

A Study of Enthusiasm Among Male and Female Kho-Kho Players



Physical Education

KEYWORDS:

DIPAKKUMAR N. GAIN

Research Scholar CMJ University

DR.M. M. MAHIDA

Research Guide CMJ University

Introduction:

On that first day of practice, I would sit them down and tell them the ways that I love volleyball I love the way the ball sounds as it's being passed, I love the sound of the gym when everyone's talking and playing hard, I love the cheers at the end of plays, and on and on I would go so that they understood that their coach was crazy about the sport. Let's look at ways that coaches can create an atmosphere of enthusiasm on their teams and in their gyms. What differentiates Jonty Rhodes, Ronaldinho and Dhanraj Pillay from the rest? Take a closer look the next time you watch them play. It is their enthusiasm that keeps them going when the others are tired and weary.

They put in a hundred percent effort and enjoy what they are doing because they are enthusiastic. Enthusiasm is a state of mind that arouses and inspires a person to put action into the task at hand. The great philosopher Ralph Waldo Emerson once said, "Nothing great was ever achieved without enthusiasm". The word enthusiasm means 'God within' in Greek, and when a person is enthusiastic, it looks as if God is working hand-in-hand with him. Enthusiasm, according to Napoleon Hill, bears the same relationship to a human being that steam does to a locomotive. It is the vital moving force that impels action. Success in sport at any level depends a lot on how enthusiastic you are about learning new things, achieving your targets, progressing to higher levels of your sport etc. It is in fact the inner voice that whispers 'I can do it!' when others shout 'No you can't!' What's more, enthusiasm is contagious!

In sport, when you want to inspire your team to fight it out and play as a team, the enthusiasm of a few team members will spread to the others and in no time you will notice that the whole team is fighting back as a unit. Mareike Kunter, Yi-Miau Tsai, Uta Klusmann, Martin Brunner, Stefan Krauss, Jürgen Baumert (October 2008) Students' and mathematics teachers' perceptions of teacher enthusiasm and instruction.

This article investigates teacher enthusiasm and how it relates to instructional behaviours. We distinguished teachers' enthusiasm for the subject matter of mathematics from their enthusiasm for teaching mathematics. A total of 323 teachers and their 9th-grade classes participated in the study. Questionnaires were used to assess teachers' enthusiasm and instructional behaviors from both the teacher and the student perspective.

Aim and Objective of the Study:

To find out the Enthusiasm among male and female kho kho players

Hypothesis:

Male kho kho players will significant high Enthusiasm than the female kho kho players.

Sample:

For the present study 200 Sample were selected from Aurangabad university, Maharashtra State. The effective sample consisted of 200 subjects, 100 subjects were male kho kho players and 100 subjects were female kho kho players. The age range of subjects was 18 to 25 years.

Tools

PDS: It necessary collects the information.

Multi Assessment Personality Series (MAPS) (1996):

This scale was constructed and standardized by Spy Com. It consists of 147 sentences and each item provide three alternatives the subjects had to select one of the three alternative and this test used Split-Half and Test-Retest Reliability Coefficients & Factorial Validity.

Procedures of data collection

One instrument could be administered individuals as well as a small group. While collecting the data for the study the later approaches was adopted. The subjects were called in a small group of 20 to 25 subjects and there seating arrangements was made in a classroom. Prior to administration of test, through informal talk appropriate rapport form Following the instructions and procedure suggested by the author of the test.

The test was administered and a field copy of test was collected. Following the same procedure, the whole data were collected.

Variable

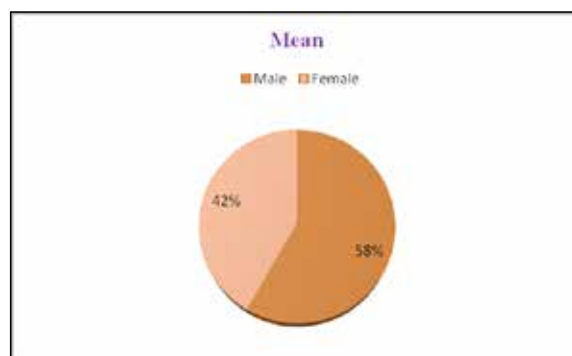
Independent variable-1. Gender a) Male b) Female
Dependent Variable-1. Enthusiasm

Statistical analysis and discussion

Table-1

Enthusiasm among male kho kho players and female kho kho players students Mean S.D. and "t" Value

Gender	Mean	S.D	N	df	't'
Male	12.78	3.21	100	198	8.98*
Female	9.13	2.49	100		



The results related to the hypothesis have been recorded. Mean of Enthusiasm score of the male kho kho players Mean is 12.78 and that of the female kho kho players Mean is 9.13 The difference between the two mean is highly significant ('t'= 8.98, df =198, P < 0.01) It is clear that male kho kho players and female kho kho players Differ Significantly From each other from the mean scores and graph it was found that the male kho kho players have Significantly high Enthusiasm than the female kho kho players. This Result Support the Hypothesis.

Conclusion:

Male kho kho players have significantly high Enthusiasm than the female kho kho players.

REFERENCE

- Austin, E.J., Saklofske, D.H., Huang, S.H. and Mc Kenney, D. (2004) Measurement of trait emotional intelligence: Testing and cross validating a modified version of Schutte et al.'s (1998) measure. *Personality and Individual Differences* 36(3), 555-562.
- Beedie, C. J., Terry, P. C. and Lane, A. M. (2000) The Profile of Mood States and athletic performance: two meta analyses. *Journal of Applied Sport Psychology* 12(1), 49-68.
- Beedie, C.J., Terry, P.C. and Lane, A.M. (2005) Distinctions between emotion and mood. *Cognition & Emotion* 19(6), 847-878.
- Devonport, T.J., Lane, A.M. and Hanin, Y. (2005) Affective state profiles of athletes prior to best, worst and performance-induced injury outcomes. *Journal of Sports Science and Medicine* 4, 382-394.
- Ekman, P. and Davidson, R.J. (1994) Afterword: What is the relation between emotion and memory? In: *The Nature of Emotion* P.E. Ed: Davidson, R.J. Oxford: Oxford University Press. 316-318.
- Hagtvet, K.A. and Hannin, Y.L. (2007) Consistency of performance related emotions in elite athletes: Generalizability theory applied to the IZOF model. *Psychology of Sport & Exercise* 8, 47-72.