



CASE SERIES ON WARTS TREATED WITH INDIVIDUALIZED HOMOEOPATHIC MEDICINE

Dr. S.N. Sharma	H.O.D., Department of Organon of Medicine and Homoeopathic Philosophy, Dr. M. P. K. Homoeopathic Medical College Hospital and Research Centre (Under Homoeopathy University), Jaipur, Rajasthan, India.
Dr. Shri Mohan Sharma	Professor, Department of Organon of Medicine and Homoeopathic Philosophy, Dr. M. P. K. Homoeopathic Medical College Hospital and Research Centre (Under Homoeopathy University), Jaipur, Rajasthan, India.
Dr. Namrata Singh Kushwaha	P.G. Scholar, Department of Organon of Medicine and Homoeopathic Philosophy, Dr. M. P. K. Homoeopathic Medical College Hospital and Research Centre (Under Homoeopathy University), Jaipur, Rajasthan, India.
Dr. Sanskriti Mishra	P.G. Scholar, Department of Organon of Medicine and Homoeopathic Philosophy, Dr. M. P. K. Homoeopathic Medical College Hospital and Research Centre (Under Homoeopathy University), Jaipur, Rajasthan, India.

ABSTRACT **Background:** Warts are benign lesions of the skin and mucous membranes caused by human papillomavirus (HPV). They are common across all age groups and may persist for long durations. Homeopathy considers warts mainly as a manifestation of the sycotic miasm and treats them through individualized constitutional remedies. **Objective:** To assess the effectiveness of individualized homeopathic treatment in the management of different types of warts. **Materials and Methods:** This case series included eight patients with various types of warts treated at a homoeopathic outpatient department. Remedies were prescribed based on detailed case-taking, Kentian approach, repertorization using Homopath software, and Materia Medica verification. Patients were followed up periodically to assess clinical outcomes. **Results:** All cases showed complete resolution of warts within six months. Medicines such as Sulphur, Thuja occidentalis, Dulcamara, Sepia officinalis, Calcareo carbonica, and Causticum were prescribed. No adverse effects were observed. **Conclusion:** Individualized constitutional homeopathic treatment may be effective in the management of warts. Larger controlled studies are recommended.

KEYWORDS : Warts, Homeopathy, Case Series, Individualised Homoeopathic Medicine

INTRODUCTION

Warts are characterized by benign lesions. It appears on mucous membranes and skin.^[1] The term "warts" includes all morphological types of warts and may sometimes be used to refer to wart-like lesions, such as seborrheic keratosis or "seborrheic warts", which are not caused by HPV infection.^[2] HPV-associated warts are subdivided on anatomical or morphological grounds into (i) common wart (Verruca vulgaris); (ii) wart on the sole, plantar wart (Verruca plantaris); (iii) flat wart or plane wart, warts on face, shins and dorsum of hands (Verruca plana); (iv) warts surrounding nails (periungual verruca) and (v) genital wart (Condyloma accuminatum)^[3] (vi) Butcher's wart (vii) Filiform wart (viii) Focal Epithelial Hyperplasia (Heck disease) (ix) Cystic wart.^[1]

HPV (Human Papilloma Virus) can spread from one individual to another by direct contact or via the environment. It is not known exactly how long the infectious virus can persist outside the body, but the related bovine papillomavirus is believed to retain infectivity for months or possibly years, and the same may be true for HPV. Warts are a common skin infection worldwide, which is common in childhood but can occur at any age. A small cohort of observational studies has suggested that 5–30% of children and young adults have warts. Warts can persist for years with few or no signs of inflammation.^[2]

In the homeopathic clinical classification disease, warts are classified under one-sided disease, i.e., diseases with very few symptoms which are further categorized under external local maladies. Chronic diseases are classified into three main categories of miasms, namely, psora, sycosis, and syphilis. Warts come mostly under sycotic miasm. Local malady signifies that a visible change is localized to a particular part of the body. According to homoeopathic philosophy, there is an internal tendency to cause a disease along with external virulence. Homeopathic treatment of warts is largely through constitutional medicine, i.e., medicine selected based on the totality of symptoms of the patient. As there are very few or no symptoms, the morphology and location of the lesion can be considered in the selection of the medicine. Homeopathic repertory lists several drugs for the management of warts, namely, *Calcareo Carbonica*, *Causticum*, *Dulcamara*, *Natrum muriaticum*, *Nitric Acidicum*, *Thuja Occidentalis*, etc.^[3]

MATERIAL AND METHODS

Process of Study

In each case, symptom totality was evaluated and individualized homeopathic medicine was prescribed. These cases were recorded and presented after they were cured.

