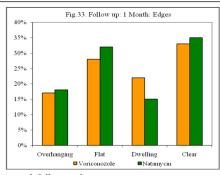


Table #. 1 month follow up: edges

Follow Up: 1 Month: Edges	Group		m . 1
	Voriconozole	Natamycin	Total
Overhanging	17	18	35
	17.00%	18.00%	17.50%
Flat	28	32	60
	28.00%	32.00%	30.00%
Dwelling	22	15	37
	22.00%	15.00%	18.50%
Clear	33	35	68
	33.00%	35.00%	34.00%
Total	100	100	200
	Square: 1.678: P		



 $Table\,\#.\,1\,month\,follow\,up; base$ 

Follow Up: 1 Month: Base	Group		Total
	Voriconozole	Natamycin	
Debris		89	89
		89.00%	44.50%
Clear	100	11	111
	100.00%	11.00%	55.50%
Total	100	100	200
Chi Square: 160.360; P < 0.001			

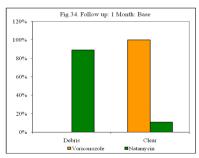


Table #. 1 month follow up: pupil

Follow Up: 1	Group		Total
Month: Pupil	Voriconozole	Natamycin	
Widely Dilated		43	43
		43.00%	21.50%
Semi Dilated		57	57
		57.00%	28.50%
Normal	100		100
	100.00%		50.00%
Total	100	100	200
Chi Square: 200.000; P < 0.001			

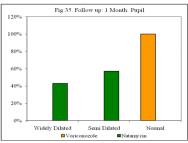


Table #. 1 month follow up: signs of healing

Follow Up: 1 Month:	Group		Total
Signs of Healing	Voriconozole	Natamycin	
Healed	64	44	108
	64.00%	44.00%	54.00%
Not Healed	36	56	92
	36.00%	56.00%	46.00%
Total	100	100	200
Chi Square: 8.052; P < 0.01			



 $Table \, \#. \, 3 \, months \, tollow \, up: right \, eye \, vision$ 

Follow Up: 3 Months:	Group		Grou	Total
RE Vision	Voriconozole	Natamycin		
6/9		5	5	
		5.00%	2.50%	
6/12	43	21	64	
	43.00%	21.00%	32.00%	
6/18	19	24	43	
	19.00%	24.00%	21.50%	
6/24	11	11	22	
	11.00%	11.00%	11.00%	
6/36	10	12	22	
	10.00%	12.00%	11.00%	

CF 0.5m	6	4	10	
	6.00%	4.00%	5.00%	
6/60	7	8	15	
	7.00%	8.00%	7.50%	
CF 1m		6	6	
		6.00%	3.00%	
CF 2m	1	8	9	
	1.00%	8.00%	4.50%	
CF 3m	3	1	4	
	3.00%	1.00%	2.00%	
Total	100	100	200	
Chi Square: 26.237; P < 0.01				

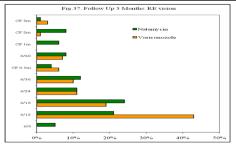
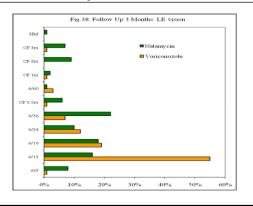


Table #. 3 months follow up: left eve vision

Follow Up: 3 Months:	Gro	up	Total
LE Vision	Voriconozole	Natamycin	Total
6/9	1	8	9
	1.00%	8.00%	4.50%
6/12	55	16	71
	55.00%	16.00%	35.50%
6/18	19	18	37
	19.00%	18.00%	18.50%
6/24	12	10	22
	12.00%	10.00%	11.00%
6/36	7	22	29
	7.00%	22.00%	14.50%
CF 0.5m	1	6	7
	1.00%	6.00%	3.50%
6/60	3	1	4
	3.00%	1.00%	2.00%
CF 1m	1	2	3
	1.00%	2.00%	1.50%
CF 2m		9	9
		9.00%	4.50%
CF 3m	1	7	8
	1.00%	7.00%	4.00%
HM		1	1
		1.00%	0.50%
Total	100	100	200



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Table #.3 months follow up: size

Follow Up: 3 Months:	Group		Total
Size	Voriconozole	Natamycin	
0		100	100
		100.00%	50.00%
< 2mm	100		100
	100.00%		50.00%
Total	100	100	200
Chi Square: 200.000; P < 0.001			

