



CLINICAL FEATURES AND PROGNOSIS OF SPONTANEOUS BACTERIAL PERITONITIS IN NORTH INDIAN PATIENTS WITH LIVER CIRRHOSIS: A RETROSPECTIVE STUDY

Medical Science

Ashok Kumar	MBBS Hons, MD Medicine, Associate Professor contract Dept of Medicine, Patna Medical College
Shishir Kumar	MBBS Hons, MD Medicine, Associate Professor Dept of Gastroenterology, Patna Medical college
Purna Nand Jha*	MBBS, MD Medicine Assistant Professor Dept of Medicine, Patna Medical College. *Corresponding Author

ABSTRACT

Although early recognition and treatment with effective antibiotics have lead to improvements in the prognosis of patients with spontaneous bacterial peritonitis (SBP), it remains to be a serious complication in cirrhotic patients. This study was designed to evaluate the clinical manifestations and prognosis of patients with liver cirrhosis and SBP in India. Methods: This was a retrospective study examining 157 episodes of SBP in 145 patients with cirrhosis. SBP was diagnosed based on a polymorphonuclear cell count in ascitic fluid of > 250 cells/mm³ in the absence of data compatible with secondary peritonitis. Results: The mean age of the cohort was 56 years, and 121 (77%) of the 157 episodes of SBP occurred in men. Microorganisms were isolated in 66 episodes (42%): Gram-negative bacteria in 54 (81.8%), Gram-positive in 11 (16.7%), and Candida in 1. Isolated Gram-negative organisms were resistant to third-generation cephalosporin in 6 cases (17%), to ciprofloxacin in 11 (20.8%), and to penicillin in 33 (62.3%). The treatment failure and in-hospital mortality rates were 12.1% and 21%, respectively. Conclusions: SBP remains to be a serious complication with high in-hospital mortality, especially in patients with a high MELD score. (Gut and Liver 2009;3:197)

KEYWORDS

INTRODUCTION

Patients with liver cirrhosis are vulnerable to bacterial infections due to defects in various host defense mechanism. Spontaneous bacterial peritonitis (SBP) is the most common infection in cirrhotic patients followed by urinary tract infections, pneumonia, and bacteremia. SBP occurs in 8-27% of hospitalized patients with cirrhosis and ascites. Although the precise pathogenesis of SBP has not been clearly defined, overgrowth and translocation of intestinal bacteria, especially aerobic Gram-negative bacilli, appears to be the most important step in the pathogenic process. A high Child-Pugh score, a low protein level in ascites, and a high level of serum bilirubin have been previously identified to be risk factors for the development of SBP. However, recently, the outcome of SBP has been considerably improved due to early diagnosis and the introduction of effective antibiotics. Currently, the infection resolution rates are 77-91% and in-hospital mortalities 21-31%. In addition, the appropriate management of renal impairment in end-stage liver disease has been shown to further ameliorate the prognosis of SBP; a recent study concluded that the intravenous infusion of albumin in combination with cefotaxime reduced in-hospital mortality to 10%. Together with its grave short-term prognosis, recurrence rate after the resolution of an acute event may be as high as 70% during the subsequent year, and this remains as a challenging issue in the management of SBP. Thus, the oral administration of antibiotics such as quinolones and trimethoprim/sulfamethoxazole have been attempted to selectively achieve the intestinal decontamination of mainly aerobic Gram-negative bacilli, and such trials have significantly reduced the rate of recurrence and initial occurrence of SBP. However, prolonged antibiotic prophylaxis is accompanied by risks of altering bacterial species and of selecting antibiotic resistant organisms within the gut and may ultimately lead to modifications in causative microorganisms. Actually in a recent study, half of SBP cases despite the long-term norfloxacin prophylactic use were found to be caused by quinolone-resistant Gram-negative bacilli whereas only 16% of those not receiving prophylactic antibiotics were infected by the resistant organism. In addition, the misuse and overuse of broad spectrum antibiotics in general clinical practice has increased antibiotic-resistant microorganisms in many countries, which has raised concerns about potentially serious future clinical problems. In fact, one Indian study reported that the prevalences of microorganisms resistant to third-generation cephalosporins and quinolones were increasing in cirrhotic patients with SBP and that they exerted a negative influence on prognosis. This retrospective study was performed to investigate the current status of SBP in north India with specific regard to its microbiological features, treatment response and prognosis.

