



A CROSS SECTIONAL STUDY TO ASSESS THE RELIEF AMONG THE ADENOCARCINOMA PROSTATE PATIENT ATTENDING HOMOEOPATHIC CLINIC IN INDORE CITY.

Dr. A. K. Dwivedi

Professor & Head of the Department, Gujarati Homeopathy college, Indore, Madhya Pradesh

ABSTRACT

Prostate cancer is cancer that begins in tissues of the prostate gland. Most Prostate Cancers are slow growing in nature and the primary risk factors are obesity, age and family history. The cancer cells may metastasize (spread) from the prostate to other parts of the body, particularly the bones and lymph nodes. In this paper studies have been done on 50 patients between age groups 60 to 90 years. These patients were treated with the homeopathic medicines as per the symptoms.

KEYWORDS : Adenocarcinoma Prostate, homeopathic, patients, symptoms

1. INTRODUCTION:

Currently, most cases of prostate cancer are identified by screening in asymptomatic men. Symptoms of prostate cancer include the following:

- Urinary complaints or retention
- Back pain
- Hematuria

However, such symptoms are often from diseases other than prostate cancer (eg, urinary complaints from benign prostatic hyperplasia [BPH]). Physical examination alone cannot reliably differentiate benign prostatic disease from cancer.

Findings in patients with advanced disease may include the following:

- Cancer cachexia
- Bony tenderness
- Overdistended bladder due to outlet obstruction

Prostate cancer is caused by changes in the DNA of a normal prostate cell. Cancer can be caused in part by DNA mutations that turn on oncogenes or turn off tumor suppressor genes. Several inherited mutated genes have been linked to hereditary prostate cancer, including:-

1. RNASEL
2. BRCA1 & BRCA2
3. DNA mismatch repair genes (MSH2 & MLH1)
4. HOXB13

Sometimes cell division shows error like leaving defective DNA in the new cell. The more quickly prostate cells grow and divide the more chances there are for mutations to occur. Therefore, anything that speeds up this process may make prostate cancer more likely. Eg.: Testosterone promote prostate cell growth. Having higher levels of androgens might contribute to prostate cancer risk in some men.

In this paper the study is carried out on 50 patients of different age groups and their healing process was monitored carefully over the period of treatment with the help of homeopathy medicines.

2. MATERIALS AND METHODS:**2.1. Study Design:**

50 Adenocarcinoma Prostate patients attending the clinic were assessed by using a questionnaire includes International Prostate Symptom Score before the treatment and were assessed after the treatment taken period of 3 months.

2.2. Study Population:-All the Adenocarcinoma Prostate

Patient attending the clinic who have taken treatment at least 3 months were assessed by using International Prostate Symptom Score before and after the treatment for bph like symptoms, haematuria and bone pain were assessed by using the questionnaire.

A total of 50 patient were taken among them

Age Group	Percentage
60 to 65 years	2-3%
66-75 years	68-72%
76-90 years	20-25%

3. RESULTS & DISCUSSIONS:**3.1. Percentage of relief Observed in various age groups for various symptoms:**

S. No	Symptoms	Percentage of relief observed in sample		
		Age group 60 to 65 years	66-75 years	76-90 years
1	Frequency	90	82%	68%
2	Intermittency	80	74	62
3	Urgency of urination	94	88	65
4	Haematuria	99	92	87
5	Straining	78	70	64
6	Nocturia	94	87	67
7	Weak stream	88	80	64

3.2. Effect of Various homoeopathic medicines on Different Symptoms in the case of adenocarcinoma of prostate:

Symptom	Medicines	Result Percentage	Remark
P.V.R.	ApisMell	90%	
	Apocynum	84%	
	Nitric Acid	72%	
Size of prostate	Conium	88%	
	SabalSerrulata	58%	
Burning Micturition & Pain Management	Capsicum	70%	
	Cantharis	30%	
	Arnica	24%	
Hematuria	Hamamellis	85%	
	Phosphorus	64%	
Peculiar medicine for diagnosed carcinoma of prostate	Cundurango	54%	Helps in Reducing PSA level on pathological grounds.
	Carcinosinum	48%	

4. CONCLUSION:

Patients suffering from Adenocarcinoma consulted for Homeopathic Treatment most of them are benefited in most shortest duration by using 50 millicimal potency of medicines on the basis of symptoms totality & after proper assessment of their investigations homeopathic medicines prescribed which gives desired relief in symptoms.

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