



LIFE PARTNER SELECTION SCALE FOR INDIAN CULTURE OF AGE -22 AND ABOVE

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ABSTRACT *Life partner selection scale's main aim is to identify the best matching partner and avoid unsuitable partners in life. Both wife and husband are equally important for each other and they both carry out an interdependent relationship. The reason for having a proper selection process in place is to identify the best matching partner and avoid unsuitable partner; getting to know potential partner and understanding strength and weakness of oneself. There are various questions in which some are negative, positive and biased. This test is applicable on the age of 22 years and above it can be applied to genders male or female. This test can make one happy, emotionally, to be attentive to their needs and to know when to give space or to make one happy sexually and try new bold and adventurous things. But the most important part is that you feel happy and your partner is happy. So find out all the factors and make a satisfying marriage.*

KEYWORDS :

INTRODUCTION

This scale is developed for selecting an ideal life partner. There are 39 traits for selection of partners and it is divided into three categories :

- I. Spurned
- II. Managed
- III. Optimized

I. Spurned category means neglecting a partner without stating any excuse

II. Managed category means being satisfied with the selected partners

III. Optimized category means being fully satisfied with selected partners

This test has some qualities to look for in a partner:

- Emotional maturity
- Openness
- Honesty
- Respectful and Sensitive
- Independent
- Empathetic
- Physically Affectionate
- Funny

So this scale has different types of traits and characteristics for partners.

METHODOLGY

This test is only used for selecting a matching partner and avoiding unsuitable partners. This is question based test. Use this test is interested to select life partner. Self decide that this partner is suitable for me or not.

There are 39 questions subject can respond with a "Yes" " Maybe" or "No".

This test is based on scoring system . Yes = 1 , May be = 0.5 and No = 0.

This test has three categories :

1. Spurned
2. Managed
3. Optimize

All categories are indicated with colours

1. Spurned = Red
2. Managed = Orange
3. Optimize = Blue

Who is that it category obtained-

1. Spurned = 0-13
2. Managed = 13-26
3. Optimize = 26-39

Spurned means this partner is unsuitable for life.
Managed means this partner is suitable for life.
Optimized means this partner is highly suitable for life.

Introduce the test to the subject and explain the characteristics about the test. Read it question carefully and give answers with own satisfaction. You mark on the questions as 'Yes', 'Maybe' and 'No'.

Eq. 1 point will be marked for a 'Yes' answer, 0.5 for a 'Maybe' and 0 point for a 'No' response. In case the respondent has not attempted a question, it will not be considered for evaluation. Add the final scores to identify the range. With the range find the grade level of partner selection.

Finally according to the grade find out conclusion of the scale.

Table - 1

GRADE	CATEGORIES	SCORING RANGE	KEYS	COLOURS
I	SPURNED	0-13	UNSUITABLE	RED
II	MANAGED	13-26	SUITABLE	ORANGE
III	OPTIMISED	26-39	HIGHLY SUITABLE	BLUE

NOTE-

Scoring range 0-13 – GRADE - I
13-26- GRADE - II
26-39 – GRADE- III

Number 13 is not included in Grade-I
Number 26 is not included in Grade-II
Number 39 is included in Grade –III

DATAANALYSIS

After implementing this test face some problems with females. Some female participant did not gave answers quickly. The male gender gave answers quickly. So female takes more time than male.

According to score maximum participated got Grade –II

Category - Managed.
Scoring Range -13-26
Keys -Suitable .

According to analysis 75. 3% Participated are satisfied with selection for partner.

Again some participated got grade –III
Category –Optimised
Scoring Range 26-39
Key –Highly Suitable

According to analysis 22.2% Participated are satisfied with selection for partner.

Few participated got Grade –I
Category –Spurned

Scoring 0-13,
Keys-Unsatisfied / Unsuitable
Percentage -2.5%

This scale proved that 2.5% people do not like partner for survive in life .According to survey Kerala and Tamil Nadu have a highest number of single women.

This test is more help for selection for partner.

There are 39 questions .All questions are divided into three perspective as a equal .