MATERIALS AND METHODS

Patients All patients with liver cirrhosis hospitalized for SBP treatment to Patna Medical college & Hospital between June 2019 and May 2020

were included in this retrospective study. A diagnosis of cirrhosis was established using histologic criteria or by clinical and ultrasonographic findings. SBP was diagnosed based on a polymorphonuclear (PMN) cell count in ascitic fluid of ≥ 250 cells/mm³ in the absence of clinical and radiological findings suggestive of secondary peritonitis. Secondary bacterial peritonitis was suspected when two or more organisms were isolated from ascites or when the ascitic PMN count was ≥ 250 cells/mm³ and at least two of the following three ascitic fluid findings were present: glucose < 50 mg/dL; total protein > 1 g/dL; and lactate dehydrogenase $>$ the upper limit of normal for serum. SBP was considered as community acquired when it was present at admission, and as hospital-acquired when it was developed > 48 hours after admission. Patients who had taken oral quinolone for more than 1 month before the episode of SBP were allocated to the previous prophylaxis group. Renal impairment at SBP diagnosis was defined as a serum creatinine > 1.5 mg/dL. Bacterial culture Diagnostic paracentesis with ascitic fluid culture was performed in all patients with ascites who developed local symptoms or signs suggestive of peritoneal infection, systemic signs of infection such as fever or leukocytosis, or clinical deterioration without any obvious precipitating factor. When an ascitic PMN count was greater than or equal to 250 cells/mm³, blood culture was performed. Ascitic fluid and peripheral blood were inoculated into aerobic and anaerobic blood-culture bottles (BACTEC NR 600; Becton Dickinson, Sparks, MD, USA) at bedside. At least 10 mL of ascitic fluid was inoculated into each bottle for aerobic and anaerobic cultures. All isolated organisms in culture were tested for antimicrobial susceptibility according to the diffusion method.

Treatment response and prognosis SBP resolution was considered when all signs of infection had disappeared and PMN count in ascitic fluid had reduced to < 250 cells/mm³. Treatment failure was defined as a decrease of $< 25\%$ in PMN count after 48 hours of treatment or a persistent PMN count of > 250 cells/mm³ on the 7th day of treatment, a positive culture after 48 hours of treatment, failure to continue antibiotic treatment, or persistent clinical signs of infection. Patients who died before follow-up paracentesis for the assessment of treatment effect were also classified as having treatment failures. In-hospital mortality was defined as death from any cause during hospitalization. Heo J, et al: Clinical Features of Spontaneous Bacterial Peritonitis 199

Profiles of Isolated Microorganisms of the Enrolled Patients Isolated microorganisms (n=66) No. (%) Gram-negative organisms 54 (81.8) Escherichia coli 32 (48.5) Klebsiella pneumoniae 13 (19.7) Klebsiella oxytoca 2 (3.0) Aeromonas 4 (6.1) Pseudomonas 2 (3.0) Citrobacter

freundii 1 (1.5) Gram-positive organisms 11 (16.7) Streptococcus pneumoniae 2 (3.0) Streptococcus viridans

STATISTICAL ANALYSIS

Data are expressed as mean±standard deviation (SD). Comparisons between groups were performed using the Student's t test for quantitative data and using the χ^2 test or Fisher's Exact Test for categorical data. Cumulative mortality and cumulative SBP recurrence rate were calculated using Kaplan-Meier analysis. Univariate analysis was used to identify factors predicting in-hospital mortality. Tested variables included age, sex, cause of cirrhosis, concomitant hepatocellular carcinoma (HCC), SBP, cirrhosis-related clinical and laboratory data obtained at the time of diagnosis of infection (including Child-Pugh and model for end-stage liver disease [MELD] scores³⁷).

RESULTS

Baseline characteristics This study included 157 episodes of SBP which developed in 145 patients with liver cirrhosis. Mean patient age was 56±12 years and males predominated (77.1%). The most common cause of liver cirrhosis was chronic hepatitis B (71.3%), which was followed by alcohol abuse (19.7%) and chronic hepatitis C (6.4%). According to the Child-Pugh classification, 22.3% and 77.7% were grades B and C, respectively; no patients had Child-Pugh grade A. The mean MELD score was 21.5±7.6. At time of SBP diagnosis, 61 cases (38.9%) had HCC, and portal vein thrombosis was noted in 23 cases (14.6%). Thirty-six cases (22.9%) had a history of at least one episode of previous SBP and 10 (27.8%) had received prophylactic antibiotics to prevent SBP recurrence. Twenty-nine cases (18.5%) were nosocomial and 128 cases were community-acquired. 2. Isolation of causative organisms and antibiotic resistance Causative organisms were isolated from ascitic fluid or peripheral blood in 66 cases (42%).