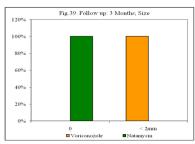


Table #.3 months follow up: depth

rable #.5 inolitils lollow t	ıp: aeptii		
Follow Up: 3 Months:	Group		Total
Depth	Voriconozole	Natamycin	
Superficial Stromal	15	31	46
	15.00%	31.00%	23.00%
Mild Stromal	59	43	102
	59.00%	43.00%	51.00%
Deep Stromal	26	26	52
	26.00%	26.00%	26.00%
Total	100	100	200
Chi	Square: 8.075; P <	0.05	

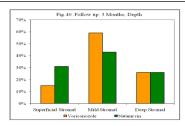


Table #.3 months follow up: edges

Follow Up: 3 Months:	Group		Total
Edges	Voriconozole	Natamycin	
Overhanging	1	18	19
	1.00%	18.00%	9.50%
Flat	1	20	21
	1.00%	20.00%	10.50%
Dwelling		10	10
		10.00%	5.00%
Clear	98	52	150
	98.00%	52.00%	75.00%
Total	100	100	200
Chi	Square: 56.508; P	< 0.001	

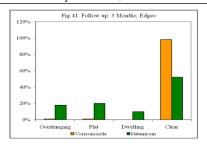


Table #.3 months follow up: base

Follow Up: 3 Months:	Group		Total
Base	Voriconozole	Natamycin	
Debris	11	89	100
	11.00%	89.00%	50.00%
Clear	89	11	100
	89.00%	11.00%	50.00%
Total	100	100	200
Chi	Square: 121.680; I	P < 0.001	

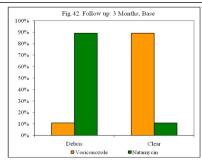
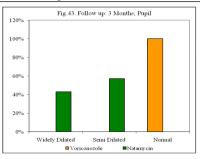


Table #.3 months follow up: pupil

Follow Up: 3 Months:	Group		Total
Pupil	Voriconozole	Natamycin	
Widely Dilated		43	43
		43.00%	21.50%
Semi Dilated		57	57
		57.00%	28.50%
Normal	100		100
	100.00%		50.00%
Total	100	100	200
Chi Square: 200.000; P < 0.001			



 $Table\, \#.\, 3\, months\, follow\, up; signs\, of\, healing$ 

Follow Up: 3 Months:	Group		Total
Signs of Healing	Voriconozole	Natamycin	
Healed	53	44	97
	53.00%	44.00%	48.50%
Not Healed	47	56	103
	47.00%	56.00%	51.50%
Total	100	100	200
Ch	i Square: 1.621; P	> 0.05	

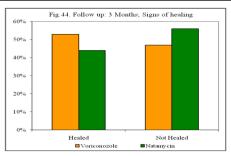


Table #.6 months follow up: right eye vision

Follow Up: 6 Months:	Group		Total
RE Vision	Voriconozole	Natamycin	
6/9		5	5
		5.00%	2.50%
6/12	43	21	64
	43.00%	21.00%	32.00%
6/18	19	24	43
	19.00%	24.00%	21.50%
6/24	11	12	23
	11.00%	12.00%	11.50%
6/36	10	11	21
	10.00%	11.00%	10.50%
CF 0.5m	6	4	10
	6.00%	4.00%	5.00%
6/60	7	8	15
	7.00%	8.00%	7.50%
CF 1m		6	6
		6.00%	3.00%
CF 2m	1	8	9
	1.00%	8.00%	4.50%
CF 3m	3	1	4
	3.00%	1.00%	2.00%
Total	100	100	200
Chi	Square: 26.146; P	< 0.01	

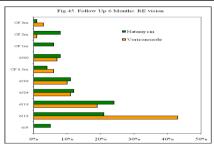
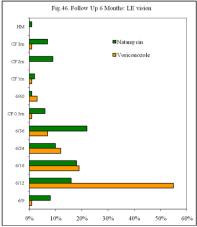


