

Clinical Study on Post Operative Wound Infections



General Surgery

KEYWORDS : wounds, type of surgeries, Micro-organisms

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ABSTRACT

Causes of post-operative wound infection are multifactorial, determined by the interaction of several factors: the nature and degree of contamination of the wound, local tissue factors and the general resistance of the patient probably modified by therapeutic measures. Various factors both intrinsic and extrinsic to the patient have been incriminated to wound sepsis. This is a prospective study conducted in the General surgery department during the period between June 2011 to Oct 2013. Out of the 346 wounds in the study 47 got infected. Of these 27 were mild infections, 11 were moderate infections and 9 were severe infections including 1 burst abdomen. The overall infection rate in this study was 13.58%.

AIMS OF STUDY

1. To estimate the incidence of infection in department of General surgery of ASRAM
2. To determine the various determinants of infection such as age, sex, nature of surgery, urgency of surgery, duration of surgery, anemia, diabetes, duration of pre-operative hospitalization, Usage of drains and their relationship to wound infection.
3. To determine the various microorganisms responsible for wound infection.

MATERIALS AND METHODS

This is a prospective study conducted in the General surgery department during the period between June 2011 to Oct 2013.

MATERIALS:

A total of 346 surgical operations, both emergency as well as elective surgeries done during the above specified period were studied.

Minor surgical procedures were not considered and procedures in which wounds are left open and operations on ulcers were excluded. There were no deaths due to post-operative wound infection.

Exclusion Criteria:

1. Wounds which were laid open and operations on ulcers like skin grafting.
2. Perianal surgeries in which post-op contamination is imminent.
3. Deaths due to reasons other than infection.

Out of the 346 cases 274 were males and 72 females. The mean age of the patients was 39 years and ranged from 8 years to 72 years.

METHODS

Individual cases were analyzed with regard to the following particulars:

- i. Age
- ii. Sex
- iii. Date of admission, Date of surgery (to calculate the preoperative hospitalization)
- iv. Haemoglobin (13 gms% = normal, 10-13 = mild anemia and <10% = Severe anemia)
- v. Presence of any septic focus
- vi. Diabetes
- vii. Hypertension
- viii. Use of any drugs.

Operative data:

- i. Surgery done
- ii. Type of anaesthesia
- iii. Duration of surgery
- iv. Nature of surgery (Clean, Clean-contaminated, Contaminated and

Dirty),

- v. Urgency of surgery (Emergency and Elective),
- vi. Preoperative preparation,
- vii. Drains used or not

Standard surgical protocol was followed in all the cases. A single-dose peri-operative antibiotic prophylaxis using Inj. Ampicillin 1 gm was given to all the patients at the time of induction of anaesthesia. Postoperatively Ampicillin and Gentamycin were given for most of the cases till the time of suture removal and in case of abdominal surgeries metrogyl was added.

All the 346 wounds were inspected for evidence of wound infection such as erythema beyond 5 mm of incision, wound discharge and gaping of the wound on the 3rd post-operative day, at the time of suture removal and after one month follow-up. Vital charting was done during the patients' stay in the hospital. Post-operative fever was correlated with the wound findings as it could be due to reasons other than wound infection. Any discharge from the wound was sent for bacteriological evaluation, culture and sensitivity.

Wound infection is graded as follows.

Grade 1

(Stitch Abscess) : Redness or pustules near one or more stitches.

Grade 2

(Mild Infection) : Minor infection of wound without separation of wound edges. Slight sero-purulent or purulent discharge. No systemic reaction.

Grade 3

(Moderate Infection) : Frank infection in relatively a small portion of the wound with purulent discharge and possibly some systemic reaction present.

Grade 4

(Severe Infection) : Frank infection of a large portion of the wound with abscess formation usually with systemic reaction and wound dehiscence.

In case of wound infection additional procedures were done to deal with the infection. Stitch abscesses were drained and dressed. Mild and moderate infections were dressed daily and appropriate antibiotics were started. After control of infection secondary suturing was done. In case of burst abdomen immediate tension suturing was done.

