



consolidated rocks. Six major aquifers demarcated in Nagaur district, include older alluvium, Tertiary sandstone, Nagaur sandstone, Jodhpur sandstone, Bilara limestone and Pre-Cambrian metamorphic (Vyas, 1999, 2010, 2015; Vyas and Paliwal, 2001; Gaur and Vyas, 2007) (Table – 1).

Makrana block is comprising of Consolidated and Unconsolidated Formations The consolidated formations of Makrana block is comprise of metamorphic rocks like schists, gneisses, quartzites and

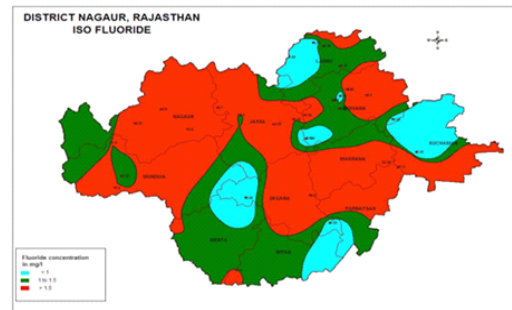
phyllites of Precambrian age and sedimentary rocks like limestone and sandstone of Marwar Super Group. Metamorphics are normally impervious except in the presence of a few weak planes, joints, weathered zones and kinks which contain moderate and limited quantity of groundwater. Quaternary alluvium is the main aquifer which is comprised of unconsolidated to loosely consolidated fine to coarse grained sand having intercalations and intermixing with silt, clay with 'kankar'. Groundwater occurs under unconfined to semi-confined conditions.

**TABLE – 1. Characteristics of Hydrogeological units of Nagaur District. (modified after Gouran and Vyas, 1998, Vyas, A. & Paliwal, B. S., 2001)**

S. N.	Aquifers	Ave. depth to water in mts	Water level variation	EC value in micro siemens/cm at 25°C	Yield of well & TW in M3/day	Transmissivity in M2/ day
1.	Older Alluvium	25.70	2.30-71.80	4000-8000	12-720	106-1793
2.	Tertiary Sandstone	34.90	6-58.20	4000-8000	18-648	254-1367
3.	Nagaur Sandstone	38.45	3.20-80	4000-8000	10-344	-
4.	Jodhpur Sandstone	35.27	7.55-74.70	< 4000	18-540	504-736
5.	Bilara Limestone	40.00	4.95-80.90	4000-8000	18-540	362-612
6.	Granite gneisses, schists etc	19.13	3.00-49.90	4000-8000	18-540	-

**Quality of Groundwater**

The major problems in Makrana block is the excess amount of fluoride in the groundwater. The maximum emergency limit of fluoride (as F) in drinking water is 1.5 ppm according to BIS(1992). Out of 33211 fluoride affected villages in the country, Rajasthan has 16560 villages. Nagaur district lies in central part of the Rajasthan state also having high fluoride groundwater prone areas (Figure – 2). High concentration of fluoride in a particular belt of the district is so remarkable that it is known as BANKA PATTI area (Banka -distorted, Patti-belt). The term BANKA PATTI (a strip of land where deformed people reside) has been in use in Rajasthan since long and refer to a specific belt near Makrana. It is in the South-eastern part of the district covering parts of Parbatsar, Makrana and Degana blocks where in some villages the fluoride concentration in groundwater is much over 4 ppm. About 64% villages of Nagaur district are endemic to fluoride related problems. All types of aquifer in Nagaur district have shown a high concentration of fluoride in the groundwater (Vyas, 2015). Excess Fluoride prone areas of Makrana block of Nagaur district (F-1 values: 5 mg/lit and above) are given in Table – 2.