Table #.6 months follow up: left eye vision

Follow Up: 6 Months:	Group		Total
LE Vision	Voriconozole	Natamycin	Iotai
6/9	1	8	9
	1.00%	8.00%	4.50%
6/12	55	16	71
	55.00%	16.00%	35.50%
6/18	19	18	37
	19.00%	18.00%	18.50%
6/24	12	10	22
	12.00%	10.00%	11.00%
6/36	7	22	29
	7.00%	22.00%	14.50%
CF 0.5m	1	6	7
	1.00%	6.00%	3.50%
6/60	3	1	4
	3.00%	1.00%	2.00%
CF 1m	1	2	3
	1.00%	2.00%	1.50%
CF 2m		9	9
		9.00%	4.50%
CF 3m	1	7	8
	1.00%	7.00%	4.00%
HM		1	1
		1.00%	0.50%
Total	100	100	200
Chi S	Square: 54.239; P <	0.001	



 $Table\, \#.6\, months\, follow\, up; size$ 

Follow Up: 6 Months:	Group		Total
Size	Voriconozole	Natamycin	Totai
0		100	100
		100.00%	50.00%
< 2mm	100		100
	100.00%		50.00%
Total	100	100	200
Chi Square: 200.000; P < 0.001			

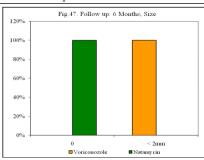
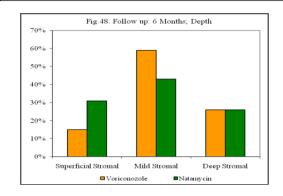


Table #.6 months follow up: depth

Follow Up: 6 Months: Depth	Group		Total
	Voriconozole	Natamycin	
Superficial Stromal	15	31	46
	15.00%	31.00%	23.00%
Mild Stromal	59	43	102
	59.00%	43.00%	51.00%
Deep Stromal	26	26	52
	26.00%	26.00%	26.00%
Total	100	100	200
Chi	Square: 8.075; P	< 0.05	•



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Table #. 6 months follow up: edges

Follow Up: 6 Months:	Group		Total
Edges	Voriconozole	Natamycin	Iotai
Overhanging	1	7	8
	1.00%	7.00%	4.00%
Flat	1	6	7
	1.00%	6.00%	3.50%
Dwelling		6	6
		6.00%	3.00%
Clear	98	81	179
	98.00%	81.00%	89.50%
Total	100	100	200
	Square: 15.686; P		200

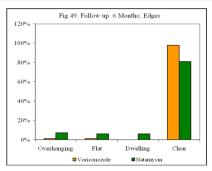


Table #.6 months follow up: base

Group		Total
Voriconozole	Natamycin	
11	89	100
11.00%	89.00%	50.00%
89	11	100
89.00%	11.00%	50.00%
100	100	200
	Voriconozole 11 11.00% 89 89.00%	Voriconozole         Natamycin           11         89           11.00%         89.00%           89         11           89.00%         11.00%

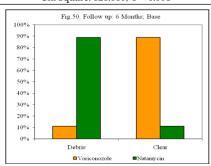


Table #.6 months follow up: signs of healing

Variaanarala		Total
voriconozoie	Voriconozole Natamycin	
53	44	97
53.00%	44.00%	48.50%
47	56	103
47.00%	56.00%	51.50%
100	100	200
	53.00% 47 47.00% 100	53.00% 44.00% 47 56 47.00% 56.00%

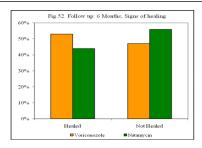


Table #. BCVA right eye

DCWA. DE	Grou	Group		
BCVA: RE	Voriconozole	Natamycin	Total	
6/9		5	5	
		5.00%	2.50%	
6/12	43	21	64	
	43.00%	21.00%	32.00%	
6/18	19	24	43	
	19.00%	24.00%	21.50%	
6/24	11	11	22	
	11.00%	11.00%	11.00%	
6/36	10	12	22	
	10.00%	12.00%	11.00%	
CF 0.5m	6	4	10	
	6.00%	4.00%	5.00%	
6/60	7	8	15	
	7.00%	8.00%	7.50%	
CF 1m		6	6	
		6.00%	3.00%	
CF 2m	1	8	9	
	1.00%	8.00%	4.50%	
CF 3m	3	1	4	
	3.00%	1.00%	2.00%	
Total	100	100	200	
(	Chi Square: 26.237; 1	P < 0.01	•	