STATISTICAL ANALYSIS:

Microsoft Excel Computer programme was used for analysis of data. Chi square test was used to test the statistical significance of the results. Odds ratio was calculated to measure the strength of association of various factors to wound infection.

The different surgeries studied are shown in table No 1 & 2

Table.1: Showing the different operations studied Elective Operations

Diagnosis	Operation	Total	Infected
Chronic Duodenal Ulcer	Bil.Truncal Vagotomy+ Gastro- Jejunostomy	5	3
Gall Stones	Cholecystectomy(open/ laparoscopic)	15	2
Ca Stomach	Gastro-jejunosomy	4	1
Inguinal Hernia	Hernioplasty	60	4
Recurrent Hernia	Hernioplasty	15	
Varicocele	Palmooperation	4	
Cong.Hydrocele	Herniotomy	2	
Hydrocele	Sac Eversion	56	5
Encysted Hydrocele of Cord	Excision	3	
Ca Breast	Modified Radical Mastectomy	10	1
Solitary Thyroid Nodule	Hemithyroidectomy	12	
Multinodular goiter	Subtotal Thyroidectomy	6	
Ca. Thyroid	Total Thyroidectomy	4	
T.A.O.	A.K.Amputation	2	1
T.A.O.	B.K.Amputation	2	1
Varicose Veins	Saphenous Vein Ligation+Stripping	17	1
Ca.Penis	Partial/Total penectomy	2	
Incisional Hernia	Hernioplasty	10	2
Soft Tissue Tumours	Excision	5	1
	Total	234	23

TABLE 2 Emergency Operations

Diagnosis	Operation	Total	Infected
Acute Appendicitis	Appendicectomy	39	2
Appendicular Perforation	Appendicectomy	5	2
Peptic Ulcer Perforation	Perforation Closure.	34	11
Obstructed Inguinal Hernia	Herniorrhaphy	7	1
Strangulated Inguinal Hernia	Ileal Resection+ Herniorrhaphy	1	

Strangulated Incisional Hernia	Ileal Resection+ Repair of Hernia	1	
Small Bowel Perforation	Perforation Closure	6	3
Small Bowel Perforation	Bowel Resection+ Anastomosis	1	
Small Bowel Gangrene	Bowel Resection+ Anastomosis	1	
Blunt Injury Abdomen	Splenectomy	1	
Blunt Injury Abdomen	Jejunal Tear Closure	2	1
Blunt Injury Abdomen	Suturing of Liver Laceration	3	
Intestinal Obstruction	(Post-Op) Adhesionolysis	1	
Intestinal Obstruction	Resection of Strictured Bowel	3	
Reptured Amoebic Liver Abscess	Laparotomy+ Peritoneal Toilet	4	3
Sigmoid Volvulus	Sigmoidectomy	3	1
	Total	112	24

RESULTS AND ANALYSIS

Out of the 346 wounds in the study 47 got infected. Of these 27 were mild infections, 11 were moderate infections and 9 were severe infections including 1 burst abdomen. The overall infection rate in this study was 13.58%.

The infection rate according to the nature of infection is shown in

Incidence of post-operative wound infection according to the nature of surgery (n=346)

TABLE 3

Nature of Surgery	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
Clean	14 (7.29%) 29.79%)	178 (92.71%) 59.53%)	192 (55.49%)	1.00
Clean Contaminated	8 (10.13%) 17.02%)	71 (89.87%) (23.75%)	79 (22.83%)	1.43 (0.58-3.53)
Contaminated & Dirty	25 (33.33%) 53.19%)	50 (66.67%) 16.7%)	75 (21.68%)	6.36 (3.06-13.20)
Total	47 (13.58%)	299 (86.42%)	346	

The infection rate was higher in the contaminated and dirty operations. Though the odds ratios suggest that the incidence of infection in clean contaminated cases is 1.43 times that in clean cases, it is not statistically significant as shown by the 95% confidence intervals/Contaminated and dirty operations are 6.36 times more likely to get infected than clean operations and the results are statistically significant.