**FIGURE – 2. Map showing distribution of Fluoride in Nagaur District(Source – Central Groundwater Board, Western Region, Jaipur -2013)**

The occurrence of high fluoride concentration in groundwater has now become one of the most important health related geo-environmental issues in the block. The problem of fluoride has social implications as well. Fluoride Content in drinking water exceeding the prescribed permissible limit has become a serious health hazard to human population residing in several villages of this block. Fluoride's presence in groundwater has drawn attention of society, due to its impact on human physiology. Deficiency of Fluoride (<0.6 mg /lit) causes dental caries and excess amount (>1.5 mg /lit) causes dental and skeletal fluorosis and other manifestations. Drinking water is considered as the major contribution to fluoride entering the human body. Other sources of fluoride entering the body are food, industrial exposure, drugs and cosmetics etc (Vyas, 2015).

**TABLE – 2. Excess Fluoride prone areas of Makrana block of Nagaur District of Rajasthan. (F<sup>-1</sup> values: 5 mg/lit and above)**

Name of villages					
5.0 to 8.0	>8.0 to 10.0	>10.0 to 15.0	>15.0 to 20.0	>20.0 to 25.0	>25.0 to 35.0
Asarwa, Altawa, Bhaiya Bada,Dabariya , Jiwadiya, Kheri Seela, Manani, Makrana, Mangalwa, Mokhampura, Nandoli, Ramsiya and Sapher Badi	Sivarasai	Akhepura, Amarpura, Chhapara, Gehra, Kalwa, Kukrod, Midhyan, Sarnawara and Suratpura	Dobri Sanwaldas, Jaswantpura, Kheri Leela and Mori	Dheersar	----

(Source-State Groundwater Department, Rajasthan)

The problem of fluoride has socio-economic implications. Fluorosis; a disease caused by excess intake of fluoride through diverse sources. More than 62 million people in India are affected with dental, skeletal and/or non-skeletal fluorosis. Drinking water is considered as the major contribution to fluoride entering the human body. **Dental fluorosis** is a condition that results from the intake of excess levels of fluoride during the period of tooth development, usually from birth to approximately 6–8 years of age. **Skeletal fluorosis** is appear at higher levels of ingestion from 2 to 8 mg daily when signs of fluorosis appear in teeth mineralized during the ingestion period, certain other factors (climatic conditions, malnutrition, age, storage, other constituents of water and possibly individual variations in absorption) may be involved. Under such conditions and over a number of years, skeletal fluorosis may arise characterized by an increased density of bone and demonstrated in adults radiographically.

**CONCLUSION**

Overexploitation of groundwater resources in Makrana block resulting in depletion of water table at alarming rate, desaturation of aquifers and deterioration in chemical quality of groundwater. In Makrana block of Nagaur district the groundwater quality is poor for healthy beneficial. The fluoride is a major problem which is too high from permissible limits. The concentration of Fluoride in Makrana block mainly comes from Schists , Gneiss and Limestone of Proterozoic age; and. having adverse effects on human health and have to be minimised by proper action of regulatory authority.

Therefore, it is exigency to aware the people regarding hazardous effect of fluoride. To mitigate the problem it is essential to popularize simple and economically viable techniques of defluoridation, cultivation of habits and adequate intake of calcium and vitamin-C diet, prohibition on use of fluoride enriched products. Excessive fluoride ingestion by human beings can be prevented by using the alternate water sources including Canal System (Vyas,2015).

Therefore study area is recommended for adoption of adequate measures for conservation and judicious management of groundwater resources. Groundwater storage of depleted aquifers can be improved by adopting various suitable artificial recharge methods. Rainwater harvesting through roofs of the houses to the underground tanks for drinking purposes should be promoted (Qureshi and Vyas, 2017). Roof top rainwater harvesting in the study area offers a good source of drinking water. For long term solution of potable drinking water and

irrigation, Canal will be the next alternative in near future. Application of remote sensing and geographic information system (GIS) can be used for better management schemes.

Marble mining activities in Makrana have led to a large scale land transformation causing obliteration of slopes, water ponding and flooding, derelict lands. Marble slurry and mining waste disposal dumps and mining below water table (50-60 meters below ground level) pose severe threat to safety and health besides causing soil, water and air pollution. For sustainable development and to check the environmental degradation the mechanized mining, reclamation of the quarried landscape and finding use of marble slurry etc. are corrective measures should be taken up immediately.

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