Ethical Approval

Not applicable.

Study Design

Clinical case study.

Consents

Appropriate patient consent forms have been signed by the patients. They have given consent for their photographs and clinical information to be used in the article. The patients understand that their names and initials will not be published and their identity will be concealed as best as is possible, but anonymity cannot be guaranteed.

Inclusion Criteria

Patients of all age groups, both sexes were included in the study.

Exclusion Criteria

Cases of warts with other serious dermatological lesion were excluded in the study.

Case No 1: A Case of Verruca Plana

Patient Information

This report presents a case of 35-year-old female patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. She presented in OPD on 11/08/2023 with popular, pinkish and firm skin lesion on neck region for 1 month. The skin lesion was increasing in numbers and itching. The itching aggravated by heat, damp weather and touch. The patient was a home-maker. Her thermal is hot. Her appetite was decreased and was thirstless. She had the craving of sweets. Her bowel movements were regular, and the character of stool was tight, hard and she had to strain. Her tongue was moist and clean. Her menstrual history was regular and smooth. Her sleep was adequate and refreshing.

Case Processing

Analysis and evaluation of symptoms was done using Kentian approach (Table 1)

Table 1: Analysis & Evaluation of the Case		
Mental Generals	Physical Generals	Particular Generals
-	<ul style="list-style-type: none">Thermal: Hot+2Craving: sweets+1Thirst: Thirstless (does not feel thirst)2+Stool: Unsatisfactory, tight, hard has to strain.1+	<ul style="list-style-type: none">Papular pinkish and firm skin lesion with itching, pain on neck. < Heat, damp weather, touch. 2+

Totality of Symptoms:

- Thermal: Hot
- Craving: sweets
- Thirstless (does not feel thirst)
- Unsatisfactory, hard stool; has to strain.
- Papular pinkish and firm warts with itching.

Repertorisation: Repertorial totality was formed and repertorisation was done using kent repertory on Hompath software. (Fig 1)

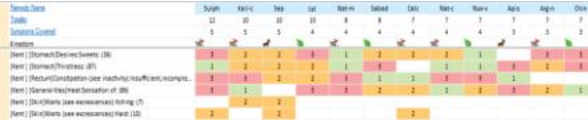


Fig 1: Repertorisation of Case 1

Remedy Selection

After thorough case taking, case processing and repertorization with verification from Materia Medica *SULPHUR 200 CH Potency/1 Dose /4 Globules of 30 Size /EMES* was given on 11/08/2023. The patient was asked to report for follow-up after 15 days. (Table: 2)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate medium susceptibility thus 200 CH potency was selected.

Table: 2 Follow-up and Prescription.

S.No.	Date	Symptoms	Prescription
1.	25/08/2023	Warts becomes harder.	Sulphur 200/1dose EMES Placebo/TDS for 30 days
2.	22/09/2023	SQ	Sulphur 200/1dose EMES Placebo/TDS for 15 days
3.	06/10/2023	New eruption appeared.	Sulphur 1M/1dose EMES Placebo/TDS for 15 days
4.	20/10/2023	Some eruption falls out	Placebo/TDS for 21 days
5.	10/11/2023	Hyperpigmentation remaining	Placebo/TDS for 21 days
6.	01/12/2023	All warts fall out.	Placebo/TDS for 21 days



Fig 2(a): PRE- Date:11/08/2023



Fig 2 (b): MID- Date: 10/11/2023



Fig 2 (c): POST- Date: 01/12/2023

Case No 2: A Case of Verruca Plana

Patient Information

This report presents a case of 23-year-old male patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. He presented in OPD on 03/07/2024 with papular firm skin lesion on forearm and dorsum of hand for 8 months. The skin lesion was increasing in numbers. He had the family history of type 2 diabetes mellitus and hypertension. His thermal was towards chilly. His thirst was increased and had the craving of spices and spicy things. His bowel movements were regular, and the character of stool. His tongue was moist and clean. His sleep was adequate and refreshing.