Out of the 192 clean cases there were 9 (4.96%) minor infections,

4 (2.08%) moderate infections and 1 (0.52%) severe infection. Out of 71 clean contaminated cases, 4 (5.63%) were mild and 4 (5.63%) were moderate infections. In the contaminated and dirty category, out of 75 cases there were

14 (18.67%) mild infections, 3 (4%) moderate infections and 8 (10.67%)

severe infections including a burst abdomen as shown in Table.11.

Table.4: Showing the degree of wound infection in relation to the nature of surgery.

It is observed that the majority of wound infections in the clean category are mild infections. Almost all (8 out of 9) of these severe infections in the study occurred in the contaminated and dirty category.

The study showed an infection rate of 7.29% in clean cases. So, we studied to see whether there was an increase in infection rate when there was a distant focus of infection.

Table.4: Shows the infection rate with reference to the urgency of operation.

	Mild	Moderate	Severe	Total
Clan	9	4	1	14
Clean Contaminated	4	4	0	8
Contaminated & Dirty	14	3	8	25
Total	27	11	9	

Table.5: Incidence of postoperative wound infection depending on urgency of surgery

Urgency of Operation	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
Elective	23 (9.87%) (48.94%)	211 (90.17%) (70.57%)	234 (67.63%)	1.00
Emergency	24 (21.24%)	88 (78.57%)	112 (32.37%)	2.46 (1.31-4.62)
Total	47 (13.58%)	299 (86.42%)	346	

The wound infection rate in elective operations is 9.87% whereas that in the emergency operations is 21.24% ($p < 0.01$). The incidence of wound infection in emergency is 2.46 times that in elective operations and the finding is significant as shown by 95% confidence intervals.

Table.6: Incidence of post-operative wound infection in relation to age of the patients

Age Groups	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
<30 Years	11 (10.68%) (23.40%)	92 (89.32%) (30.77%)	103 (29.77%)	1.00
30-60 years	33 (14.47%)	195 (85.53%)	228 (65.9%)	1.42 (0.68-2.94)
>60 years	3 (20%) (6.28%)	12 (80%) (4.01%)	15 (4.34%)	2.09 (0.51-8.58)

There is no statistically significant increase in the risk of infection with increase in the age of the patients ($p > 0.05$). Though odds ratio suggests that patients above 60 years of age are 2.09 times more at risk of getting post-operative wound infection the finding is not statistically significant as shown by the 95% confidence intervals.

Table.7: Incidence of post-operative wound infection in relation to sex of the patients

Sex	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
Female	11 (15.28%)	61 (84.72%)	72 (20.81%)	1.00

Male	36 (13.14%)	238 (86.86%)	274 (79.19%)	0.84 (0.41-1.75)
Total	47 (13.58%)	299 (86.42%)	346	

The wound infection rate in males is 13.14% and that in females is

15.26%. This difference is not statistically significant. Though the odds ratio also suggests that the infection rate in males is less than that in females the difference is not statistically significant as shown by the 95% confidence intervals.

Table.8: Incidence of post-operative wound infection in relation to duration of pre-operative hospitalization

Pre-operative Hospitalization	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
1 week	10 (7.35%)	126 (92.65%)	136 (58.12%)	1.00
>1 week	13 (13.27%)	85 (86.73%)	98 (41.88%)	1.95 (0.83-4.62)
Total	23 (7.83%)	21 (90.17%)	234	

The post-operative wound infection rate in patients who were readmitted for less than 1 week before surgery in the hospital is less than that in patients who were readmitted for more than 1 week before surgery (7.35 Vs 13.27). But the difference is not statistically significant. Though the odds ratio also suggests that the infection in the latter group is 1.95 times that in the former group the difference is not statistically significant as shown by the 95% confidence intervals.