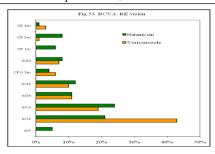


Table #. BCVA left eye

BCVA: LE	Grou	ıp	Total
	Voriconozole	Natamycin	
6/9	1	8	9
	1.00%	8.00%	4.50%
6/12	55	16	71
	55.00%	16.00%	35.50%
6/18	19	18	37
	19.00%	18.00%	18.50%
6/24	12	10	22
	12.00%	10.00%	11.00%
6/36	7	24	31
	7.00%	24.00%	15.50%
CF 0.5m	1	4	5
	1.00%	4.00%	2.50%
6/60	3	1	4
	3.00%	1.00%	2.00%
CF 1m	1	2	3
	1.00%	2.00%	1.50%
CF 2m		9	9
		9.00%	4.50%
CF 3m	1	7	8
	1.00%	7.00%	4.00%
HM		1	1
		1.00%	0.50%
Total	100	100	200
-	Chi Square: 54.032; P	< 0.001	

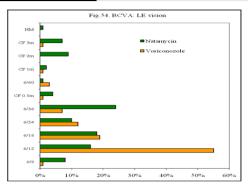


Table #. Size and nature of opacity

Size and Nature of	Gro	Total		
Opacity	Voriconozole	Natamycin		
0		100	100	
		100.00%	50.00%	
< 2mm	100		100	
	100.00%		50.00%	
Total	100	100	200	
Chi Square: 200.000; P < 0.001				

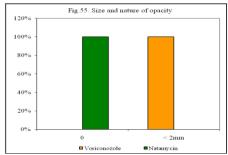


Table #. Vascularisation

Vascularization	Gro	Group		
vascularization	Voriconozole	Natamycin	Total	
Yes	51	53	104	
	51.00%	53.00%	52.00%	
No	49	47	96	
	49.00%	47.00%	48.00%	
Total	100	100	200	
Cl	ni Square: 0.080; P	> 0.05		

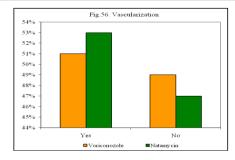
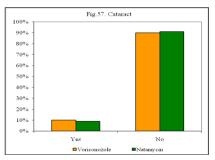


Table #. Cataract

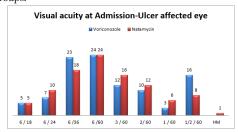
Cataract	Gro	Group		
Cataract	Voriconozole	Natamycin	Total	
Yes	10	9	19	
	10.00%	9.00%	9.50%	
No	90	91	181	
	90.00%	91.00%	90.50%	
Total	100	100	200	
Chi Square: 0.058; P > 0.05				



Visual Acuity at admission-Ulcer affected eye

vision	Logmar	Voriconozole	Percentage	Natamycin	Percentage	
6 / 18	0.47	5	5	5	5	
6 / 24	0.6	7	7	10	10	
6 /36	0.77	23	23	18	18	
6 /60	1	24	24	24	24	
3 / 60	1.3	12	12	16	16	
2/60	1.2	10	10	12	12	
1 / 60	1.1	3	3	6	6	
1/2 / 60	0.9	16	16	8	8	
HM	1.4			1	1	

 $\label{eq:mean_ingroup_ingroups} \begin{array}{ll} \text{MEAN IN GROUP I AT ADMISSION} = 6.708 & \text{SD IN GI} = 8.063 \\ \text{MEAN IN GROUP II AT ADMISSION} = 5.750 & \text{SD IN GROUP II} = 7.188 \\ \text{The visual acuity measured in ulcer affected eye was comparable in both groups.} \end{array}$ 



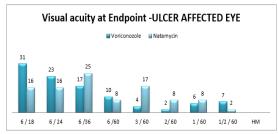
VISION ACUITY AT ENPOINT-ULCER AFFECTED EYE

vision	Logmar	Voriconozole	Percentage	Natamycin	Percentage
6 / 18	0.47	31	31	16	16
6 / 24	0.6	23	23	16	16
6 /36	0.77	17	17	25	25
6 /60	1	10	10	8	8
3 / 60	1.3	4	4	17	17
2/60	1.2	2	2	8	8
1 / 60	1.1	6	6	8	8
1/2 / 60	0.9	7	7	2	2
HM	1.4				

MEAN IN GROUP I AT END POINT=6.70 MEAN IN GROUP II AT ENDPOINT=6.39 SD IN GI=9.20 SD IN GII=7.64

26% patients in group I improved vision at endpoint of the study  $6/18, \log \max 0.47$ 

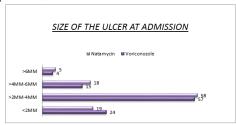
16% patients in Group II improved vision at endpoint of



#### SIZE OF THE ULCER AT ADMISSION

SIZE OF ULCER	Voriconozole	Percentage	Natamycin	Percentage
<2MM	24	24	19	19
>2MM-4MM	57	57	58	58
>4MM-6MM	15	15	18	18
>6MM	4	4	5	5

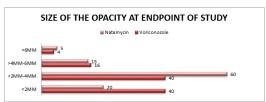
Chi Square: 0.974; P > 0.05



Comparable in both groups.

