



Ayurveda

ACALYPHA INDICA LINN (EUPHORBIACEACE)(ERNDA KULAM)

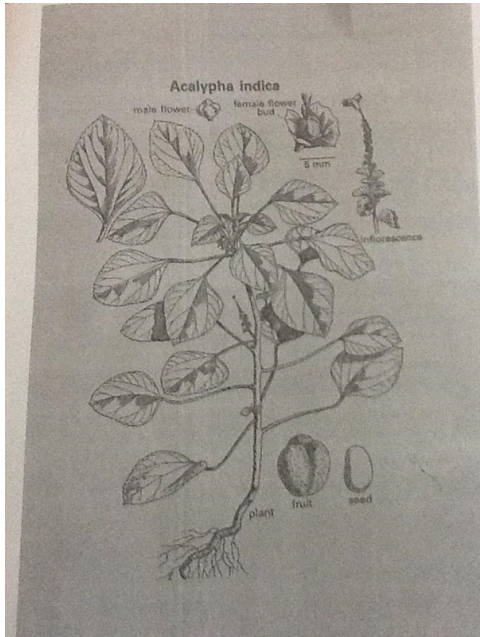
Dr. TM. Shivanandaiah

Chief Ayurvedic consultant, Prakash Pharmaeuticals, vidyanagar Shivamogga-577203 ,Karnataka (India)

Dr. Kantharaj TM*

Government Ayurvedic Medical college and Hospital physician, Shivamogga, Karnataka *Corresponding Author

KEYWORDS :



Height of plant 1 to 2 ft.

The drug which I used on hundreds of cases in respiratory distress problems.

English	: Indian acalypha
Hindi	: Kuppi khokil
Kannada	: Kuppi gida
Malayalm	: Kuppameni
Sanskrit	: Harita manjari
Tamil	: Kuppameni, kuppaveni
Telugu	: Kuppichettu, kuppinta, Muripindi

A weed found throughout the plains of India.

Flowers male minute, female flowers in axillary spikes

Parts used: whole plant

Properties and uses: The plant is bitter acrid ,expectorant, Purgetive emetic, gastrointestinal irritant and diuretic.

The roots and leaves are used to treat skin diseases, constipation,

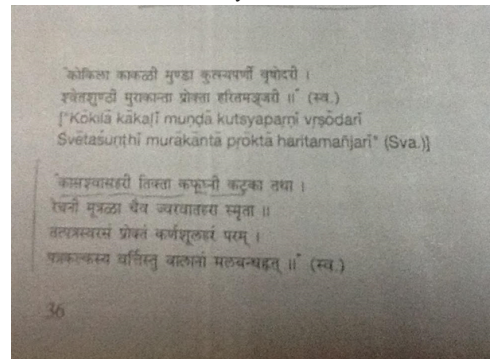
ulcers, bronchitis ,vitiated conditions of vata, kapha, otglia and croup.

Parts used : whole plant

System of Medicine : Ayurveda, folk ,Homeopathy, Siddha and unani. Whole plant decoction is used as laxative leaf juice as emetic Employed for cutaneous troubles Root, leaf and whole plant are used for worm infestaion, gingivitis burns heamorriods, cough, dyspnoea, constipation ,skin eruptions ulcers Bronchitis, ear diseases urinary diseases and purgetive and emetic.

I have tried in Respiratory distress and Asthama broncho pneumonia in children in any form you will find immediate response of relief in children and Adults too. I have tried on more than 500 cases. 1 to 2 tea spoonful of Extract of this whole plant is sufficient.

Interested research workers can try.



REFERENCES

books:

- 1). The herbs of our country
- 2). Medicinal plants of Aryavidyashala. vol 1