



"DALE VIEW" REFERS TO A CASE STUDY ON ALCOHOL ADDICTION, POTENTIAL AREAS OF INTERVENTION.

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KEYWORDS :

INTRODUCTION

The Dale View is a prominent social development organization that was founded in 1978 with the goal of empowering society, educating people, and finding jobs in order to create a just society. Founded in 1978, Dale View is a prominent social development organization whose mission is to empower society, create jobs, and educate people in order to build a just society. It is one of the leading organizations offering HIV prevention activities for transgender people, substance misuse prevention services, training, social justice and legal aid-related activities, and program support to the less fortunate segments of society. Dale View takes pride in being Kerala's first and leading organization serving the transgender population. Thirty highly skilled professionals from a variety of functional and thematic areas make up the organization's interdisciplinary staff.

This organization's founder, Shri. C. Christudas, is a true visionary whose vision has inspired others to dream bigger and make better decisions for themselves. The Dale View has successfully planned and carried out numerous innovative projects over the last 46 years that have benefited a sizable population in its specialty. A tsunami of social transformation has swept the country as a result of some of these creative ideas and models, which have served as inspiration for numerous other groups.

Objectives

1. To encourage social justice and freedom via community involvement
2. Assist the oppressed and weak in escaping poverty and enhancing their standard of living.
3. Encourage an eco-conscious culture for the economy's sustainable growth.
4. Empower the rural communities via education and skill development.
5. Providing sufferers of alcohol and drug addiction with treatment and recovery while keeping costs down.
6. Develop and carry out all-encompassing programs for housing, livelihood projects, water, nutrition, sanitation, and women's empowerment.
7. Conduct scientific research on social issues and serve as a research and development organization to encourage the efficient use of human and natural resources.
8. Work together with international and national groups to advance social justice.

Women Empowerment

- Samyuktha
- Formation and Development Of SHGs
- Income Generating Programmes
- Literacy Cum Skill Development Class

Dale View Addiction Case: Areas of Intervention

"Dale View" refers to a case study on alcohol addiction, potential areas of intervention might include:

1. Behavioral Interventions: Addressing maladaptive behaviors associated with addiction, such as substance use or compulsive behaviors.
2. Cognitive restructuring is the process of confronting and altering harmful thought patterns that fuel addiction.
3. Emotional Regulation: Teaching coping skills to manage emotions and stress.
4. Social Support: Building a supportive network to aid in recovery.
5. Environmental Interventions: Modifying environmental triggers that contribute to addiction.

6. Pharmacological Interventions: Utilizing medication to manage withdrawal symptoms or cravings.
7. Relapse Prevention: Developing strategies to prevent relapse and maintain long-term recovery.

Key Considerations:

- Individualized treatment plans
- Addressing underlying co-occurring disorders
- Ongoing support and monitoring

Dale View Care Point has recently focused on expanding its international treatment facility, implementing Universal Treatment Curriculum (UTC) training, and launching initiatives like the CHILD Curriculum training and Smoking Cessation Therapy. They also focus on child interventions, HIV Zero surveillance for transgenders, and offer outpatient mental health services.

International Treatment Facility Enhancements:

- **Inauguration of Enhanced International Treatment Facility:** This includes separate facilities for women with substance use disorders and family wards with therapeutic options.

Training and Education:

- **Universal Treatment Curriculum (UTC) Training:**

Dale View has been actively conducting both offline and virtual training sessions on UTC 1-6 and UTC 7-8 for substance use disorder treatment professionals. Colombo Plan, UNODC, and ISSUP approve these trainings.

- **CHILD (Child Interventions for Living Drug-Free) Curriculum Training:**

Dale View is working with the Colombo Plan's Drug Advisory Program to provide online training on the CHILD Curriculum in partnership with UNODC and ISSUP.

- **Smoking Cessation Therapy:**

The medical team is actively involved in providing smoking cessation therapy.

Specific Programs and Services:

- **HIV Zero Surveillance Centre:**

Dale View hosts a surveillance center for transgenders, in collaboration with the Kerala State Social Welfare Board, to combat HIV and provide a supportive environment.

- **Outpatient Mental Health Services:**

They offer mental health assessments, psychiatric consultations, and counseling services for individuals with mental health disorders or those struggling with life stressors.

- **Screening and Brief Interventions:**

These services are available for individuals with mild to moderate substance use disorder, including counseling sessions and psychiatric consultations.

Other Notable Developments:

- **State Award:**

The Dale View received a State award for its transgender TI project under the Kerala State AIDS Control Society.

- **New Reception:**

A new reception area was inaugurated at the Dale View College of Paramedical Sciences.

- **Accessibility:**

Dale View has enhanced its treatment center with wheelchair-accessible entrances, parking, and seating.

Training Offered by Dale View Care Point

Dale View Care Point offers various training programs related to addiction treatment and related fields, including: the Universal Treatment Curriculum (UTC) training; CHILD Intervention for Living Drug-Free (CHILD) Curriculum training; and courses on the Helping Relationship and Counselling Skills. They also provide customized internships in psychology, social work, and social sciences.

1. Universal Treatment Curriculum (UTC) Training:

- Dale View is an approved training provider for the Colombo Plan, facilitating offline and virtual training on UTC 1-6 and UTC 7 and 8.
- These trainings are for treatment and mental health professionals.
- The trainings cover topics like:
 - o The Science of Addiction (physiology and pharmacology)
 - o Treatment for substance use disorders (including recovery, stages of change, and evidence-based practices)
 - o Social stigma related to addiction
- UTC training is also approved by UNODC and ISSUP.

2. CHILD Intervention for Living Drug-Free Curriculum Training (CHILD):

- Dale View offers online courses on the CHILD curriculum.
- This curriculum is focused on addiction intervention and treatment for children with substance use disorders (SUDs).
- It's designed for professionals working in SUD prevention, treatment, and mental health.

3. Helping Relationship and Counselling Skills Training:

- This course provides an overview of the helping relationship and core counseling skills.
- It includes training in motivational interviewing, group counseling, and psychoeducation.
- Modules cover stages of change, group counseling basics, and psychoeducation for clients and their families.

4. Customized Internships:

- Dale View offers internships in psychology, social work, and social sciences.
- Interns can gain experience in psychotherapy, supervision, substance use disorder management, and exposure to other Dale View projects like the Transgender project, Shelter Home, and Kaval project.

Dale View Care Point provides a range of training opportunities in the field of addiction treatment, counseling skills, and related fields, with customized internship programs for students as well.