Gram-negative organisms accounted for 81.8% of all isolated organisms (54 of 66 cases). *Escherichia coli* was the most frequently isolated 200 Gut and Liver, Vol. 3, No. 3, September 2009

Clinical and Laboratory Characteristics of the Patients, and Gram-stain Results Gram-positive bacteria (n=11) Gram-negative bacteria (n=54) p-value* Age (years) 56±12 55±12 0.827 Sex, males (%) 4 (33.3%) 12 (22.6%) 0.643 Patients with Child-Pugh grade C, n (%) 8 (66.7%) 46 (86.8%) 0.093 Child-Pugh score 10.4±1.5 11.8±2.1 0.04 MELD score 18.3±6.1 23.1±7.7 0.048 Ascitic fluid Protein (g/dL) 1.33±0.65 0.92±0.52 0.025 Albumin (g/dL) 0.50±0.29 0.45±0.27 0.549 Treatment failure to first-line antibiotics, n (%) 2 (18.2%) 10 (18.5%) . Antibiotic Resistance Profiles of Isolated Organisms n Cefotaxime* Ciprofloxacin* Ampicillin* ESBL* Gram-negative organisms *Escherichia coli* 32 5 (15.6) 10 (31.3) 17 (53.1) 5 (15.6) *Klebsiella pneumoniae* 13 1 (7.7) 1 (7.7) 11 (84.6) 1 (7.7) *Klebsiella oxytoca* 2 0 0 2 (100) 0 *Aeromonas* 4 0 0 2 (50) 0 *Pseudomonas* 2 0 0 1 (50) 0 *Citrobacter freundii* 10 0 0 0 Gram-positive organisms *Streptococcus pneumoniae* 2 0 0 1 (50) 0 *Streptococcus viridans* 2 0 1 (50) 0 0 *Streptococcus salivarius* 10 0 0 0 *Streptococcus tuermerii* 10 0 0 0 *Staphylococcus aureus* 10 0 0 0 . Gram-positive strains were isolated in 11 cases (16.7%). Distributions of patients by Child-Pugh grade were not significantly different between SBP patients with Gram-positive or Gram-negative bacteria (p=0.093). However, Child-Pugh and MELD scores were significantly lower in patients with SBP due to Gram-positive bacteria. Overall, 33 of 54 (61.1%) Gram-negative organisms isolated showed resistance to ampicillin and 11 of 54 (20.4%) to ciprofloxacin. Six cases (5 of 32 [15.6%] of *Escherichia coli* and 1 of 13 [7.7%] of *Klebsiella pneumoniae*) were resistant to cefotaxime and all of these 6 organisms also produced extended-spectrum β -lactamase (ESBL). However, all of these ESBL-producing organisms were sensitive to imipenem and meropenem.

Treatment outcome and prognosis

Cefotaxime was the most frequently used antibiotics as a first-line treatment (150 cases, 95.5%), followed by cefoperazone (5 cases, 3.2%) and ciprofloxacin (2 cases, 1.3%). First-line antibiotics were used for 9±4 days and follow-up paracentesis was performed at 6±5 days after commencement of treatments. In 24 cases (15.3%), first-line treatment failed: 21 of 150 cases (14.0%) treated with cefotaxime, 2 cases treated with ciprofloxacin (100%) Heo J, et al: Clinical Features of Spontaneous Bacterial Peritonitis 201 . Of these 24 cases, 14 patients (58.3%) died before commencement of second-line antibiotics (13 patients treated with cefotaxime and one patient treated with cefoperazone). In 2 patients treated with ciprofloxacin as a first-line treatment, cefotaxime was used as second-line antibiotic, and in 8 cases treated with cefotaxime as first-line treatment, meropenem (2 cases), imipenem (1), cefoperazone (1), ceftazidime (1), ceftriaxone (1), ciprofloxacin (1), and teicoplanin (1) were used as second-line

antibiotics. Second-line treatment was successful only in 3 of 9 cases (33.3%). ESBL-producing organisms (β , 2.764; OR, 15.868; 95% CI, 2.335-107.843; p=0.005) as independent predictive factors of treatment failure to first-line antibiotics. Thirty-three patients (21%) died during hospitalization: 30 of 150 patients treated with cefotaxime (20%), 1 of 2 patients treated with ciprofloxacin (50%), and 2 of 5 patients treated with ceftazidime (40%). The causes of in-hospital mortality were hepatorenal syndrome (9 patients, 27.3%), gastrointestinal bleeding (3 patients, 9.1%) and infection (21 patients, 63.6%). In-hospital mortality was significantly greater for patients with SBP caused by ESBL-producing organisms (4 of 6 patients, 66.7%) than in the others (29 of 151 cases, 19.2%; p=0.005). Whereas 13 of 132 patients (9.8%) without treatment failure to first-line antibiotics died during hospitalization, 20 of 23 patients (87%) with treatment failure died (p<0.001). Cumulative mortalities among survivors at 3, 6, 9 and 12 months after an episode of SBP were 17.8%, 24.5%, 27.1% and 27.1%, respectively, and overall mor- 202 Gut and Liver, Vol. 3, No. 3, September 2009. Predictive factors of in-hospital mortality By multivariate analysis, the followings were significant independent predictive factors of in-hospital mortality