Case Processing

Analysis and evaluation of symptoms was done using Kentian approach (Table 3)

Table 3: Analysis & Evaluation of the Case		
Mental Generals	Physical Generals	Particular Generals
-	<ul style="list-style-type: none">Thermal: Chilly+2Craving: Spices and spicy things +1Thirst: Thirsty+2	<ul style="list-style-type: none">Papular flat, firm warts on forearm and dorsum of hand. +3

Totality of Symptoms:

- Papular flat, firm warts on forearm and hand.
- Thermal: Chilly
- Thirsty
- Craving: Spices and spicy things

Repertorisation: Repertorial totality was formed and repertorisation was done using kent repertory on Hompath software. (Fig 3)

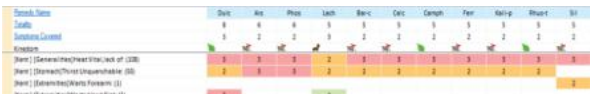


Fig 3: Repertorisation of Case 2

Remedy Selection

After thorough case taking, case processing and repertorization with verification from Materia Medica *DULCAMARA 10M CH Potency/1 Dose /4 Globules of 40 Size* was given on 03/07/2024. The patient was asked to report for follow-up after 15 days. (Table 4)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate higher susceptibility thus 10M potency was selected.

Table 4: Follow-up and Prescription.

S.No.	Date	Symptoms	Prescription
1.	17/07/2024	SQ	Placebo /TDS for 15 days
2.	31/07/2024	Slight decreased in size of warts	Placebo /TDS for 15 days
3.	14/08/2024	Slight decreased in size of warts	Placebo /TDS for 15 days
4.	28/08/2024	Slight decreased in size of warts	Placebo /TDS for 15 days
5.	11/09/2024	All warts disappeared.	Placebo /TDS for 15 days
6.	25/09/2024	No symptoms	Placebo /TDS for 15 days



Fig 4 (a): PRE- Date:03/07/2024



Fig 4 (b): MID- Date: 14/08/2024

3.	05/11/2024	SQ	Thuja Occidentalis 1M/1 Dose/H.S. Placebo /TDS for 15 days
4.	20/12/2024	Wart disappeared	Placebo /TDS for 30 days
5.	20/01/2025	No symptoms	Placebo /TDS for 7 days



Fig 8 (a): PRE: 14/09/2024



Fig 8 (b): MID: 21/10/2024

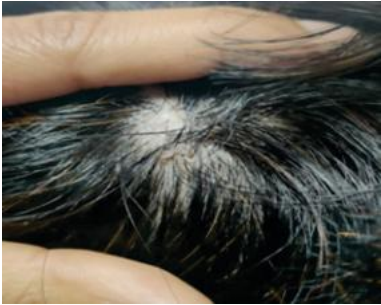


Fig 8 (c): POST: 20/12/2024

Case No. 5:

This report presents a case of 16-year-old male patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. He presented in OPD on 10/04/2024 with warts on forehead which were flat and brown. He was indifferent to his loved ones, irritable. His tongue was white coated.

Case Processing

Analysis and evaluation of symptoms was done using Kentian approach (Table 9)

Table 9: Analysis and Evaluation of Case		
Mental Generals	Physical Generals	Particulars
• Indifferent to loved ones+2 • Irritable+1	• Tongue – white coated+2	• Flat warts on forehead which were brown in color. +3

Totality of Symptoms:

1. Indifferent to loved ones
2. Irritable
3. Tongue – White coated
4. Flat warts on forehead, brown in color

Repertorisation: Repertorial totality was formed and repertorisation was done using kent repertory on Hompath software. (Fig 9)

Remedy	Sep	Thu	Caust	Dub.	Phos	Acas	Calc.	Staph-c	Nit-ac	Fl-ac
Totality	12	9	8	8	8	5	5	5	5	4
Symptoms Covered	5	4	3	3	2	2	2	2	2	3
[Kent] [Mind]Indifference,apathy etc.:Loved ones,he	3	0	0	0	3	2	0	0	0	2
[Kent] [Mind]Irritability (see anger)	3	3	3	2	3	3	3	3	3	1
[Kent] [Skin]Warts (see encrustations): Brown	2	2	0	0	0	0	0	0	0	0
[Kent] [Face]Warts:	2	2	3	3	0	0	2	2	2	0
[Kent] [Skin]Warts (see encrustations): Flat	2	2	2	3	0	0	0	0	0	1

Fig 9: Repertorisation of Case 5

Remedy Selection

After thorough case taking, case processing and repertorization with verification from Materia Medica *SEPIA OFFICINALIS 200 CH*

Potency/1 Dose /4 Globules/ H.S of 40 Size was given on 10/10/2024. The patient was asked to report for follow-up after 10 days. (Table 10)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate medium susceptibility thus 200 CH potency was selected.

