



EFFECTIVENESS OF COMMUNITY BASED PARTICIPATORY NURSING INTERVENTION (CB-PNI) ON DEPRESSION AND SOCIOECONOMIC STATUS AMONG UNEMPLOYED

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ABSTRACT Many factors play an important role in the journey of our daily life, the economy is the most important factor in meeting basic needs of our family. Livelihood and their happiness are an index for quality of life in a family. The study aim to assess the effectiveness of community based participatory nursing intervention (CB-PNI) on depression and socioeconomic status among unemployed. The investigator use quasi experimental, non-experimental control group design to assess the effectiveness of community based participatory nursing intervention (CB-PNI) on depression and socio-economic status. Sample size will be done using sample power analysis however a minimum of 20 samples for each group will be taken for the study total samples are 40 participants.

KEYWORDS : Economy, basic needs, happiness, quality of life, community based participatory nursing intervention (CB-PNI) and depression.

INTRODUCTION

Unemployment can't be overcome as an individual problem. Unemployment directly or indirectly causes many social problems like poverty, criminal activities, money laundering, drug addiction and personal problems like depression, low self-esteem.

According to a study by the Economic Monitoring Centre of India (EMCI) 2016, Haryana and Rajasthan have the highest number of job losses, the unemployment rate in urban India stood at 24.95%, while in rural India it was 22.89%.

The psychological, financial, and social factors shape employee deviant interpersonal behaviour during a pandemic and the results revealed that depression is positively related to employee deviance. Financial strain is a major cause of perceived isolation, depression, and deviant behaviour among front-line employees. Results also proved that social support reduces fear of isolation, depression, and employee deviance.

The community based participatory nursing intervention (CB-PNI) will be designed by the investigator Purposive sampling technique will be used for selection of samples.

This package will be administered in a group of 5-10 participants. The intervention will contain the following but not restricted to.

Table-1

GENERAL DETAILS
Unemployed for last 2 years with mild and moderate level of depression
Who only have mild to moderate depression
Who have low and moderate socio-economic status.

Sample size was calculated based on Yang Wang et al. previous study prevalence of depression among unemployed adults of 67.7% with 95% confidence limit and 13% of relative precision of estimate using the following formula. Sample size calculation

CONCLUSIONS

Community based participatory nursing intervention (CB-PNI) helped the unemployed in improving their socioeconomic status and reducing the level of depression.

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