#### SIZE OF THE OPACITY AT ENDPOINT OF STUDY

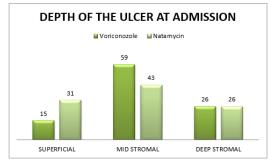
SIZE OF ULCER	Voriconozole	Percentage	Natamycin	Percentage
<2MM	40	40	20	
>2MM-4MM	40	40	60	
>4MM-6MM	16	16	15	
>6MM	4	4	5	



Chi Square: 200.000; P < 0.001

#### **DEPTH OF THE ULCER AT ADMISSION**

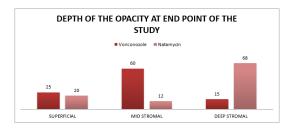
DEPTH OF ULCER	Voriconozole	Natamycin	Percentage
SUPERFICIAL	15	31	
MID STROMAL	59	43	
DEEP STROMAL	26	26	



Chi Square: 8.075; P < 0.05

# DEPTH OF THE OPACITY AT END POINT OF THE STUDY

DEPTH OF ULCER	Voriconozole	Natamycin	Percentage
SUPERFICIAL	25	20	
MID STROMAL	60	12	
DEEP STROMAL	15	68	



There was improvement in both the groups but more in voriconozole treated group.

#### Results

Age group of study patient's minimum 20 years maximum 70 years. Mean age Group I

We recruited 200 patients randomized into 2 groups Group I patients received new drug voriconozole 1/w/v supplied by aurolab in powder form. Group II patients received natamycin 5%w/v solution commercially available as standard regime. All supportive measures like mydriatric lubricants anti inflammatory drugs were given to all patients in 2 group identically. All patient got admitted in generalward in RIO.Regular follow up with standardized protocol done in all patients after discharge these patients were called for follow up on our research lab,vision and aniterior segment evaluation done as per protocol and data entered into proforma. All patients were followed upto six weeks, 2 weeks ,1 month, 3 months and six months . We found that of the 100 patients in group I treatment voriconozole had faster healing of ulcer with short hospital stay.

Out of the 200 patients 48% belong to the age Group of 50-59 years. Mean age of patients in Group I is 46.91 with SD of 15.05 . In group II mean age is 47.95 with SD of 17.54. Chi square value 5.462 , p>0.05. This was not found to be statistically significant.

There were 72 male and 28 females in Group I and 74 male and 26 female in group II comparable in both Groups chi square value 0.101,  $p\!>\!0.05$ . No statistically significant.

On comparison of occupation it was seemed that 26% patients in group I were agricultural workers. While it was 10% in Group II. Manual workers in Group I is 21% and in Group II it was 41 % . chi square test is 15.704 p< 0.01.

The habitat of study participants were elicited, it was found that 68% in Group I were coming from rural areas while it is 62% in Group II ,28% from Group I from semi urban areas while it was 17% in Group II . 4% in Group I and 21% in group II where from urban areas. Chi square value 14.526,p < 0.01.

The social economic status of the study participant were evaluated. It was found that 32% in Group I belonged to APL while it was 45% in Group II. 68% in Group I belonged to BPL while it was 55% in Group II. There was no statistical significant.

Personal hygiene of the study participants has been evaluated . It was good in 43% patients in Group I while it is 19% in Group II. 33% in Group I and 31% in Group Ii, it was poor. It was very good in 24% in group I and 17% in Group II. It was significant.

History of ocular surgery was noted, it is 12% in Group I and 13 % in Group II . There was no history of ocular surgery 88% in group I and 87 % in group II. Chi square value 0.046. p>0.05. No significance.