Table 10: Follow-up and Prescription.			
S.No.	Date	Symptoms	Prescription
1.	21/10/2024	Wart size decreased	Placebo /TDS for 10 days
2.	02/11/2024	SQ	Sepia Officinalis 200/1 Dose/H.S. Placebo /TDS for 10days
3.	30/11/2024	Wart disappeared	Placebo /TDS for 30 days
4.	10/12/2024	No symptoms	Placebo /TDS for 7 days



Fig 10 (a): PRE: 10/10/2024

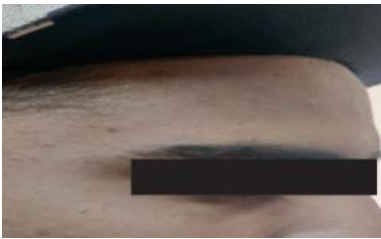


Fig 10 (b): POST: 30/11/2024

Case No.6:

This report presents a case of 32-year-old male patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. He presented in OPD on 01/12/2024 with wart on face, filiform without any pain and itching. His thermal reaction was chilly. He had a history of genital warts.

Remedy Selection

After thorough case taking and verification from Materia Medica *THUJA OCCIDENTALIS 1M CH Potency/1 Dose /4 Globules/ H.S of 40 Size* was given on 01/12/2024. The patient was asked to report for follow-up after 15 days. (Table 11)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate medium susceptibility thus 1M CH potency was selected.

Table 11: Follow-up and Prescription.			
S.No.	Date	Symptoms	Prescription
1.	20/12/2024	Wart disappeared	Placebo /TDS for 30 days
2.	20/01/2025	No symptoms	Placebo /TDS for 7 days



Fig 11 (a): PRE: 01/12/2024



Fig 11 (b): POST: 20/12/2024

Case No. 7:

This report presents a case of 07-year-old male child patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. He presented in OPD on 24/06/2024 with wart on scalp and behind ear in occipital region, filiform wart. He has desire to be magnetized, obstinate child, fat and chubby. He has desire for ice cream, chocolates, sweets. He had profuse perspiration.

Case Processing

Analysis and evaluation of symptoms was done using Kentian approach (Table 12)

Table 12: Analysis and Evaluation of Case									
Mental Generals			Physical Generals				Particulars		
• Magnetized desire to be+2			• Perspiration – Profuse+2				• Filiform wart behind ear in occipital region		
• Obstinate, fat and chubby+2			• Desire – Ice-cream, chocolate, sweets +2						

Totality of Symptoms:

1. Magnetized desire to be
2. Obstinate, fat and chubby
3. Desire – Ice cream, chocolate
4. Perspiration – profuse
5. Filiform wart behind ear in occipital region

Repertorisation: Repertorial totality was formed and repertorisation was done using kent repertory on Hompath software. (Fig 12)

Remedy	Calc	Phos	Sulph	Nat-s	Lyc	Sep	Sil	Ars	Bor-c	Calc-c
Totality	10	9	8	7	7	7	7	6	6	6
Symptoms Covered	6	4	3	6	3	3	3	3	3	3
(Kent) (Mind) (Magnetized desire to be)										
	3	3	0	1	0	0	0	3	0	0
(Kent) (Mind) (Obstinate/Children/Obstinate to go to bed)										
	3	0	0	0	0	0	0	0	0	0
(Kent) (Stomach) (Desire for cream)										
	3	3	0	0	0	0	0	0	0	0
(Kent) (Stomach) (Desire for sweets)										
	2	0	3	2	3	2	0	1	1	2
(Kent) (Perspiration) (Profuse)										
	3	2	2	2	3	3	3	3	2	1
(Kent) (Skin) (Warts (see excrescences))										
	3	1	3	2	1	2	1	2	3	3

Fig 12: Repertorisation of Case 7

Remedy Selection

After thorough case taking, case processing and repertorization with verification from Materia Medica *CALCAREA CARBONICUM 200 CH Potency/1 Dose /4 Globules/ H.S of 40 Size* was given on 24/06/2024. The patient was asked to report for follow-up after 10 days. (Table: 13)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate medium susceptibility thus 200 CH potency was selected.

