Mucormycosis with Choleasteatoma case Report



Medical Science

KEYWORDS: Mucor, Choleasteatoma, Diabetes

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ABSTRACT

Mucor is a saprophytic organism which invades the nose and paranasal sinuses of immuno compromised and diabetic patient. Mucormycosis is rare fungal infection caused by mucor species, rhizop us and anr idia species. Among the conditions predisposing to Mucormycosis are diabetes mellit us, malnutrition, hema to logical malignancies, neutropenia, burns, surgical procedures, long term steroid therapy and immunosuppressive therapy. A 50 years old male came with a history of discharge and pain in right ear since 15 days. Microscopically diagnosis of mucormycosis with choleasteatoma was given.

Introduction:

Mucormycosis is an emerging angioinvasive infection caused by ubiquitous filamentous fungi of Mucorales order of class of Zygomycetes. Mucormycosis has emerged as the third most common invasive mycosis in order of importance after candidiasis and aspergillosis in patient with hematological and allogenic stem cell transplantation^[1]. Mucormycosis remains difficult to treat and requires a multifaceted approach involving elimination of predisposing factors, surgical debridment and antifungal therapy. Lipid formulation of amphotericin B are the treatment of choice.[2]

Case Report:

50 year old male came to MGM Medical college, kamothe with history of pain in right ear and discharge since 15 days. Patient also had a complaint of fever with chills and rigors since 3 days. He was diagnosed a case of poorly controlled diabetes mellitus since 2 years and was on oral hypoglycemic drugs and insulin therapy.

Biopsy sample

taken from the Right ear shows following microscopical features of mucormycosis -broad branched thin wall non septate hyphae at right angle seen in tangled walls. The following microscopical features of choleasteatoma were seen-Stratified squamous epithelium lining along with laminated flakes of keratin.(Figure 1 and Figure 2) Biochemical Investigation revealed elevated blood sugar with random blood sugar 300 mg/dl, WBC Count -3500/ cubic mm with 90% neutrophils and 10% lymphocytes. Patient was on antibiotic therapy with combination of Amoxicillin and Clavunic acid. Blood sugar was maintained with oral hypoglycemic and insulin therapy.

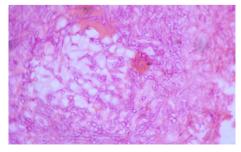


Figure 1: H&E Stained section shows broad branched thin walled non septate hyphae at right angle seen in tangled walls.(Higher Magnification -40x)

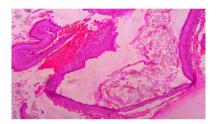


Figure 2: H&E Stained section show features of choleasteatoma -stratified squamous epithelium with laminated flakes of keratin.(Higher Magnification-40x)

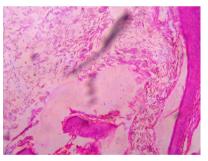


FIGURE 3: H&E Stained section shows Stratified squamous epithelium with laminated flakes of keratin(Higher Magnification-40x)

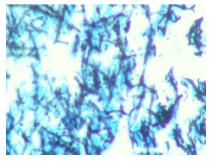


Figure 3:GMS Stain Positive: H&E Stained section shows Broad branched thin walled non septate hyphae at right angle(Higher Magnification-40x)

Discussion:

Mucormycosis is manifested by variety of different syndromes in humans predominantly in immunocompromised patients and those with diabetes mellitus. Devastating Rhinoorbital and pulmonary infection are most common caused by fungi.

Genera most common found in humans are Rhizopus , Mucor and Rhizomucor.

Mucormycosis - Infarction and necrosis of host tissue result from invasion of vasculature by hyphae.

The diagnosis of mucormycosis relies upon identification of organism in tissue by histopathology with culture confirmation.

However culture often yields no growth and histopathological identification of agent of mucormycosis may provide the only evidence of infection.

Conclusion:

We are presenting this case of rarity of infection of mucormycosis with choleasteatoma. Due to potential fatality by mucormycosis in uncontrolled diabetes an early diagnosis is essential. Hence in immunocompromised /diabetic patients with complaints of ear discharge a thorough screening for fungal infections making use of special stains in additional to routine heamotyxlin and eosin stain in histopathological studies should be done.

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