There was no predisposing factors in 81% of patients in group I and 52% in group II. Dry eyes were present in 7% in group I and 4% in Group II. Lagophthalmos were present in 4% of patients in both

groups. Other lid abnormalities were present in 4% of patients in group I and 17% patients in group II. decreased corneal sensation was present 3% in group I and 23% in group II Dacryocystitis present in one patient in group I.

Visual acuity measured at admission shown 24% patients in group I had 6/12 vision, while in group II it was 21%. 15% patients in group I had 6/60 and 13% in group II had the same.

Ulcer affected eye 43% in group I had ulcer in the right eye while it was 56% in group II . 50% patients in group I had ulcer in the left eye while 44% in group II . 7 patients in Group I had ulcer in both eyes.

Size of the ulcer at admission 24% in group I had ulcer of  $\leq$  2mm size and it was 19% in group II. 57% in group I had ulcer of the size 2mm and 58% in Group II it was 2-4mm. 15% in group I had ulcer of the size 4-6 mm and 18% in group II had ulcer of 4-6mm. ulcer of the size >6mms was found in 4 patients in Group I and 5 patients in group II . Chi square value 0.976 . P > 0.05. No significance.

#### Additional features noted were

1. Vascularization 2. Pigmentation 3. Scleral involvement.

It was found that 51% patients in Group I had vascularization and 53% patients in Group Ii had the same . pigmentation was present 42% patients in group I and 36% of patients in Group II and scleral involvement was present in 7% in Group I and 11% in Group II , Chisquare 1.389 p>0.05 . no significance.

#### **Duration of Hospital stay**

52% of patients in Group I stayed up to 1 week and 48% of patients in Group I stayed up to 2 weeks . In group II 53% of patients stayed for 3 weeks 37% of patients stayed for 3 weeks 7% of patients for 4 weeks 3% of patients for 5 weeks.chi square p> 0.001. Statistically significant.

# Laboratory test of the study participants

# 1. Hemoglobin

Mean hemoglobin value of patients in Group I was 13.65 with SD 1.52. in Group II it is 13.88 with SD of 1.48 . Comparable in both Group . No significance.

#### 2. Random blood sugar

In Group I it was 81.57% with SD 91.63. in Group II it is 109.21 with SD of 49.43

#### **Fungalisolates**

Fusarium 24% in Group I,29% in Group II
Aspergillus niger 20% in Group I, 12% in Group II
Aspergillus fumigatus 26% in Group I,20% in Group II
Aspergillus flavour 10% in Group I,16% in Group II
Candida 10% in Grroup I, 9% in Group II
Basidiobolus ,3% in Group I& II
Pencillium is 15 in both Groups
Phoma is 1% in Group IZ% in Group II
Mucor is 2% in both Groups
Sepctidonium, 1% in both Groups
Trichoderma ,1% in both Groups
Aureobacidium 1% in Group I and 4% in Group II.

Eventhough there is no statistical significant. Our study found out that more species of fungi produces corneal ulcer world literature says fusarium aspergillus and candida are the main organism produces corneal ulcers our study also find out the same.

All the study participants were followed up to 6 months with standard protocol.

At the end point of study in Group I patients logmar visual acuity

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recorded with mean of 0.54 and SD of 0.28. in Group II it is 0.63 with SD of 0.22.

At 6 months follow up depth of the corneal opacity noted using slit lamp it was categorized in to three

1. Superficial stroimal

In Group I 15% and 31% in Group II

2. Mid stromal

59% in group I and 33% in group II

3. Deep stromal

26% in group I, 26% in group II

Corneal neovascularization was present in 51% in Group I ans 53% in group II. There was no corneal neovascularization in 49% in Group I and 47% in Group II. Chi square value 0.088, P>0.05. not significant.

Cataract was present in 10% patients in Group I and 9% in Group II. This is not related to the ulcer since good number of patient where above 50.

#### **Complications**

The following complications where present

- 1. Perforation 8% in Group I and 30% in Group II
- 2. PseudoCornea formation occurred in 38% of patients in G II only

Other systemic illness from where the patients were suffering was noted by history taking. It was categorized into five items. Major illness were Diabetes Mellitus, Hypertension, Immune Suppression, others and nil.

#### DISCUSSION

Fungal corneal ulcers is prevalent in both developing and developed countries . This is more in developing and under developed countries. If not treated properly it progresses and leads to complications like perforations, Endophthalmitis and there by loss of sighted eye itself. If identified and properly treated ulcer may heal and patient will regain some amount of vision. With the present regiume of treatment using Natamycin which is an antifungal, antibiotic tracks the disease for no. of days leading to the loss of vision, loss of productivity and economic burden to the family and the patient.

