



## HYPER IgE SYNDROME – A CASE REPORT.

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## KEYWORDS :

## INTRODUCTION

Hyper IgE Syndrome is a group of primary immunodeficiency disorders with overlapping and distinct immunologic and non-immunologic features. It has two types of presentations. Type 1 is an autosomal dominant disorder with STAT 3 mutation. Type 2 is an autosomal recessive type with DOCK 8 mutation.

## Case Report

A 6 year old female presented to us with % fever, cough and mild chest pain for 1 month.

Past history: There was history of similar episodes in the past with 4-5 hospital admissions where she was treated with antibiotics and previous hospital admission for 10 days 1 month back with pus accumulation in chest where an ICD was inserted. There was history of retained primary teeth.

## Clinical Examination

On examination:

Vitals: HR -98/min, RR -34/MIN, Spo2-95% on RA.

Chest-decreased air entry of right side.

Rest of the systemic examination was normal.

L/E: multiple pustules on the neck and trunk.



## Investigations :

- Hb: 11.4, TLC -8400 (p 70, L 26), AEC=700.
- LFT: normal, KFT: normal CRP > 24 mg/dl
- Blood culture: sterile
- X ray chest - Homogenous opacity on right side.
- Ultrasound chest - loculated collection with internal echoes in right pleural cavity with a depth of 2 cm.
- CECT chest right sided multiple emphysematous bullae with loculated pleural effusion Due to strong suspicion for immuno deficiency (HIES/CGD), we worked up for the same.
- Serum IgE =7064 IU/ml, rest Ig levels normal. HIV -NON REACTIVE
- STAT 3 MUTATION -POSITIVE.

The NIH clinical feature scoring system had AD -HIES scoring of 40 points. So the diagnosis of HIES was made.



## Treatment:

IV antibiotics and ICD insertion.

Discharged on prophylactic antibiotics (FLUCONAZOLE and SEPTRAN) and follow up. The patient was referred for curative treatment /HSCT at a specialized center.

## DISCUSSION

HYPER Ig E syndrome is a rare primary immunodeficiency disorder characterized by recurrent eczema, skin abscesses (cold abscesses), lung infections, eosinophilia and increased serum IgE levels.

INCIDENCE : 1: 10 00000

- Affects males and females equally, children can become symptomatic within the first few days to weeks of life.
- STAT 3 mutation is characterized by mucocutaneous candidiasis, typical facial appearance, hyperextensibility joints, retained primary teeth, bacterial pneumonia and recurrent infections.
- DOCK 8 mutation characterized by recurrent viral infections, allergic manifestations, malignancies and neurological complications.
- Diagnosis is based on the HIES scoring system developed at NIH in which patients are evaluated for the existence and severity of clinical and laboratory features
- Antimicrobials and IgG replacement are essential in the care for patients with STAT 3 MUTATION, whereas HSCT is curative in DOCK 8 mutation

## CONCLUSION

Hyper IgE syndrome can present as empyema thoracis and must be considered a possibility in recurrent cold abscesses and empyema.

## OUTCOME:

early diagnosis and treatment of infections give good outcomes in patients with AD-HIES. But early consideration of HSCT should be made in patients with AR-HIES due to its more severe nature.

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