



PELVIC INFLAMMATORY DISEASE: A REVIEW AND ITS HOMOEOPATHIC MANAGEMENT

Homeopathy

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ABSTRACT

Pelvic Inflammatory disease also is an infection of upper part of female reproductive system. This article deals with an overview of Pelvic Inflammatory disease, focusing upon its various aspects along with Homoeopathic management of the same.

KEYWORDS

Pelvic inflammatory disease, Homoeopathy

INTRODUCTION-

Pelvic inflammatory disease (PID) is defined as an inflammation of the upper genital tract due to an infection in women. The disease affects the uterus, fallopian tubes, or ovaries. It is typically an ascending infection, spreading from the lower genital tract. The majority of cases PID are related to a sexually transmitted infection.

Etiology- Ascending infection from the cervix causes PID. In 85% of cases, the infection is caused by sexually transmitted bacteria. The bacteria *Neisseria gonorrhoeae* or *Chlamydia trachomatis* are the most common pathogens¹.

Risk factors²-

- Menstruating teenagers
- Multiple sexual partners
- Absence of contraceptive pill use
- History of acute PID
- IUD users

Epidemiology- A crude marker of PID in resource-poor countries can be obtained from reported hospital admission rates, where it accounts for 17% to 40% of gynaecological admissions in sub-Saharan Africa, 15% to 37% in Southeast Asia, and 3% to 10% in India³. PID occurs most frequently in women ages 15 to 25 years¹.

Clinical features²-

- Bilateral lower abdominal and pelvic pain.
- Fever, lassitude, headache.
- Excessive vaginal bleeding.
- Abnormal vaginal discharge.
- Nausea and vomiting.
- Dyspareunia.

Investigation²-

- Identification of organism- Discharge from the urethra or Bartholin's gland.
- Serological test includes- raised ESR
- Leucocytosis
- Laparoscopy
- Sonography – Abdomen and Pelvis
- Culdocentesis.

Homoeopathic Approach-

Rubric Selection.

Synthesis Repertory⁴-

FEMALE GENITALIA/SEX - INFLAMMATION

Acon. ambr. anan. Apis **ARS.** Asaf. aur-m. Bell. borx. bry. calc-s. Calc. cann-s. cann-xyz. canth. carb-v. Coc-c. coll. con. ferr-ar. Ferr-p. ferr. ign. Kali-c. **KREOS.** Lyc. med. Merc-c. **MERC.** Nat-m. nat-s. Nit-ac. nux-v. Petr. podo. prot. **RHUS-T.** Sec. Sep. staph. sulph. syc. tarent. Thuja.

Kent Repertory⁵-

FEMALE GENITALIA - INFLAMMATION

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Boger Boenninghausen's Characteristics & Repertory⁶-

GENITALIA - Female organs – inflammation -*Kreos. Merc. nit-ac. podo. SEC. Sep. staph. Sulph.*

Murphy Repertory⁷-

Female - INFLAMMATION, genitalia

Acon. ambr. anan. Apis **ARS.** Asaf. Bell. bry. Calc. carb-v. Coc-c. coll. con. ferr-ar. Ferr-p. ferr. ign. Kali-c. **KREOS.** Lyc. med. Merc-c. **MERC.** Nat-m. nat-s. Nit-ac. nux-v. Petr. **RHUS-T.** Sep. staph. sulph. tarent. Thuja.

Therapeutics

1. Arsenic Album- -Menses too profuse and too soon. Burning in ovarian region. Leucorrhoea, acrid, burning, offensive, thin. Pain as from red-hot wires; worse least exertion; causes great fatigue; better in warm room.

2. Kreosotum- Corrosive itching within vulva, burning and swelling of labia; violent itching between labia and thighs. Burning and soreness in external and internal parts.

Leucorrhoea, yellow, acrid; odor of green corn; worse between periods. Haemorrhage after coition. Menses too early, prolonged. Menstrual flow intermits; ceases on sitting or walking; reappears on lying down. Pain worse after menses.

3. Mercurius Solubilis- Menses profuse, with abdominal pains. Leucorrhoea excoriating, greenish and bloody; sensation of rawness in parts. Itching and burning; worse, after urinating; better, washing with cold water.

4. Rhus Toxicodendron- Swelling, with intense itching of vulva. Pelvic articulations stiff when beginning to move. Menses early, profuse, and prolonged, acrid.

5. Cantharis Vesicatoria- Menses too early and too profuse; black swelling of vulva with irritation. Constant discharge from uterus; worse false step. Burning pain in ovaries; extremely sensitive. Pain in os coccyx, lancinating and tearing.

6. Secale Cornutum- Menstrual colic, with coldness and intolerance of heat. Passive haemorrhages in feeble, cachectic women. Burning pains in uterus. Brownish, offensive leucorrhoea. Menses irregular, copious, dark; continuous oozing of watery blood until next period.

7. Sepia Officinalis- Pelvic organs relaxed. Bearing-down sensation as if everything would escape through vulva; must cross limbs to prevent

protrusion, or press against vulva. Leucorrhoea yellow, greenish; with much itching. Menses Too late and scanty, irregular; early and profuse; sharp clutching pains. Violent stitches upward in the vagina, from uterus to umbilicus

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