INTRODUCTION


Present study was conducted in order to create theory of TANMATRAS (look, voice, smell, touch) based female sexual desire which was not available in literature.

MATERIAL AND METHODS

120 healthy female youngsters of the age group ranging between 20-25 years having menstrual cycles of 28 days beginning on the same date were divided into following A, B, C, D, E and F groups each having 20 female youngsters.

Group 'A'
Those female youngsters who were not exposed to TANMATRAS of their spouses on 7th day of their menstrual cycle before recording the observations.

Group 'B'
Those female youngsters who were subjected only to look the face of their spouses for one hour before recording the observation on 7th day of their menstrual cycle.

Group 'C'
Those female youngsters who were subjected only to talk with their spouses for one hour before recording the observation on 7th day of their menstrual cycle.

Group 'D'
Those female youngsters who were subjected only to touch the body of their spouses for one hour before recording observation on 7th day of their menstrual cycle.

Group 'E'
Those female youngsters who were subjected only to smell the body of their spouses for one hour before recording observation on 7th day of their menstrual cycle.

Group 'F'
Those female youngsters who were subjected only to kiss on the lips of their spouses for one hour before recording the observation on 7th day of their menstrual cycle.

Immediately after experiment blood concentration of oestrogen hormone and sexual desire appeared in the form of face/eye glow were recorded in all the female youngsters of each group and mean of each kind of observation was calculated separately for each group.

Heart rate, respiratory rate, blood pressure and body temperature in female youngster of each group was also calculated separately for each group.

OBSERVATIONS

Heart Rate-
On 7th day of menstrual cycle mean of heart rate was 80 per minute in female youngster of group A, 88 per minute in female youngsters of group B and 'C' and 100 per minute in female youngsters of group D, E, F.

Respiratory Rate-
On 7th day of menstrual cycle respiratory rate was 20 per minute in female youngsters of group A, 22 per minute in female youngsters of group B, C and 25 per minute in female youngsters of group D, E, F.

Blood Pressure-
On 7th day of menstrual cycle mean blood pressure was 115/78 mm of Hg in female youngsters of group A, 120/80 mm of Hg in female youngsters of group B, C and 125/82 mm of Hg in female youngsters of group D, E, F.

Body Temperature-
On 7th day of menstrual cycle mean body temperature was 98.5°F in female youngsters of group A, 90°F in female youngsters of group B, C and 99.5°F in female youngsters of group D, E, F.

Blood concentration of oestrogen hormone-
On 7th day of menstrual cycle mean blood concentration of oestrogen hormone was + in female youngsters of group A, + + in female youngsters of group B, C and + + + in female youngsters of group D, E, F.
Sexual Desire appeared in the form of face/eye glow:
On 7th day of menstrual cycle mean sexual desire appeared in the form of face/eye glow was ++ in female youngsters of group A, ++ in female youngsters of group B, C and +++ in female youngsters of group D, E, F.

Table-I

<table>
<thead>
<tr>
<th>Group of female youngsters</th>
<th>Heart Rate (per minute)</th>
<th>Respiratory Rate (per minute)</th>
<th>Blood Pressure (mm of Hg)</th>
<th>Body Temperature</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>80</td>
<td>20</td>
<td>115/78</td>
<td>98.50F</td>
</tr>
<tr>
<td>B</td>
<td>88</td>
<td>22</td>
<td>120/80</td>
<td>99.0F</td>
</tr>
<tr>
<td>C</td>
<td>88</td>
<td>22</td>
<td>120/80</td>
<td>99.0F</td>
</tr>
<tr>
<td>D</td>
<td>100</td>
<td>25</td>
<td>125/82</td>
<td>99.50F</td>
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<tr>
<td>E</td>
<td>100</td>
<td>25</td>
<td>125/82</td>
<td>99.50 F</td>
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<tr>
<td>F</td>
<td>100</td>
<td>25</td>
<td>125/82</td>
<td>99.50 F</td>
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</tbody>
</table>

Table-II

<table>
<thead>
<tr>
<th>Group of female youngsters</th>
<th>Blood concentration of oestrogen hormone</th>
<th>Sexual desire appeared in the form of face/eye glow</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>+</td>
<td>+</td>
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<tr>
<td>B</td>
<td>++</td>
<td>++</td>
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<tr>
<td>C</td>
<td>++</td>
<td>+</td>
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<tr>
<td>D</td>
<td>+++</td>
<td>+++</td>
</tr>
<tr>
<td>E</td>
<td>+++</td>
<td>+++</td>
</tr>
<tr>
<td>F</td>
<td>+++</td>
<td>+++</td>
</tr>
</tbody>
</table>

DISCUSSION

It is clear from the results obtained in the present study that exposure of female youngsters to the TANMATRAS (look, voice, smell, touch, taste) of their spouses raises blood concentration of oestrogen hormone which stimulates centre of sexual desire situated in hypothalamus of female youngsters. Stimulated centre of sexual desire stimulates centre of sympathetic system situated adjacent to it due to which there is increase in heart rate, respiratory rate, blood pressure and body temperature in proportion to the rise in blood concentration of oestrogen hormone as well as rise in sexual desire appeared in the form of face/eye glow (Keshaw Kumar, 2014, 2015, 2016) 3,4,5.

