



ROLE OF SPORTS AND PHYSICAL EDUCATION IN NEW EDUCATIONAL POLICY 2020

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ABSTRACT No country can progress without education has been given much important since ancient Indian times after the independence of India the government had adopted a five years plan to make progress in various field by accepting the state constitution among them education in an important medium the new education policy replace the previous national policy on education sports and yoga under the n e p 2020 the primary objective of education is over all personality development complementing to this objective the paradise of a physical education sports and yoga are integrated under the national education policy NEP 2020

KEYWORDS : Education policy, physical education, sports, yoga, fitness

INTRODUCTION:-

Education is a most important factor for the development of early nation India is a growing rapidly as a global superpower to face the challenges to the country and the keep up with the pace of the world. Mentioning health is a prime importance giving trust to Healthy society physical education sports and yoga are of great significance in today's world it is good news for school going Sports into GST as part of the national education policy and NEP 2020 implementation Sports Wilson be made part of the school curriculum there will be a dual role of the school and their sports teachers one will be a Gage of interest of the student in sports and lower their talent (Amar Ujala 31st July 2020) NEP 20-20 AIIMS to bring out a system of holistic education. Currently sports is considered and extracurricular activity in schools and colleges and activities either happen once or twice week or often academic awards under the new system sports will become apart and pear of schools and college education system.

Encourages holistic education:-

Sports village India's largest youth sports platform in is in support of the emphasis on holistic development of a children in the new education policy weep 2020 the new nep includes several key points that are instrumental for the holistic development of the child by eliminating the raids separation between curricular and extracurricular activity the NEP acknowledges sports to be equally important as any other subject like English or Science their by increasing the phone and engagement that children's desperately seek in school. Pro play a children's can develop a physically mentally and socially and we have also found play to contribute positively to academic outcomes classrooms behavior and attendance level (Government of India 1986) We expect that sports and play will be delivered and a safe with the same reason and structure as core academy subjects there by insuring all children's experience the magic of a play and sports and we develop a nation of healthy and filter children throw the school system the emphasis and vocational education is also a great steps towards all round development of children's and we hope children's will be able to choose physical activity and sports as the vocational subject (Hindustan Times 2020).

Phases of new education policy:-

The phases of new education policy are divided into four pages in the new policy it has been completely abolished the old education policy was organized on the 10 + 2 formula but the new education policy is used on the 5 + 3 + 3 + 4 formula the new pattern to follow the new policy the foundation stage of a new education policy for 3 to 8 years included the middle stage period of a has been fixed for 3 years in the state children's for 6th grade to it grade have been included in which subject based for the children for 6 young grade Hindustan times 30 July 2020 secondary stage of the new education policy is a four years 5th grade in this stage students for the standard included in this intense you study of the subjects will be done within the stage the educational curriculum of 8 and 12 standard processing body for the assessment of the progress of student a new National assessment centre will be established (M.M Goel-2020)

Provision for the higher education:-

The provision for higher education institution under national education policy 2020 it has been targeted to increases for 36% 2018 to

50% also 3.5 core new seat will be added in higher education institution the gross enrollment ratio is the number of a total eligible population at or education level who has taken admission in educational institution for all type of the higher education expect medical and legal education a higher Education commission of India will be set up which will replace the uses and institute will be world dressy there will be general entrance test which will be conducted by the national testing agency it will be and a target to achieve 100% youth and adult literacy by 2013 has been done (India Today 2020)

Provision of physical education:-

Provision related to the physical education under the new education policy 2020 along with the education of students skill will be will also be developed in which all students from the minimum class will be given training in subject like yoga music dance force and capture etc so baby profession in physical activities as well as other types of skills.

Recommendation:-

The various papers in the subject of a physical education sports and yoga of undergraduate program in a cover discipline specific discipline relative health education and skill enhancement courses shall be throw by the physical education faculty the committee recommended that from 2022 to 23 the physical education sports and yoga discipline core subject shawl be considered under science stream as it is under state (Singh Saroj 30 July 2020)

Health and wellness paper shall be throw by physical education faculty only physical education faculty shall be in rich with additional knowledge through short term course workshop refresh refresher and training programs as per requirement appropriate sporting and yoga infrastructure and necessary books reference is materials shall be in used at all higher education institution (Kumar Singh 2020)

Research methodology:-

The secondary source are given importance is MS paper the secondary source of information use are the papers articles and Research journals newspapers faces and books of a famous philosopher

CONCLUSION:-

The new national education policy 2020 which has been approved by the central government to change the Indian education system to meet other need of 21st century India if it is implemented successfully this new system will make India's one of the world leading countries force and been given place to Pride a national education policy.

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