Randomized Clinical Trial is the most powerful tool available for evaluation of efficacy of new therapeutic interventions. As this was the study comparing the efficacy of two therapeutic inventions , randomized clinical trial was chosen as the appropriate design. Natamycin occupied the pride of place as the treatment of choice for fungal corneal ulcers. Reconstituted voriconozole once applied topically has been found to be very useful in the treatment of fungal corneal ulcers.

Voriconozole is an imidazole with inhibitory effects on cellwall synthesis of fungal filaments. It is found to have fungicidal effect. There are theoretical reasons to accept that voriconozole could potentially work for fungal keratitis.

Since there is no much published studies from india we thought off undertaking this study.

Prevalence of fungal corneal ulcers in the district Thiruvananthapuram in kerala in population above the age of 20, 17-36% Out of the corneal ulcers admitted into the General ward of RIO Trivandrum 75% turns out to be fungal in nature.

The sample size for this study was calculated to find out minimum number of hospital stay is needed for patients getting treated with voriconozole when compared with standard treatment using Natamycin which is being followed in our institute. Number of days of hospital stay in voriconozole group from base line of three ,

maximum of 21. for alpha of 0.05 and beta of 20% and adjusting for drop out of 5%, the sample size required was found to be 100 patients in each arm. The patients recruited for randomised clinical trial was chosen from these with features of fungal corneal ulcer and laboratory proven fungal filaments. Positive Randomization was done after obtaining written informed consent. The patients were divided into two groups. Group 1 (intervention group) The patients were given voriconozole which was supplied by m/s in powder form with water for reconstitution . The reconstituted 1% solution applied to the eye on an hourly basis during watering hours for the first  $48~\rm hrs$ .

Group2 (control group) patients were given commercially available Natamycin 5% solution applied in the eye on an hourly hours for the first 48 hrs.

Supportive management was exactly similar in both groups. Baseline characteristic of two groups were comparable.

#### **SUMMARY**

- 1. Fungal corneal ulcers is one of the major causes of blindness
- 2. Everywhere in the world antifungal, antibiotics is the treatment of choice.
- 3. In India also natamycin eye drops is the primary treatment
- 4. In Kerala prevalence of fungal corneal ulcers is high
- 5. In Regional Institute of Ophthalmology Thiruvannathapuram will conducted at pilot study will giving voriconozole eye drops to patients fungal corneal ulcers. results of the study were encouraging
- Laboratory proven fungal corneal ulcers attending the operation department of Regional institute of ophthalmology has been recruited for the study.
- 7. 200 patients participated in the study
- 8. They where randomized in to two groups using simple randomization procedure
- 9. Group I patients where given voriconozole eye drops Group II patients were given natamycin eye drops.
- 10. Patients in the two groups where followed up for the period of 6 months
- $11. \ All \, the \, 200 \, patients \, completed \, the \, trial.$
- $12. \ Clinical \, cure \, occurred \, in \, both \, the \, groups$
- $13.\ Voriconozole\ groups\ show\ faster\ healing\ of\ ulcers\ and\ minimum\ number\ of\ days\ of\ hospital\ stay$
- 14. Complications occurred in both the groups but it was more in natamycin group
- 15. Corneal opacity left behind was larger and denser in natamycin group
- 16. The clinical trial has shown there is benefit in giving voriconozole reconstituted eye drops in treating mycotic keratitis.
- $17.\,\mathrm{The}$  beneficial effect found out in the study this only with smaller sample size.
- $18. \, \rm Study$  with larger sample size is necessary to derive conclusive evidence of the therapeutic effects.

#### Limitation of study

Since our hospital is a tertiary care institute we get patients referred to us from other hospitals on a later stage of the disease, with some treatment history, Many participants had large ulcers: Our hospital being an exclusive eye hospital with no general physician, few participants who had diabetes which became uncontrolled were taken to nearby GH for metabolic control during that time ulcer became large and went for perforation and other complications.

#### Conclusions

Laboratory proven fungal corneal ulcers who undergone this clinical trial showed improvement in both groups. With faster healing and minimum number of days of hospital stay in the voriconozole treated group. Healing was slow to occur and complications more in the natamycin treated groups.

