

Comparison of Facilities for Sports and Games in Colleges of Different Universities



Sports

KEYWORDS :

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ABSTRACT

The objective of the study was to examine the facilities for sports in different universities of Punjab State and their affiliated colleges. There are three universities selected i.e. Guru Nanak Dev University, Punjabi University and Punjab Agricultural University, apart from their compaus & colleges were selected at random basis. Two tools questionnaires A & questionnaires B were specially constructed for collecting the needed data. Questionnaire A in which general data about the colleges or universities was collected & Questionnaire B in which achievements and performance data to be collected. Result found that the Guru Nanak Dev University provides better facilities as compare to Punjabi University and the score of Punjab Agricultural University is better than Punjabi university.

Introduction:-

The contribution of physical education and sports at the national and international levels is becoming more and more important these days, particularly to establish the identity and superiority of the nation. Sports besides being a requisite for international friendship and mutual understanding also builds character and health which are very essential for longevity, prosperity and happiness. In the modern age of science and technology, the need of the hour is to chalk out such programmes and maintain an environment as can bring about excellence in all sports and athletic activities.

Physical education and sports are two important areas which serve as tools for shaping an average man into a healthy citizen. This holds true the world over and consequently the physical education and sports have become an integral part of human life. This fact makes it possible to exploit sports as a medium for producing physically fit and mentally alert populace. The competitive sports cultivate the healthy habit of accepting crests and troughs of life in one's stride. This all embrative fact signifies the importance of sports and physical education and the dire need of their integration with the life of every citizen.

Voltamer and Eeeling (1979) have hit the nail on the head when they say, "physical education when well taught, can contribute more to the goals of general education then can any of the school subjects." Till recently, only a handful of people held physical education and sports in high esteem. By and large sports was considered the pastime of the idle, the unemployed and the crazy people who had no taste for academics and who had the gift of good health and strong bodies. But things have changed now. Education through sports has been universally acknowledged. In this context, Bucher (1972) says, "Physical education is an integral part of the total education process and is a field of endeavor which has as its aim the development of physically, mentally, emotionally and socially fit citizens".

Material and Methods:-

To conduct the study, 18 colleges were selected from GNDU Amritsar, 18 colleges were selected from Punjabi University Patiala and 06 colleges selected from Punjab Agricultural University Ludhiana. The sample is based on stratified random sampling technique. To assess the facilities of selected universities and their affiliated colleges, for questionnaire A and B were specially constructed for collecting the data. Questionnaire A in which general data about the colleges and universities were collected

and questionnaire B in which achievement and performance score to be collected.

Result and Discussion:-

Table No. 1 Comparison of facilities scores of different universities.

Sr No.	Name of the University	Mean	SD	t	p	Significance
I	Punjabi University (N = 18)	300.60	73.58	Between I & II 3.01	< 0.01	Significant
II	Guru Nanak Dev University (N = 18)	501.05	230.29	Between I & III 1.45		Not Significant
III	Punjabi Agri. University (N = 6)	436.00	251.33	Between II & III 0.59		Significant
IV	All Colleges (N = 42)	405.85	199.84			

Form table no. 1, result indicate that the 't' value between Punjabi University and Guru Nanak Dev University is 3.01 which are significant at 0.01 level of confidence.

In the other words the facilities provided by Guru Nanak Dev University are better and more adequate then Punjabi University .

Again when Punjabi University was compared with Punjab Agricultural University, the 't' value was 1.45 which is not significant statically. It indicates that there was no difference in the facilities.

When Guru Nanak Dev University was compared with Punjab Agricultural University the 't' value came to 0.59 which is also not significant.

Conclusion:- On the bases of data gathering and statically interpretation result indicate that the conclusion drawn from the analysis of this table is that the Guru Nanak Dev University provides better facilities as compare to Punjabi University. The facility score of Punjab Agricultural University is better than that of Punjabi University however.

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