



## RELATIONSHIP BETWEEN PERSONALITY AND BEHAVIOUR ADJUSTMENT AMONG THE ARTS AND SCIENCE COLLEGE STUDENTS

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**ABSTRACT** The investigator wants to find out whether there is any significant difference between male and female arts and science college students in their extrovert and neurotic personality, and to find out whether there is any significant relationship between personality and behavioural adjustment of arts and science college students. The investigator used normative survey method for obtaining the data. 350 arts and science college students in Tirunelveli district are selected as a sample used random sampling technique. The result revealed that there is significant relationship between personality and behavioural adjustment of arts and science college students.

**KEYWORDS** : personality, behavioural adjustment, arts and science college, students, etc.,

### INTRODUCTION

Education is a dynamic process, which involves importing knowledge, generating interest and curiosity, invoking desirable attitudes and values and developing essential skills required for independent study. The college should provide various opportunities activities, health campaigns, literacy drives and other kinds of public services of educational aspects. This will break the barriers between the students attitude and society to make their experiences meaningful, lively, realistic and normal one.

### OBJECTIVE OF THE STUDY

1. To find out the level of Extrovert Personality and behavioural adjustment among arts and science college students.

### HYPOTHESES

1. To find out whether there is any significant difference between male and female's extrovert personality among arts and science college students.
2. To find out whether there is any significant difference between male and female's neurotic personality among arts and science college students.
3. To find out whether there is any significant relationship between personality and behavioural adjustment among arts and science college students.

### METHODOLOGY

The investigator used normative survey method for obtaining the data. The investigator selected 350 students of Arts and Science college in Tirunelveli district used simple random sampling technique. Personality Inventory scale by H.J. Eysenck (1950) and Behavioural Adjustment Inventory scale by A.K.P.Sinha (1980) was used to measure the students personality and behavioural adjustment. Arithmetic mean, Standard deviation, 't' test, Pearson's Product Moment Correlation were used for analysis of the data.

### HYPOTHESIS I

To find out whether there is any significant difference between male and female's extrovert personality among arts and science college students.

### DIFFERENCE BETWEEN MALE AND FEMALE'S EXTROVERT PERSONALITY AMONG ARTS AND SCIENCE COLLEGE STUDENTS.

**TABLE-I**

Variable	Gender	N	Mean	S.D	't' value	Level of Significance
Extrovert Personality	Male	173	9.28	2.59	3.28	Significant
	Female	177	10.26	2.55		

From the above table the computed 't' value is found to be 3.28 which is significant at 0.05 level. Hence, the null hypothesis is rejected. It is inferred that there is significant difference between the mean extrovert

personality scores of male and female students studying in arts and science colleges.

### NULL HYPOTHESIS II

To find out whether there is any significant difference between male and female's neurotic personality among arts and science college students.

Variable	Gender	N	Mean	S.D	't' value	Level of Significance
Neurotic Personality	Male	173	42.53	20.18	1.31	Not Significant
	Female	177	45.43	18.06		

From the above table the computed 't' value is found to be 1.31. Which is not significant at 0.05 level. Hence, the null hypothesis is accepted. It is inferred that there is no significant difference between the mean neurotic personality scores of male and female students studying in arts and science colleges.

### NULL HYPOTHESIS III

To find out whether there is any significant relationship between personality and behavioural adjustment among arts and science college students.

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S. No	Variables	Sub Sample	N	r value	Table Value		Level of Significant
					0.05	0.01	
1	Gender	Male	173	0.52	0.362	0.466	Significant
		Female	177	0.63	0.362	0.466	Significant
2		Male	173	0.39	0.352	0.422	Significant
		Female	177	0.38	0.359	0.431	Significant

The above table shows that the computed 'r' it is inferred that there is a significant positive correlation relationship between Extrovert personality and Behavioral adjustment among male and female. Further it was executed that there is a significant positive correlation relationship between Neurotic personality and Behavioral adjustment among male and female. Also considering the overall score there is a positive and significant relationship.

### FINDINGS

1. There is significant difference between the mean extrovert personality scores of male and female students studying in arts and science colleges.
2. There is no significant difference between the mean neurotic personality scores of male and female students studying in arts and science colleges.
3. There is a significant positive correlation relationship between Extrovert personality and Behavioral adjustment among male and female. Further it was executed that there is a significant positive correlation relationship between Neurotic personality and Behavioral adjustment among male and female. Also considering the overall score there is a positive and significant relationship.

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