DISCUSSION

This retrospective study was performed to evaluate the current clinical features and treatment outcomes of SBP in North India. The major strength of this study was that enrollees were consecutive patients with cirrhosis and SBP who admitted in Patna medical college & Hospital during 12 months period. Thus, our data is probably representative of the current clinical features of SBP in North India. According to our results, in-hospital mortality among cirrhotic patients with SBP was 21%, which is similar to that found by other recent studies. 20,22,38 Although in-hospital mortality in this study was significantly lower than data published several decades ago, 16,39,40 one in five of our patients with SBP could not survive during hospitalization. In the present study, MELD score at admission, the presence of HCC and SBP caused by ESBL-producing organisms were identified as independent predictive factors of in-hospital mortality. Of these factors, a high MELD score and the presence of hepatorenal carcinoma usually indicate the presence of more advanced liver disease. A recent study suggested that culture-positive SBP in patients with cirrhosis is being caused more frequently by Gram-positive bacteria. According to this previous study, Gram-positive bacteria caused SBP in 25% of patients during 1998-1999 whereas in 59% during 2000-2002. Another recent study suggested that SBP patients with Gram-positive bacteria are less frequently found in Child class C than SBP patients with Gram-negative bacteria, and that they have significantly higher ascitic fluid protein and albumin concentrations. According to our results, although a smaller proportion of patients with SBP by Gram-positive bacteria was of Child-Pugh grade C, no statistical significance was observed. However, Child-Pugh score and MELD score were significantly lower in patients with SBP by Gram-positive bacteria in those with SBP by Gram-negative bacteria. In addition, ascitic fluid protein levels were significantly higher in patients with SBP by Gram-positive bacteria. A recent study of Indian cirrhotic patients with SBP suggested that a significant increase in the prevalence of Gram-negative bacilli resistant to cefotaxime (from 7% to 28%) occurred between 1996 and 1999. However, in the present study, the prevalence of Gram-negative bacilli resistant to cefotaxime was only 17%. Furthermore, our data is consistent with recently published data on this issue. In addition, when we considered cases of SBP in which causative organisms were not isolated as SBP without resistance to cefotaxime, the cefotaxime resistance rate was only 3.8%. These findings indicate that cefotaxime should be considered an effective empiric treatment for SBP. In the present study, the proportions of ESBL-producing *Escherichia coli* (15.6%) and *Klebsiella pneumoniae* (7.7%) organisms were dissimilar from those found in an Indian study (33% and 25%, respectively, conducted in 1999). Since SBP by ESBL-producing organisms was an independent predictive factor of treatment failure and in-hospital mortality, rapid changes to appropriate antibiotics might be needed. ESBL-producing organisms are resistant to all antibiotics, except imipenem and meropenem. Therefore, when ESBL-producing organisms were to be identified cultured or when no clinical or laboratory improvement was to be noted on 3rd-generation cephalosporin, a prompt change of antibiotics to imipenem or meropenem should be considered. The present study showed a high prevalence of Gram-negative organisms resistant to ciprofloxacin (20.8%), which was consistent with the findings of a recent study. Moreover, it has been suggested in several previous studies that the long-term administration of norfloxacin was highly effective in preventing SBP recurrence. Furthermore, a recently issued guideline recommends long-term prophylaxis with daily norfloxacin

in patients who have survived an episode of SBP. However, norfloxacin prophylaxis could increase the frequency of SBP by quinolone-resistant bacteria, and some authors have reported the development of quinolone-resistant Gram-negative bacilli in the feces of cirrhotic patients on long-term norfloxacin prophylaxis. We concluded that despite recent improvements in diagnosis and treatment, SBP was still associated with significant mortality in patients with cirrhosis, especially in patients with a high MELD score. In addition, the study indicated that cefotaxime was a good empiric treatment for SBP. However, in cases of treatment failure an antibiotic change to imipenem or meropenem should be considered.

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