- No. of questions, i.e
- Grade- I-Positive Perspective
- Grade – II-Negative Perspective
- Grade – III – Unbaised Perspective

All items are measured and represent feeling ,emotions, attitudes, desires and perspective of future for suitable life partners. Suitable life partners are helping in finding out to future life. If both partner have matching and suitable partner may be decrease of divorce ratio, domestic violence, suicidal tendency, marital problems and family crises.

According to Meredith Hansen, Psy.D, a psychologist and relationship expert:

Trust ,Commitment and vulnerability.
Trust allows a couple to know that their partner is there for them, truly cares about them is coming from a good place and supports them.
On the basis of this test can find out easily trust, commitment and vulnerability of the life partner.

Positive Perspective have 13 Items:-

According to research in Indian population whose age group is 22 and above
Sex –Male and Female.
Education Qualification : Graduation and Higher Education

Table -3 Positive perspective in the percentage :-

ITEMS NO.	YES	MAY BE	NO
01	79.2%	16.7%	4.1%
02	91.7%	8.3%	0%
05	87.5%	8.3%	4.2%
10	70.8%	20.8%	8.3%
14	75%	20.8%	4.2%
18	87.5%	12.5%	0%
19	62.5%	29.2%	8.3%
22	91.7%	6.5%	1.8%
23	37.5%	45.8%	16.7%
28	62.5%	25%	12.5%
30	73.9%	17.4%	8.7%
31	87.5%	12.5%	0%
39	45.8%	37.5%	16.7%

NOTE :-Some respondents give 100% answer (Including Yes & Maybe) Questions No.2,18 and 31.

TABLE -4 Negative perspective in the Percentage:

ITEMS NO.	YES	MAY BE	NO
03	12.5%	25%	62.5%
04	0%	33.3%	66.7%
06	17.4%	47.8%	34.8%
07	20.8%	41.7%	37.5%
08	13%	34.8%	52.2%
09	5%	0%	95%
11	20.8%	25%	54.2%
12	3.6%	4.7%	91.7%
15	12.5%	33.3%	54.2%
20	25%	33.3%	47.7%
24	8.3%	4.2%	87.5%
36	25%	33.3%	41.7%
37	14.3%	28.6%	57.1%

NOTE: Some respondents give 100% answer (Including No & May be) Questions No.04.

TABLE -5 Unbiased perspective in the Percentage :

ITEMS NO.	YES	MAY BE	NO
13	37.5%	20.8%	41.7%
16	26.1%	39.1%	34.8%
17	54.2%	25%	20.8%
21	37%	29.2%	33.3%
25	25%	45.8%	29.2%
26	37.5%	50%	12.5%
27	62.5%	29.2%	8.3%
29	29.2%	37.5%	33.3%
32	45.8%	41.7%	12.55
33	20.8%	20.8%	58.3%
34	70.8%	25%	4.2%
35	62.5%	33.3%	4.2%
38	16.7%	29.2%	54.2%

- Note :
- *75.3% has suitable person for partner selection in Indian context.
 - *22.2% has highly suitable for partner selection in Indian context.
 - *2.5% has unsuitable person for partner selection in Indian context.

DISCUSSION AND CONCLUSION

The objective of the test was completed

The test had following objectives:

- *Selection of the right life partner
- *Fulfilling the all process of partner selection
- *Finding out the feelings, motivations, emotions, attitudes and nature of the respondent
- *Find out different characteristics of partner
- *Search dimension of motivation of partner
- *This is self-demonstrate scale
- *No needs to experts in professionals
- *Parents can use this test for their own son/daughter
- *This scale have simple strategies for assessment
- *Scoring key and norms are very comprehensible
- *This test can use only by male and female gender
- *This scale focuses on acts as an optimist and take sunny decisions with life partners
- *This test is highly authentic
- *This maturity scale is like a checklist so any respondent can apply yourself
- *This test will help to reduce in toxic relationship.

CONCLUSION:

The Life partner selection scale is the perfect for selection of partner in Indian context. It is acknowledging your feelings your healthy boundaries and mental maturity. So that subject can build their own confidence for selecting of partners.

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