Table.9: Incidence of post-operative wound infection in relation to anemia

Haemoglobin	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
>13 gms%	2 (4.35%) (4.26%)	44 (95.65%)	46 (13.29%)	1.00
10-13 gms%	11 (6.59%) (23.40%)	156 (93.41%) (52.17%)	167 (48.27%)	1.55 (0.33-7.32)
<10 gms%	34 (25.56%) (72.34%)	99 (74.44%) (33.11%)	133 (38.44%)	7.56 (1.73-32.79)
Total	47 (13.58%)	299 (86.42%)	346	

There is an increase in incidence of wound infection with decrease in the haemoglobin level of the patients. The infection rate in normal patients is

4.26% in moderately anemic patients it is 6.59% and in severely anemic patients it is 25.56% ($p < 0.01$). The wound infection rate is 7.56 times more in grossly anemic (Hb < 10 gms%) patients than in normal patients. These findings are statistically significant.

Table.10: Incidence of post-operative wound infection in relation to diabetes

Diabetes	No of infected	No of uninfected	Total	ODDS Ratio (95% C.I)
Nondiabetics	33 (10.86%) (70.21%)	271 (89.14%) (90.64%)	304 (87.86%)	1.00

Diabetics	14(33.33%) (29.79%)	28 (66.67%) (9.36%)	42 (12.14%)	4.1 (2.18-7.69)
Total	47 (13.58%)	299 (86.42%)	346	

Post-operative wound infection rate in non-diabetics is 10.86% where as that in diabetics is 33.33% ($p < 0.01$). Wound infection rate is 4.1 times higher in diabetics than non-diabetics and the finding is statistically significant.

Table.11: Incidence of post-operative wound infection in relation to the use of drains

Drains	No of infected	No of uninfected	Total	ODD SRatio (95% C.I)
Not used	13(6.13%) (27.66%)	199(93.87%) (66.56%)	212 (61.27%)	1.00
Used	34(25.37%) (72.34%)	100(74.63%) (33.44%)	134 (38.73%)	5.20 (2.61-10.38)
Total	47 (13.58%)	299 (86.42%)	346	

Post-operative wound infection rate when drains were not used is

6.13% where as the same is 25.37% when drains were used ($p < 0.01$). The wound infection rate is 5.2 times more when drains were used than when drains were not used and the finding is significant as shown by the 95% confidence intervals.

BACTERIOLOGY

Various organisms cultured from the 47 wounds are shown in the table.22. Whenever there was a discharge from the wound, a swab was taken and sent for microbiological examination. Out of the 47 wound swabs that were infected, organisms were cultured on 33 occasions and cultures were negative on 14 occasions. Though coagulase positive *Staphylococcus aureus* is a single major organism obtained (11 + 10), wound infections were predominantly caused by mixed flora. This shows the changing pattern of infection towards mixed infections.

Table.12: Micro-organisms cultured from the 47 infected wounds

Organisms Cultured	Number
Coagulase positive <i>Staphylococcus aureus</i>	11
Coagulase positive <i>Staphylococcus aureus</i> + <i>E. coli</i>	5
<i>E. coli</i> + <i>Klebsiella</i> sp.	5
Coagulase positive <i>Staphylococcus aureus</i> + <i>Klebsiella</i> sp.	3
<i>Klebsiella</i> sp.	3
<i>E. coli</i> + <i>Pseudomonas</i> sp.	2
<i>Pseudomonas</i> sp.	2
Coagulase positive <i>Staphylococcus aureus</i> + <i>Pseudomonas</i> sp.	2
No organism cultured	14

DISCUSSION

Causes of post-operative wound infection are multifactorial, determined by the interaction of several factors: the nature and degree of contamination of the wound, local tissue factors and the general resistance of the patient probably modified by therapeutic measures.

Various factors both intrinsic and extrinsic to the patient have been incriminated to wound sepsis. A few of them are considered in this study.

Incidence of infection

The overall infection rate in this study was 13.58% which appears to be very high. Such a large figure is particularly due to higher infection rate in the contaminated and dirty operative procedures category (33.33%). As the national medical council (1960) has rightly pointed out, certain operative procedures have a higher propensity for infection while the others have a lesser propensity. When an accurate comparison of results has to be audited, "like must be compared with like". After segregation of operative procedures into groups, the infection rates are as shown in the table. The infection rates in the contaminated and dirty procedure category are comparable with those of Cruse and Foord. The infection rates in the clean procedure category are comparable with those of Hallett, Platt et al., and Evans. Many authors believe that the infection rates in clean operative procedures can be brought down to below 1% with the use of laminar air flow systems, body exhaust systems and the use of prophylactic antibiotics.

