



## MULTILOCLAR CYSTIC NEPHROMA: A RARE CYSTIC TUMOR OF THE KIDNEY IN PEDIATRIC AGE GROUP

### Pathology

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### ABSTRACT

Among the mixed epithelial-stromal tumours of the Kidney Multilocular cystic nephroma is a rare (1%-2% of all renal tumours), non-genetic and benign multicystic lesion. This unilateral renal multicystic lesion shows bimodal age distribution i.e. below 2 years old and in adults. MCN, Cystic Partially differentiated nephroblastoma and Cystic Wilms tumors are a spectrum with benign to malignant nature respectively.

### KEYWORDS

Multilocular cystic nephroma, benign, Sonography/CT, Radical Nephrectomy.

### 1. INTRODUCTION

Multilocular cystic nephroma is a rare, non-genetic, benign, unilateral multicystic lesion of the kidney. MCN is grouped along with Mixed Epithelial-Stromal tumours of the kidney. This rare cystic lesion can be seen in children below 2 years of age and in adults. Normally, it is associated with an abdominal mass which is usually asymptomatic or showing non-specific symptoms.

Sonographic/CT findings relate to the size of the locules and to determine whether it is a non-specific complex intrarenal mass or a mass with a multilocular configuration and discrete septa.

Fine needle aspiration has got very little diagnostic benefit because representative samples of most cystic septa cannot be taken.

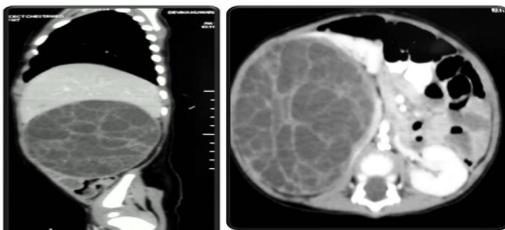
For definite diagnosis, Radical Nephrectomy is strongly recommended.

We present an unusual case of a 1-year-old female patient with an abdominal mass.

### 2. Case presentation:

A 1-year-old girl patient comes with an abdominal lump with no specific symptoms. On examination, it is revealed that the patient is having a lump in the right flank.

CECT Abdomen shows a multilocular cystic lesion with thin septa replacing the entire kidney, with no vessel encasement or thrombus formation and no signs of adjacent organ infiltration, suggesting a provisional diagnosis of multilocular cystic nephroma.



**CECT Abdomen: Multicystic lesion with thin septa replacing right kidney.**

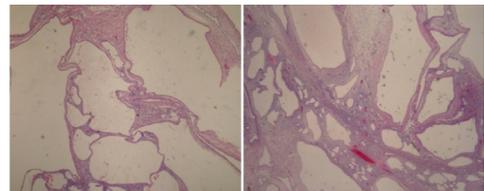
**TREATMENT:** As radical nephrectomy is highly recommended in this patient, also NEPHRO-UTERECTOMY was performed. During operation, it was seen that the tumour had replaced the entire kidney with well-defined planes and surrounding structures.

Cut section of the affected kidney shows the kidney is replaced with a multilocular cystic lesion with thin septa.



**CUT SECTION:** Multilocular lesion replacing the entire kidney.

**MICROSCOPIC FEATURES:** Histopathologic features show the lesion is of multicystic nature and cysts are of variable sizes and do not contain any immature nephrogenic elements or any solid areas or cytologic atypias. The cystic septa are fibrous with the presence of a variable amount of inflammation and hypocellular nature. The lining epithelium is flattened to cuboidal and hobnailing is seen frequently. No ovarian type of stroma is seen. No evidence of any epithelial complexity like branching glands or papillary projections or cribriform structure is seen. Partial or complete fibrous pseudocapsules containing entrapped tubules and glomeruli are common. Some portions of the tumour are seen to be intermingled with normal parenchyma.



The patient fully recovered after the surgery and was asymptomatic after the treatment.

### 3. CONCLUSION

In children who present with cystic renal masses, a high amount of suspicion should be raised for benign lesions like MCN irrespective of the ages. Pre-operative imaging for MCN is distinctive and can often suggest the diagnosis. Histopathological examination of the operative specimen confirms the diagnosis and differentiates it from other variants like cystic partially differentiated nephroma and cystic Wilms tumour. The prognosis of a patient with Nephrectomy is very good.

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