Results obtained in the present study resemble with the findings of Keshaw Kumar (2014)3 where he observed that exposure of a female youngster to the TANMATRAS of her husband rises her normal sexual desire.

Results obtained in the present study also resemble with the findings of Keshaw Kumar (2012, 2012, 2015, 2016) 1,2,4,5 where he observed that increasing blood concentration of oestrogen hormone increases the sexual desire in female youngster in proportion increaseing to blood concentration of oestrogen hormone.

According to book "Brahm Sutra" written by Vedvyas and according to book "Spiritual Anatomy" written by Dr. Keshaw Kumar there are five TANMATRAS (form, Taste, smell, sound, touch) of five MAHABHUTAS (Earth, Water, Fire, Space, Air) and to feel these TANMATRAS five sense organs (Eye, Nose, Ear, Tougue, Skin) are provided by nature to every living being (Keshaw Kumar 2014)3.

So many songs of Hindi movies provide force to the findings of present study. For example following lines of a song in movie "JIS DESH ME GANGA BAHATEE HAI" (1960)

"BANAKE PATTHAR HAM KHADE THE,
SOONI SOONI RAH ME.

JEE UTHE JABASE TUMHAREE
BAANH AAYEE BAANH ME."

and following lines of a song in movie "HAMRAAHEE" (1963)

"MUJHKO APNE GALE LAGAALO,
AI MERE HAMRAHEE.
MAI TUMKO BATALAAOON KIAISE,
KITNA TUMSE PYAAR HAI!"

and following lines of a song in movie "WAQT" (1965)

"CHEHRE PE KHUSHEE CHHAAJAAE HAI
AANKHON ME SHAROOR AA JAATAA HAI
JAB TUM MUJHE APANA KAHATE HO
APNE PE GAROO AA JAATAA HAI"

and following lines of a song in movie "NEELA AAKASH" (1965)

" ISLIYE AAP SE GHAPEARAAK
BACHAALEE AANKHEN
AAP KO TEER CHALAAE KI
BUREE AADAT HAI"

and following lines of a song in movie "SANGHARSA" (1968)

"JAB DIL SE DIL TAKRATA HAI,
MAT POOCCHHHY KYA HO JATAA HAI.
RUKTEE HAI JIBAN JHUKTEE HAI NAJEAR
MAYHE PASEENA AATAA HAI."

and following lines of a song in movie "PATTHAR KE SANAM" (1968)

"ARMAA KISKO JANNAT KEE,
RANGEEN GALIYON KAA,
MUJHKO TERA DAMAN HAI,
BISTAR KALIYON KAA.
TEREE BAAHEN HAIN JHAANAN PE,
MERE JANNAT BHEE VAHEEN.
MEHBOOB MERE MEHBOOB MERE
MEHBOOB MERE MEHBOOB MERE."

and following lines of a song in movie "AADAMEE KHILAUNA HAI" (1983)

"ARMAA KISKO JANNAT KEE,
RANGEEN GALIYON KAA,
MUJHKO TERA DAMAN HAI,
BISTAR KALIYON KAA.
TEREE BAAHEN HAIN JHAANAN PE,
MERE JANNAT BHEE VAHEEN.
MEHBOOB MERE MEHBOOB MERE
MEHBOOB MERE MEHBOOB MERE."

and following lines of a song in movie "ANJAAM" (1994)

"JAB SAAMNE TOO MERE AATAA HAI
DIL DHAK SE MERA HO JATAA HAI."

and following lines of a song in movie "RACE" (2008)

"JARA JARA KISS ME KISS ME KISS ME,
JARA JARA TOUCH ME TOUCH ME TOUCH ME."

and following lines of a song in movie "JAB TAK HAI JHAANAN" (2012)

"SAANS ME TEREE SAANS MILEE
TO MUJHE SAANS AAYEE."

and following lines of a song written by a famous poet "BIHAAREE" in his famous book "BIHAAREE SATASAYEE"

"BATARAS LAALACH LAAL KEE,"
also prove that TANMATRAS of spouse of a female youngster raise her normal sexual desire. Stimulus of TANMATRAS (look, taste, smell, voice, touch) of her spouse are conducted through the receptors situated in sense organs (eyes, tongue, nose, ears, skin) of a female youngster in the form of impulses in the nerves to reach the brain due to which secretion of follicle stimulating hormone is increased by the Pituitary Gland. Increased concentration of follicle stimulating hormone in blood enhances the formation of Graafian follicles in ovary due to which blood concentration of oestrogen hormone is raised because more and more Graafian follicles are secreting oestrogen hormone through their thecal glands. Increased blood concentration of oestrogen hormone stimulates centre of sexual desire situated in hypothalamus. Due to stimulation of sexual desire heart rate respiratory rate, blood pressure and body temperature are also increased because stimulated centre of sexual desire stimulates centre of sympathetic system situated adjacent to it.

On the basis of results obtained and findings recorded in the present study following facts are concluded as three laws to the effect of TANMATRAS of her spouse on female youngster.

Exposure to TANMATRAS of their spouses raises sexual desire in female youngsters-Theory of TANMATRAS based female sexual desire created by Dr. Keshaw Kumar.

In the female youngsters watching the face or listening the voice of their spouses there is twice increase in their normal sexual desire.

In female youngsters touching/smelling/kissing on lips of their spouses there is thrice increase in their normal sexual desire.

REFERENCES