The infection rate in this hospital has remained constant at around 7% over the years. This can be explained considering the fact that the most of the patients are anemic with a higher susceptibility to infection. This being a teaching hospital, the theatres are often crowded with medical and nursing students providing a higher chance of contamination. This along with improper theatre ventilation increases the chance of wound infection. At times long operation list-goons with very little time between the operative procedures. Kleinert et al. do not agree with this presumption. They had an overall infection rate of 1.5% operating in double occupancy operating rooms. Hot and humid conditions, poor nutritional status of the Indian patients makes them even more susceptible for wound sepsis compared with the well-nourished western patients.

Micro organism:-

Most common organism encountered in our study is *Staphylococcus aureus*, the second most common organism was *E. coli*

TABLE 13

Kowly and et al shows a predominance of staphylococcus species and our values matches with observations by Kowly et al Surgery (emergency, elective):-

author	Agarwal and et al ⁸⁷	Kowly et al ⁸⁸	Tripathy and Roy ⁸⁹	Our study
organism	<i>E. coli</i>	staph	proteus	staph

In the present study the number of cases with post-operative wound infection in elective surgeries are 23 out of a total number of 234 elective surgeries accounting to 9.87% and for emergency surgeries are 24 out of a total number of 112 emergency surgeries accounting to 21.24%

TABLE 14

author	Gill et al	Our study
No of elective cases operated	3842	234
% of cases infected	2.9%	9.87%
No of emergency cases operated	623	112
% of cases infected	5.1%	21.24%

Gill et al study shows that 623 patients were operated as emergency surgery with a wound infection rate of 5.1% versus 3842 patients were operated as elective surgery with wound infection rate of 2.9%, so this study results matches with our study which shows post-operative wound infection rate more in emergency surgeries

Type of surgery:-**TABLE 15**

Type of operation	Cruse and foord 59	Agarwal et all 87	Tripathy and roy 89	Our study
clean	1.8%	36.17%	30%	7.29%
Clean contaminated	8.9%	57.14%	25%	10.13%
Contaminated and dirty	59.8%	100%		33.33%

In the present study the percentage of wound infection rates for clean, clean contaminated and contaminated and dirty wounds is 7.29%, 10.13%, and 33.33% respectively. The results of cruse and foord and agarwal and et all matches with our study which shows increase in wound infection with increasing contamination

PATIENTDEPENDENT FACTORS**AGE OF THE PATIENT**

Infection rates are higher at the extremes of age with a peak over 65 years. Though the infection rate in above 60 years group is 2 times (Odds ratio = 2.09) higher than in the younger age group this is not statistically significant. As the number of patients in above 60 years age group is only 15, a larger study may show a significant difference.

The difference in infection rate with age might be due to some other factor other than age itself. For example the general condition of the patient, metabolic diseases are common in the older age group.

TABLE 16

Author	No of patients	No of SSI	result
Byrne et al ⁹⁰	3466	582	Increase in proportion of infection with increase in age
De boer et al ⁹¹	4872	55	Risk of infection increases with age with peak above 60 yrs
Scott et al ⁹²	9016	1133	Risk of infection increases with age
Malone et al ⁹³	5031	162	Age did not predict wound infection
Pessaux et al ⁹⁴	4718	191	Age did not predict wound infection
Our study	346	47	Infection rates are higher at extremes of age with a peak over 65

SEX OF THE PATIENTS

Many studies have shown a higher infection rate in males compared to females. Females have been observed to have hormonal and cell mediated responses compared to males. Highest testosterone and low oestrogen levels were instrumental in immunosuppression following trauma in rodent models. In this study males had a lesser infection rate (Odds ratio = 0.84) than females. This discrepancy is statistically not significant as the total number of females in the study were only 72 (Vs 274 males). A larger study would have a statistically significant difference.