Patientsb in the voriconozole groups got discharge from the hospital

wards earliest by 3 days and latest by 21 days in the intervention groups. While patient treated with natamycin were forced to stay in the hospital from minimum of 2 weeks maximum of 6 weeks.

At the endpoint of study 20% of patients in natamycin treated groups still had signs of inflammation.

There was clinically and statistically significant improvement in the corneal pathology in both the groups but more in voriconozole treated groups.

10% of patients in Group I and 9% patients in Group II had cataracts lens changer but it is not due to drug effect.

There was no statistically significance difference in the visual acuity measured in both groups at the endpoint of the study.

Study with larger sample size is necessary to derive efficacy evidence of the therapeutic effect.

#### ACKNOWLEDGMENT

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I wish to thank all post graduates and Residents of RIO, Trivandrum for helping us in completing the study.

I wish to thank Nursing staff of General ward of RIO, Trivandrum for safe keeping of the files of study patients promptly.

I wish to thank store keeper and staff of RIO, Store ,Trivandrum for keeping the drug under trial and prompt supply to study participants.

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I wish to thank M/S Aurolab whjo supplied the new drug voriconozole for the clinical trial at subsidized rate.

I wish to express my gratitude to all my patients, who formed the integral part of my study for their cooperation and goodwill extended to me all along for the successful completion.

I thank my wife Dr.Soja .V and My children Renju Rajeev and Rejitha Rajeev for their love and support without which this study would not have been possible.

Above all we are thankful to the LORD ALMIGHTY for the blessings which helped me to conduct this study

#### APPENDICES

# PROFORMA Admission Date: Discharge Date:

#### IP No:

- 1. Name:
- 2. Age:
- 3. Sex:
- 4. Address with phone number:
- 5. Occupation: manual labourer/agriculture worker/skilled worker/professional/others
- 6. Habitat: rural/semi urban/urban
- 7. Socio economic status: APL/BPL
- 8. Complaints:
- 9. History of present complaint:
- 10. Past history: D.M/HT/immune suppression/others/Nil.
- 11. Drug history: on topical medication: Yes / No
- 12. Personal hygiene: poor/adequate/good
- 13. Previous history of ocular surgery: Yes/No
- 14. Predisposing factors Dry eyes /lagophthalmos /other lid abnormalities/decreased corneal sensation/dacryo cystitis/Nil.

#### GENERAL EXAMINATION:

# Ocular examination

 $\label{eq:coup} \begin{array}{ll} \mbox{Visual acuity - Group A: } 6/9-6/24. \mbox{ Group B: } 6/24-6/60. \\ \mbox{ Group D: } \mbox{HM-PL+} \end{array}$ 

#### Slit lamp Examination

 $Conjunctiva-congestion\,uniform\,/diffused\,/isolated\,patch$ 

Corneal status-detailed description of ulcer-extend and depth of ulcer

Size of ulcer -<2mm, 2-4mm, 4-6mm, >6mm

Depth of ulcer - a. superficial stromal, b. mid stromal c. deep stromal

Additional features if any - vascularisation /pigmentation /sclera involvement

Symptomatic relief- on days 1,2,3,6,10,14,18,22,24 and time of discharge.

Clinical signs-ulcer healing –  $\,$  conjunctival congestion / extend and depth of opacity.

 $Complicatio-secondary glaucoma/perforation/pseudocornea/\\ Anterior staphyloma$ 

#### Lab investigation results:-

a. Blood – Hb, Tc, Dc FBS b. Urine:- Alb, sugar, deposit

#### **Smears**

GRAM STAINING
 KOH MOUNT
 Culture & sensitivity

#### Followup -

Vision	
Size	
Depth	
Edges	
Base	
A/c reaction	
pupil	
Signs of healing	
Signs of progression	

# Late follow up

# 1 month

.11	
Vision	
Size	
Depth	
Edges	
Base	
A/c reaction	
pupil	
Signs of healing	
Signs of progression	
	•

#### 3 months

Vision	
Size	
Depth	
Edges	
Base	
A/c reaction	
pupil	
Signs of healing	
Signs of progression	

# 6 months

Vision	
Size	
Depth	
Edges	
Base	
A/c reaction	
pupil	
Signs of healing	
Signs of progression	

# Endpoint

- 1. BČVA
- 2. SIZE& Nature of Opacity
- 3. Vascularisation
- 4. Cataract
- 5. Secondary glaucoma

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