

Changing trends in the etiology of Respiratory infections in ICUs



Medical Science

KEYWORDS :

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INTRODUCTION :

Respiratory infections are major problem in ICUs. Ventilator associated pneumonia is the leading cause of morbidity and mortality in Intensive care units (ICUs).

Incidence of VAP varies from 7 to 70% in different studies and mortality rates vary from 20 to 75% according to the study population.

Common organisms included are *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter* species.

The major risk factor for VAP is intubation and the duration of mechanical ventilation.

AIMS AND OBJECTIVES

1. Isolation of organisms from respiratory bacterial infections in ICUs.
2. Antibigram of the organisms.
3. Comparison with retrospective data.

STUDY GROUP:

1. Retrospective data of bacterial infections in patients from 2010 to 30-08-2014
2. Prospective data of 100 samples in 2014 of 3 months duration.
3. Both males and females of all age groups are included in the study.

SAMPLE : Sputum, endotracheal aspirates

Inclusion criteria : Sputum, Endotracheal aspirates.

Exclusion criteria : Pus, Urine, Blood, Pleural fluid samples

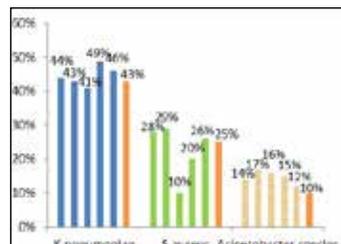
METHODS :

Sputum samples were inoculated onto Mac Conkey and Blood agar plates and incubated at 37°C for 24-48 hrs.

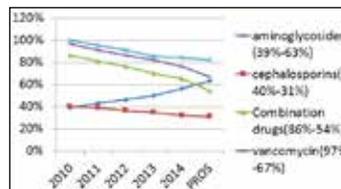
The organism was isolated by routine identification methods and antibiotic sensitivity was done by inoculating on Muller Hinton agar plates using Kirby bauer disc diffusion technique as per standard CLSI guidelines.

RESULTS

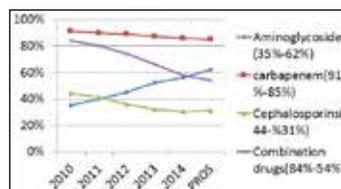
BACTERIAL ISOLATES OF RESPIRATORY INFECTIONS



ANTIBIOTIC SENSITIVITY PATTERN OF GRAM POSITIVE COCCI



ANTIBIOTIC SENSITIVITY PATTERN OF GRAM NEGATIVE BACILLI



DISCUSSION:COMPARSON OF PROSPECTIVE DATA WITH OTHER STUDIES

Study	Organism	Antibiotic Sensitivity
Trouillet,Chastre, Vuagnat,et al; VAP	<i>Klebsiella</i> spp, <i>Kocazey-Aerobic</i> GNB in cardiology ICU pts	-
Most common organism isolated	<i>Pseudomonas</i> sps-32.7%, <i>Acinetobacter</i> sps-24%, <i>K.pneumoniae</i> -19.4%	-
GNB Antibiotic sensitivity	Combination drugs-74%, Carbapenems-87.7%, Cephalosporins-71.5%, Aminoglycosides-55%	Cephalosporins-58.5%, carbapenems-30%,
GPC Antibiotic sensitivity	Combination drugs-79.8%, Cephalosporins-75.7%, Aminoglycosides-23%, Va-100%	-
Kaul et al-Antibiotic cycling in a medical ICU	<i>Klebsiella</i> sps 27%, <i>E.coli</i> -16.8%, <i>S. aureus</i> -11.7%	-
Most common organism isolated	<i>Klebsiella</i> sps-43%, <i>S. aureus</i> -25%, <i>Acinetobacter</i> species-10%	-
GNB Antibiotic sensitivity	Combination drugs-54%, Carbapenems-85%, Cephalosporins-31%, Aminoglycosides-62%	-
GPC Antibiotic sensitivity	Combination drugs-54%, Cephalosporins-31%, Aminoglycosides-63%, Va-67%, Lz-82%	-

In the study, the most common organisms isolated were *Klebsiella* species, *Staphylococcus aureus*, *Acinetobacter* species

For Gram positive cocci, there is increased sensitivity to aminoglycosides and decreased sensitivity to cephalosporins.

For Gram negative bacilli, there is increased sensitivity to aminoglycosides and decreased sensitivity to carbapenems.

The above results showed that there is no much difference in etiology of respiratory infections in ICU's.

CONCLUSION:

Though the present data showed that there is no change in etiology of respiratory infections in ICUs, but gives idea for investigations and empirical treatment.

REFERENCE

1. Ventilator-associated pneumonias caused by potentially drug-resistant bacteria Jean-Louis Trouillet, Jean Chastre, Albert Vuagnat
2. High resistance rate against 15 different antibiotics in aerobic Gram negative isolates of Cardiology ICU patients E Kucukates, B Kocazeybek
3. Kaul et al -Antibiotic cycling in a medical ICU