ANEMIA

The relation between anemia and incidence of wound infection is shown in table 18.

Anemia increases the infection rate through hypoxia and by deranged tissue perfusion. Though malnutrition and anemia are incriminated for an increased infection rate, not many literature clearly substantiate the fact. Infection rate in patients with Haemoglobin above 13 gms% was 4.33% with haemoglobin between 10 and 13 gms% it was 6.59% (Odds ratio = 1.55) and in patients with less than 10 gms% it was 25.56% (Odds ratio = 7.56). These values are statistically significant showing a strong association between anemia and post-operative wound infection.

DIABETES

Diabetic patients are more prone for infections than nondiabetic patients. The influence of diabetes would be confounded by increasing age, presence of aseptic focus, generalized debilitation and increased pre-operative admission. Studies have shown that the infection rates are higher in uncontrolled diabetics with ketoacidosis. In a study by Dr. Clare heal and jame cook identified that patients with diabetes had a higher risk of post operative wound infection

In this study the infection rates in diabetics and nondiabetics is shown in Table 19. The infection rate in diabetics was significantly higher (33.33%) than nondiabetics (10.86%). This difference was statistically significant (Odds ratio = 4.1).

SURGEONDEPENDENT FACTORS^{6,8,56}**PRE-OPERATIVE HOSPITALISATION**

Pre-operative hospitalization has a significant impact on the post-operative wound infection. As the duration of pre-operative hospitalization increases then the normal bacterial flora of the patient will be replaced by the resistant hospital flora. Hence the duration of pre-hospitalization increases post-operative wound infection rate.

In this study though the infection rate was higher when the pre-operative hospitalization was more than 1 week (13.27%) than when the pre-operative hospitalization was less than 1 week (7.35%) with an odds ratio of

1.95 the findings are not statistically significant. Cruse and Foord had an infection rate of 1.2% with one day pre-operative hospital stay; 2.1% with 1 week hospital stay and 3.4% with more than 2 weeks of pre-operative hospitalization.

DURATION OF OPERATION

There is a direct relationship between the length of time of operation and the infection rate. The infection rate roughly doubles with every hour of surgery. In this study the infection rates in relation to duration of surgery is shown in table 10. In the operative procedures less than 2 hours duration there is no significant increase in the incidence of infection. In procedures exceeding 2 hours of time there is a statistically significant increase in the infection rate (Odds ratio = 8.24).

USE OF DRAINS

Cruse and Foord found that use of drains is associated with higher infection rate. Porras - Hernandez et al showed in their study that use of open drains was associated with surgical site infections. This study also confirmed that there is an increase in incidence of wound infection in operations where drains were used (25.37%) when compared to operations where drains were not used (6.13%). Though this finding is statistically significant (Odds ratio = 5.20) drains were used mainly in dirty and emergency operative procedures, which are by themselves associated with higher infection rate. Hence it is difficult to point to the drains as a cause for infection.

CONCLUSIONS

1. The overall infection rate in this study was 13.58% which is mainly due to the higher infection rate in the contaminated and dirty procedures (33.33%) where many of the patients were first seen about 2 to 3 days after peritonitis had developed.
2. The infection rate was higher in the emergency operative procedures (21.24%) when compared to the elective procedures (9.87%).
3. Females had a slightly higher infection rate (15.28%) when compared to males (13.14%) but the difference is not statistically significant. This could probably be because of small number of females in the study (72 vs 274).
4. Infection rate was higher among patients over 60 years (O

- .R.=2.09) and in patients with pre-operative hospitalization over 1 week (O.R.=1.95) though there is no statistical significance.
- This study established the influence of nature of surgery, urgency of surgery, duration of surgery, anemia, diabetes and use of drain on the incidence of infection with a strong statistical association.
 - This study clearly depicted the changing pattern of wound infection towards mixed infections.
 - A larger study with a substantial number of patients will confirm the findings in this study.

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