



## Homeopathy

## HOMEOPATHIC MANAGEMENT OF NOSE BLEEDING

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**ABSTRACT** Nose bleeding is very common these days. Nose bleeding is haemorrhage from the nostril. In special issues, Nose bleeding may cause massive blood loss and, in some cases, may lead to even death. It normally begins in the anterior nasal cavity. Nose bleeding has been reported from about 50 to 60 percent of the general population. The situation has a bimodal spreading, with maximum occurrence at ages of 2 to 10 years and more than 50 years. It is observed that Nose bleeding appears often in males than in females. In this paper we discuss about how Nose bleeding can be cured by homeopathic medicines.

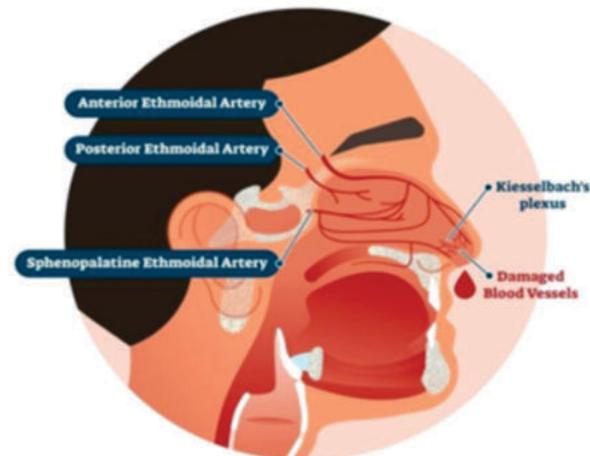
**KEYWORDS :** Haemorrhage, Nostril, Nasal Cavity, Nose Bleeding Homeopathic

**INTRODUCTIONS:**

Generally, Nose bleeding is caused due to dryness of the nasal lining or allergies or common colds or due to some nasal injuries. It may sometimes also occur due to bleeding syndromes or swellings.[1] It may also happen due to picking nose which increases the chances of nosebleeds. The dryness of the nasal inside layer can also be initiated by recurrent exposure to air-conditioning, which raises the probability of nosebleeds.[2]

It may be a sign of weakened mucous membrane. Bleeding from nose can occur unexpectedly, impeding life and rendering all worried and restless. Blood loss in the majority of cases occurs from the front and bottom parts of the nose, with more acute blood loss occurring from the back of the nasal opening.[4]

During a nosebleed, blood flows from one or both nostrils. It can be heavy or light and last from a few seconds to 15 minutes or more. In some cases, high blood pressure can also be a reason. Rubbing ice alongside your nose can be efficient in controlling nose bleeds. The ice helps in reducing the enlargement in the blood vessels.[1,2]

**Images Of Nosebleed Causes****Causes Of Nose Bleeding:**

- Bleeding syndromes
- Substantial dosages of blood diluents
- Cancer
- Distress to the nose
- Too much picking of the nose
- External body trapped in the nose
- Contaminations
- High blood pressure

**Diagnoses Of Nose Bleeding:**

- Drug Testing,
- Blood Tests,
- Allergy Skin Testing, And
- X-Ray,

- Ct Scan,
- Nuclear Scans
- MRI

**The First Aid Measures To Treat Nose Bleeds Are As Follows:[2]**

Sit down firmly, pinch the soft part of your nasal cavity just above your nostril for few minutes. Place a covered ice pack on the bridge of your nose. Lean forward and breathe through your mouth that will drain blood down your nose instead of your throat. Stay upright rather than lying down.

**Homeopathic Management:[5,6,7,8,9,10,11,12,13,14]**

Homeopathy is extremely helpful in eliminating the continuous affinity of Nose bleeding in a person. The homeopathic medicines intend at improving the original source that is leading to the nose bleed. Homeopathic therapy can give permanent relief to nosebleed without any side effects. As homeopathy therapy is designed in such a way by which it helps in fixing the vital balance in the body, it is a perfect therapy for the management of nosebleeds.

In Shivang Homeopathic Medical College and Hospital, Bhopal we have treated following patients of different age group:

Sr. No.	Age Group	Number of Patients
1	2 to 10 years	124
3	Above 50 years	62

As per the diagnosis of the patients of different age group following medicines were prescribed:

Sr. No.	Name of Medicine	Purpose
1	CINA, FERRUM PHOS & HAMAMELIS	Children suffering from worms should be given.
2	KALI BICH	Cold, Preceded by pressure and tightness at the root of the nose.
3	CROCUS SATIVUS	Dark or black, stringy nasal bleeding
4	PHOSPHORUS	Control bleeding from various body parts.
5	CARBO VEG	Suffering from frequent episodes of nasal bleeding.
6	MELILIOTUS	Relief from congestive headaches
7	LACHESIS	Treating various bleeding tendencies
8	BRYONIA ALBA	All the serious Membrane.
9	BELLADONNA	Tingling in tip of nose
10	PULSATILLA	Stoppage of right nostril

**CONCLUSION:**

In our homeopathy clinic we have analysed the results of treatment of around 200 persons of different age group and found the if proper homeopathy treatment with regular follow ups has been done, than the nose bleed can be completely cured by homeopathic treatments.

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