Table 13: Follow-up and Prescription.			
S.No.	Date	Symptoms	Prescription
1.	07/07/2024	Wart size decreased	Placebo /TDS for 10 days
2.	18/07/2024	SQ	Calcarea Carbonicum200/1 Dose/H.S. Placebo /TDS for 20days
3.	01/08/2024	Wart disappeared	Placebo /TDS for 30 days
4.	12/08/2024	No symptoms	Placebo /TDS for 7 days



Fig 13 (a): PRE: 24/06/2024



Fig 13 (b): POST: 01/08/2024

Case No. 8:

This report presents a case of 39-year-old male patient treated at Dr. M.P.K. Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University presenting to OPD. He presented in OPD on 08/11/2024 with warts on chin region, filiform warts jagged with history of bleeding from the warts. He has been suffering from this for 7 months. He was very much sympathetic to others. He had aversion to sweets.

Case Processing

Analysis and evaluation of symptoms was done using Kentian approach (Table 14)

Table 14: Analysis and Evaluation of Case									
Mental Generals			Physical Generals				Particulars		
• Sympathetic to others			• Aversion - Sweets				• Warts on chin region, filiform		

Totality of Symptoms:

1. Sympathetic to others
2. Aversion - Sweets
3. Filiform warts on chin region

Repertorisation: Repertorial totality was formed and repertorisation was done using kent repertory on Hompath software. (Fig 14)

Remedy	Caust	Nit-ac	Phos	Sulph	Drob	Graph	Lyc	Ars	Calc	Cic
Totality	7	5	5	3	3	3	2	2	2	2
Symptoms Covered	3	3	2	2	1	1	2	1	1	3
(Kent) (Mind) (Sympathetic)										
	2	2	3	0	0	0	1	0	0	2
(Kent) (Stomach) (Aversion/Sweets)										
	2	1	2	2	0	3	0	2	0	0
(Kent) (Face) (Warts)										
	3	2	0	1	3	0	1	0	2	0

Fig 14: Repertorisation of Case 8

Remedy Selection

After thorough case taking, case processing and repertorization with verification from Materia Medica *CAUSTICUM 200 CH Potency/1 Dose /4 Globules/ H.S of 40 Size* was given on 08/11/2024. The patient was asked to report for follow-up after 10 days. (Table:15)

Potency selection: According to the assumption of factors affecting the susceptibility in this case indicate medium susceptibility thus 200 CH potency was selected.

Table 15: Follow-up and Prescription.			
S.No.	Date	Symptoms	Prescription
1.	15/11/2024	Wart size decreased	Placebo /TDS for 10 days
2.	29/11/2024	SQ	Causticum/1M/ 1 dose/H.S. Placebo /TDS for 7 days
3.	06/12/2024	Wart size decreased	Placebo /TDS for 20 days
4.	27/12/2024	Wart disappeared	Placebo /TDS for 20 days
5.	13/01/2025	No symptoms	Placebo /TDS for 7 days



Fig 15 (a):PRE: 08/11/2024



Fig 15 (b):POST: 27/12/2024

DISCUSSION

In this case series, eight cases studies were presented. Therefore, homeopathic treatment for warts is mostly constitutional as there are very few symptoms based on the location, morphology, and sensation of the warts. Each case was prescribed individualized homeopathic medicine on the basis of totality of symptoms and repertorization. Here, *Sulphur*, *Dulcamara*, *Sepia*, *Calcarea Carb*, *Causticum* and three cases were treated with *Thuja Occidentalis*; the literature has shown that homeopathic medicines are very useful in the treatment of warts. All patients were treated within 6 months, no patients' complaints about any harm or any negative consequences. All medicines were prescribed in centesimal scale. It is therefore suggested further case series on warts or such as observational study should be done in bigger sample size.

CONCLUSION

The selected medicines were significantly successful in the treatment of various types of warts. In future, more clinical trials need to be undertaken to prove the effectiveness of homeopathic medicines in the treatment of warts.

Acknowledgments

We thank the hospital staff of Dr. M.P.K Homoeopathic Medical College and Hospital and Research Centre, Jaipur.

Declaration of Patient Consent

Patient's verbal consent was obtained. But written consent were not taken as their identity was not disclosed.

Financial Support and Sponsorship

Nil.

Conflicts of Interest

There are no conflicts of interest.

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