



PROVED EFFICACY OF HOMOEOPATHY IN SKIN DISEASES - OBSERVATIONAL STUDY

Community Medicine

Dr. Mukesh Kumar M.D(Hom.) Reader & Head Community Medicine deptt Govt.Pt.J.L.N Homoeopathic Medical College,Kanpur.

ABSTRACT

Any skin Disease like Eczema , Psoriasis, itching , allergic, Dermatitis, Pityriasis alba,Pityriasis rosea, Ache, Baldness, Dandruff, Scabies, Discolouration, Boils, Curbuncles, ulcers, lyst nodes, Urticaria, can be successfully cured through Homoeopathic treatment. The skin diseases are classified by WHO under as chapter 12 code(L00-L99). The skin diseases are external manifestations of internal fundamental diseases like Psora , sycosis, syphilis. For successful treatment of skin diseases the similimum must have the power to root out these Miasm. Study and through experience it is seen that sometimes intercurrent Medicine of indicated miasm gives better result with indicated remedy. Skin diseases is not a local disease except few injuries. But even a single lesion of eczema has the internal fundamental cause as general. Therefore to treat skin diseases the totality should be made through proper case taking , then indicated medicine will be choosen. The mental symptoms, eating cravings and thermal reactions also important for consideration. According to organon of medicine in supressed cases anti-psoric medicine should be given to clear the case picture. Dr.S.Hahenmann also advised the treatment of skin diseases should be ended with a anti-psoric medicine to prevent re-occurrence.

There are some cautions in treatment as following:-

1. Skin is a sensitive organ therefore aggravation occurs easily so minimum doses and initially the treatment must be started with 30 C. Then higher potencies will be prescribed.
2. Removing exciting and maintaining causes like dust, soap ,cloth, Allopathic ointments, cosmetics etc. Is also necessary.
3. What previous medicine homoeopathic ,allopathic ,ayurvedic the patient has taken must be kept in consideration.
4. Sweet and salt limitations in diet is also necessary.

KEYWORDS

Fundamental cause, intercurrent Medicine ,Psora, syphilis, exciting factors ,potency, organon of medicine.

CITING OF CASES

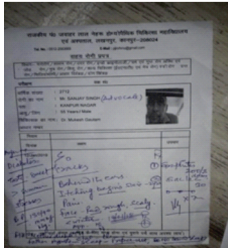
CASE-No.1

12/01/19

Mr. Singh 55/M O.P.D registration N.2712 Govt.Pt.J.L.N. Homeopathic Medical College Kanpur came to me for his skin C/O

Complaints -

1. Cracks of ears posteriorly
2. Itching & pain too much at cracks.
3. Discharge of serum sticky and bloody.
4. Chin and beard also have eczema and itching.
5. Diabetes. Duration of c/o 2 years.



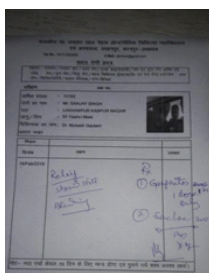
P/H -has taken allopathic treat. but none of use. Eating desire-Salty and sweet both.

Complexion-whitish Mentally -stress ++, Anger ++ F/H-Father - Hypertension Mother-diabetic.

Sleep-no proper sleep, no sound sleep
12/01/19

Rx

1. Graphitis, 200, 3 dose only.
2. Sac Lac 200, 7 days.



19/01/19

Crack healed, itching is very less. Oozing is very less.

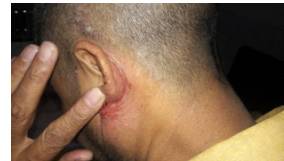
Rx

1. Sac Lac 30 Tds for 15 days.

2/02/19

Only 5% cracks left on ears.

Chin and beard has no lesion and itching.



