



## Role of the Haryana State to Promote the Wrestling

**Dr. Naveen Kumar**

Assistant Professor, Department of Physical Education, Ch. Ranbir Singh University, Jind, Haryana, India, 126102.

**Tarsem**

M.P.Ed.(Final), Department of Physical Education, Ch. Ranbir Singh University, Jind, Haryana

**ABSTRACT**

The purpose of this paper was to review the Haryana wrestling team as well as National level performance. The present study deals with the analysis, interpretation and discussion of the collection through historical, trends, FILA, IOC, IOA and Haryana sports department reports, analytical and interpretive techniques are utilized. The study revealed that Most of wrestlers won Medal in National Games belonging to year 2015-2016.

**KEYWORDS :** FILA, IOC, IOA, Techniques, performance, wrestling.**Introduction**

In 1904, freestyle wrestling was first introduced during the St. Louis Games and was only disputed by American wrestlers. It was only during the fourth Olympic Games held in London in 1908 that competitions were organized for both styles. At the Stockholm Olympic Games in 1912, freestyle wrestling was again absent from the program and glia competitions (Icelandic wrestling) were organized. Wrestling matches took place on three mats in the open air. They lasted one hour, but finalists wrestled without limit of time. The match which confronted the Finnish wrestler Alfred Johan Asikainen and the Russian Martin Klein lasted 11 hours and 40 minutes and appear on the Guinness Book of Records. Both wrestlers, having the same score, were separated by two periods of three minutes of ground wrestling. The Russian finally defeated the Finnish who weighed 8 kilos more than he did. Exhausted by this match, Martin Klein could not beat the Swedish Johansson who won the gold medal for the 75 kilos.

A hundred years after the introduction of freestyle wrestling in the Olympic program, worldwide wrestling entered a new era with the acknowledgement of female wrestling as an Olympic discipline on the occasion of the Athens Games in 2004. This decision is part of the policy of the IOC that aims at establishing equality in sport, and legitimized the efforts made by FILA to sustain the development of female wrestling since the end of the 80s.

The strength of Haryana has always been wrestling and Boxing, but this time in CWG-2010, the Shooters and Athletes have also added to the glory of the state After the Beijing Olympics, the successful organization of CWG-2010, worked as a catalyst to boost the sporting spirit in the youth of Haryana. After the Common Wealth Games 2010, Haryana has emerged as a sports power house of the country with its players winning one third of medals won by the country in the recent Asian and Commonwealth Games. Haryana excelled in games like Boxing, Wrestling, Shooting and Athletics. Area wise Haryana 16 is at 20th position population wise 16th position with 2 per cent of total Two of the three gold medals in Boxing went to Paramjit Samota and Manoj Kumar, both are Haryanvi's. They hail from army backgrounds 18 and in fact, Kumar's father was also a boxer. They claim that personal anger about the lack of money and poor infrastructure made them aggressive, which worked in their favor.

**STATEMENT OF THE PROBLEM**

The purpose of the investigation to find out the contributions of Haryana men wrestlers and their achievement in the national competitions hence the title has been stated as.

**“Role of the Haryana State to Promote the Wrestling”****OBJECTIVE OF THE STUDY**

The objective of the study is to study the status of Haryana men wrestlers in relation to their achievement in the International competitions.

**DELIMITATION OF THE STUDY:-**

- The present study will be delimited to men wrestlers only.

- The study will be delimited to the National level/ International wrestlers who represented India in the national competition since 2015 to 2016,

**LIMITATION OF THE STUDY:-**

The study will be to men wrestlers of Haryana who represented India in the International competitions.

**RESEARCH METHODOLOGY****Data Collection**

This study is based on secondary data. The required data related to wrestling have been collected from various sources i.e. from FILA, IOC, IOA and Haryana sports department reports. The present study considers 2 years data starting from 2015 to 2016.

**Analytical Tools & Technique**

In order to analyze the collected data the statistical tools such as mean, tabulation, graphic presentation, percentages etc.

**Table:-1****Performance of Players in National Wrestling Championship 2015, Ranchi, Jharkhand(23<sup>rd</sup> to 26<sup>th</sup> April 2015)**

Posi tion	Name	Unit	Posi tion	Name	Unit
III	Ashish (42 Kg./FS)	DEL	III	Vikas (46 Kg./FS)	HAR
III	Ashu (42 Kg./FS)	MP	III	Monu (46 Kg./FS)	HAR
I	Rahul(50 Kg./FS)	DEL	I	Naveen(54 Kg./FS)	HAR
I	Sandeep(58 Kg./FS)	HAR	II	Vishal Kaliraman(63 Kg./FS)	HAR
III	Ashok(69 Kg./FS)	HAR	I	Sanjeet(76 Kg./FS)	HAR
I	Sombir(80 Kg./FS)	HAR			
II	Sunil(80 Kg./FS)	HAR			

**Performance of Players in National Wrestling Championship, at KD Jadhav Indoor Wrestling Stadium(28th to 31st December 2015)**

III	Manoj (59 Kg./FS)	HAR	II	Mehar Singh(130Kg./FS)	HAR
I	Manjeet (71 Kg./FS)	HAR			
III	Shru Bhagwan (71 Kg./FS)	HAR			