16/02/19

Rx

1. Graphitis 1 M, 1 dose only. 2. Sac Lac 30, tds for 7 days Patient is still under treatment.

CASE-No.2

A female name ABC 48/F 4081 9/01/19 O.P.D Govt. Pt.J.L.N. Homeopathic Medical College Kanpur came to my O.P.D Having these complaints

C/O

- Brown spots over the face.
- 80% of face have spots.
- Menses-Irregular
- Delayed mostly
- Dysm
- Clots black colour came Mentally-very weeping
- anger ++
- Does not like wrong things Thermal-chilly

Complexion-fair 19/01/19



02/02/19

1. Sepia 200, 1 dose only
2. Pulsatilla 30 TDSx 7 days Very relief ,95% of spots vanished , 5% left. Mentally patient is happy.

Rx

1. Sepia 200, 1 dose
2. pulsatilla 30 tds 7 days.

Patient is still under treatment.

MASTER CHART**(Patient observed Nov.18-Feb.19)**

S.NO	REGISTRATION	NAME	AGE/SEX	DISEASE	TREATMENT	RESULT
1.	2712	S	55/M	EAR ECZEMA	GRAPHITIS 200,1 D/SL TDS	VERY RELIEF
2.	4081	U	48/F	FACE SPOTS	SEPIA 200,1 D PULSTILLA 30 TDS	VERY RELIEF
3.	10218	T	02/F	SCABIES	SULPHUR 200, 1D/SL TDS	RELIEF
4.	8470	V	59/M	BOILS/ITCH	CALC. SULPH 200 ,3 D/SL TDS	RELIEF
5.	7107	R	60/M	ITCHING ON FACE	SULPHUR 30 ,1 D/SL TDS	RELIEF
6.	4791	L	07/M	PITYRIASIS	BACILLIUM 200, 1D/SL TDS	RELIEF
7.	1977	D	22/M	ITCHY ERUPTIONS	SULPH.200/1 D/RHUS TOX 30 TDS	V. RELIEF
8.	0991	N	10/M	SCABIES	SULPH 30 ,1 D,RHUS TOX 30,BD	V. RELIEF
9.	62733	R	25/M	ALOPECIA AREATA	PHOSPHORUS 200 1D/SL TDS	V.RELIEF
10.	62747	R	70/M	ITCHING	SULPH 200/NUX VOMICA 30	RELIEF
11.	1099	V	25/M	ALOPECIA	SULPH 200/SL TDS	RELIEF
12.	2070	M	20/F	DANDRUFF	LYCO 200, 1D/ SL TDS	RELIEF
13.	2740	S	46/F	WARTS	SEPIA 30/ SL TDS	STATUS QUO
14.	56629	T	30/M	ITCHING	ARSENIC 30 TDS	RELIEF
15.	56627	S	29/M	ITCHING ECZEMA	ARSENIC 30 TDS	RELIEF
16.	56552	P	18/M	ECZEMA	SULPH 200, 1D/ SL TDS	RELIEF
17.	56616	S	45/F	WARTS RED	SEPIA 200, 3D/SL TDS	STATUS QUO
18.	54267	A	22/M	ITCHY	SULPH 30, 1D/ARS. 30 TDS	V.RELIEF
19.	54268	M	18/M	ECZEMA,ITCH	GRAPH 200, 1D/ SL TDS	STATUS QUO
20.	54264	S	42/F	ITCHING GENERAL	SEPIA 30 ,1 D ,TDS	STATUS QUO

NOTE:-For maintaining privacy, only first letter of the name of patients written & some of these above patients have taken treatment and some are under treatment.

RESULT-In above chart the 20 patients were observed for month NOV 18 to FEB 2019. 16 patients shown better results with Homeopathic Medicines and 04 patients doesn't show any relief , there conditions remained same. The majority of cases shown good responses to antipsoric medicines . So this proves Dr.Hahnemann Theory that skin diseases has psoric origin. Mostly above observation , the Medicines such as Sulphur,Arsenic album, Rhus Tox,Sepia, Bacillium, Graphite,Lycopodium,Phosphorus have given better responses.

CONCLUSION-

The above observation study shows that Homoeopathy is best treatment for skin diseases. The proper case taking , Totality of symptoms, The proper potencies and doses of anti-miasmatic drugs given better results in skin diseases. The Homoeopathy can successfully cure such skin maladies.

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