**Performance of Players in National Wrestling Championship, Guwahati Assam (21-24 Jan 2016)**

II	Surender(42 Kg./FS)	HAR	I	Ravinder(54 Kg./FS)	HAR
I	Pawan(58 Kg./FS)	HAR	III	Vikash Kumar(63 Kg./FS)	HAR
II	Sushant(69 Kg./FS)	HAR	I	Sanjay(76 Kg./FS)	HAR
I	Deepak(85 Kg./FS)	HAR	III	Naveen(76 Kg./FS)	HAR
			III	Navdeep Malik(100 Kg./FS)	HAR

**National Wrestling Championship, Nandini Nagar Indoor Sports Complex, Nawabganj, Gonda (U.P.) (24th to 27th February 2016)**

II	Amit Kumar(50Kg./FS)	HAR	I	Naveen Kumar(55 Kg./FS)	HAR
III	Jai Bhagwan (60Kg./FS)	HAR	I	Vikas(60Kg./FS)	HAR
I	Pritam(74Kg./FS)	HAR	I	Praveen(84Kg./FS)	HAR
<b>National Wrestling Championship, Gonda (U.P.) (22nd to 25th Oct. 2016)</b>					
III	Amit Kumar(57Kg./FS)	HAR-A	I	Amit Dhankar(70Kg./FS)	HAR-A
III	Pankaj(57Kg./FS)	HAR-B	III	Pritam(70Kg./FS)	HAR-B
I	Jitendra(74Kg./FS)	HAR-A	III	Somveer(8Kg./FS)	HAR-A
III	Satpal(74Kg./FS)	HAR-B	III	Mohan Singh(84Kg./FS)	HAR-A
II	Sachin	HAR-B	III	Prem(130Kg./FS)	HAR-B
III	Ravi	HAR	III	Mohan Singh(130Kg./FS)	HAR-A

## CONCLUSIONS

Haryana men wrestling team take part in 34<sup>th</sup> Boys Free Style, Greco Roman Style and 17<sup>th</sup> Girls Sub-Junior [Cadet] National Wrestling Championship held at Ranchi (Jharkhand) from 23<sup>rd</sup> to 26<sup>th</sup> April 2015 in different weight categories. All wrestlers made remarkable achievements in this Championship. Out of this, Sahil won Silver Madel (42kg) and Vikes, Monu got Bronze Medals (46kg), Naveen won Gold Madel. Sandeep won Gold Madel (58kg), Vishal got Silver Madel (63kg), Ashok won Bronze Madel (69kg), Sanjeet won Gold Madel, Naveen got Bronze Madel, Sombir won Gold Madel and Suni got Bronze Madel in this Champions.

Haryana men wrestling take part in 34<sup>th</sup> Boys Free Style, Greco Roman Style and 17<sup>th</sup> Junior National Wrestling Championship held at Ranchi (Jharkhand) from 23<sup>rd</sup> to 26<sup>th</sup> April 2015 in different weight categories. Out of this, Dinesh kumar won Gold Madel(74kg) , Samunder won Silver Madel( 74kg), Parveen won Gold Medal (84kg), Sandeep gets Bronze Medal( 84kg), Naveen gets Bronz Madel(96kg) in this Championship.

Haryana men wrestling team take part in 60<sup>th</sup> Men Free Style, Greco Roman Style & 18<sup>th</sup> Female Senior National Wrestling Championship held at KD Jadhav Indoor Wrestling Stadium, New Delhi from 28<sup>th</sup> to 31<sup>st</sup> December 2015 in different weight categories. All wrestlers made remarkable achievements in this Championship. Out of this Manoj won Bronze Medal (59kg), Manjeetwon Gold Medal (71kg), Dinesh got Bronze Medal (75kg), Sandeep won Bronze Medal (85kg), Mehar Singh won Silver Medal in this Championship.

Haryana men wrestling team take part in 35<sup>th</sup> Boys Free Style Junior National Wrestling Championship held at Nandini Nagar Indoor Sports Complex, Nawabganj, Gonda (U.P.) from 24<sup>th</sup> to 27<sup>th</sup> February 2016 in different weight categories. All wrestlers made remarkable achievements in this Championship. Out of this Amit Kumar won Silver Medal (50kg), Naveen Kumar won Gold Medal (55kg), Jai Bhagwan won Bronze Medal (60kg), Vikas won Gold Medal (60kg), Pritam won Gold Medal (74kg). Praveen won Gold Medal (84KG) in this Championship.

Haryana men wrestling team take part in 61<sup>st</sup> Senior Free Style National Wrestling Championship 2016 Nandini Nagar, Gonda (U.P.) from 22<sup>nd</sup> to 25<sup>th</sup> Oct. 2016 in different weight. Out of this Amit Kumar, Pankaj got Bronze Madel (57kg). Amit Dhankar got Gold Medal (70kg). Jitendra (74kg) won Gold Meadel, Satpal (74Kg), Somveer (86kg) got Bronze Madel, Sachin (98kg) won Silver Medal, Ravi (98kg), Mohan (130kg), Prem (130kg) got Bronze Medal in this Championship.

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